



ANNUAL REPORT 2021



Humanity First
Serving Mankind

**HUMANITY FIRST
CANADA**



ABOUT THIS REPORT

THE ANNUAL REPORT GIVES AN OVERVIEW OF THE WORK DONE BY HUMANITY FIRST CANADA FROM JANUARY 2021 TO DECEMBER 2021. THIS OVERVIEW HIGHLIGHTS WORK DONE UNDER THE UMBRELLA OF EACH OF THE NINE CORE HUMANITY FIRST PROGRAMS. FINANCIAL FIGURES FOR EACH PROGRAM AND HUMANITY FIRST CANADA AS A WHOLE ARE ALSO PROVIDED IN THE REPORT.

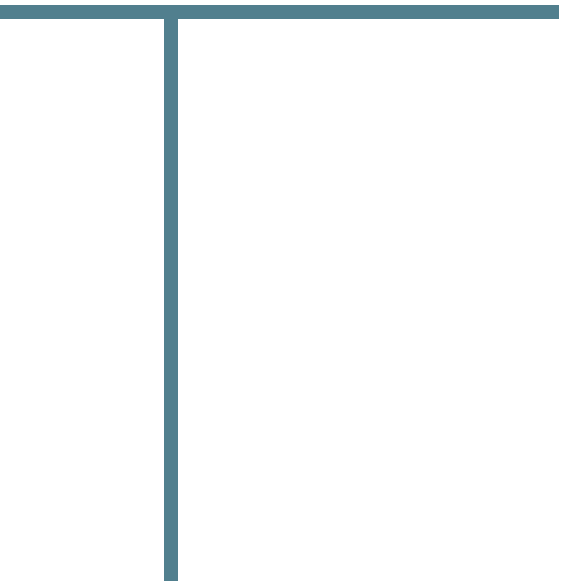


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MISSION STATEMENT

OBJECTIVES

RELIEVE

SUFFERING CAUSED
BY
NATURAL DISASTER
AND HUMAN
CONFLICT

STRENGTHEN

THE CAPACITY OF
COMMUNITIES TO
HELP THEMSELVES

HUMANITY FIRST IS A CHARITABLE TRUST ESTABLISHED TO PROMOTE AND SAFEGUARD HUMAN LIFE AND DIGNITY. IT IS A NON-POLITICAL, NON-RELIGIOUS, NON-SECTARIAN INTERNATIONAL RELIEF AND DEVELOPMENT AGENCY THAT WORKS WITH THE WORLD'S POOREST AND MOST VULNERABLE PEOPLE.

HUMANITY FIRST WAS FORMALLY ESTABLISHED IN THE UK IN 1995 AND NOW HAS REGISTERED OPERATIONS IN 58 COUNTRIES AND PROJECTS IN MANY MORE.

MOST OF OUR AID WORKERS AND THE MANAGEMENT OF HUMANITY FIRST ARE UNPAID VOLUNTEERS AND OUR ADMINISTRATIVE EXPENSES ARE NEGLIGIBLE. WE ARE ABLE TO DELIVER SIGNIFICANTLY MORE AID VALUE IN THE FIELD THAN THE FUNDS WE RAISE THROUGH VOLUNTEERS, COLLABORATION, AND GLOBAL SOURCING.

OUR CORE MISSION IS TO SERVE
DISASTER STRUCK AND SOCIALLY
DISADVANTAGED PEOPLE IN UNDER-
DEVELOPED COMMUNITIES AROUND
THE WORLD.



WHO WE ARE

OPERATING IN 50+ COUNTRIES

Humanity First is registered in over 50 countries across 6 continents, and has been working on human development projects and responding to disasters since 1995.

BASED IN CONCORD, ONTARIO

Based in Concord, Ontario, Humanity First Canada is an international non-profit volunteer based charitable organization providing relief and assistance to the less fortunate in Canada and across the globe to alleviate poverty and improve their quality of life. We are in the forefront of assisting, sponsoring and resettling refugees in Canada.

CONSULTATIVE STATUS WITH ECOSOC

Humanity First also has consultative status with the United Nations Economic and Social Council (ECOSOC).

EFFICIENT OPERATIONS

Humanity First has raised tens of millions of dollars with over 93% of donated funds spent directly on serving humanity and less than 7% going towards administrative costs & fundraising efforts. With the majority of our team (including skilled engineers & physicians) being volunteers along with preferential rates for materials benefiting from global sourcing, Humanity First is able to deliver aid worth many times the value of donations provided.

MAKING A DIFFERENCE IN OVER 50 COUNTRIES SINCE 1995.



WHAT WE DO & WHERE WE ARE

Humanity First helps people in need through 9 programs, each of which tackle different areas of human need. Based in the Greater Toronto Area in Canada, our programs create strong positive changes within Canada and internationally as well.



Our international work is characterized by empowering underprivileged communities in collaboration with community members. Our Canadian work is characterized by the upliftment and support for vulnerable members of Canadian society, which includes but is certainly not limited to: newcomers, seniors, children, and low income families.



THE TEAM

Humanity First is a volunteer based organization. The Directors, Project Managers, Project Coordinators, and general volunteers are all unpaid. Our teams are made up of professionals from all walks of life who consistently donate their time, skills, and resources to HF's cause. With over 12,000 volunteers, Humanity First is able to maximize the value of the donations we receive.

NATIONAL TEAM

The National Humanity First Team consists of Directors for the following departments:

- Disaster Relief
- Administration
- Programs
- Finance
- Operations
- Logistics
- Fundraising
- Marketing
- Communications

REGIONAL TEAM

Humanity First has several branches across Canada, and each branch consists of team members who report to the National Directors. For example, each region has a branch coordinator, finance representative, nine program representatives for each program, a disaster response representative, and fundraising representative. Each of these team members operate locally and report directly to their respective directors.

DISASTER RESPONSE TEAM

Humanity First has a dedicated disaster response team that is consistently at the forefront of providing relief. It consists of:

- Disaster Response Lead
- Camp Managers
- EMT Coordinators
- Doctors
- Nurses
- Paramedics
- Logistics Personnel
- Firefighters



A WORD FROM THE CHAIRMAN



Dear Donors, Supporters, and Volunteers,

During challenging times, there are people who step up and come forward to help those who are in need. Then there are people who put the needs of others before their own needs. Despite uncertainties, they dig deep into their pocket to help the suffering humanity. This is the true spirit of humanity.

We are one family and we cannot see anyone in pain and suffering. As human beings, we try to do whatever we can to alleviate human suffering. This is called putting 'humanity' first!

In 2021, we saw many new challenges in the world that especially impacted people who were already struggling financially. While the effects of the Covid-19 pandemic will be felt for a long time, the evolving economic crisis is affecting the health, education, and sustenance of many people.

In 2021, we saw a noticeable decrease in philanthropy. Due to struggling times and uncertainty, donors are reluctant to donate and businesses are also donating much smaller amounts than they used to due to economic challenges.

Internationally, the Humanity First disaster relief team responded to 4 major disasters and provided assistance to thousands of people with medical, and emergency supplies and food support.

Humanity First made a difference in thousands of people's lives by providing them with clean sustainable water solutions in 4 countries, benefitting over 54,000 individuals.

Volunteers of Humanity First have been running medical camps and clinics in 3 countries in addition to the 35-bed hospital in Senegal that provides medical and surgical assistance to the people in need.

Under the Gift of Sight program, hundreds of people are able to receive free cataract eye surgeries and restore their vision without any cost to them.

Through the Humanity First Orphan Care and Knowledge for Life program, hundreds of children are able to receive shelter, basic nutrition, and health care along with free education for their future endeavors.

We acknowledge and give our heartfelt thank you to dedicated volunteers and donors of Humanity First for supporting the various humanitarian programs.

Humanity First continues to grow by focusing on the quality of aid and humanitarian services that we provide. During these pressing times, we need to deliver wider support and increase our compassion for the millions of needy requiring our assistance in hopes of inching closer to our goal of ensuring that no person in need is left behind.

Let's continue to put 'humanity' first!

Best regards,

A handwritten signature in black ink, appearing to read 'Dr. Aslam Daud', with a long diagonal stroke extending from the bottom right.

Dr. Aslam Daud

Chairman Humanity First Canada



Humanity First
Serving Mankind

HUMANITY FIRST PROGRAMS



DISASTER RELIEF

This year, HF assisted over **856 victims** of natural disasters across three countries through its Disaster Relief efforts.

FOOD SECURITY

Food insecurity is a growing issue, impacting communities across the globe. HF provided food support to over **108,600 people** through its international food security projects and Feed a Family Food Bank in Concord, ON.

GLOBAL HEALTH

HF continues operation of five medical facilities across four countries. In 2021, over **22,315 persons** benefitted from the free health and medical services provided by HF Canada medical centres, clinics, and hospitals.

REFUGEE RESETTLEMENT

Despite the restrictions and challenges presented by the COVID-19 pandemic, HF resettled **93 refugees** in Canada, providing them a new home in a safe country, and comprehensive early settlement support.

WATER FOR LIFE

In 2021, HF provided over **54,440 people** with safe and clean drinking water through sustainable water solutions.

ORPHAN CARE

HF continues to provide food support, shelter, healthcare & nutrition, clothing, access to education, and a loving home to **88 orphan children**.

KNOWLEDGE FOR LIFE

221 students are receiving free education through 5 HF primary schools. Students in 4 countries were supported through the Knowledge for Life program in 2021.

GIFT OF SIGHT

533 free cataract eyes surgeries were performed in 2021 through HF's Gift of Sight program.

COMMUNITY CARE

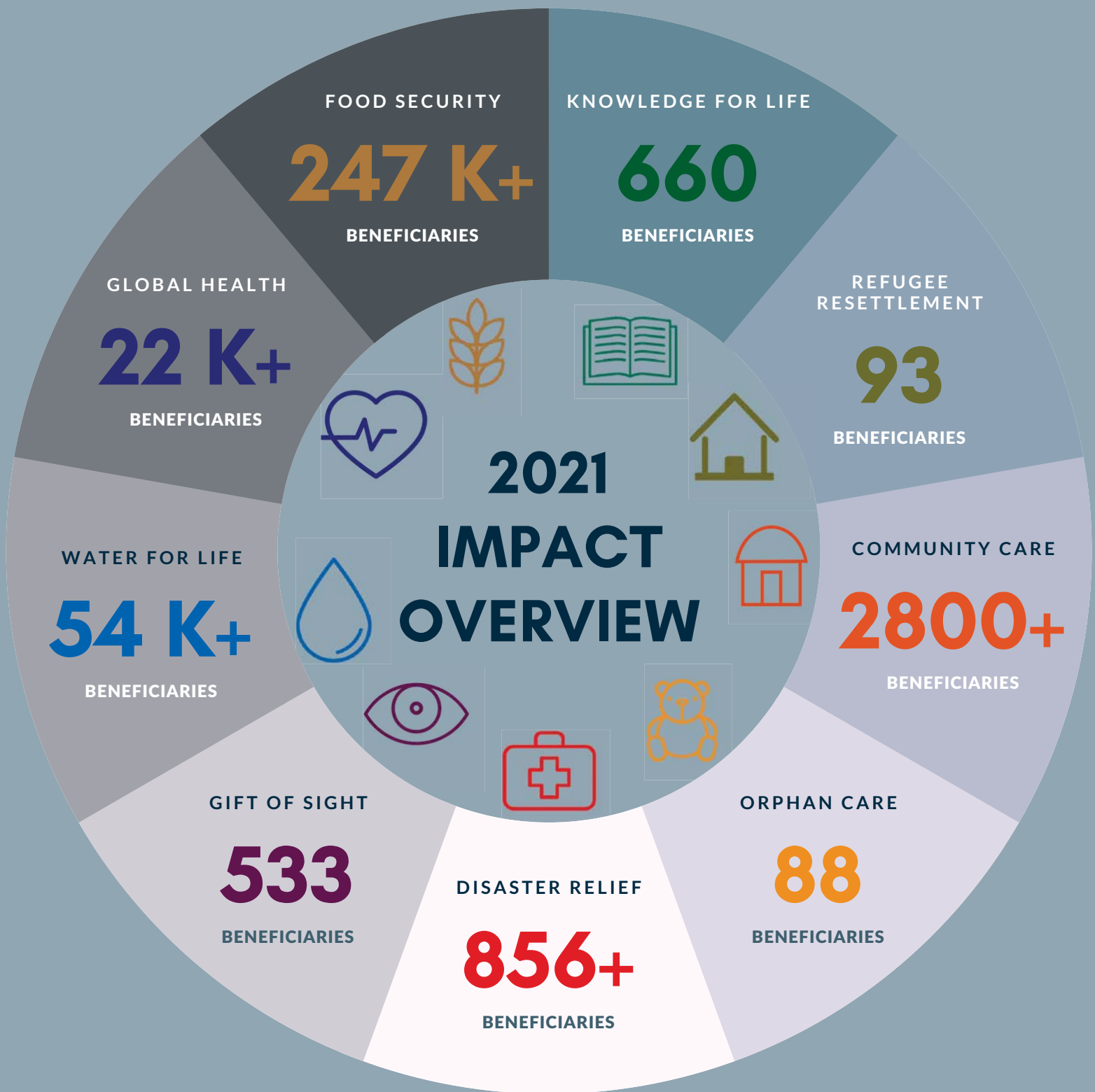
HF continued its community care projects in **6 countries**, helping families through Free Tax Filing Clinics, Seniors First initiatives, and supporting refugee families.

19
COUNTRIES

9
PROGRAMS

Humanity First Canada has made a significant impact through each of its nine programs this year. 2021 has been a challenging year for all, with the COVID-19 pandemic altering all aspects of life. HF is continuously working toward its goal of relieving suffering across the globe and building the capability of communities to help themselves.





328,800+

PROGRAM BENEFICIARIES IN 2021



Humanity First
Serving Mankind



**DISASTER
RELIEF**
Humanity First



856+

TOTAL NUMBER OF BENEFICIARIES



OVERVIEW

Humanity First has extensive experience in providing immediate and long-term relief support after natural and manmade disasters. As first responders, the Humanity First team helps victims of natural calamities and provides emergency relief including medical care, food support, clean water and emergency supplies.

Following the emergency phase, HF puts focus on recovery and rehabilitation. The Disaster Relief team continues their mission by rebuilding shelters and restoring infrastructure and survival resources of afflicted communities.



The program is built to minimize human suffering and material losses as much as possible. We not only offer emergency relief services but also provide long-term relief services, such as post disaster relief rehabilitation and reconstruction projects.

SENEGAL FIRES

In the month of March, various villages in the region of Tambacounda caught fire causing many villagers to become homeless after losing their huts, yearly storage of food ration, and all other household belongings.



The local municipality and villagers appealed for post disaster help from Humanity First. HF Canada assisted **29 affected families across 7 villages, aiding 236 victims in total**. Relief packages were distributed to each family, consisting of rice, oil, pasta, mattresses, pots and pans, buckets, and clothing. Cash in hand was also distributed to assist with emergency needs. Some villages were located in the remote areas of the country, up to 50 KM away from main roads. Transportation of goods was a great challenge, however, Humanity First was able to successfully deliver aid to the affected population. The Mayor of Tambacounda held an appreciation ceremony in Mairie and acknowledged the

RESPONSE TO 4 NATURAL DISASTERS

DISASTER RELIEF PROVIDED IN:



SENEGAL

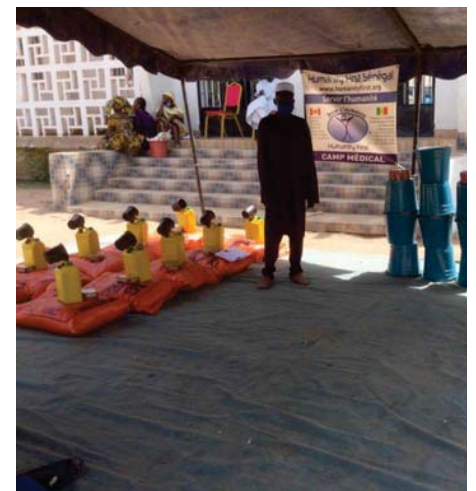


CANADA



MALAYSIA

community support services of Humanity First in the presence of invited guests and government officials.



SENEGAL STORMS

In the months of June and July 2021, the region of Tambacounda was hit by severe winds and storms over a period of many days. As a result, not only were the roofs of several houses and huts blown off, but unfortunately two children were casualties of the storm following the collapse of a wall. Humanity First Senegal requested Humanity First Canada for assistance of 55 families that fell victim to the severe weather events.

On August 3, Humanity First Senegal set up an aid distribution program in collaboration with the government administration. Through this program, 40 families across 10 villages of Zone Kousanar, and 13 families across 7 villages of Tambacounda were distributed aid by the Mayor of Tambacounda. These aid supplies included rice, macaroni, cooking oil, water containers, soap and other food items. **Aid was distributed to a total of 55 families of 18 villages.**



Mr. Nasir Ahmed Sadhu, Chairman Humanity First Senegal, personally visited the region of Tambacounda and distributed aid in some locations along with the government administration. The Chairman also visited several villages to further reach out to the people.

CANADA FLOODS

On November 17th, the Canadian province of British Columbia declared a 30-day state of emergency upon being hit by a series of rainstorms that led to catastrophic flooding and mudslides. **HF assisted the victims by distributing pillows to the displaced population in evacuation centers.**

MALAYSIA STORMS

On December 16th and 17th, the Malaysian cities of Klang and Shaha Alam were hit by heavy rain and windstorms, resulting in flooding of the local highways and roads. Approximately 5 million people were directly affected by the flooding and infrastructure damage, and unfortunately 17 lives were taken.



- **HF volunteers helped many families in the affected area in relocation to temporary shelter sites**
- **300 volunteers came forward to plan a community cleanup of the damaged properties and roads**
- **Over 400 meals and other relief items were distributed daily to volunteers and the affected families**

DISASTER RELIEF TRAINING

DRT is a vital aspect of the HF Disaster Relief program. We train volunteers and staff to be able to provide effective disaster relief in a number of different situations. HF Canada's Emergency Medical Team (EMT) is WHO certified, and our training is a collaborative effort with HF International and other disaster relief organizations. These collaborations are essential in making sure that HF disaster relief volunteers are equipped to provide the best, most efficient assistance.

EMT TYPE 1-FIXED CERTIFICATION

HF Canada is currently in the final stages of receiving the EMT Type 1-Fixed certification, authorized by the World Health Organization.

Once complete, Humanity First Canada will be the first North American EMT Type 1 Fixed Team. This designation will allow HF to execute disaster relief medical missions that further increase local capacity and provide the highest quality of medical care at the site of a disaster.





54,440+

TOTAL NUMBER OF BENEFICIARIES



OVERVIEW

The Water for Life program aims to make water an accessible necessity for all. HF provides long term water solutions in remote villages and poor communities in Africa, South East Asia and Central & South America, where the nearest clean water sources are miles away.

The water solutions we provide include: hand pumps, bore holes with electrical motors, water wells, water filtration systems, and water filtration tablets.

Our short term goal is always to provide communities with access to water to fulfill their daily needs. HF's long term goal is to enable these communities to provide for themselves and become self sufficient over time. Thus, the water solutions implemented are not only long term fixtures within the areas, such as water wells and hand pumps, but the Water for Life Team also provides locals with long term maintenance training to enable their independence.



CHAD

Humanity First constructed 29 handpumps and 2 electric boreholes across 28 villages in rural Chad. Prior to this, some had to travel great distances to fetch clean drinking water. In other areas, shallow wells existed but were unsanitary and would dry out during the summer season, rendering them useless. These 29 handpumps and 2 electric boreholes have benefitted 19,300 people in Chad.



CAMEROON

Humanity First constructed 15 handpumps across 15 villages in Cameroon. This benefitted over 33,700 locals.

NIGERIA

This year, HF Canada constructed 3 handpumps across various villages in rural Nigeria. These water solutions provide fresh and clean water to over 1,200 beneficiaries.

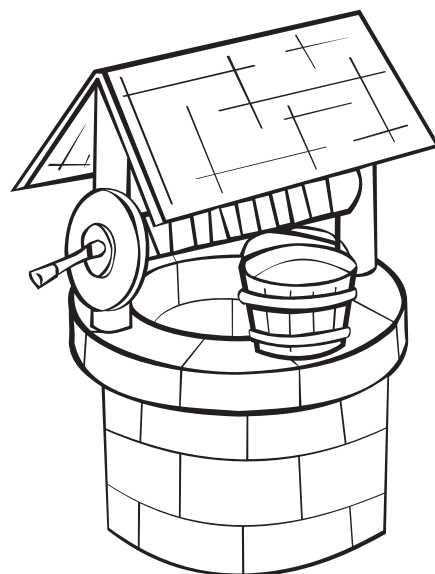
PAKISTAN

Humanity First constructed one water well in Pakistan resulting in 240 beneficiaries.

48
WATER WELLS

4
COUNTRIES

47
VILLAGES







247,500+

TOTAL NUMBER OF BENEFICIARIES



OVERVIEW

The Food Security program helps people living below the poverty line to put food on their table. Humanity First achieves this through several food support initiatives including food banks, mobile meals, and bulk food distribution to disadvantaged communities.

These efforts are carried out on both an international and local scale in an effort to tackle the growing issue of food insecurity. About 2 billion people around the globe are food insecure. This means that one in four people lack consistent access to nutrition, impeding their ability to lead a healthy life.

Humanity first provides food support to such individuals through its Feed the Hungry Program, Feed a Family Food Bank, and Feed the Homeless initiative.



FEED THE HUNGRY

Feed the Hungry is HF Canada's international food distribution project, characterized by the provision of fresh meat and other staple food items in remote villages and towns in various countries around the world.

HF's large team of international volunteers provided food support across various villages in **17 countries** in 2021. In particular, fresh meat was provided to over 200,700 **villagers in need**.



FEED A FAMILY

The Feed a Family Food Bank is the main hub of all HF Food Security initiatives across Canada. Located in Concord, Ontario, the Food Bank serves thousands of families across the GTA, and administers food delivery services all across Canada on an on need basis. Feed a Family is a vital program that brings increased stability to vulnerable Canadian families. In conjunction with the Refugee Resettlement Program, this service also provides food support to struggling newcomer families.

17
COUNTRIES

FOOD BANK STATS



30,000
INDIVIDUALS



7,400
FAMILIES



11,150
ADULTS



2,000
SENIORS



10,000
CHILDREN



1,500
DELIVERIES

The Food Bank serves to build a stronger, more resilient society through its critical food support services.

SOCIO-ECONOMIC SITUATION OF CANADIANS

Over the past 25 years, Canada's population has increased by 30%, yet at the same time, the poverty rate has also gone up. Using Canada's low-income measure, today there are 1.57 million people in Ontario living in poverty, including 382,000 children. Currently, there are two factors that account for increasing poverty in Canada:

- The eroding employment opportunities for large segments of the workforce, and
- The declining value and availability of government assistance in times of crisis. People that live in poverty are frequently unable to pay for housing, food, childcare, health care, and education (Homeless Hub)

Aftermath of Covid-19

Canada's inflation rate increased to 3.6 percent in May 2021, the fastest pace in a decade, Statistics Canada says. Canada's Food Price Report forecasts an overall food price increase of 3 to 5% for 2021.

The cost of shelter increased by 4.2 percent in the year up to May, the fastest rise in the cost of putting a roof over one's head since 2008. And the cost of filling a home with furniture and appliances also went up, by 4.4 percent. Gasoline prices have risen by 43 percent in the past year. (CBC News)



A SURGE IN DEMAND

- In 2021, 7,400 families benefitted from the Food Bank totaling 30,000 individuals.
- The Food Bank served 11,150 adults, 2,000 seniors, and 10,000 children.
- Over 1,500 deliveries were made to those clients who cannot access the food support programs due to transportation and other barriers.

HF FOOD DRIVES

Community members across the country carry out food drives throughout the year. These efforts enable the Feed a Family Food Bank to distribute items of urgent need all across Canada to those who are most vulnerable.

In 2021, over 250,000 lbs of food essentials were donated by local communities through 140 Food Drives.



FOOD DELIVERIES

In order to maximize the accessibility of food bank services, HF offers free delivery to those individuals with limited mobility. This delivery service, administered from the HF headquarters, is offered all across Canada to those in need of food support. The Feed a Family Food Bank also provides transit tickets to those who require food support but are not able to afford the cost of public transit. In 2021, the HF Food Bank made 1,500 deliveries

PROVISION OF ESSENTIAL SUPPLIES

The Feed a Family Food Bank aims to build overall stability in the community. Thus, in addition to food support, the Food Bank provides low-income individuals with essential items including hygiene and sanitary supplies, warm winter clothing, household supplies, and infant care basics. These items are collected through HF donations drives held throughout the year.



CUSTOM FOOD LISTS

A unique and staple feature of HF's Feed a Family Food Bank is the provision of food hampers that are individualized to each family. HF Canada is dedicated to serving a diverse population, while simultaneously minimizing food waste. Thus, the Food Bank accepts custom lists from each family that include staples of various cultural diets. By recognizing that no two households utilize the same standard groceries, HF provides families with exactly what they need, reducing food wastage.



FOOD BANK VOLUNTEERS

Humanity First services local and global populations in need through its thousands of volunteers who receive ongoing training at various levels of their engagement with the projects and hone their skills while delivering the projects in the most effective manner. Humanity First created an extensive platform for local residents, especially newcomers, refugees, and students to get hands-on experience together with professional skills while executing the projects' activities concurrently.



In 2021, in addition to our current volunteers, the Food Bank was able to recruit over **300 new volunteers**. In total, over **600 volunteers, old and new**, served our community and gained exceptional skills and experience from the Food Bank platform. These volunteers completed **over 20,000 volunteer hours** throughout the year either in the Food Bank or with other activities to support the Food Bank services across the country, such as conducting food drives and fundraising activities.



COVID-19 RESPONSE

Throughout the pandemic, HF Canada has taken an active role in response to COVID-19. In 2021, Feed a Family Food Bank distributed over 40,000 PPE which included masks, hand sanitizers, and disinfecting wipes. In addition, the Food Bank continued to provide support to individuals in quarantine through the food delivery service.

FEED THE HOMELESS

Feed The Homeless is a noteworthy initiative that has been executed by Humanity First Canada on an annual basis for over 10 years now. This program focuses on serving hot meals and relief supplies to the vulnerable homeless population in cities all across Canada. Participation in this program is an important extension of HF's Canadian food security operations. In the year 2021, we upscaled this project by dispatching volunteers on a weekly basis, in addition to the Holiday Feed The Homeless project. There was an excellent response from volunteers, who came out every week to support this special cause. Humanity First Canada hopes to grow this project even further in coming years, to ease the suffering of individuals living on the streets of Canada.



HOLIDAY FEED THE HOMELESS

For the annual Feed the Homeless Campaign held on December 24th - 25th, Humanity First Volunteers distributed meals to the homeless in Downtown Toronto, Calgary, Newmarket, Durham, and Brampton. Prior to the event, our FTH planning team mapped out routes to allocate to our volunteer teams on the days of this event. On the event days, passionate teams of volunteers gathered in these different cities to prepare hundreds of meal packages each morning to send for distribution. With the help of our wonderful volunteers and the Food Bank Team, we were able to **serve over 8000 meals** across Canada. We successfully put a smile on many people's faces and help put out food for many individuals in need. It was a heartwarming experience for everyone including our volunteers who were happy they got the chance to participate in such an event and give back to those who are most vulnerable during this extremely cold winter season.





UNIVERSITY CLUBS/STUDENTS

On a weekly basis, groups of students from McMaster University and York University distributed food and relief items to the homeless. These schools consist of Humanity First clubs, which are involved in fundraising and promoting Humanity First Programs. In the year 2021, our weekly distribution relied heavily on these university students, who took time out of their busy academic schedules to serve the less fortunate who are living on the streets. We are proud of their work and hope to see their efforts in 2022 as well!

2021 STATS

Downtown Toronto

Throughout the year from January to December, in downtown Toronto:

- **1454 homeless individuals were served on the street**
- **85 homeless people were served in shelters**
- **A total of 1555 food packages served**
- **A total of 135 volunteers participated**

Toronto Feed The Homeless packages consisted of pizza, juice, water, and granola bars.

In addition, relief items such as sleeping bags, masks, socks, hats, scarves, survival kits, and hygiene items were distributed.

Calgary

Humanity First chapter of Calgary made a huge impact in the year 2021. Throughout the whole year, they served over 7000+ meals to the homeless population in Calgary. Calgary has been in the grips of a blast of winter since Christmas Eve, with wind chills making it feel like 40 below some days. HF Calgary added a special touch of serving hot soup for this initiative, which was unique, as usually, we serve pizza as the main course. Our Calgary representative also made a significant effort to incorporate warm coats into this program. He was interviewed by CTV news as they featured his dry cleaning business in one of their articles.

Calgary Impact 2021:

- **A total of 7047 meals were served**
- **A total of volunteers participated**
- **150 coats were distributed, as provided by the Dry Cleaning company**



Participation By Other Cities

- **Durham (150 meals served)**
- **Newmarket (40 meals served)**
- **Brampton (40 meals served)**



22,315+

TOTAL NUMBER OF BENEFICIARIES



OVERVIEW

The Global Health program tackles several aspects of healthcare to provide comprehensive solutions to communities worldwide. The program primarily operates in economically disadvantaged areas in Africa and South Asia. The aim is to provide primary health care, and meet other preventative and medical needs, such as oral health and maternal and child health care. We achieve this through: operating Mobile Medical Camps, regularly donating medical equipment to hospitals/clinics, and building new hospitals/clinics.

MEDICAL CENTRE IN NIGERIA

One medical centre, a cottage clinic, has been in operation in Okooko Village, Oyo State since 2017. This centre provides basic medical care to the less fortunate, free of cost. The medical centre attended over **670 patients** in 2021.



MEDICAL CLINICS IN BANGLADESH

HF Canada is operating two community based Mother and Child Healthcare clinics in Bangladesh since 2018, providing primary health services to disadvantaged and marginalized populations. One clinic is located in Chandina, District Comilla and the second is located in Bijoy Nagar, District Brahmanbaria. In 2021, over **17,800 patients** were treated through these clinics.



SERVICES OFFERED INCLUDE:

- Antenatal Care
- Postnatal Care
- Home Delivery Care
- Newborn Care
- T.T. Immunization of Mothers & Children
- General Treatment of Mothers & Children
- Pregnancy Test
- Urine Test
- Random Blood Sugar Test
- Blood Grouping
- Hemoglobin Test
- Albumin Test
- Awareness sessions on basic health & nutrition issues

5 MEDICAL FACILITIES

SERVICES PROVIDED IN:



NIGERIA



BANGLADESH



CONGO
BRAZZAVILLE



SENEGAL



CLINIC IN CONGO BRAZZAVILLE

Since 2018, HF Canada has been operating a 10-bed medical centre and pharmacy in Congo-Brazzaville. This clinic provides basic healthcare and medicine to underprivileged locals who would not have access to such services otherwise. This year the clinic underwent relocation, however, the medical staff was still able to provide services to over **145 patients** at little to no cost.

SERVICES INCLUDE:

- Consultation
- Infant vaccination
- Emergency service
- Laboratory tests
- Pharmacy



SENEGAL HOSPITAL

Masroor Hospital is a large 35-bed facility operating in Dakar, Senegal since May 2019. The hospital is equipped with the latest medical and surgical equipment, providing primary and specialized healthcare services to the less fortunate. In 2021, Masroor Hospital served over **3,700 patients**.

FACILITIES & SERVICES INCLUDE:

- Outpatient Clinic
- Emergency Ward
- Medical Ward
- Surgical Ward
- OBGYN Ward
- Birthing Facilities
- Two Operation Theatres
- Two ICU
- X-Ray
- Ultrasound
- Medical Lab
- Specialist Consultations





533

TOTAL NUMBER OF BENEFICIARIES



OVERVIEW

The Gift of Sight program provides vision restorative services and support in underserved communities, where they are otherwise difficult to reach. As of 2018, the program is largely characterized by cataract eye surgery camps we set up throughout the year in Nigeria.



In Canada, the program is focused on providing eyeglasses and other vision support to vulnerable members of Canadian society. We provide vision support to low income families, seniors and children in the Greater Toronto Area. In conjunction with the HF Refugee Resettlement program, vulnerable newcomers are also provided with the vision restoration support along with other healthcare services.

2021 IMPACT

HF's Gift of Sight program has been operating in Kano, Nigeria since 2015. Through the program, HF provides underprivileged community members with cataract eye surgery, free of cost. This year, **533 individuals** in Nigeria were able to restore their vision through free cataract eye surgery.



These vision restorative surgeries contribute to the continued improvement of the communities' overall health and potential.



533

FREE CATARACT EYE SURGERIES

SERVICES PROVIDED IN:



NIGERIA

2,157

FREE CATARACT EYE SURGERIES PERFORMED TO DATE





660

TOTAL NUMBER OF BENEFICIARIES



OVERVIEW

The Knowledge for Life program supports underprivileged children in their educational and academic needs. Children shape our future, thus access to education for every child is extremely important. As with all of HF's programs, the goal of Knowledge for Life initiatives is to enable the economic independence of those in need. HF fulfills its vision of helping underprivileged children in their educational endeavors by building schools, providing vocational training, and taking on classroom transformation projects.



CONGO BRAZZAVILLE

Humanity First has constructed two schools in Congo, located in Village Itali and Village Mpoutsian. These are the only schools providing primary education in their areas and currently have **117 students enrolled**.

HAITI

The Inauguration Ceremony for Masroor Primary school was held in early April 2021. This school, located in Village Beauchamps is located 400 KM from the capital city of Port-au-Prince, and has a capacity of 100 students. Currently **36 students are enrolled** and receiving free education.



NIGERIA

HF Canada operates two schools in Oyo State, Nigeria, in Village Iye-Osa and Village Igbo-Oruwo. The schools provide free education to **68 students** in these villages, where there had previously been no schools.

MALAYSIA

Humanity First is supporting a school / learning center in Malaysia which is established to provide education to children of refugee families stranded in Malaysia. There are **230 students** benefiting from this facility on a regular basis.

5

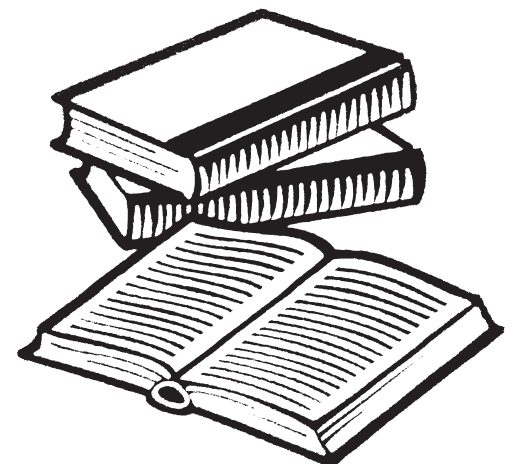
HUMANITY
FIRST SCHOOLS

5

COUNTRIES
PROVIDED WITH
EDUCATIONAL
SUPPORT

660

STUDENTS
ENROLLED



KENYA

Humanity First Canada sponsored the sanitation project of one block of 6 toilets at Adimaye Primary School in Chakama, Kilifi County, Kenya. There are **209 students** enrolled in the school, benefitting from this project.

Adimaye is a remote village located within Chakama, a city in Kenya's Kilifi County. The community is very impoverished, living under harsh conditions and lacking adequate life essentials, including food, water, sanitation, healthcare, education, electricity, roads, and other critical infrastructure.

Adimaye Primary school is the only school in the village, and up until this year, it was lacking a proper sanitary facility. Lack of quality education and essential facilities have kept many village children from going to school and gaining an education. A majority of the students were forced to urinate and defecate in the open, as they only had two existing mud latrines, which were inadequate, unhygienic, and dangerous to use. This exposed them and their community to a variety of diseases.

To help the students combat these distressing conditions, Humanity First Canada sponsored the Adimaye Primary School Sanitation Project. In addition to the construction of toilets which solved the hygiene & sanitation problem, the project also undertook the construction of a concrete base for the school tank, as well as the addition of two blackboards in the classrooms. These crucial additions to the school have greatly benefitted the students. HF expects that these improvements will enable more children of the remote village to enroll in school and gain their education.



93

TOTAL NUMBER OF BENEFICIARIES



OVERVIEW

Forced displacement is a global issue that has only been increasing in its severity and scale over the last few decades. War, civil unrest, targeted persecution, political corruption, are all contributing factors to the global forced displacement of entire populations, turning ordinary citizens into refugees. They flee their homes and leave everything behind in hopes that one day they will live lives of peace and security once again.

Humanity First offers these individuals exactly what they need – hope.

Humanity First acts as a doorway for refugees looking for a chance at a better life away from all the bloodshed back home. Humanity First offers refugee families safety with dignity, care with compassion, support with respect, accommodation with comfort, training for employment, and education with hope.

No stone is left unturned as Humanity First allies with all of its programs in order to provide for all of the needs of its refugees, even before their arrival into Canada.

NEW ARRIVALS

Due to the COVID-19 pandemic, resettlement work fell silent globally for the better part of two years. Whilst no families were able to come to Canada, Humanity First continued to receive calls on a daily basis regarding their resettlement needs. 92 Intakes were filed for 252 individuals and phone calls were attended daily – all in hopes that the doorway to a better life in Canada would be re-opened once again.

This hope was realized when travel restrictions eased in the fall of 2021, at which point Humanity First volunteers welcomed **23 families, totaling 93 individuals to Canada in the span of 3 short months.**



As always, families were welcomed into fully furnished accommodations and all of their basic necessities of life accounted for. Humanity First assisted the families in acquiring their permanent resident cards, helping them access local resettlement

93
INDIVIDUALS
RESETTLED



MALAYSIA



THAILAND



SRI LANKA



GHANA



HONG KONG



PAKISTAN

services including language training. Orientation sessions were held to acquaint them with life in Canada, public transport, and community services, as well as facilitating access to Interim Federal Health Program providers, family doctors, and helping to apply for various benefits.

ORIENTATION SESSIONS

Humanity First's orientation sessions aim to familiarize new families with life in Canada get and all of the facilities and support systems available for them to jump-start their new lives. In 2021 a total of 3 orientation sessions were held. Two were in person, and one was online for those living in other provinces.

A variety of topics are touched upon, including education and how to find a good career, financial matters as well as how to use the public transport system. Refugees were assured that they had surely reached a more peaceful land filled with plenty of opportunities. And with all of the basics covered, the floor was then opened for questions to be asked.



EDUCATIONAL AND RECREATIONAL PACKAGES

On two occasions, Humanity First presented the children of refugee families with educational and recreational packages, consisting of school bags and supplies, as well as toys. Over 25 packages were handed out to refugee children, once in the summer and once in the winter.

On New Year's Eve, a special counseling session was held for refugee families who had landed in 2021. Families also got to spend time meeting and greeting others like themselves whilst sharing a delicious dinner. And in the end, toy packages were gleefully distributed to all of the young children in attendance so that they could begin a new year in high spirits.

CHALLENGES OF COVID-19

One of the unique challenges faced by Humanity First during this period was the need to prepare quarantine plans for all families that were being welcomed into Canada. This means, that it was mandatory for each new family to quarantine for 14 days inside their accommodations so as to curb the spread of COVID-19.

During this quarantine period, Humanity First volunteers regularly called the families to check up on their well-being and assess if they had need of additional supplies. Volunteers would personally provide fresh groceries or food hampers from the Food Bank, and deliver them to the families whilst maintaining social distancing protocols.

After the 14-day quarantine period, the resettlement process proceeded as normal. Arrangements were made for the families to make their bank accounts, SIN, and Health Cards, as well as apply for the Child Care Benefits. No sacrifice was too small for Humanity First volunteers, who tirelessly worked to serve Refugee families beginning their new lives in Canada.





88

TOTAL NUMBER OF BENEFICIARIES



OVERVIEW

Under this comprehensive program, sponsored children are placed in the care of carefully selected foster parents who can provide the child a safe and well-rounded upbringing in a loving family unit. Orphan children are provided shelter, clothing, basic nutrition and healthcare, and access to education.



Humanity First Coordinators facilitate the Orphan Care program, staying in touch with children and their foster parents regularly, as well as paying occasional visits to their homes to ensure that each family is managing successfully. Orphan children under the age of 18 qualify for this program. They are fostered until they reach 21 years of age or complete post-secondary education - whichever comes later.

SERVICES

Humanity First offers orphan children:

- **Food Security**
- **Shelter**
- **Healthcare & Nutrition**
- **Clothing**
- **Access to Education**
- **A Loving Home**

Humanity First operates the Orphan Care program in underprivileged communities, where orphaned children are provided a family environment by matching them to foster parents in their country. HF provides financial support to the foster family on a monthly basis to enable them to provide for the child.



In selecting foster parents, HF gives preference to close relatives of the child. This helps to ease their transition into a new home, maintaining the child's connection with their family. While these foster parents can indeed provide a loving home, oftentimes they do not have the capacity to provide for the child without financial support, as they may

88
**CHILDREN
CARED FOR**

**MONTHLY
NEEDS
ASSESSMENT**



be living on a limited income themselves. HF's Orphan Care Program fills in those gaps, providing foster parents the necessary support to ensure the healthy and happy upbringing of the child. Foster parents report to HF on a monthly basis, sharing details of the care they are providing their children. This allows the Orphan Care team to carry out regular needs assessments, enabling the provision of diagnostic support.

2021 IMPACT

HF's Orphan Care program currently operates in two countries. In 2021, 15 orphan children were accepted into the Orphan Care program in Cameroon and 11 orphan children were accepted into the program in Nigeria. In total, the Orphan Care program provided for a total of **88 children; 67 in Cameroon and 21 in Nigeria.**

Humanity First is currently working on the expansion of the Orphan Care program across more countries.



3,500+

TOTAL NUMBER OF BENEFICIARIES



OVERVIEW

HF Canada has several community care projects that provide support to vulnerable members of communities both locally and internationally. Community Care initiatives are carried out to help vulnerable members of the community such as: children, low income families, seniors, displaced persons, newcomers and more.

HF Canada's Seniors First program is based in Canada and offers senior Canadians health and wellbeing sessions, field trips, basic computer literacy classes, conversational English classes, and food support.

HF further regularly sets up Tax Clinics to provide tax filing services to low income families, newcomers, refugees, and students in Canada.



SENIORS FIRST

The Seniors First program is based in Canada and offers seniors health and fitness sessions to improve mental, physical and overall wellbeing of seniors. This program also offers outdoor recreational trips, volunteer opportunities, learning of basic computer skills, English language skills, and food support.

Throughout the duration of the unprecedented COVID-19 pandemic, the Seniors First Program arranged a variety of exciting and educational events to bring about positive reform to the mental, physical, and social well-beings of the elderly population, that had previously been exacerbated due to lengthened periods of self-isolation and loneliness. This was successfully executed by hosting many events and sessions that catered to their direct needs, such as offering outing trips, organizing financial literacy workshops, as well as educating the elderly about the dire importance of maintaining and attending to their mental and physical health. Activities and outing trips included visits to the McMichael Art Gallery in Kleinberg, Ontario, workshops on Mental Health Strategy, Brain Exercise, Stress

3,500+

**INDIVIDUALS
SUPPORTED**

**COMMUNITY
CARE
PROJECTS
ACROSS**

6

COUNTRIES



Management & Self Care, and Fall Prevention, and Meditative Yoga Sessions.

FREE TAX CLINIC

Humanity First sets up annual Tax Filing Clinics during tax season in March to provide tax filing service to low-income families, newcomers, refugees, and students in Canada. Despite continued physical distancing limitations, HF helped **300 individuals** in successfully filing their taxes while following the necessary distancing protocol.



VACCINE CLINIC

The Public Health Department of the York Region held a Vaccine Clinic at Aiwan Tahir on July 29, 2021. Both Pfizer and Moderna vaccines were offered for the first and second dose for any walk-in. Two distinguished guests visited the vaccine clinic Honorable Minister of Education, Stephen Lecce and Honorable Minister of Citizenship & Multiculturalism, Parm Gill. More than **400 people** were able to benefit from this vaccine clinic in Vaughan.



INTERNATIONAL INITIATIVES

Many displaced refugee families remain stranded in Malaysia and Thailand, where they face great scarcity and difficulty. To assist them during their difficult period of displacement, HF Canada provided families assistance and aid in the form of food supplies, medical supplies, rent support, and cash in hand for emergency needs. In 2021, HF Canada supported over **2800 individuals** in Malaysia and Thailand.



FUNDRAISING & AWARENESS

VIRTUAL IFTAR FUNDRAISING DINNER

On Saturday May 1, the Virtual Iftar Dinner invited HF supporters to an informative telecast focusing on the global COVID-19 pandemic. Distinguished guests, Dr. Faheem Younus (Vice President, Chief Quality Officer, and Chief Division of Infectious Diseases at the University of Maryland), along with Dr. Abdu Sharkawy (Internal Medicine and Infectious Diseases Specialist at University Health Network) highlighted the updated research on COVID-19 and the new vaccines. Questions and concerns from participants were also addressed.

FASTING TO FEED 2021

The Islamic month of Ramadan started on April 14 for the year 2021, where for over 14 hours a day for 30 days, Muslims around the world experienced a small taste of “hunger” which is endured by millions of starving populations on a daily basis. In accordance, Humanity First launched a month-long national fundraising campaign called “Fasting to Feed,” which aimed to provide relief to thousands of families by putting food on their table.



GLOBAL TELETHON 2021

On September 5, 2021 Humanity First Canada held its Annual Global Telethon from 2:00 pm - 8:00 pm. For the first time in history, Humanity First Canada broadcasted the telethon on social media platforms with high interaction which contributed to viewership. The HF team received tremendous support towards building a new hospital in Ivory Coast, restoring vision, providing clean water solutions, helping refugees and feeding the hungry around the world.



HF INTERNATIONAL CONFERENCE

By the grace of Allāh, over 45 national team members of Humanity First participated in the conference virtually by joining from Canada in the early hours of morning. Humanity First had the honour and privilege that His Holiness, Hazrat Mirza Masroor Ahmad(aa) graced the Conference with his presence and delivered a very powerful and faith-inspiring keynote address marking 25 years of Humanity First. The address was watched by thousands of people throughout Canada. Members of National Majlis 'Amila, other office bearers of Jamā'at as well as members of various Huzoor Anwar(aa) praised the work of Humanity First in the last 26 years and provided invaluable advice for the future: "Never forget that your true inspiration is, and always will be, the benevolent teachings of Islām.



18TH ANNUAL GOLF TOURNAMENT

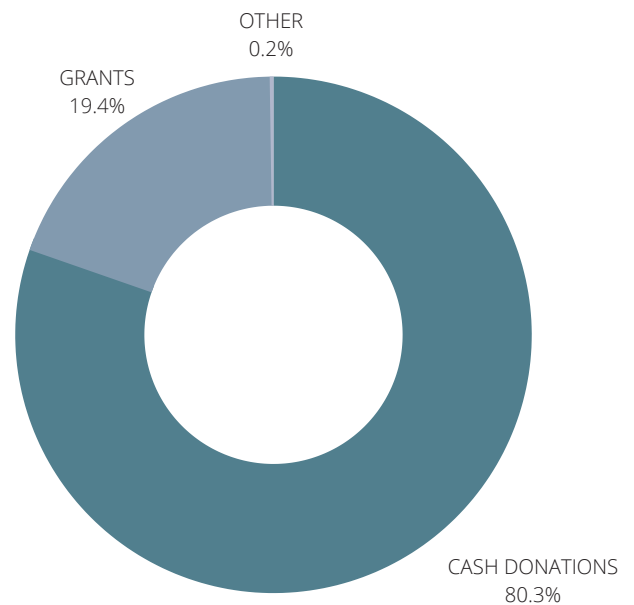
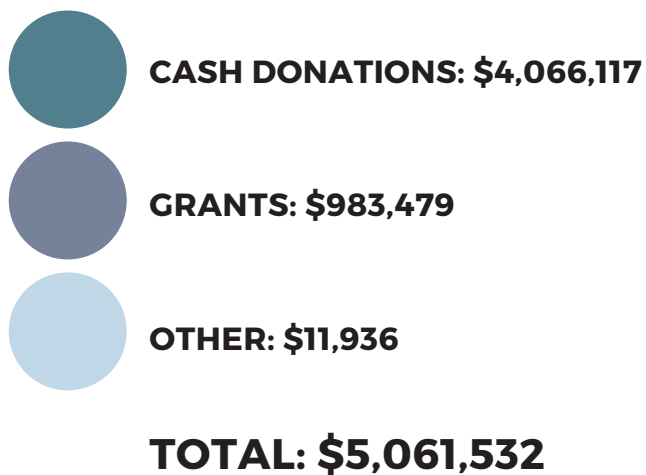
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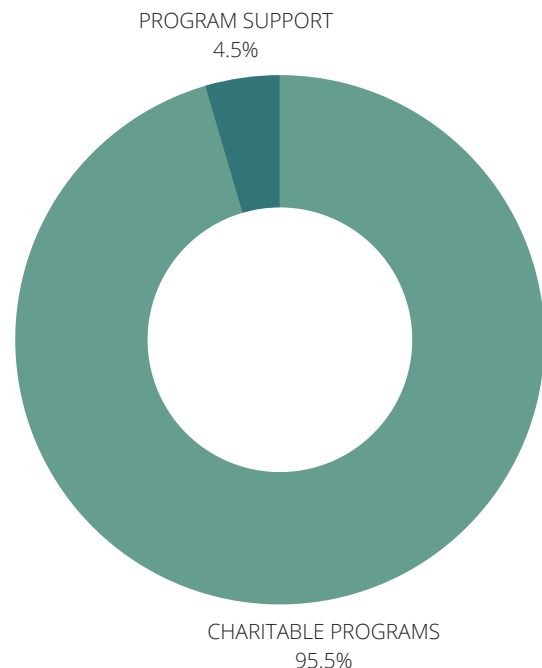


FINANCIAL REPORT

TOTAL REVENUE BREAKDOWN



TOTAL EXPENSE BREAKDOWN



TOTAL ALL IN-KIND DONATIONS



VOLUNTEER LABOUR: \$1,920,510

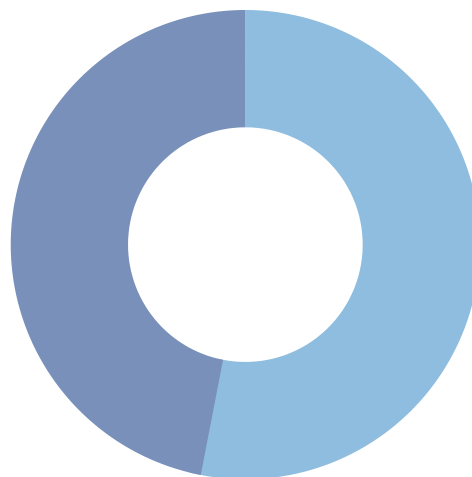


FOOD DONATIONS: \$1,700,000

TOTAL: \$3,620,510

OVER 120,000 VOLUNTEER HOURS DONATED

FOOD DONATIONS
47%



VOLUNTEER LABOUR
53%

PROGRAM EXPENSES BREAKDOWN



REFUGEE RESETTLEMENT:
\$750,235.50



GLOBAL HEALTH:
\$186,709.01



SENIORS FIRST:
\$547,69



FOOD SECURITY:
\$530,285.00



COMMUNITY CARE:
\$86,621.46



ORPHAN CARE:
\$68,074.00



DISASTER RELIEF:
\$52,105.00



KNOWLEDGE FOR LIFE:
\$79,968.24

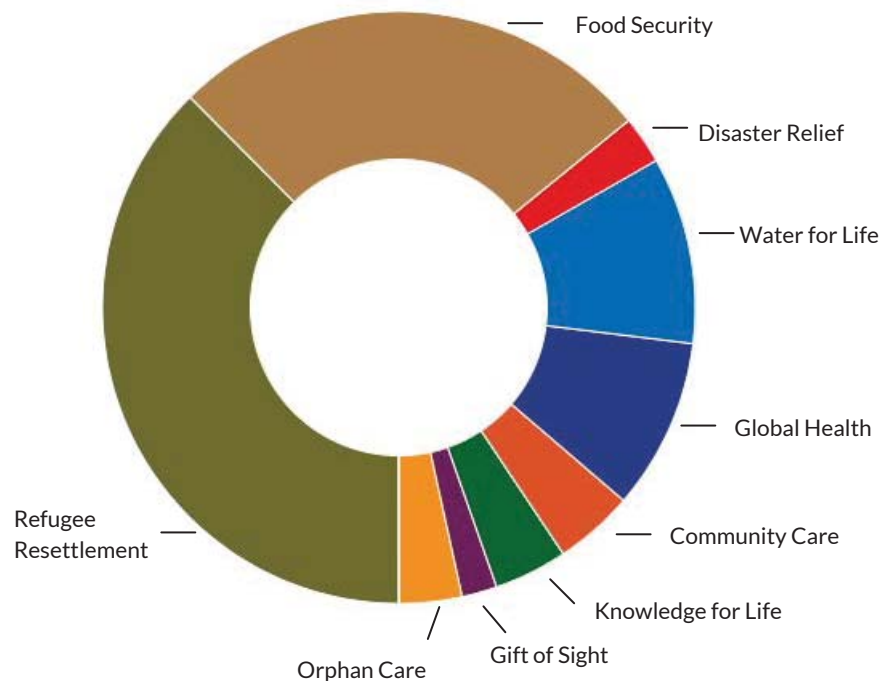


WATER FOR LIFE:
\$204,085.00



GIFT OF SIGHT:
\$38,379.00

TOTAL: \$1,997,010









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