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HF GLOBAL TELETHON 2022

On November 5, 2022, Humanity First Canada held its Annual Global Telethon from 12:00 pm - 8:00 pm. The HF team received tremendous support from the donors for all nine programs. Funds were raised for creating sustainable solutions in education, food security, global health, clean water, eye care, and disaster relief. With respect to this year's Telethon theme, the focus was put on the food security program and awareness for the need and support of this program was brought to the viewer's attention. In addition, University clubs also participated this year and expanded on their work as students and organized interactive activities like Kahoot for the viewers.



ANNUAL FEED THE HOMELESS 2022



On December 31, 2022, Humanity First Canada held its Annual Feed the Homeless event. Over 500 homeless individuals and three homeless shelters were served meals and winter survival kits through this event. Over 50 volunteers fed the homeless around Downtown Toronto during this event.

This event allowed the community members to come forward and show kindness toward helping the most vulnerable.

HELP US SERVE HUMANITY WITH YOUR DONATIONS TODAY!



WATER FOR LIFE

Around the world, many disadvantaged communities lack access to clean water resulting in ill health, diseases, and in extreme cases, the death of children and the elderly. Humanity First Canada, with the support of its donor, has been actively trying to minimize this issue by building water wells, handpumps, electric boreholes, water filtration systems, and water reservoirs.

From October to December, eight handpumps were built in Chad, resulting in 3,600 beneficiaries, and 12 handpumps were built in Cameroon, resulting in over 33,120 beneficiaries.



In addition, 20 water wells were built in Senegal resulting in 5,350 beneficiaries.



GLOBAL HEALTH



SENEGAL

The Masroor Hospital conducts primary and minor operations, lab tests, X-rays, ECG tests, ultrasound tests, et cetera. To date, 9,500 patients have been provided with medical assistance.

- More than 3,400 patients were provided medical care in this quarter.
- 322 patients were assisted through medical camps this quarter, and 629 patients in 2022.
- Twenty-two major and 109 minor operations were conducted in this quarter.
- 138 kids were delivered in 2022.



NIGERIA

HF runs a cottage clinic in Okooko Village, Oyo State, providing primary medical care to local residents.

More than 100 people were provided medical care in this quarter.



BANGLADESH

Two community based mother and child healthcare clinics operated in Chandina, District Cumilla and Bijoy Nagar, District Brahmanbaria.

More than 7,120 patients were provided medical care in this quarter

GIFT OF SIGHT

Humanity First runs a cataract eye surgery clinic in Nigeria that offers free surgeries to underprivileged residents and in this quarter 120 cataract eye surgeries were conducted.

In addition, in partnership with CareAidAfrica Foundation, 30 Cataract eye surgeries were conducted in Tanzania to restore vision for those unable to afford otherwise.



REFUGEE RESETTLEMENT

Humanity First's Refugee Resettlement program tackles the forced displacement of families and communities. Under this program, families are sponsored and resettled in Canada and provided support throughout their transition in settling in a new country.

- From October to December, 34 new refugee families arrived in Canada, totaling 94 individuals.
- One newcomer orientation session was held to support the recently arrived refugees, through which 20 individuals benefitted.



FEED THE HUNGRY

Through the Feed the Hungry International Project, HF distributes meat in developing countries where food shortages due to low income, drought, poor agricultural productivity, and many other reasons have become the norm. Consequently, many people risk developing diseases, having physical and cognitive deficiencies, and malnourishment.

Humanity First distributed meat to those in need in the following areas:

Cameroon

- 20 goats were sacrificed in this quarter resulting in 694 beneficiaries



Chad

- 15 goats were sacrificed in this quarter resulting in 1500 beneficiaries



CHAIRMAN MESSAGE



Humanity First volunteers are always at the forefront of any disaster and help to aid the suffering of the needy. With the ongoing crisis of the aftereffects of the pandemic and increased suffering being seen around the world, Humanity First is expanding its capacity by urging volunteers and supporters to come forwards more than ever before.

This quarter, HF assisted with the flood relief operation in Nigeria, built 40 handpumps in Chad, Cameroon, and Senegal, conducted 120 free cataract eye surgeries, and continues to support over a hundred children through our Orphan Care and Knowledge for Life Programs. In addition, Humanity First continues to provide medical assistance to thousands of individuals monthly through our Global Health program. Our Food Bank in Concord is seeing more clients daily as the economic crisis grows.


As this year ends, I want to express my sincere gratitude to our supporters who helped better the lives of many disadvantaged individuals during these challenging times. Humanity First appreciates this selfless work and donations and let's continue to improve the lives of our local and international underprivileged communities!

— Dr. Aslam Daud


DISASTER RELIEF

NIGERIA


From June to November, regions of Nigeria were struck with the deadliest floods on record. Hundreds of people were killed, 1.5 million were displaced, and more than 500,000 hectares of farmland were damaged. After an assessment by the local representatives in November, HF Canada, in collaboration with HF Nigeria, responded and assisted the affected population across three states, three local governments, and seven communities.




Care Packs Distributed: 1,080




Patients Treated: 526




Diarrhea Medicine Distributed: 60




Clothes Distributed: 917




Volunteers: 127




Meal Items Distributed: 11,980




Medical Camps: 2



Malaria Medicine Distributed: 210



Doctors: 14



Volunteer Hours: 4,113



KNOWLEDGE FOR LIFE

Under the Knowledge for Life program, Humanity First provides support to underprivileged communities by supporting them through their educational endeavors to create a bright future.

CONGO BRAZZAVILLE

- Two schools in Village Itali and Village Mpoutisian continue to provide free education to 118 students.
- The new Sewing Centre successfully continues operation in Nkayi City with eight registered students.

HAITI

Masroor Primary School continues its operation in Village Beauchamps, Haiti where 32 students receive free education.

NIGERIA

Humanity First continues to operate two schools in Oyo State, providing free education to 75 primary students.

COMMUNITY CARE

Under the Community Care program, HF supports the most vulnerable individuals in society, like the elderly, disabled, and homeless, and also holds programs to empower the community. In addition, displaced refugees struggling to make ends meet are also provided support.

During this quarter, 126 refugees were supported in Thailand, five stranded refugee families were provided food and medical assistance, and their other monetary needs were also fulfilled.

ORPHAN CARE

Under Humanity First Canada, the Orphan Care program continues to provide food security, education, shelter, healthcare, and basic living needs for 83 children in Cameroon, 20 children in Congo Brazzaville, and 20 in Nigeria.

HUMANITY FIRST FOOD BANK



With high inflation and low social assistance rates, Canadians are turning to food banks more than ever. Research shows that the number has increased by 35% in the last two years, and 1 in 7 individuals accessing the food bank is employed. Humanity First Food Bank is receiving more clients than ever as this number continues to increase, especially during the holiday season. We serve over a thousand families monthly, seven days a week, to walk in and deliver clients.

Humanity First Feed a Family food bank relies highly on donations from its supporters and donors and volunteer support to assist all of our clients. We are incredibly thankful for all the support we continue to receive from our donors and volunteers.



2,866
Families served



4,602
Adults served



789
Seniors served



3,209
Children served

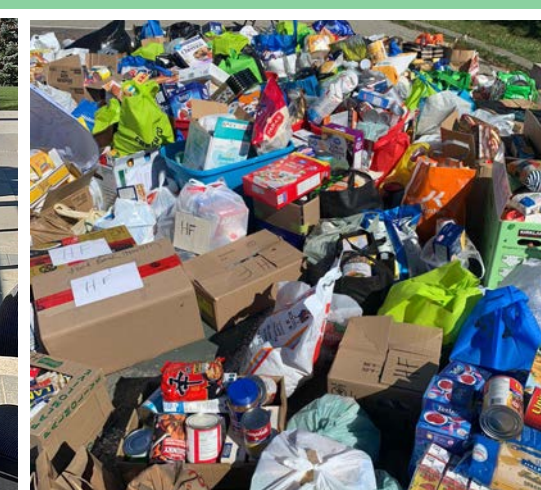


8,600
Total number of individuals served

THANKSGIVING FOOD DRIVE

One week before Thanksgiving, Humanity First Food Bank organized a day in which residents across Maple could donate food by having it conveniently picked up at their doorstep. With 100+ volunteers assigned maps and areas for pickup, over 100,000 lbs of food were collected.

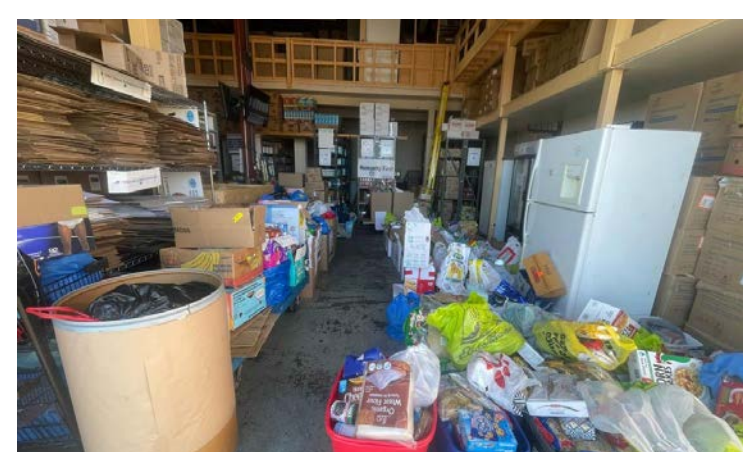
These donations were helpful and vital for keeping our shelves stocked throughout this busy time.



HOLIDAY FOOD DRIVES ACROSS GTA

During the month of December, various communities and organizations took part in collecting food for the Humanity First Feed a Family Food Bank. They were able to collect over 15,300 lbs of food. We thank our donors who participated in and organized these food drives.

Special thanks to AMJ, AMYA, AMWA, Bell Canada, Bright Path Child Care Centre, Darcel Public School, Kleinburg Public School, Maple High School, Victoria Square Montessori School, C.H. Robinson Transportation Company, TJX Companies Inc. & Nuinno Group.



Ontario
Trillium Foundation



Thank you to Ontario Trillium Foundation for supporting Humanity First Food Bank

THANK YOU FOR YOUR GENEROUS DONATIONS!

Donate by calling 416-440-0346, emailing info@humanityfirst.ca, or visiting the HF website www.humanityfirst.ca

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