

HUMANITY *matters*

Q 4 2020



Humanity First
Serving Mankind



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DISASTER RELIEF: EMT RESPONDS TO HONDURAS' HURRICANES

On November 16, Humanity First's Emergency Medical Team was deployed to provide relief to victims of Hurricanes Eta and Iota, which killed more than 200 people and destroyed the lives of millions of others in Central America. Teaming up with Canadian Medical Assistance Teams, HF's volunteers—which range from physicians and nurse practitioners to logisticians—are actively assisting those impacted. Efforts made thus far include:



- Provision of over 150,000 clean drinking water-packs to various municipalities in La Lima. Further installation of clean drinking water filtration. This served over 7,500 families with clean water for drinking and sanitation who were hard hit by the flood in Honduras.
- Aid by Health Professionals who continue serving in medical camps in various regions. Over 700 patients have been assisted.
- Sanitization, shelter, and food assessments conducted, in addition to the distribution of emergency supplies.

Humanity First is immensely grateful to the volunteers assisting abroad, individuals supporting the efforts remotely, as well as those who donate locally in order to make serving humanity possible.



FEED THE HOMELESS INITIATIVE



On Thursday, December 24th, and Friday, December 25th, over 184 HF volunteers across GTA, Guelph, Montreal, Calgary, and Vancouver packed and distributed hot meals and winter survival kits to over 1,500 individuals.

The year 2020 presented challenges for everyone, but even more so for those who are less fortunate and without a home. Hence, the Feed the Homeless event allowed the community members to unite and display acts of kindness towards assisting those vulnerable during these times.

HELP US SERVE HUMANITY WITH YOUR DONATIONS TODAY!



UPDATES ON INTERNATIONAL HF PROGRAMS

WATER FOR LIFE

Disadvantaged communities around the world lack access to clean water, which results in ill health, disease, and in extreme cases, deaths amongst children and elderly. Through the support of volunteers and donations, Humanity First's Water for Life program—which is active in Asia, Africa, as well as Central America—persists in its efforts to bring safe drinking water and proper sanitation to deprived areas. The efforts of HF in the months of October, November, and December include the following:

- Implementation of three hand pumps in Chad with two more water wells under construction
- A water well in Maskori Village, which will sustainably provide clean water to a population of 1,500
- A water pump in Al-Hamera Village completed for a population of 300.
- A water pump in Jokani village, bringing renewable fresh water to 1000 individuals.
- Construction of two water wells in Cameroon.



KNOWLEDGE FOR LIFE

Humanity First is advancing global education in under-privileged communities by constructing schools, libraries, science and IT labs, as well as upgrading existing infrastructures. The recent project under Knowledge for Life includes:

- Building two primary schools in Iye-Osa and Igbo-Oruwo villages in Oyo state, Nigeria. This will make education accessible to 66 children.

FEED THE HUNGRY

With assistance from our donors and volunteers, Humanity First Feed the Hungry program was able to:

- Provide food supply to 425 families across Belize City.



GLOBAL HEALTH



The staffed physicians and medical professionals of Humanity First are able to go abroad with help from monetary donations to provide high-quality healthcare to underserved communities. Recently,

- 81 patients received medical services at a medical center in Oyo State, Nigeria.

GIFT OF SIGHT

In many communities around the world, individuals are unable to afford cataract surgeries to restore their sight. Humanity First has been assisting those with visual impairments through a donation of \$120 per person. This past month:

- 42 patients in Ahmadiyya Hospital in Nigeria received Cataract surgeries.



ORPHAN CARE

Among many things, \$35 per month can provide orphans with a safe family environment under the care of foster parents. Recent initiatives under Orphan Care are:

- Care provided to 44 children who are orphans in different areas of Cameroon.
- 10 orphaned children supported in parts of Nigeria.

CHAIRMAN MESSAGE

Near the end of this year, Hurricanes in Central America left millions in peril. I want to express my sincere gratitude to the volunteers who took the risk to travel to disaster-struck areas amidst COVID-19, leaving their families and taking on the responsibility to quarantine for two weeks upon return, so that vulnerable populations could receive quick recovery assistance. Notably, the selfless work and generous donations of HF supporters allow efforts to be made towards bettering as well as saving the lives of the disadvantaged populations. Humanity first ensures that any amount of donation is efficiently used and stretched across multiple aid programs so as to assist people in Canada and around the world.

— *Dr. Aslam Daud*



FIRST-EVER VIRTUAL FUNDRAISING DINNER



On November 29, 2020, Humanity First hosted a Canada-wide Virtual Fundraising Dinner. This three-hour program highlighted key global issues, in addition to informing the public on Humanity First's assistance in remote areas around the world.

- More than 2,000 dinners were delivered coast to coast throughout Canada, including Alberta, Quebec, Nova Scotia, and British Columbia. Donors enjoyed dinner and participated in the LIVE event.
- With the gracious support of donors, Humanity First was able to raise over \$150,000 for various upcoming projects.

From distant donors to volunteers who worked behind the scenes, Humanity First is appreciative of all who made the event possible so that struggling populations can be assisted globally!



DILIGENT SUPPORTERS OF HUMANITY FIRST

Many vulnerable populations in our society are able to receive aid through HF's generous volunteers and donors. Thank you to all the supporters who make it possible to assist families throughout Canada.



Contributions of organizations that furthered the efforts of Humanity First in recent months include:

- **Winners, HomeSense, and Marshalls** provided about 1100-1500 pounds of donations including chocolates, coffee, gift baskets, dry nuts, and other goods.
- **Life Corps: York Region Food Bank** supported Humanity every Friday in the past few weeks. In addition, Alex from Life Corps donated 2 skids of PPE Masks
- **Vaughan Food Bank** dropped off barrels of Food Donations.
- **Ventura Park Public School, Black Lives for Change, Richmond Hill Christian Community Church, and World Aviation Corp** held Food Drives on behalf of the Humanity First Food Bank.
- **National Diyafat Department** donated 55 pounds of lentils and 400 pounds of rice.
- The brand **Disney** donated toys and similar products for the holidays
- **Green Standards** donated 1 fridge, 4 microwaves, and 7 whiteboards.
- **Burnbrae Farms** provided 15 crates of eggs (2,500+ eggs)

COVID-19 AID

From food packaging and home deliveries to the distribution of sanitary supplies, Humanity First is able to help out people struggling in different communities. Humanity First requests supporters to contribute towards making the lives of individuals and families easier during this pandemic.

ONGOING EFFORTS FROM THE HF FOOD BANK

Humanity First Food Bank has persistently been distributing as well as delivering food to accommodate the growing need for food support in our communities. The facility remains open seven days a week and requests community members to volunteer their efforts to help assist those struggling. From grocery pick-up to packaging supplies, volunteers can make a profound difference!



Initiatives from the Food Bank in the recent three months include:

- Delivered at ACSA Food Bank Scarborough
- Donated at St.Jude's Wexford Anglican Church Food Bank with MP Salam Zahid
- Bread donations delivered to Black Creek Community Center North York
- Feed the Homeless in Downtown Toronto on December 24 and December 25

Contributions from October 1,2020 to December 17,2020:



1,839

number of families served



3,224

number of adults served



2,428

number of kids served



5,652

number of individuals served

PLEDGE FORM - THANK YOU FOR YOUR GENEROUS DONATIONS!

Yes! I/we would like to donate to Humanity First. Proceeds will go to _____

NAME _____

ORGANIZATION _____

ADDRESS _____

APT # _____ CITY _____

PROVINCE _____ POSTAL CODE _____

TELEPHONE () _____

FAX () _____

EMAIL _____

PAYMENT METHOD *Please make cheques payable to Humanity First

CASH CHEQUE CREDIT CARD

I would prefer to pay by credit card (I have provided my information)

CREDIT CARD TYPE:

Visa MasterCard American Express

Please accept my gift of:

\$10 \$20 \$50 Other \$ _____

This is a: Monthly Donation One-Time Donation

CREDIT CARD ACCOUNT # _____

CREDIT CARD EXPIRY DATE _____ CVD # _____

NAME (as it appears on Credit Card) _____

DONATION AMOUNT \$ _____

CARD HOLDER SIGNATURE _____ DATE _____

Please fax, email, or mail the completed form to **416-440-0346** or info@humanityfirst.ca or 600 Bowes Rd, Unit #40, Concord, ON L4K 4A3

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