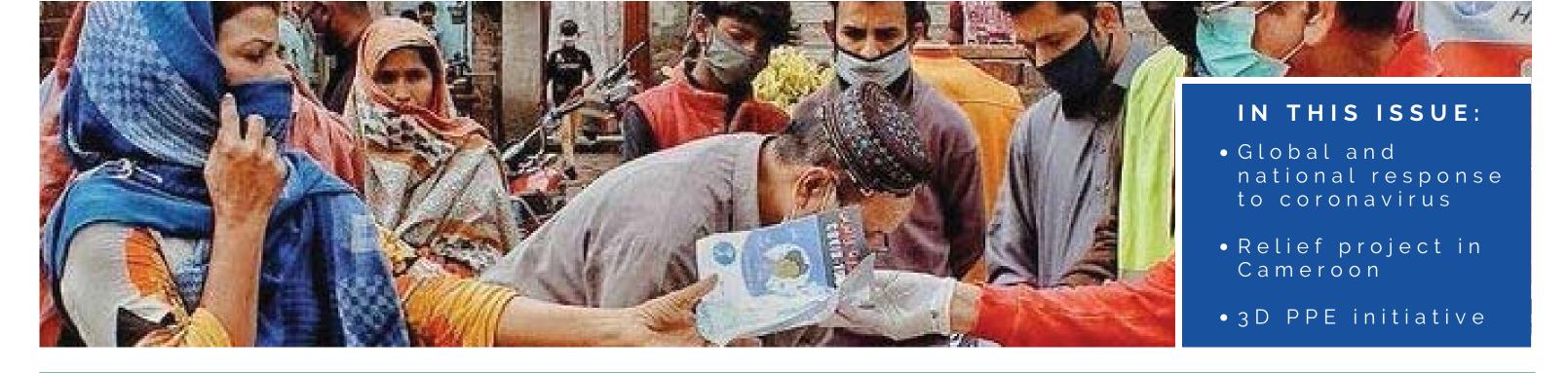
RESTORING COMMUNITIES - BUILDING A FUTURE

HUMANITYmatterra



Q2 2020



HF SUPPORTING THE MOST VULNERABLE AMIDST COVID-19

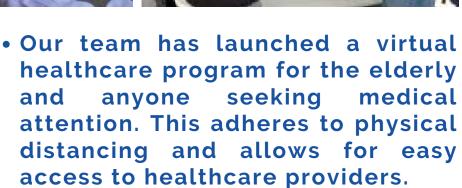
As COVID-19—a virus with no found vaccine or medicine cure thus far—further spreads, Humanity First actively works at the forefront to support communities nationally and globally. During these arduous conditions, the benevolent donations and support from volunteers have effectively made a positive difference in the lives of numerous affected.

HF Canada is conducting awareness campaigns through safety guideline infographics, posters, along with radio and TV broadcasts in local languages. Similarly, our volunteers are distributing thousands of flyers and leaflets for the benefit of the general public on the risks of the virus and how to stay safe.



 Through our Feed a Family Program in Canada, our organization has provided 1.3 million meals and food ration packs. Our volunteers also assisted well over 16,000 individuals with supplies and groceries.





Millions of people rely on charity to aid them in their struggles during these difficult times. Subsequently, Humanity First requests the community to come together and contribute however they can. From preparing food kits, distributing essentials, attending Food Bank clients, or even helping virtually! With your support, our organization is able to provide sustenance as well as relief.

CAMEROON: DISASTER RELIEF EFFORTS



On Tuesday, May 26, Humanity First provided construction materials to 250 beneficiaries in the Gouache neighbourhood to help them regain stability from the deadly landslide disaster on October 20, 2019. This natural disaster consisted of heavy rains, which resulted in 42 fatalities and destroyed many homes in western Cameroon. The residents were left devastated and in need of assistance to rebuild and restore their houses and buildings.

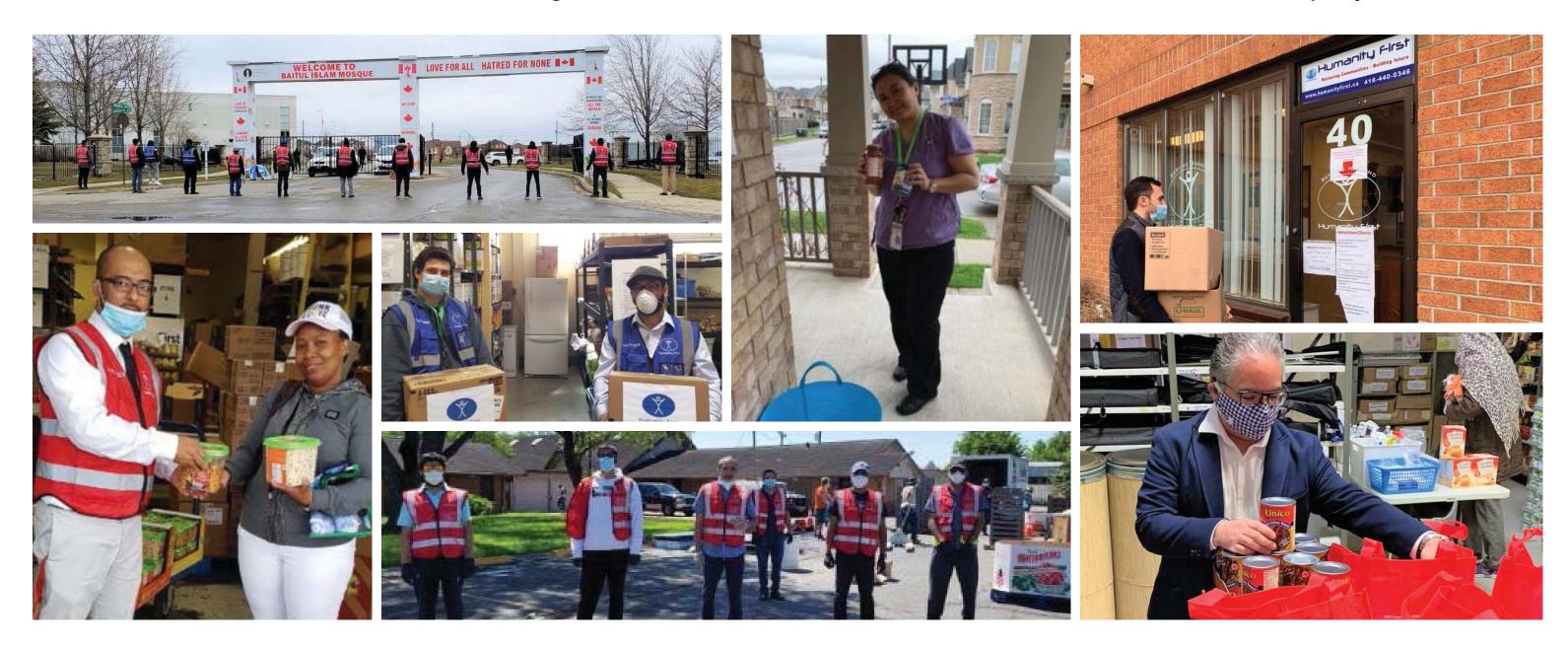
As a response, HF took the initiative to provide 50 families with supplies, which included roofing sheets, timber, and assorted nails. Our team of volunteers further provided 200 reusable protective masks and 100 hand sanitizers to ensure the well-being of the community in this pandemic. Through ongoing support, Humanity First will continue to aid the desolated victims of such disasters with sustainable humanitarian gestures!

HELP US SERVE HUMANITY WITH YOUR DONATIONS TODAY!



NATIONAL RESPONSE TO THE PANDEMIC

The unprecedented COVID-19 outbreak has caused millions of Canadians to struggle financially and socially. Accordingly, the team at Humanity First Canada is regularly reaching out to locals who are unable to provide for themselves and their families along with those who have lost their livelihood and their employment.



It is with the utmost thanks to the volunteers, donors, and supporters who have made the following contributions to the community possible:

1,000 food hampers were delivered to individuals—ranging from the sick to the elderly—who are unable to leave their residence for necessities. Our team has further distributed a total of 11 tons worth of fresh food to the community including oranges, salads, milk, and chicken. HF volunteers have also been counselling 100+ callers each day who are struggling and in need of guidance. This equates to over 8,000 phone calls throughout the

pandemic timeline. Humanity First has been providing sanitary supplies to anyone who requests for them. These include everything from hygiene items, hand sanitizers, face masks, and other health and safety equipment. Moreover, HF has been accommodating refugees and newcomers who are facing hardships financially with their rent, transportation, and other basic needs.

Humanity First Canada is persistently making efforts to serve the community. Our team has been actively engaging in informing the community on protecting oneself from the virus. Through our Food Bank and crew of steadfast volunteers, our organization has been able to support more than 2,500 families and continue to eagerly provide our assistance.











ANNUAL FREE TAX CLINIC

Even in the midst of COVID-19, Humanity First held their free annual Tax Preparation Clinic on May 31 and June 7. While practicing physical distancing, our volunteers assisted lowincome families in filing their





income tax. Thank you to Certified Professional Accountants for offering their services as well. Humanity First was thrilled to help out 70 families!

MESSAGE FROM THE CHAIRMAN

Humanity First's unwavering support and dedication during the COVID-19 pandemic is bettering the lives of those unfortunate and disadvantaged. Whether it is food ration distribution, awareness campaigns, and provision of medical supplies, our team is committed to making sure that the required support is provided to thousands locally and globally.

As the virus spreads, many in our society are deprived of essentials needed to get through this crisis. Therefore, this is an important time for humanity to come together and find ways to serve and empower our communities.

I want to personally thank all the volunteers and donors for generously helping in times of hardships! Humanity First is grateful for the devotion you have put forth in making this time easier for others.

I hope that with continued support, a larger number of communities that are in distress all over the world will get facilitated and assisted.

- Dr. Aslam Daud



HUMANITY FIRST CANADA'S GLOBAL INTIATIVE

To date, HF has assisted

than

more



Belize:
 Distribution of food hampers
 to 1,500

Chad:
Food
distribution to
7,000 people.

people.

Gabon:
Food supply for
1 month given to
1,000 persons.

Pakistan:
 Food for 9,300
 people,
 distribution of
 and over 13,000
 medical supplies.

• Somalia:
Assistance to
100 needy
families as well
as the elderly
and the orphans.

• Brazil:

Sanitary items and emergency food rations and given to 1,300 people in Persepolis.

Congo (Brazzaville):Safety awareness and food for 1,000 individuals.

Haiti:
 Soup kitchen as well as emergency food distribution.

Philippines:
 Emergency food distribution for 6,500 people in addition to running a soup kitchen.

Tanzania:
 Goat sacrifice and meat distribution.
 Partnered with an NGO to provide food for over 1,000 people.

• Cameroon:

beneficiaries

different countries:

3,000 beneficiaries received food from meat distribution and goat sacrifices.

across

30,000

15

Congo (DRC):
 Food and construction
 materials for victims of

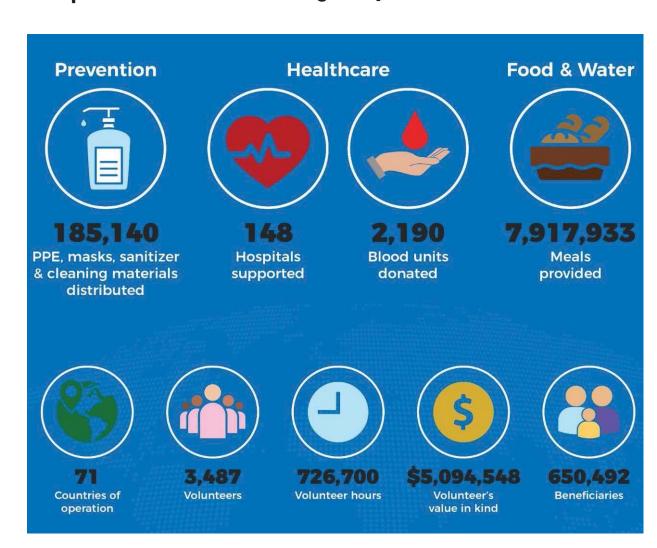
materials for victims of disasters and pandemic.

Nigeria:
 Aid for more than 1,000
 households with food distribution.

• Senegal:
Distribution of meat,
and other food ration
as well as giving PPE to
a medical hospital.

Thailand:
 Helped 146 refugee
 families by arranging
 shelter and providing
 food rations.

The most recent statistics as of June 20, 2020, illustrated below show the magnitude of Humanity First International's response to COVID-19 in 71 countries.



This is the largest operation HF has ever conducted since its establishment of 25 years and we are witnessing a magnificent spirit of commitment and unity amongst our teams across the globe"

Ahmad Yahya Sayed, Chairman
 Humanity First International











USING INNOVATION TO AID PEOPLE IN THIS CRISIS

On April 29, 2020, medical students from the University of Toronto partnered with Humanity First to distribute over 5,000 3D-printed personal protective equipment (PPE) to hospitals and clinics.

Our organization received more than 80 amazing volunteers who assembled at the Humanity First Food Bank to ensure that the personal protective equipment was packaged and efficiently delivered to healthcare workers. Through the 3D printers, HF created reusable and washable face shields. Their construction was made possible through the help of donors and fundraisers.

The dedication and hard work of the students and volunteers was overseen by Guest Stephen Lecce—Ontario's Minister of Education—who expressed his utmost gratitude towards all their efforts. Humanity First was overall proud to end the day successfully with numerous support.











Later on, our organization also partnered with McMaster Students in producing and delivering an estimated total of 20,000 face shields to help our frontline medical workers in the GTA health facilities, namely Scarborough and Markham hospitals.

Our team hopes to constantly lend our assistance and altruistically step up to aid our community!

PLEDGE FORM - THANK YOU FOR YOUR GENEROUS DONATIONS!

Yes! I/we would like to donate to Humanity First. Proceeds will go to	CREDIT CARD TYPE: Visa MasterCard American Express
NAME ————————————————————————————————————	Please accept my gift of: Strain Str
ORGANIZATION ————————————————————————————————————	This is a: Monthly Donation One-Time Donation
ADDRESS — CITY —	CREDIT CARD ACCOUNT #
PROVINCE POSTAL CODE	CREDIT CARD EXPIRY DATE CVD #
TELEPHONE ()	NAME (as it appears on Credit Card)
FAX ()	DONATION AMOUNT \$
EMAIL ————————————————————————————————————	CARD HOLDER SIGNATURE DATE
PAYMENT METHOD *Please make cheques payable to Humanity First CASH CHEQUE CREDIT CARD	Please fax, email, or mail the completed form to 416-440-0346 or info@humanityfirst.ca or 600 Bowes Rd, Unit #40, Concord, ON L4K 4A3
I would prefer to pay by credit card (I have provided my information	

CONTACT US

+1 416 440 0346 info@humanityfirst.ca humanityfirst.ca 600 Bowes Rd, Unit # 40, Concord, Ontario, L4K 4A3, Canada