



2011 ANNUAL REPORT

International & National Activities | **Humanity First CANADA**

January 2011 – December 2011



Humanity First
RESTORING COMMUNITIES · BUILDING A FUTURE

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International Projects





DISASTER RELIEF:

1. Brazil Floods | January 2011 to Current:

- **Situation:** In January of 2011, severe floods and mud slides occurred, reporting to be one of the deadliest disasters in Brazil in over 40 years.
- **Humanity First Response:** HF Canada responded immediately, dispatching a disaster relief team to Petropolis city. Humanity First arranged for the most needed items (not provided by other organizations), for families and children affected by the disaster. Humanity First provided the following relief aid:
 - 70 kitchen kits
 - 500 new clothing for women, children and men
 - Over 300 gift packs to kids (including snacks, toys and school kits for children)

In Brazil, we only spent about \$8000 only but did a lot of work in providing relief to flood affected victims. We are still looking for suitable long term projects. A visit to Brazil is planned in March 2012

- **Budget:** Approximately only \$8000 has been spent in Brazil, however a lot of relief work has been provided to flood affected victims. Currently we are still looking for suitable long-term projects. A visit to Brazil is planned in March 2012.



2. Japan Earthquake | March 2011:

- **Situation:** In March of 2011, Tsunami spawned by one of the largest earthquakes ever recorded slammed Japan's eastern coast, sweeping away people, cars and homes while widespread fires burned out of control.
- **Humanity First Response:** HF Canada provided financial support by immediately launching countrywide fundraising campaigns to support relief operations underway in the affected cities in Japan. The relief work initiated in March, right on the outset of the tsunami, and continued for more than three months towards the end of May 2011. A team of over 110 (including 56 in Japan) has been involved in this operation, liaising with the UN and authorities, arranging for supplies, raising funds and deployed to affected areas of Nagoya, Sendai, Ichikawa and Ishinomaki. Since the start of the disaster, the team delivered over 60,000 hot meals, water, blankets emergency relief and sanitary supplies to thousands of victims on daily basis.



3. Africa Drought | August 2011 to Current:

- **Situation:** In August of 2011, a severe drought affected over 11 million people in North East Africa with acute food shortages and difficulties in accessing water and sanitation. An estimated two million children in the region are malnourished and need urgent help.
- **Humanity First Response:** HF Canada responded immediately by launching various fundraising campaigns to provide financial support for the relief operations in Africa. Humanity First Canada held fundraising dinners at 4 constituencies in Canada.



4. Pakistan Floods | December 2010 to January 2011:

- **Situation:** In July of 2010, heavy monsoon rains caused severe flooding in various regions of Pakistan, affecting around 20 million people with destruction and causing death to thousands of civilians.
- **Humanity First Response:** HF Canada responded immediately by deploying the local HF team to start providing relief and aid, while thousands of Canadian individuals, families, business, schools and agencies responded to the call of assistance of Humanity First by donating food, funds and clothing for the flood victims. Humanity First provided the following relief aid:
 - Humanity First team efficiently dedicated countless hours in organizing fundraisers, collections of funds, food and clothing supplies across the country. The food and clothing donations were shipped to Pakistan through PIA Air Cargo.
 - Every week, 20 tonnes of food aid was being handed out in 20kg family ration packs. In addition, tents, blankets, bedding, cutlery, domestic supplies, towels and buckets have been handed out. In many cases, tractors have been used to get relief supplies to remote areas where normal vehicles cannot gain access.
 - HF has supplied 800 water family filtration kits with instructions in Urdu. Groups of villagers are being trained by HF staff in how to use the kits to ensure they have safe drinking water for at least the next 12 months. Hundreds more will be deployed in the next 3 weeks.
 - 2,300 water filtration straws have been handed out which allow people to drink contaminated water from rivers and other sources in safety for the next year. These are particularly popular with children. Hygiene kits are also being handed out, especially to women in the camps, and temporary latrines were installed for women.
 - Dozens of medical camps were run by local HF doctors, particularly in Gilgit and the North-West, and in Sindh and southern Punjab. Over 16,000 patients have been treated.
 - HF has distributed 1,100 mosquito nets to prevent the spread of malaria.
- **Budget:** Altogether, over \$800,000 has been spent in Pakistan on relief work and rehabilitation projects, including the building of hundreds of homes and drilling of water wells in remote villages.





5. Philippine Floods | December 2011 to Current:

- **Situation:** Typhoon Washi and flash floods have affected the Northern Mindanao Province of the Philippines which is not the usual path of typhoon in this country. This typhoon is considered the most devastating typhoon to hit the country this year. The residents of the area are unaccustomed to cyclones which has further complicated the situation.
- **Humanity First Response:** HF Canada has deployed the local team in Manila and Zamboanga City to visit the flood affected areas (Cagayan de Oro) and assist the victims of disaster.
 - Humanity First volunteers are helping in the affected areas as well as at the temporary shelters located at schools and government buildings
 - Humanity First is distributing emergency relief packages consisting of food rations, blankets, water, milk, canned food, pasta and juices
 - Currently distributed relief goods to over 400 families in affected areas
- **Budget:** We have spent about \$10,000 in 2011, which included some poverty alleviation programs (Feed a Family Program), and currently we are continuing to assist the Typhoon victims. A team of Disaster Relief officials have planned a visit in 2012 to oversee the relief work.



6. Philippine Fire | December 2011 to Current:

- **Situation:** A fire broke out in the residential area in St. Ana, Manila on the morning of October 13, 2011. The blaze quickly spread to around 20 homes before it was put out at noon time, leaving 40 families homeless and without shelter. The estimated damage was approximately PhP 500,000.00; fortunately no one was hurt.
- **Humanity First Response:** HF Canada assisted the victims of the fire by providing financial support for the distribution of relief packs containing goods and basic necessities to all the victims through the local HF team in Philippines.





REHABILITATION & RECONSTRUCTION

I. Haiti School Project | 2010 - to Current:

- **Situation:** After the massive disaster in Haiti in 2010, Humanity First continued to successfully provide relief and support to the victims of the earthquake in conjunction with developing long term rehabilitation plans to provide a secure and sustainable future for Haitians.
- **Humanity First Response:** After the relief efforts, Humanity First invested in Haiti's future by providing education to its children, through the development of a primary school which is in the final stages of completion.
 - **Name of School:** 'Humanity First School - Where the Stars Still Shine'
 - Humanity First is invested in Haiti's future by providing education to its children, through the development of a primary school
 - Estimated 200 children will attend classes
- **Budget:** In 2011, we have spent about \$23,000 on the clinic and the school project. Our team has regularly visited Haiti in 2010 and early 2011. Next visit will be upon completion of the school. Most of the major relief work was done in 2010. In 2011, we finalized our relief work and closed down the one clinic which we ran for about a year.



2. Bangladesh Latrine Project | 2010 – Current:

- **Situation:** After building Cyclone proof homes, Humanity First proposed to build latrines in the remote village of Char Onda in Rangabali district.
- **Humanity First Response:** HF Canada began to build 25 latrines in late 2010 in the village of Char Onda, and in 2011 the latrine project was completed.
- **Budget:** In 2010-2011 we spent about \$20,000. Our relief work was mostly completed in 2009-2010, but this additional project continued on from 2010 until 2011. We have received a proposal for 2012, and are currently reviewing it.



3. Nigeria Water Well & Other Projects | 2010 – 2011:

- **Situation:** Water is a necessity for life. Humanity First has stepped in and taken the initiative of constructing water pumps and wells in remote African villages, providing essential access to safe drinking water to numerous communities. Other projects have been developed and executed to help cater to health, education and training of Nigerians.
- **Humanity First Response:** HF Canada has taken the initiative and provided support and funding behind a multitude of charitable ventures and activities in the state of Nigeria. Many projects are on-going and plans for future ventures are in the works. These endeavors include:
 - A well-established orphan care program (care for 10 orphans)
 - Borehole building projects (6 water wells)
 - Medical expeditions (medical camps)
 - Computer centre for training and education (4 training schools)
- **Budget:** In 2011 we have spent around \$43,000 in Nigeria on the following projects: Water Wells, Computer Training Schools, Orphan Care program, Medical Camps, Educational Assistance to poor students. Our last visit to Nigeria was in 2009, and we have proposed a visit in January 2012.



4. Pakistan Rehabilitation Projects | 2010 – 2011:

- **Situation:** Water is a necessity for life. After the destruction caused by severe flooding in Pakistan, Humanity First took the initiative of taking their relief work to the next level and proposed rehabilitation projects focusing on water supply and shelter. The lower Sindh region which is one of the most underdeveloped regions of Pakistan, comprises of several districts including Umerkot, Mirpur Khas, Thatta, Badin and Tharparker. Amongst several issues faced by the 'Tharis', as they are called, one issue is the unavailability of potable/clean water.
- **Humanity First Response:** HF Canada began the shelter and water well project in 2010 and progressed with its completion in 2011. Funds were collected and sent to Pakistan for the building of 400 homes and drilling of 210 water wells. Various rehabilitation work occurred, with a focus on shelter and water wells.
 - **Shelter Project:**
 - ✓ Built 400 shelters, housing approximately 2500 individuals
 - ✓ Start Date: December 2010 / End Date: January 2011
 - ✓ Each home was 14 x 16 ft (with option to extend at a later date)
 - ✓ Families are spread across 19 villages in 7 areas as follows: 41 in Muzaffargarh, 285 in Dera Ghazi Khan, 13 in Rajanpur, 45 in Larkana, 10 in Noshero Feroz, 5 in Bahawalpur and 1 in Vehari
 - **Water Well Project:**
 - ✓ Installed 200 hand-pumps in various villages in 2010
 - ✓ Humanity First Pakistan conducted an evaluation of the region of Tharparker and proposed the building of 10 Water Wells in the areas where access to clean water was most difficult
 - ✓ Completed drilling of the 10 water wells in 2011, plus an additional 2 water wells
 - ✓ 10 additional wells have been confirmed for production in the Tharparker area
- **Budget:** In 2011, we have transferred funds in the amount of \$89,000 in April and then \$13,000 in September.







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National Projects





DISASTER RELIEF:

1. Slave Lake Disaster | May 2011:

- **Situation:** In May 15, 2011, fast moving wildfire caused devastation in the northern Alberta community of Slave Lake. The damage was catastrophic. Hundreds of homes, churches and businesses were destroyed. The power was out and about 7000 people were forced to evacuate their homes on 20 minutes notice. South eastern parts of the town had the greatest damage where over half the homes were consumed by flames.
- **Humanity First Response:** A team of Humanity First volunteers in coordination with Emergency Relief Services Edmonton and Slave Lake Community Services provided manpower resources for sorting and organizing goods received through donations, and assisting with ground efforts and field work. Volunteers divided into two groups and went from door to door offering help and assistance with cleanup and rehabilitation to individuals and families in the neighbourhood.



2. Sutton Fire Disaster | July 2011:

- **Situation:** In July of 2011, a fire broke out ripping through a three storey apartment in Sutton, Georgina, just one hour northeast of the city of Toronto. The fire displaced dozens of residents from their homes and on to the streets early Monday morning.
- **Humanity First Response:** Humanity First assisted the victims by providing boxes of food supplies through the Salvation Army. Humanity First volunteers delivered large amounts of food supplies to the Sutton Youth Shelter to help with the distribution to the homeless. Victims of the fire did not sustain any injuries, but families watched their homes gutted by flames. The Town of Georgina is working on a longer term strategy to assist those affected by the fire.







FUNDRAISING:

1. Africa Drought Fundraising Event | August 2011 – October 2011:

- HF Canada held 4 successful fundraising events in Toronto, Vancouver, Montreal and Calgary
- All events were attended by over 2000 guests including dignitaries
 - Toronto: Honourable Dr. Kristy Duncan, MP, and Honourable Jim Karygiannis, MP
 - Montreal: Honourable Mary Deros, City Councilor, Honourable Frantz Benjamin, City Councilor and representative for the Mayor of Montreal
 - Calgary: Member of Parliament Davinder Shory, Calgary Police officials, and members of Canada Pakistan Association
- Dr. Aslam Daud, Chairman of Humanity First, commented on the importance of such fundraising events: ***“This is the most preventable disaster where lives can be saved by providing food and water. As human beings, we cannot sit and watch people die. The unwavering support from the communities across Canada has been remarkable.”***



2. Africa Drought Fundraising with GO Transit | September 2011:

- HF Canada partnered up with GO Transit for a second year in a row to conduct fundraising and awareness for Africa drought relief at Union Station; one of Toronto's busiest subway locations.
- More than 45 volunteers dedicated their day to help build awareness of the desperate situation in Africa and raise funds for relief work, raising almost \$10,000 in 12 hours
- Commenting on the successful fundraising event: ***"Seeing the local subway commuters digging into their pockets to help those suffering in Africa is an affirmation that goodness has deep roots, sprouting at the time of need and putting humanity first. I see Union Station as a place where loads of humanity arrives in each train."*** Dr. Aslam Daud | Chairman Humanity First Canada



3. Run for Vaughan Fundraising | May 2011:

- Humanity First has been supporting the Run for Vaughan since it began in 2003, in support of the Future Vaughan Hospital in the city of Vaughan, Ontario. This year's event was held on Sunday May 29, 2011 at the Bai'tul Islam Mosque in Maple
- The Run has garnered support from all levels of Government, from various businesses and citizens of Vaughan and the GTA (Greater Toronto Area)
- Along with corporate partners such as RBC (Royal Bank of Canada), and lead sponsors Power Stream and the Carpenter's Union, Humanity First has been an active community partner of Run for Vaughan and is one of the largest supporters.
- Humanity First set up various stalls and information booths to promote and raise funds for both Run for Vaughan and various Humanity First projects
- The event was attended by the Honourable Maurizio Bevilacqua, the Mayor of Vaughan; Michael DiBiase, Honourary Chair of the Run for Vaughan and Regional Councillor of Vaughan; Greg Sorbarra Member of Provincial Parliament; along with Vaughan's entire City Council
- The Run for Vaughan attracted 1,100 participants. Over \$50,000 was raised at this year's Run, increasing the total contribution to the hospital to over \$350,000





FOOD BANK:

I. Feed a Family | January 2011 – December 2011:

- **Recipients:** Over 2400 residents in the Greater Toronto area were provided with food support on a monthly basis throughout 2011. 90% of these clients were those who do not have any transportation to reach to the food banks, and the remaining 10% were walk-in clients.
- **Referring Public Service Agencies:** This year an increased number of clients were referred to Humanity First Food Bank by various public service agencies, such as:
 - **York Region Community Services and Housing Department**
 - **Housing Help Centre of York Region**
 - **Vaughan Welcome Center**
 - **The Hincks Dellcrest Center Toronto: Mental health services for children, youth and their families**
 - **Ontario Disability Support Program**
 - **Toronto Social Services Department**
 - **Churches, Mosques, etc.**
- **Delivery Management:** Due to the high volume of individuals requiring food assistance the delivery network was expanded, including more delivery volunteers in partnership with AMJ Youths Group
- **Feed a Family | Clientele Testimonials:**
 - *“Very helpful service, delivering my hamper all the way to my home in Newmarket. The service is speedy and you guys are very generous supporting people in need and delivering to those who can’t drive to buy food.”* **Debbie Montgomery**
 - *“For a single mother like me, it’s very painful to reveal to my children that I am taking help from a Food Bank, but I am grateful to Humanity First volunteers who bring us food quietly and leave it at the porch without ringing the bell, just like angels from heavens. I heartily appreciate Humanity First in upholding my dignity to my family and feeding us at this difficult time of our lives.”* **Judy Samson**
 - *“I was forced to live in my vehicle for months due to evacuation from my rented home. I was laid-off and the bills kept increasing. I didn’t have enough money to spend on gas to travel to various food banks. The support I received from Humanity First during my days on the street helped me in feeding my family and in finding an income source. I can’t thank you enough!*

The work you people do should be recognized and admired. Thank you Humanity First!" **Carl Jack**

- "It's been one year since we arrived in Canada, soon after my husband was diagnosed with cancer and my twin son was diagnosed with cardiac illness. The biggest stress that kept me awake many nights was how I am going to feed my 5 children, after paying my bills. And I believe Humanity First is one of the saviors for me and my family sent by God. He didn't leave me alone at the time of sever deprivation. Humanity First team is a unique blessing in Canada." **Sobia Sajid**

- **Feed a Family | Agency Testimonials:**

- "I have not seen any agency going this far to help people in need, reaching out to their homes every month, especially for the new comers. Your organization is making a lot of difference in providing sustainability in daily sustenance, in releasing their stress and in upholding their self-respect at the time of need." **Kishwar Saleem Social Worker and Mental health counselor, The Hincks Dellcrest Center Toronto**



2. Food Drives | January 2011 – December 2011:

- **Internal Food Drives conducted by various organizations and groups:**

- Westervelts Corner Public School | Brampton
- Charlton Public School | Thornhill
- Teston Village Public School | Maple
- Maple High School | Maple
- Ostaco Windows & Doors | Concord
- Century 21 Heritage Group | Richmond Hill



- **AMJ Youth Association of Canada:**

- The AMJ Youth Association conducted their country-wide Annual Food Drive from November to December, collecting over 122,000 lbs of food through the hard work and selfless efforts of over 300 volunteers



- **AMJ Women's Association of Canada:**

- Members conducted regular food drives throughout the year at their monthly meetings and other local, regional and national events
- Organized a large scale food drive in November 2011 at one of their National Events, 6 regions across the GTA took part with generous donations from 45 branches
- The women's association conducted 50 food drives throughout the year across the GTA generating more than 50,000 lbs of food.



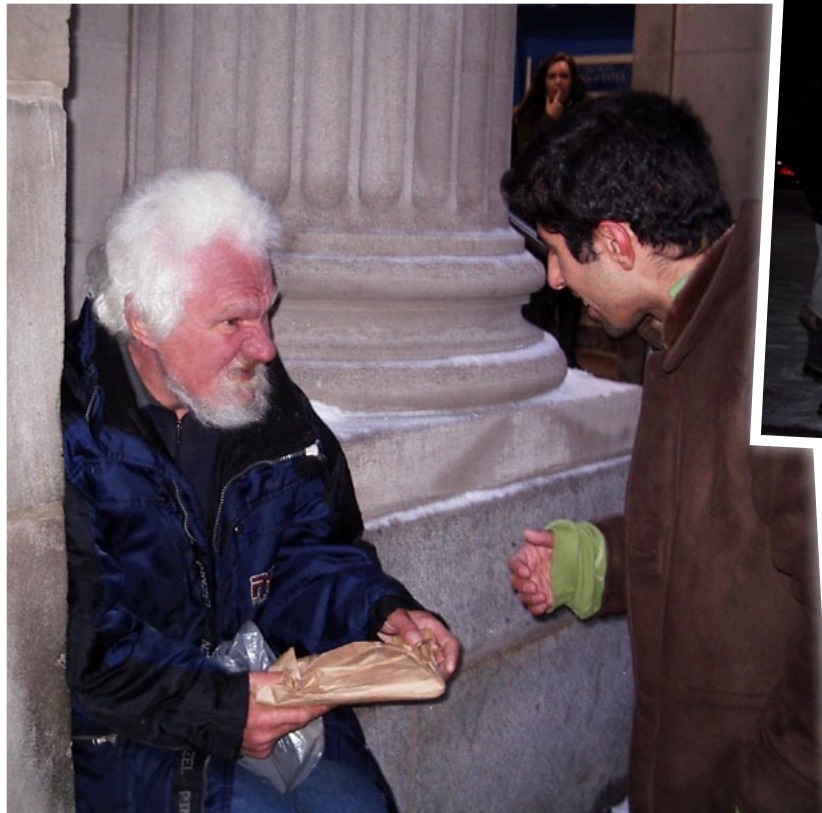
3. Feed the Homeless | January 2011 – December 2011:

- **Toronto:** On December 24 and 25, a time when many families are enjoying the warmth of their homes celebrating the holiday season, selfless Humanity First volunteers scattered through the streets of Toronto bringing warmth to the hundreds of homeless in downtown. Volunteers served hot pizza, juice and water.
- **Sutton:** A team of volunteers donated their time and cooking skills to prepare a nutritious lunch for the youth at the Salvation Army Youth Shelter in Sutton, Georgina. The shelter is a drop-in center for youth experiencing homelessness, or at risk of homelessness in the northern part of York Region. Volunteers prepared a warm and fresh meal, including dessert. Volunteers received raving reviews about the lunch and their kind services from residents and staff members.
 - ***“The donation of your time and the willingness to support youth in a positive way has been a pleasant change for many young men and women who access our doors.”*** Corriene Edison | Administrative Coordinator





- **Montreal:** Volunteers from the Montreal branch of Humanity First spent Saturday, December 24th, in Downtown Montreal to serve a warm meal to the homeless Montrealers. The day began with packing the food and led to distribution begin at 2 p.m. Volunteers along with the Humanity First branch coordinator, walked along the streets offering meals to all of the homeless people along that route. Approximately 30 people were served with two slices of Pizza and one can of coke. This event was the first of its kind in Montreal area during the Christmas season, however, University students who regularly volunteer for Humanity First make weekly visits to the St. James Drop-In Homeless Centre, feeding approximately 40 homeless every week.
 - Due to great success and enthusiasm of the volunteers, Humanity First Montreal decided to continue providing warm meals to the homeless of Montreal again on New Year's Eve, this time with over 40 volunteers.



4. Volunteer Management | January 2011 – December 2011:

- Humanity First continues to be a popular charity of choice for many individuals, families, students and businesses. Whether they are looking to complete a number of volunteer hours for school or to lend a helping hand to members of their community, Humanity First is blessed with dedicated volunteers in all departments.
- **Community Members and Student Volunteers:**
 - More than 2500 community members and student volunteers participated in humanity First activities contributing more than 100,000 hrs over the year across the country.
 - Large volumes of students from local schools in need of volunteer hours, as part of their curriculum requirements, choose the Humanity First Food Bank as their volunteer placement
- **Volunteer Appreciation Event | Feed a Family Delivery Volunteers:**
 - A high level Volunteer Appreciation Event was organized in April 2011 in cognition of the selfless services of the food delivery volunteers, who have been delivering food to families under the 'Feed a Family' program for the past 6 years
 - These volunteers have been filling the gap of transportation barriers and have been driving daily necessities to the doorsteps of those in need
 - These volunteers sacrificed their time and efforts to help put food on the table, come rain or shine
 - Member of Parliament and Minister for State for Seniors Honourable Julian Fantino, graced the event and addressed the attendees
 - Appreciation awards were presented to the most outstanding and devoted volunteers





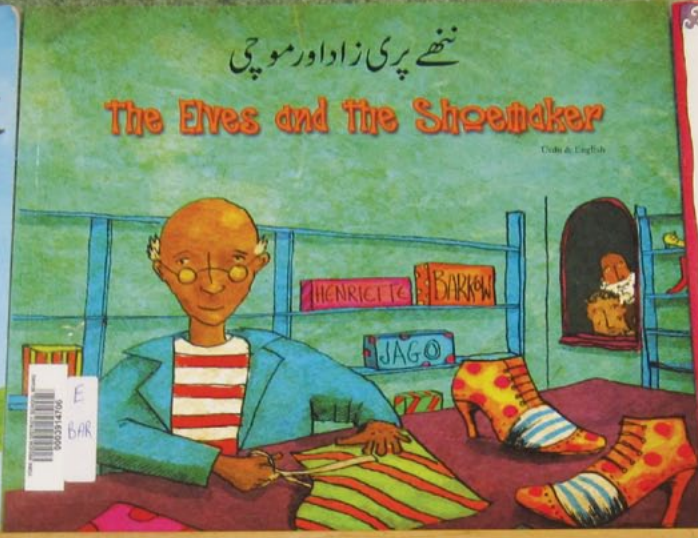
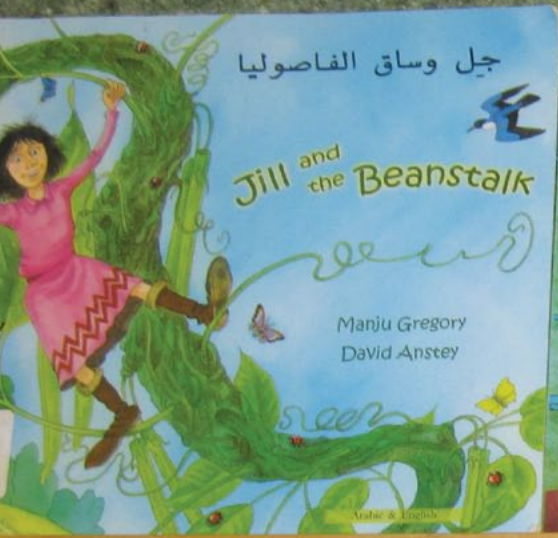


SENIORS FIRST:

I. Health & Fitness Program | May 2011 – December 2011:

- **Introduction:** In early May 2011, Humanity First introduced a program “Seniors First” – a health and fitness program for senior members of the local community in Maple, Ontario to improve and maintain the quality of their health and social life to make them an active and more inclusive part of the community.
- **Program Details:** The sessions are held twice a week at the community center’s multipurpose hall by a professional health and fitness trainer and a group of volunteers. The fitness trainer leads the group in light but structured exercises and also shares useful information on healthy lifestyle. Healthy refreshments are also served at the end of each session. Pick and drop service is also provided to those seniors who have no transportation available at home to attend the sessions.
 - Initially the program was introduced as a pilot project with an exclusive senior ladies group of about 65 in number, however after the success of the program, Humanity First is planning on introducing it separately to a group of senior male members of the local community around the Baitul Islam Mosque in Maple.
 - Beside the fitness sessions, outdoor field trips are also offered under the recreational aspect of the program. The outdoor recreational activities including, seniors’ stroll and games with youth groups was also found very productive in building friendly relationships among each other. Humanity First volunteer teams work with the senior members and youth of the community and plan activities which incorporate participation from both sides in running the program.
 - Average attendance: 30 to 35 members actively participate in twice a week sessions reporting a pleasant change in their health and social well being. Some of the positive changes reported by the senior participants:
 - ✓ feel more active and confident in everyday life.
 - ✓ feel improvement in their health and have become more energetic
 - ✓ stress level have been reduced and they have become mentally relaxed
 - ✓ became more disciplined in daily routine
 - ✓ interpersonal skills have improved
 - ✓ increase in social skills to get along with youth and understand them
- The entire program is free of cost and the participants are highly benefitting from the program and find it very helpful in getting socially integrated into the community as well as in adopting healthy and improved lifestyle.





OUR CHILDREN OUR FUTURE

1. Vaughan | May 2011:

- **Recipients:** Humanity First extended its hands to children at Teston Village Public School in Maple, Ontario by sponsoring books for its school library's dual language section, which was a dire need for its large bilingual student population. It helped to expand the school's presently modest dual language book collection.
- ***"These books greatly support the linguistic and cognitive development of English for new learners and engages their families in their learning through reading with them."*** Mrs. Katherine Billard | Librarian
- **Humanity First Response:** Humanity First 'Our Children Our Future' program opens gateways for children of low income families and schools in need of resources to improve their academic performance. Children who read in their native language and see the translation side by side become more proficient in both languages with less effort. Humanity First takes yet another step towards granting every child, every opportunity, every day.





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