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ANNUAL FOOD SECURITY EFFORTS

FOOD DRIVES

Humanity First Canada held two food drives during this quarter. Volunteers and donors supported both of these food drives wholeheartedly and made it successful.

On October 10, 2021 HF Canada held a **Thanksgiving Food Drive** within two large neighborhoods in Vaughan. With the help of our dedicated volunteers and the Food Bank Team more than 4000lbs of food was collected in few hours.

On December 5, 2021 HF Canada held an **Annual Holiday Food Drive** in which over 150 Humanity First volunteers came out to go door to door and collect food, as well as transport food to our head office. Over 200,000 lbs of food and monetary donations were collected during this event.

FEED THE HOMELESS

Humanity First Canada held its annual Feed the Homeless event on December 24 and December 25, 2021. In which over 250 homeless people, and 3 homeless shelters were served over 900 hot meals and winter survival kits. During this event more than 70 volunteers came forward and partook in feeding the homeless around Downtown Toronto, Newmarket, Brampton, Durham, Calgary and Montreal.

This event allowed the community members to come forward and display an act of kindness towards helping the most vulnerable.



HELP US SERVE HUMANITY WITH YOUR DONATIONS TODAY!



REFUGEE RESETTLEMENT

Humanity First's Refugee Resettlement program tackles the forced displacement of families and communities. Under this program families are sponsored and resettled in Canada and provided support throughout their transition in settling in a new country.

- In the months of October to December eighteen new refugee families arrived in Canada. Immediately after their arrival, work on their early settlement needs was initiated.
- 3 families in quarantine were provided support through food hampers, groceries and other supplies of their needs.



- 6 newcomer orientation sessions were held, 3 of which were virtual to provide support to families in Western Canada, through which more than 60 individuals benefitted.
- HF Canada held a New Year's get together celebration with 6 newcomer families in which 17 children received a bundle of toys.

GLOBAL HEALTH

HF's Global Health program offers primary health care services by constructing hospitals, clinics and medical camps in the underprivileged communities.

In Ivory Coast, foundation stone for the new Masroor Centre for Health was laid in late November. This state of art of facility is expected to be fully completed by 2024.



BANGLADESH

Two community based mother and child healthcare clinics are operated which attended more 5,800 patients in this quarter.



NIGERIA

A cottage clinic is operated to provide basic medical care to local residents which attended 140 patients in this quarter.



CONGO BRAZZAVILLE

A medical center is operated to provide primary healthcare which attended 65 patients in this quarter

WATER FOR LIFE

Around the world many disadvantaged communities lack access to clean water resulting in ill health, diseases, and in extreme cases death of children and elderly. Humanity First Canada, with the support of its donor has been actively trying to minimize this issue by building water wells, handpumps, electric boreholes, water filtration systems and water reservoirs.

During the months of October to December, 20 hand pumps were built in Chad resulting in 10,150 beneficiaries and 6 handpumps were built in Cameroon creating 15,900 beneficiaries.



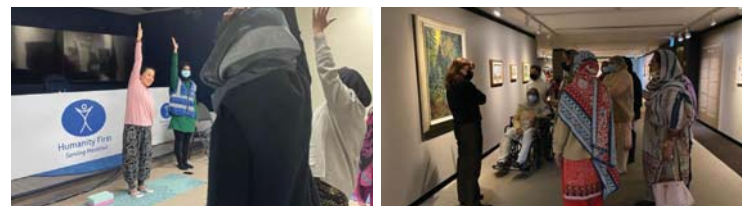
COMMUNITY CARE

Under the Community Care program HF supports the most vulnerable individuals in the society like the elderly, disabled and homeless and also holds programs to empower the community.

During the months of October to December two Senior's First programs were held in Toronto, Canada.

The first program was held at HF Headquarters which consisted of informational presentation on fall prevention, followed by yoga and a game of bingo. Various tips were shared that led an informational discussion through which more than 18 seniors benefitted from.

The second program consisted of a guided tour of The McMichael Canadian Art Gallery which introduced them to the spectacular work of the Canadian artists of early 20th century. Through this tour more than 20 seniors benefitted and were able to add onto their knowledge regarding Canadian artists.



- In Thailand and Malaysia, assistance was provided to more than 10 stranded refugee families through food support, medical assistance and other monetary needs were also fulfilled.
- In Belize, support was provided to a basketball team for their local tournament.

CHAIRMAN MESSAGE



Humanity First relies heavily on the support of our volunteers and donors. During every difficult time our volunteers and donors have provided us with support whether it is their time or monetary support. This was shown when during the freezing temperatures more than 150 volunteers came forward to support our Food Drive and Feed the Homeless events.

As this year comes to end, I want to express my sincere gratitude to our supporters who helped better the lives of many disadvantaged individuals during the ongoing crisis of Covid-19. Humanity First appreciates this selfless work and donations and let's continue to improve the lives of our local and international underprivileged communities!

— Dr. Aslam Daud

FEED THE HUNGRY

Through Feed the Hungry International Project, HF distributes meat in the developing countries where food shortages due to low income, drought, insufficient agricultural productivity and many other reasons have become the norm. As a consequence, many people risk developing diseases, having physical and cognitive deficiencies and malnourishment.



Humanity First distributed meat to those in need in the following areas:

Cameroon

- 21 goats were sacrificed in this quarter resulting in 750 beneficiaries



Chad

- 21 goats were sacrificed in this quarter resulting in 2100 beneficiaries



Congo Brazzaville

- 27 goats were sacrificed in this quarter resulting in 1,227 beneficiaries



ORPHAN CARE

Children around the world are left orphaned due to reasons including war and disease. HF's Orphan Care program supports orphaned children by providing them a safe and healthy upbringing.



Humanity First is currently supporting 59 orphaned children in Cameroon and 21 orphaned children in Nigeria, totaling 80 children in total who are receiving support for their education as well as daily needs.

GIFT OF SIGHT

In Nigeria, Humanity First runs a cataract eye surgery clinic which offers free surgeries to the underprivileged local residents.



From October to December, 125 cataract surgeries were done to restore the vision of those who were unable to afford otherwise.

KNOWLEDGE FOR LIFE

Under the Knowledge for Life program, Humanity First provides support to underprivileged communities by supporting them through their educational endeavours to create a brighter future.

- In Nigeria, two primary schools in Lye-Osa and Igbo-Oruwo Villages are currently providing free education to 63 students.
- In Congo Brazzaville, two schools are being operated, providing education to 116 students in Village Itali and Village Mpoutisian.

DISASTER RELIEF

On December 16 and 17, 2021 Malaysian cities Klang and Shaha Alam were hit by heavy rain and storms resulting in floods which caused highways and roads of lower areas to be blocked. Approximately, 5 million people were directly affected and unfortunately 17 lives were taken.

- HF volunteers helped many families in the affected area to relocate to a temporary location.
- 300 volunteers came forwards to plan a helping community for cleaning the properties and road damages.
- More than 400 meals and other relief items were distributed daily to volunteers and affected families.

On November 17, 2021 British Columbia, Canada declared a state of emergency for a month after the province was hit by a series of atmospheric rivers that led to catastrophic flooding and mudslides. HF assisted the victims by distributing pillows in evacuation centers.

HUMANITY FIRST FOOD BANK



During the months from October to December, Humanity First Feed a Family Food Bank saw a drastic rise in the number of clients accessing the Food Bank. During the holiday seasons, many economically and socially disadvantaged families in the local communities reached out for support through the Food Bank. To meet the ever growing need, many food drives were launched and all of them were made successful due to our donors and volunteers.

We are very grateful to everyone who responded to our call to help and took time and effort in collecting donations.



2,133
Families served



3,365
Adults served



600
Seniors served



2,703
Children served



8,801
Total number of individuals served

CELEBRATING 25 YEARS OF SERVING MANKIND

On November 19th, 2021 Humanity First Canada held a Silver Jubilee event to celebrate 25 years of serving mankind. Humanity First marked its 25 years of serving mankind in 2020 but due to COVID-19 was not able to hold a public event to celebrate this special occasion. To mark this special occasion, Humanity First Canada held this Silver Jubilee Dinner and invited distinguished members of the community to participate in this celebration as well.



HF'S INTERNATIONAL CONFERENCE 2021



On October 30th and 31st, 2021 Humanity First held its international conference to collaborate with other HF countries on its best practices for serving humanity under various programs. 61 other HF Countries participated in this 2 Day Conference that was broadcasted from Islamabad, UK. This was a historic moment as His Holiness Mirza Masroor Ahmad (aa) gave a keynote address at the end of the conference and reminded Humanity First to always serve the weakest in society with humility, including orphans, homeless people and seniors.

HF'S NOTABLE DONORS

- More than 30 food drives were held from the months of October to December. Special thanks to AMWA, AMYA, Darcel Public School, Vaughan Public Library for organizing these food drives and collecting donations.
- M.S. Food and Halal Meat donated 350lbs of frozen vegetables and frozen parathas.
- Metro Grocery Stores donated 16 boxes of bread
- Life Corps provided a large quantity of food supply including over 200 lbs of fresh produce, dairy products and many other food items.

GOLF TOURNAMENT

On October 2, 2021 Humanity First held its 18th Annual Golf Tournament in support of the HF's Feed a Family Food Bank. More than 20 individuals came forward and supported this fundraising cause to help feed many needy families.



THANK YOU FOR YOUR GENEROUS DONATIONS!

Donate by calling 416-440-0346, emailing info@humanityfirst.ca, or visiting the HF website www.humanityfirst.ca

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