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NOURISHING COMMUNITIES IN NEED

Humanity First's unique and compassionate initiative to sacrifice 100s of animals in underprivileged countries every Eid-ul-Adha helps nourish the deprived families across Africa and Asia and South America. This year, this project was led out in **16 countries across 453 villages**, benefitting over 230,000 individuals.

Through this project, Humanity First has seamlessly blended tradition with altruism, ensuring that the sacrificial act goes beyond religious observance to address the pressing issue of hunger and poverty. Furthermore, **Ramadan Food Hampers** were distributed in Belize and Cameroon providing nourishment and sustenance to over **5,000 individuals**.



In addition to the Qurbani project, goat sacrifices were made in Belize, Cameroon and Chad throughout this quarter benefitting over 10,000 individuals.

HELP US SERVE HUMANITY WITH YOUR DONATIONS TODAY!



GLOBAL HEALTH

Through our Global Health program, HF is committed to making a tangible impact on healthcare accessibility in underprivileged countries. This project encompasses a comprehensive approach to address healthcare disparities by providing **primary healthcare services, constructing hospitals, and organizing medical camps** in regions where medical resources are scarce.



SENEGAL

The Masroor Hospital conducts major as well as minor operations, lab tests, X-ray tests, ECG tests, and ultrasound tests et cetera.

More than 5,800 patients were provided medical care in this quarter



NIGERIA

HF runs a cottage clinic, in Okooko Village, Oyo State which provides basic medical care to local residents in need.

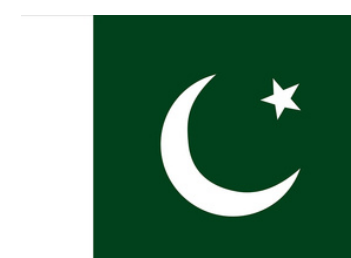
More than 175 people were provided medical care in this quarter.



BANGLADESH

Two community based mother and child healthcare clinics operated in Chandina, District Cumilla and Bijoy Nagar, District Brahmanbaria.

More than 250 patients were provided medical care in this quarter



PAKISTAN

The Tahir Heart International Hospital located in Rabwah, Pakistan, was provided Continuous Renal Replacement Therapy Machine (CRRT).



GIFT OF SIGHT

Under Gift of Sight, HF runs cataract eye surgery clinics, and eye screening camps and provides prescription glasses to those unable to afford them.

In Nigeria & Tanzania, Humanity First runs a cataract eye surgery clinic that offers free surgeries to underprivileged local residents.

From April to June, 160 cataract surgeries were conducted to restore the vision of those who were unable to afford otherwise.

WATER FOR LIFE

Humanity First's Water for Life program aims to alleviate the burden of water scarcity, a pervasive issue that disproportionately affects countless lives across the continent. These water wells, hand pumps and boreholes not only provide a sustainable source of clean water but also empowers communities to break free from the cycle of waterborne diseases and ensures a brighter, healthier future.



In this quarter, 6 hand pumps were built in Cameroon and 10 hand pumps were built in Chad, benefitting over 12,700 individuals.

COMMUNITY CARE

HF's Community Care program supports vulnerable individuals in society such as the elderly, the disabled, and homeless individuals.

During the month of Ramadan, care packages were delivered to 50 seniors. These packages included fresh fruits, dry fruits and dates. Furthermore, a field trip was organized to Pioneer Village in Toronto and learn about Canadian history.



REFUGEE RESETTLEMENT

Humanity First's Refugee Resettlement program is playing a pivotal role in sponsoring and resettling displaced individuals in Canada. From providing housing and language education to assisting with employment opportunities, this program provides a haven for those fleeing conflict, persecution, and hardship, offering them the prospect of a new beginning.

In this quarter, 5 families arrived to Canada totaling 15 individuals. All relevant documents pertaining to their early settlement process were organized as they were received.

CHAIRMAN MESSAGE



As we step into this new quarter, I am filled with gratitude for the unwavering commitment and passion that define our community. Your steadfast support has been the cornerstone of our mission, allowing us to make meaningful strides in our endeavors. This quarter, our focus remains on the heart of our cause - making a positive impact in the lives of those we serve. We are proud to announce that, through your generosity, we've reached significant milestones, particularly in our projects in Burkina Faso and Turkey.

Furthermore, we recognize the growing need of food within our community, and I want to extend my sincere gratitude to our dedicated volunteers, staff, and donors who have played an instrumental role in accommodating this surge. Together, we have welcomed numerous new clients, ensuring that no one in our community goes hungry.

As we move forward, let us continue to work hand in hand, making a difference, one quarter at a time. Thank you for being the driving force behind our mission.

— Dr. Aslam Daud

DISASTER RELIEF

Humanity First's Disaster Relief program provides crucial aid to those grappling with the aftermath of calamities, offering immediate relief and long-term recovery solutions. From distributing emergency supplies such as food, clean water, and shelter to coordinating medical assistance and psychological support, Humanity First's efforts extend far beyond immediate crisis response.

BANGLADESH

In April 2023, a large fire gutted thousands of shops at a popular clothing market in Dhaka weeks before Eid. Several people were injured but no deaths were reported.

Humanity First send out a team of 35 volunteers provided Iftar 1000 fire victims.

KNOWLEDGE FOR LIFE

HF's Knowledge for life program bridges educational gaps by constructing schools and supplying essential materials to students in underserved communities. By building schools in regions where educational infrastructure is lacking, Humanity First aims to provide a conducive environment for learning, empowering children with the knowledge and skills necessary for a better life.



NIGERIA

Humanity First continues to operate two schools in Oyo State, providing free education to 86 primary students.



HAITI

Masroor Primary School continues its operation in Village Beauchamps, Haiti where 32 students receive free education.



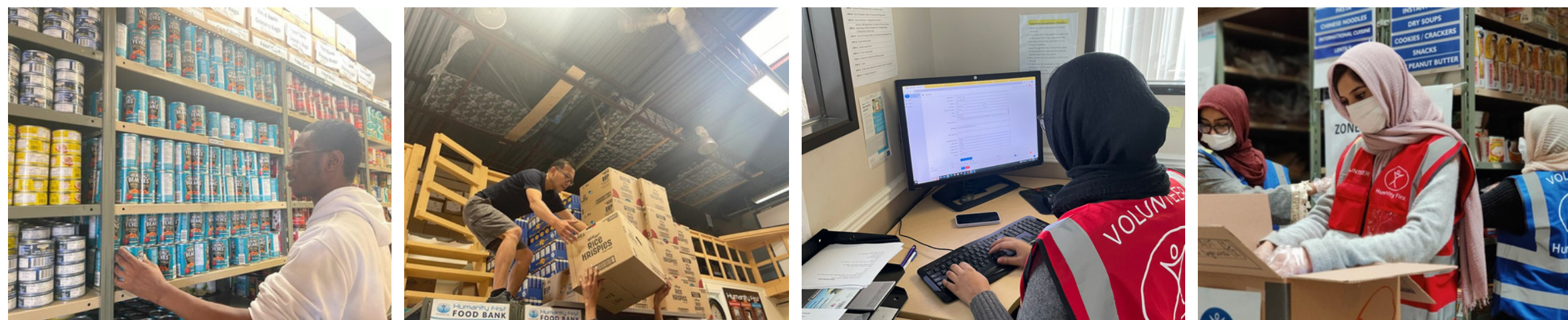
CONGO BRAZZAVILLE

- Two schools in Village Itali and Village Mpoutisian continue to provide free education to 135 students.



The new Sewing Centre in Congo Brazzaville successfully continues operation in Nkayi City with 15 registered students.

HUMANITY FIRST FOOD BANK



Humanity First Feed a Family Food Bank operates as a lifeline for thousands of individuals across GTA and outside GTA each month. Through a network of partnerships and community engagement, HF's Feed a Family Food Bank has established a far-reaching impact, reaching individuals and families facing economic hardships. By providing essential sustenance, the food bank not only alleviates immediate hunger but also plays a pivotal role in fostering stability and well-being.

With unwavering commitment, Humanity First stands at the forefront of addressing food insecurity by efficiently collecting, distributing, and supplying nourishing provisions to those in need, 7 days a week through walk-in and delivery service.



2,850
Families served



4,630
Adults served



760
Seniors served



2,990
Children served



8,390
Total number of individuals served

GLOBAL TELETHON

On May 13, 2023, Humanity First Canada held its Annual Global Telethon from 12:00 pm - 8:00 pm. The telethon not only served as a platform to raise substantial funds for our nine programs but also fostered awareness about the vulnerable and displaced communities in Burkina Faso and Turkey, affected by the natural and man-made disaster. Through the generosity of donors, Humanity First successfully garnered resources to provide safe havens for individuals and families struggling worldwide.



IFTAR FUNDRAISING DINNERS



During the Holy month of Ramadan in April, Humanity First organized **four fundraising dinners** across Canada to raise awareness and funds for the Türkiye - Syria Earthquake and our Feed a Family Food Bank located in Concord. These fundraising dinners were a huge success as many individuals and members of Parliament joined and supported the cause by spreading the message and raising funds.

HF'S NOTABLE DONORS

More than 20 food drives were held from the months of April to June. Special thanks to the AMJ community and Khalsa Aid for organizing these food drives and collecting over 12,000 lbs of non-perishable items



- Period Purse donated 2 skids of Sanitary pads
- Health Canada donated 3 skids of COVID-19 Testing Kits
- Tommy Hilfiger donated over 10 bags of clothing

THANK YOU FOR YOUR GENEROUS DONATIONS!

Donate by calling **416-440-0346**, emailing info@humanityfirst.ca, or visiting the HF website www.humanityfirst.ca

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