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FEEDING THE HUNGRY INTERNATIONALLY

Humanity First Feed the Hungry International supports malnourished individuals living in areas where basic food necessities such as meat are considered a luxury. Numerous challenges, such as poverty and food shortages, deprive families worldwide of basic food supply.

As a consequence, many people face malnutrition and are at risk of developing vulnerability to disease, having physical and cognitive deficiencies, or dying in extreme cases.

Under the Feed the Hungry International program, HF strives to alleviate poverty by distributing fresh meat and meal to these malnourished areas. This year under the Qurbani project, HF Canada provided food support across **503 villages in 14 countries in Africa, South Asia, and South America**, benefitting over **211,000 individuals**.



Overall, under Humanity First Feed the Hungry Qurbani project 2022, **1,587 locations in 57 countries** were covered, benefitting over **708,799 individuals**.

HELP US SERVE HUMANITY WITH YOUR DONATIONS TODAY!



WATER FOR LIFE

Safe and clean drinking water is a basic human right. However, millions of individuals around the world are deprived of this necessity. Humanity First Canada builds sustainable water solutions in these countries to provide the residents with clean drinking water that helps improve their livelihoods.

During the months of April to June, six water wells were built in the villages of Cameroon, resulting in 15,750 beneficiaries, and 12 water wells were built in the villages of Chad resulting in 13,150 beneficiaries.



GLOBAL HEALTH

Under the Global Health program, Humanity First offers primary health care services, constructs hospitals, and runs medical camps in areas in need.



SENEGAL

The Masroor Hospital conducts major as well as minor operations, lab tests, X-ray tests, ECG tests, and ultrasound tests et cetera.

More than 1,927 patients were provided medical care in this quarter



NIGERIA

HF runs a cottage clinic, in Okooko Village, Oyo State which provides basic medical care to local residents in need.

More than 100 people were provided medical care in this quarter.



BANGLADESH

Two community based mother and child healthcare clinics operated in Chandina, District Cumilla and Bijoy Nagar, District Brahmanbaria.

More than 6,358 patients were provided medical care in this quarter



CONGO BRAZZAVILLE

Primary healthcare is given to residents of Congo Brazzaville through a medical centre.

More than 150 patients were provided medical care in the reporting period.

GIFT OF SIGHT

- In Nigeria, Humanity First runs a cataract eye surgery clinic through which 103 free cataract eye surgeries were conducted in this quarter.
- 30 eye surgeries were done from April – June in Temeke, Tanzania, in partnership with CareAid Africa Foundation.

KNOWLEDGE FOR LIFE

Humanity First's Knowledge for Life program supports individuals underprivileged children throughout their educational endeavors. This is done through the construction of schools, classroom transformation projects, and the provision of school supplies.

CONGO BRAZZAVILLE

A New Sewing Centre in Nkayi city has been established. The construction is completed with one training hall and facilities for water and sanitation. It can set up ten sewing machine stations for 20 students at a time. A minimum fee is charged to students to cover some operational costs. Diplomas will be awarded at the end of the course. Ten students have already registered and have started taking the training.



KENYA

Humanity First Kenya, in partnership with CHEPs, has completed the repair and rebuilding project at Hawewanje Primary School in Kenya. The strong tropical wind damaged the school facilities. The project included the construction of a block of 4 toilets, the repair of the flooring of the old toilets, and the repair of the classroom at the school. 350 Students will benefit from the rebuilding and repair of classrooms and toilets.

HAITI & NIGERIA

- Masroor Primary School continues its operation in Village Beauchamps, Haiti, where 33 students receive free education. The school has three teachers and is open five days a week, from 8 am – 1 pm.
- Humanity First continues to operate two schools in Oyo State, providing free education to primary students. One school is located in Iye-Osa Village, and the other is in Igbo-Oruwo Village, benefitting 70 students.

FEED THE HOMELESS

While the deadly consequences of Covid-19 and the economic crisis continue to grow, the local homeless population struggles to be able to afford necessities that, include food and personal care items.

The Humanity First volunteers have been on the streets weekly to provide over 1,300 meals and 180 clothing items. in Calgary.



CHAIRMAN MESSAGE



Humanity First Canada is helping thousands of individuals locally and internationally through our nine humanitarian programs. Our work continues to grow as victims of the Russian-Ukraine crisis require our assistance locally through our Food Bank and internationally at the Border. This quarter, our dedicated volunteers have helped alleviate the suffering of the Belize floods and, in Nigeria, have started a clothing bank for victims of various crises. Furthermore, 18 water wells were built in Chad and Cameroon, a new sewing center has been initiated in Congo Brazzaville, 30 Cataract eye surgeries have been conducted, and our Food Bank is supporting more families than ever with their basic everyday necessities and helping them make ends meet. To raise funds for our two most urgent causes, the Russian-Ukraine crisis and Feed a Family Food Bank, we organized various Fundraising Iftar dinners in the holy month of Ramadan. I am thankful for all donors who came forward and wholeheartedly supported us. As work grows, we encourage volunteers to come forward and help us alleviate the suffering of various individuals locally and internationally. You can always support us by donating or raising awareness about these issues!

— Dr. Aslam Daud

DISASTER RELIEF

BELIZE

In late June 2022, the Northern District of Belize came under heavy rains and strong winds linked to the passage of a tropical wave. The prolonged rain and windstorms caused widespread flooding in Belize's Orange Walk and Corozal Districts.

HF Canada provided relief and assistance to the victims of the floods over the course of one week, helping 500 families across the two districts. 500 pantry bags were distributed among the victim families along with clean water, as the floods caused widespread destruction of infrastructure, making both food and water inaccessible. Dry clothing was also distributed among the communities, in addition to hot lunches for those without access to staple food items.



NIGERIA

An inauguration ceremony for the HF Clothing Bank Project in Nigeria was held in Lagos – Nigeria. In addition to the guests attending in person, a sizable number of people attended virtually through the live streaming through zoom setup. MTA Nigeria also covered the event. Collection Report from Clothing Bank Centres:

1. ABUJA CENTRE: 200 items received by 15 donors
2. PORTHACOURT CENTRE: 210 items received from 7 donors
3. LAGOS CENTRE: 500 items received by over 100 donors
4. IBADAN CENTRE: 300 items received from 20 donors

Overall, 1,210 individuals have benefitted from this clothing bank so far.



COMMUNITY CARE

CONGO BRAZZAVILLE

The building of two small Community Centres is in progress. Both community centers will have one hall of size 15x18 meters with a capacity of 200 individuals each.

The centers will also have water and sanitation facilities included.

CANADA

During this quarter, through HF's Seniors First program;

- 70 Ramadan care packages were distributed to the senior members
- A virtual Health Workshop was conducted in collaboration with the Vaughan Community Health Centre on the topic of Diabetes for over 19 seniors.
- An Introductory Gardening Workshop at a community garden in the City of Vaughan was coordinated with York Region Food Network for over 22 seniors.

ORPHAN CARE

Children around the world are left orphaned due to reasons including war and disease. HF's Orphan Care program supports orphaned children by providing them with a safe and healthy upbringing.

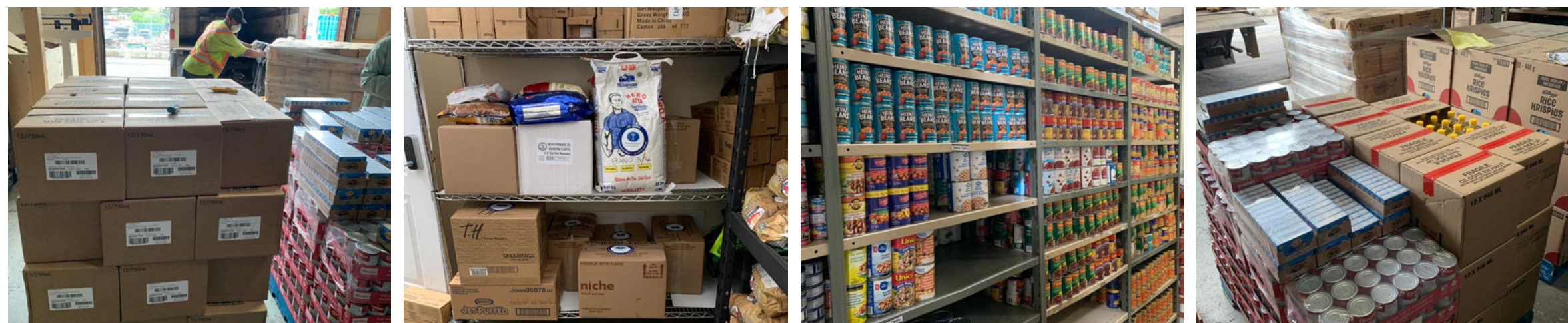
The Orphan Care program continues to provide food security, education, shelter, healthcare, and basic living needs for 82 children in Cameroon, 15 children in Congo Brazzaville, and 20 in Nigeria.

FEED THE HUNGRY

HF provides food support to disadvantaged individuals through the Feed the Hungry Program

- During the month of Ramadan, over 3,200 individuals were provided with food and groceries in the villages of Congo Brazzaville and Cameroon.
- Fresh meat was distributed across 15 villages in Congo Brazzaville to over 1,900 individuals.

HUMANITY FIRST FOOD BANK



As the economic and political crisis rises, many individuals are struggling to make ends meet around our communities. With a high cost of living, individuals are forced to decide between shelter and food. Due to this, the Humanity First Feed a Family Food Bank is seeing a surge of clients needing our assistance. The Food Bank operates seven days a week, helping over a thousand families monthly with food and other basic household necessities.

With the increase of clients, the need for more volunteers also arises, and we are thankful to our hardworking and dedicated volunteers for helping us reach as many individuals in need as possible and help them attain the basic necessities of life.



2,450
Families served



3,902
Adults served



664
Seniors served



2,759
Children served

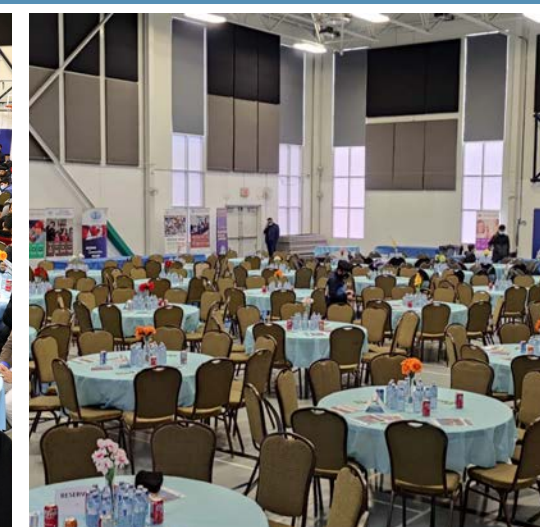


7,454
Total number of individuals served

IFTAR FUNDRAISING DINNERS

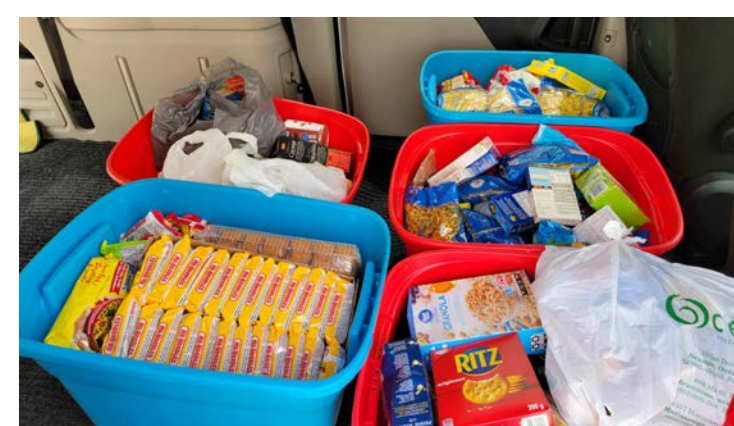
During the Holy month of Ramadan in April, Humanity First organized **eight fundraising dinners** across Canada to raise awareness and funds for the Russian-Ukraine crisis and our Feed a Family Food Bank located in Concord.

These fundraising dinners were a huge success as many individuals and members of Parliament joined and supported the cause by spreading the message and raising funds.



HF'S NOTABLE DONORS

- More than **26 food drives** were held from April to June. Special thanks to the AMJ, AMWA & AMYA for organizing these food drives and collecting over **8000 lbs** of non-perishable items.
- Arun's Fresh Bakery & Catering donated over 500 lbs of non-perishable food items.
- Prince Logistics donated a skid of Salad Mix and Spinach.
- Zeerah Restaurant donated over 300 lbs of non-perishable donations.
- Blue Sky Organics donated 120 boxes of baby food.
- Honorable MP Melissa Lantman donated over 200 lbs of mixed non-perishable food items.
- Over 900 lbs of Potato Salad boxes were received through a supplier in Montreal.
- Special thanks to Food Bank of York Region, Second Harvest, No Frills, FreshCo, Iqbal Foods Mississauga, and Costco Mississauga for supporting our Food Bank and helping us raise non-perishable food item donations through their programs.



Ontario
Trillium Foundation



Thank you to Ontario Trillium Foundation for supporting Humanity First Food Bank

- Period Purse donated 2 skids of sanitary and hygiene items.
- HF McMaster student club donated 3 boxes of clothing.
- Winners donated 5 bags of clothing and household items.
- Green Standards donated 148 chairs and 2 folding chairs.

THANK YOU FOR YOUR GENEROUS DONATIONS!

Donate by calling **416-440-0346**, emailing info@humanityfirst.ca, or visiting the HF website www.humanityfirst.ca

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