



IN THIS ISSUE:

- Latest HF projects
- Humanity First's events
- Update on international programs

HF'S ASSISTANCE FOR FLEEING REFUGEES

The Russia-Ukraine Crisis began on 24 February 2022 and has affected more than 4.4 million refugees to date. An estimated 6.5 million have been internally displaced within Ukraine, heading west towards Dnipro, Kyiv, and Lviv. Amongst the women, children, and elderly, there are a significant number of disabled and ill children fleeing Ukraine.

Humanity First sent a first responder team of five people from Germany to the Polish-Ukrainian border in late February to provide aid. Since then, other HF branches across Europe and North America have been supporting with resources, funds, and volunteers. HF volunteers have been on the border every day **providing medical and food assistance**. HF is collaborating with UN agencies on the ground such as **WHO, WFP, IOM, and OCHA** to provide aid to the fleeing refugees.



2,815
Patients Treated



30,120
Hygiene Kits Provided



800
Mobile Sims Provided



45,250
Warm Meals Provided



43,880
Warm Drinks Provided



15,695
Breakfast Meals

To date, 65 volunteers from 11 countries have been involved in the aid operation for Ukraine. An estimated total value of €195,000 aid from volunteer efforts and donated goods has been used to assist more than 20,000 refugees.

HELP US SERVE HUMANITY WITH YOUR DONATIONS TODAY!



WATER FOR LIFE

Fresh and safe water is taken for granted by many of us but around the world, millions of people suffer and fall ill due to a lack of access to clean water. Humanity First Canada has been actively trying to tackle this issue with the support of its donor by building water wells, handpumps, electric boreholes, water filtration systems, and water reservoirs.

During the months of January to March 2022, 6 handpumps were built in Cameroon in the villages of Folap Village, Lahinde Village, Makop Quarter, Sabongari Quarter, Goubeewo Village, & Damayo Quarter, resulting in 15,200 beneficiaries.



GLOBAL HEALTH

HF's Global Health program offers primary health care services, constructs hospitals, and runs medical camps in areas in need so as to combat the social justice issue of lacking the necessary resources to save lives and promote healthy lifestyles.



SENEGAL

The Masroor Hospital conducts major as well as minor operations, lab tests, X-ray tests, ECG tests, and ultrasound tests et cetera.

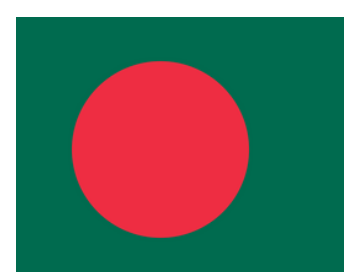
More than 1,300 patients were provided medical care in this quarter



NIGERIA

HF runs a cottage clinic, in Okooko Village, Oyo State which provides basic medical care to local residents in need.

More than 100 people were provided medical care in this quarter.



BANGLADESH

Two community based mother and child healthcare clinics operated in Chandina, District Cumilla and Bijoy Nagar, District Brahmanbaria.

More than 5800 patients were provided medical care in this quarter



CONGO BRAZZAVILLE

Primary healthcare is given to residents of Congo Brazzaville through a medical centre.

More than 150 patients were provided medical care in the reporting period.

KNOWLEDGE FOR LIFE

Millions of underprivileged children around the world are unable to access education due to many financial and social factors. Under the Knowledge for life program HF supports these children through their educational endeavors by building schools, transforming classrooms, or financially supporting these children to gain better opportunities for their future.

CONGO BRAZZAVILLE

A new sewing center has been built in the town of Nkayi, 250 km away from the capital city Brazzaville. The center has 10 sewing machines for 20 students at a time. A minimum fee will be charged to students to cover some operational costs. Diplomas will be awarded at the end of the course.



KENYA

HF has partnered with CHEPs to rebuild and repair Hawewanje Primary School in Kenya which had been damaged by strong wind storms. This project will undertake roofing and repair of the walls and floor. The plan also includes the construction of a block of 4 toilets for students repairing of the existing toilet floors. 350 students will benefit from the rebuilding and repair of the facility.

HAITI, NIGERIA & CONGO BRAZZAVILLE

- In Haiti, Masroor Primary School is currently providing education to 32 students from 27 families in the village of Beauchamp.
- In Nigeria, two primary schools in Lye-Osa and Igbo-Oruwo Villages are currently providing free education to 63 students.
- In Congo Brazzaville, two schools are being operated, providing education to 118 students in Village Itali and Village Mpoutisian.

COMMUNITY CARE

HF's Community Care program supports vulnerable individuals in society such as the elderly, the disabled, and homeless individuals.

2 Senior's First events were held at the HF Headquarters during this quarter. During the first event in February, seniors were taught and given more information about memory loss with aging, followed by some memory games and a meditation yoga session.

During the second event in March, the focus was put on tax filing, and seniors were taught and informed about how to file taxes and tax returns, followed by a yoga session and some table games.

A total of 18 seniors benefitted from both sessions, all of whom were provided transportation and lunch.

CHAIRMAN MESSAGE



Humanity First Canada helps thousands of people in need every month in Canada and around the world. This is all possible with the help of your generous donations and the passion of our dedicated volunteers. Recently, under disaster relief activities, we have been busy helping victims of the Russia-Ukraine crisis, Brazil floods, typhoons in the Philippines, and Madagascar cyclones. In addition, we have started a sewing center in Congo Brazzaville, we are rebuilding/renovating a school in Kenya, installed 6 Water Wells in Cameroon, and restored the eyesight of 116 patients through cataract surgeries.

In Canada, we also organized a Tax filing clinic, COVID-19 Booster Shot Vaccine Clinic, and continued our Feed the Homeless program regularly serving 8,000 meals in Calgary and Toronto. Our Food Bank regularly supports over 3000 people every month with monthly grocery hampers.

Our work is increasing for which we are looking for more volunteers. You can fulfill your passion to serve humanity by volunteering with Humanity First and if you do not have time, you can do so by donating generously regularly. Perhaps you can do both!

— Dr. Aslam Daud

DISASTER RELIEF

PHILIPPINES

In December 2021, areas of the southeastern Philippines were hit by a typhoon with winds of 160 mph. Typhoon Odette strengthened from a Category 1 to 5 typhoon in just one day making it difficult for people to prepare for the arrival of the storm or to evacuate. As of Jan. 3, 2022, the chief of the national disaster agency reported 407 deaths, 78 people missing and nearly 1,150 people injured.

HF Canada immediately created a response plan to help the local communities affected by this tragedy. Under the supervision of HF Canada, HF Philippines distributed relief packages consisting of rice, sardines, instant noodles, cookies, and instant coffee. In total over 1600 relief packages were distributed to affected families in 7 Barangays to more than 1000 families.



BRAZIL



In February 2022, the tourist town of Paraty in the southwestern corner of the state was affected by flash floods and landslides after a record rainfall of over 800 mm in 48 hours. More than 180 people were displaced and moved to temporary shelters.

Through HF Canada's monetary support HF Brazil distributed over 100 food hampers, 50 blankets, care kits for children, various cleaning products, and sanitary items. More than 1000 individuals benefitted through these relief packages and the Mayor of Petropolis City thanked HF Brazil through a letter.

MADAGASCAR

At the beginning of 2022, Madagascar received intense rainfall due to two different tropical weather systems causing flooding, landslides, destruction of infrastructure, and loss of life. These disasters displaced over 50,000 individuals, killing over 180 people and leaving more than 265,000 individuals in need of assistance.

HF Canada sent a response team of two individuals and with the help of HF Madagascar distributed relief packages to over 500 families consisting of food and other necessities.



GIFT OF SIGHT

Under Gift of Sight, HF runs cataract eye surgery clinics, and eye screening camps and provides prescription glasses to those unable to afford them.

In Nigeria, Humanity First runs a cataract eye surgery clinic that offers free surgeries to underprivileged local residents.

From January to March, 116 cataract surgeries were conducted to restore the vision of those who were unable to afford otherwise.

FEED THE HOMELESS



With the onslaught effects of Covid-19, the local homeless population struggles to provide the basic necessities for themselves. Under Feed the Homeless program, volunteers of Humanity First have been actively distributing meals in Calgary and Toronto. In this quarter, volunteers were able to distribute over 8,000 meals to the homeless population.

HUMANITY FIRST FOOD BANK



With the lasting effects of Covid-19 and increasing poverty rates in GTA, Humanity First Feed a Family Food Bank continues to see a drastic increase in the number of clients and needy individuals accessing the services of the Food Bank. Unfortunately, this number is expected to grow further with the continuous and ongoing socioeconomic issues. Our volunteers are working tirelessly seven days a week to help as many individuals as possible, whether that be working in the Food Bank to delivering to our clients who cannot come to the Food Bank for many reasons.

We are grateful for our volunteers and donors supporting the Food Bank and giving disadvantaged individuals a better life.



2,258
Families served



3,523
Adults served



619
Seniors served



2,601
Children served



6,902
Total number of individuals served

FREE ANNUAL TAX CLINIC

On March 20, 2022, HF Canada held its annual free tax clinic to assist low-income individuals in filing their taxes. Due to Covid-19 guidelines, individuals were able to file taxes through both online appointments and in-person appointments. This opportunity allowed many individuals to be able to file their taxes without having to worry about the fees and reliability of the accountants. Our volunteers were able to assist over 200 individuals in filing their taxes.



VACCINE CLINIC



The Public Health Department of the York Region held its second Vaccine Clinic at Aiwan Tahir on February 20, 2022, from 9:30 AM to 7 PM. With both Pfizer and Moderna's first and second vaccines, Booster doses were also offered to willing individuals. Honourable Minister of Education, Stephen Lecce also visited the vaccine clinic. More than 280 people were able to benefit from this vaccine clinic in Vaughan.

HF'S NOTABLE DONORS

- More than 20 food drives were held from the months of January to March. Special thanks to the AMJ community and Miller Grove Public School for organizing these food drives and collecting over 5000 lbs of non-perishable items
- DNR Productions donated mixed non-perishable food items and clothing
- Prince Logistics donated 298 boxes of spinach & 144 boxes of salad.
- Pizza Forno donated 5 Frozen Pizza boxes.
- Toronto Research Chemicals donated over 300 lbs of mixed non-perishable food items.



- Period Purse donated over 200 boxes of sanitary items
- Clorox donated over 7 skids of Clorox disinfecting wipes
- Vaughan Community Health Center donated over 1500 Covid-19 Rapid Test Kits.
- Project Winter Survival donated 10 sleeping bags and 10 homeless kits.

THANK YOU FOR YOUR GENEROUS DONATIONS!

Donate by calling 416-440-0346, emailing info@humanityfirst.ca, or visiting the HF website www.humanityfirst.ca

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