



Humanity First
Serving Mankind

RESTORING COMMUNITIES - BUILDING A FUTURE

HUMANITY *matters*

Q1 2021



IN THIS ISSUE:

- COVID-19 relief efforts
- Humanity First's events
- Update on international programs

COVID-19 IMPACT JANUARY 2020 TO MARCH 2021



March 2021 marks one year of the COVID-19 pandemic that has globally impacted the lives of millions of people. During this challenging year, Humanity First has relentlessly provided assistance to those struggling to sustain themselves. We are proud of our volunteers and generous donors who enabled us to augment our strengths and increase our capacities during these difficult times. We are stronger than before, we are helping more people and we are providing enhanced support services. Our thanks and heartfelt gratitude to all our supporters for helping our volunteers continue to provide service to humanity.

Providing food hampers to families struggling to make their ends meet, activities and support services to senior citizens, resettling refugees, and providing PPE to front-line health care workers are some of the activities that continue to make a difference in the lives of many. Here is a snapshot of the impact of Humanity First during the pandemic year:



50 TONS

Fresh food, including salads, milk, chicken, and oranges, distributed.



4.2 MILLION

Meals served through Feed a Family program.



11,000+

Families assisted through various initiatives such as meals from the Food Bank.



90,000+

PPE face shields distributed to hospitals and health care workers.



100+

Daily calls received to provide guidance to individuals.



3,000+

Free deliveries of food hampers to people's residences.

HELP US SERVE HUMANITY WITH YOUR DONATIONS TODAY!



WATER FOR LIFE

Fresh and safe drinking water, as well as sanitation, are something we all take for granted. For over two billion people, these are basic human rights that are inaccessible. Villagers often have to trek over many kilometers each day to obtain contaminated water from the streams. This makes life harder as it deprives them from earning their daily livelihood and gaining an education. Accordingly, HF aims to deliver sustainable water solutions to such underdeveloped countries.

CHAD

- **Tabasaye Village Hand Pump:** 240 beneficiaries
- **Dar ul Salam Village Hand Pump:** 300 beneficiaries
- **The electric borehole with an overhead tank for Zaraf Ecole Government School, in N'djamena:** 1,500 students beneficiaries

CAMEROON

- **Adamawa region borehole:** 1,200 beneficiaries
- **Kosewa village borehole:** 1,600 beneficiaries
- **Koupa Menke village borehole:** 2,000 people
- **Barmari village:** 1,400 beneficiaries.



REFUGEE RESETTLEMENT



The Refugee Resettlement Program tackles the forced displacement of families and entire communities- a challenge we have been facing globally for decades now.

- A webinar was held on March 7th for families that are currently in the resettlement period. The HF Chairman addressed questions and queries of attendees regarding settlement related matters.
- They were also provided guidance on filing their taxes through the HF Free Tax Clinic.

ORPHAN CARE

Children around the world are left orphaned due to reasons including war and disease. HF's Orphan Care program supports orphaned children by providing them a safe and healthy upbringing.



- HF is currently caring for 68 orphaned children across various locations in Cameroon and 18 orphaned children in Nigeria.

KNOWLEDGE FOR LIFE



Humanity First's Knowledge for Life program supports underprivileged children in their educational endeavours. HF provides these children with access to education, building their future. This is done through construction of schools, classroom transformation projects, and the provision of school supplies.

HF Masroor Primary School in Village Beauchamp, Haiti is in the final stages of completion and will be inaugurated in April.

NIGERIA

- In Nigeria, two primary schools in Lye-Osa and Igbo-Oruwo Villages are currently providing free education to 66 students.

CONGO

- 76 Students are attending a Humanity First school in Intisiana Village district.
- 41 students are attending Itali School.

FEED THE HUNGRY

Numerous challenges, such as poverty and food shortages, deprive families across the world of food supply. Humanity First strives to provide food support to break the barriers in accessing nourishing meals.



| | | | |
|-----------------------|---------------------------|------------------------|--------------------------|
| 550 | 1,100 | 400 | 746 |
| Beneficiaries in Chad | Beneficiaries in Cameroon | Beneficiaries in Congo | Beneficiaries in Senegal |



CHAIRMAN MESSAGE



With your support and generous donations, Humanity First Canada has been supporting hundreds of families in GTA every month. During the COVID-19 Pandemic, we are helping a much higher number of people. Our Food Bank Team is working very hard to meet the ever-increasing demand for food assistance. We urgently need funds to purchase food in bulk quantities. Our volunteers continue to help newcomers and refugees to resettle in Canada. We are providing food to refugees in Thailand and Malaysia. We are running schools and medical centers, drilling water wells, and feeding the hungry in Africa.

Please accept my heartfelt gratitude for your donations, and volunteering for Humanity First. Let's continue to make a difference in the lives of people in need!

— Dr. Aslam Daud

ASSISTING VICTIMS OF FIRES IN SENEGAL

In the month of March, villages in the region of Tambacounda caught fire causing many villagers to become homeless after losing their huts, yearly storage of food ration, and household belongings. Some remote villages were located 50 KM away from the main roads and transportation of goods was a great challenge. However, when the local municipality and villagers appealed for post-disaster help, HF successfully provided the following support to 236 victims of the village fire:

- Relief packages consisting of rice, oil, pasta, mattresses, pots & pans, buckets, and clothing, were distributed to 29 families, totaling 236 persons.
- Cash in hand was given to accommodate emergency needs of the victims.

The Mayor of Tambacounda held an appreciation ceremony in Mairie and acknowledged the community support services of HF in the presence of invited guests and government officials.



HF LADIES FUNDRAISING GALA

On March 27, 2021, Humanity First Ladies Team held their own fundraising event similar to the telethon, targeted towards women only. This event allowed the accumulation of donations towards HF's nine programs that provide assistance to disadvantaged communities throughout the world.



- The event was graced by the Federal Minister of Seniors, Hon. Deb Schulte.
- Her Worship Bonnie Crombie, Mayor of Mississauga and Marilyn Lafrate, Councillor of City of Vaughn, both gave video messages of support and appreciation.

MATERNAL AND CHILD HEALTH PROGRAMS IN BANGLADESH



Since 2018, Humanity First Canada has been offering maternal and child health care programs to disadvantaged families in Chandina, Cumilla District and Bijoy Nagar, Brahmanbaria District. Out of the many services that HF provides, which assisted a total of 5,957 individuals in the reporting period, are as follows

- Antenatal care, postnatal care, home delivery care, and newborn care.
- Various laboratory tests.
- Educational and awareness sessions on basic health issues.

FEED THE HOMELESS

The covid-19 crisis has made the situation worse for the homeless individuals in the city as the capacity of shelters was reduced forcing more homeless people on the streets. Consequently the need of food assistance to the homeless was escalated. To respond to this growing need, Humanity first increased the capacity & frequency of its Feed the Homeless service to weekly basis from January, 2020.

- In the first quarter, 410 homeless individuals were served with fresh meals, snacks, winter survival kits, and blankets in the city of Toronto.



HUMANITY FIRST FOOD BANK

The Humanity First Food Bank continues to be busy serving an increased number of clients who are facing financial constraints due to the economic downturn caused by the pandemic.

To meet the growing need, a large-scale food drive was launched to help those who are forced to make choices between food and other necessities of life.

We are very grateful to the donors who responded to the call and took time and effort in collecting donations for HF Food Bank:



A heartfelt gratitude goes to Ahmadiyya Muslim Women Association for helping with the food drives!



2,182
Families served



2,800
Children served



489
Seniors served



6,729
Total number of individuals served

FREE ANNUAL TAX CLINIC



On March 14, 2021, Humanity First held its free annual Tax Clinic to help low-income individuals in filing their taxes. During the pandemic, the Tax Clinic clients were attended by appointments and virtually to ensure that the COVID-19 social distancing guidelines were followed. Tax filing volunteers were able to assist approximately 300 individuals.

500,000 ENNIS FABRIC'S MASKS DONATION

As the COVID-19 pandemic continues to plague life, clean face masks, pose as a luxury for underprivileged individuals, Thank you Ennis Fabrics, a wholesale fabric and supplies distributor, for their generous donation of 500,000 masks to help keep the community safe in the fight against SAR-CoV-2.



HF'S VOLUNTEER COUNCIL



Humanity First initiated a volunteer council where volunteers can collaborate with others and give their input on ways to help those underprivileged. The council holds regular meetings where members can not only raise awareness about humanitarian issues but also showcase their passion and commitment towards making an impact.

THANK YOU FOR YOUR GENEROUS DONATIONS!

Donate by calling 416-440-0346, emailing info@humanityfirst.ca, or visiting the HF website www.humanityfirstcanada.ca

CONTACT US

+1 416 440 0346 info@humanityfirst.ca

600 Bowes Rd, Unit # 40, Concord, Ontario, L4K 4A3, Canada