

RESTORING COMMUNITIES - BUILDING A FUTURE

HUMANITY *matters*

Q1 2020



Humanity First
Serving Mankind



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RESPONDING TO THE CORONAVIRUS OUTBREAK



On Thursday, January 30, the World Health Organization declared COVID-19—a respiratory disease affecting the lungs and the airway—a grave threat to the health of people all over the world. With the first confirmed case in Wuhan (a city in China) on November 17, this deadly virus has since affected a confirmed number of over 750,000 people as of March 31. The pandemic has further taken 36,405 lives internationally as well as caused social and economic consequences.

Humanity First Canada is implementing urgent measures and providing their speedy assistance during this pandemic through:

- Delivering food hampers, medical and sanitary supplies to people in need while practicing physical distancing.
- Counselling individuals confidentially through the 12-hours a day support call line.
- Serving food to more than a thousand families each month with the help of generous donors and volunteers.
- Ensuring the health of the community by promoting safety and preventative protocols.

Humanity First remains active in helping the vulnerable members of the community during these tough times. Our team further continues to monitor the situation and raise safety awareness that supports public health in order to flatten the curve. With the gracious help from our supporters, Humanity First is able to offer its services to relieve the hardships of numerous individuals,



HELP US SERVE HUMANITY WITH YOUR DONATIONS TODAY!



UPDATE ON THE HUMANITARIAN PROGRAMS



ORPHAN CARE: AID FOR 44 ORPHANS

Around the world, many children are orphaned as a result of various reasons which vary from conflict to health issues. These orphans are deprived of basic needs and are at risk of exploitation as well as poverty. Among the many things they lack include food, education, and shelter.

Fortunately, under our Orphan Care program, Humanity First aims to provide these children with a safe family environment.

In January and February alone, 44 children benefited from the Orphan Care program. According to set criteria, their foster families were provided with allowances needed to care for the orphaned children.

Under the foster agreement, the children are provided a welcoming home and a secure upbringing. They are also guaranteed a suitable diet according to their age, adequate clothing, and access to education as well as professed religious resources. Moreover, the children's medical needs are fulfilled along with their regular appointments or checkups.

All in all, the Orphan Care program strives to look after orphans by offering them the acceptance and care of a family and a homely setting.

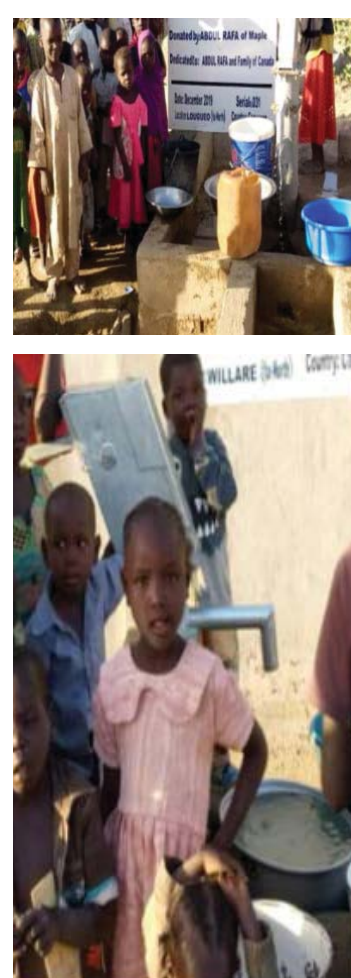


WATER FOR LIFE: 5 WELLS CONSTRUCTED



One of the fundamental necessities of life, clean water, is inaccessible to many communities around the globe. Humanity First believes that safe water—for drinking, cooking, and bathing, among many other uses—is not a privilege but a right. Thus, HF aspires to bring sustainable water procurement systems to those people who are deprived of this basic requirement of life.

This year through our Water For Life program, we have installed five water wells for various low income regions in Cameroon—a country in Central Africa. Our project has brought easily accessible water to a total population of 3,650 people. The names of the villages where the boreholes were successfully constructed are as follows: Miskine Kewaine, Willare, Bafia, Lougueo, and Moutorsolo.



Before our initiative, locals had to walk as far as 100 kilometres to get water. Even then, most of their drinking water was below the standards set by the World Health Organization. In almost all cases, their water resource was also dirty, coloured, and contaminated by animals such as insects and lizards.

With the help of Humanity First, individuals living in the different communities, from elderly to children, are able to easily access water suitable for numerous everyday tasks.

Humanity First will continue to support the unprivileged and poor areas that lack water filtration as well as resources because HF understand the vital importance of pure water for all of humanity.

MESSAGE FROM THE CHAIRMAN



Understandably, as the world witnesses the unfolding of a historic pandemic, the need for assistance and relief to the lives of millions grows each day. Humanity First Canada is henceforth dedicated to supporting the community and eradicating suffering of the most vulnerable populations.

In early 2020, I visited Dakar—the capital city of Senegal, in West Africa. I offered my assistance to a medical camp where over 70 patients were seen and supplied medicine. It was a truly humbling experience to get out of the bubble of the fortunate life I live and service to the needs of the impoverished. Accordingly, I would like to encourage

everyone from all walks of life to sacrifice time towards self-fulfilling and rewarding charity works so that the pains of the less fortunate can be alleviated.

I am appreciative of those in our community who are making an extraordinary difference during these challenging times simply by contributing their assistance and efforts. I am further proud of our most recent global projects—providing for orphans and bringing fresh water to scarce villages. Compassionate acts like these are not only the backbone of our organization but also our society.

My prayers are for everyone's good health and well-being.

– Dr. Aslam Daud

HF CANADA HELPS COMMUNITIES IN 14 COUNTRIES

Many countries in the world, specifically those with underdeveloped infrastructure and resources, are being hit the hardest due to their inability to deal with COVID-19. As a result, Humanity First has extended its assistance to ensure communities are receiving the necessary support.

- More than 36,000 sanitary essentials have been distributed—widely in Central America, Asia, Africa, and the Middle East.
- About 19,000 PPE and masks have been handed out to the diligent healthcare workers.
- Close to 40 hospitals, medical teams, as well as clinicians, are being supported.
- Over 55,000 food rations provided for those homeless, vulnerable in this time of crisis, and living in low-middle income-based homes to date.



For relief efforts, Humanity First requests everyone to come together and support the people struggling all over the world!



FUNDRAISING EVENT IN MONTREAL



On Saturday, January 11, Humanity First held a fundraising event in Montreal. The proceeds went towards building a medical hospital in Ivory Coast in West Africa.

These annual dinners allow our organization to pursue our global efforts in helping those impoverished. Hence, HF cordially thanks our sponsors and donors for making the fundraiser possible!

As always, our organization encourages people to engage in selfless acts towards humanity. Therefore, supporters can further provide monetary assistance towards the two schools HF plans to build in Haiti and the aid our team is offering to the stranded refugees in Thailand.

EXHIBITION AT PARLIAMENT HILL

In January, Humanity First hosted an exhibition to discuss humanitarian topics and issues. Held at Parliament Hill in Ottawa, this event was attended by respected guests including honourable members of parliament: Deb Schulte and Judy Sgro. Our organization is thankful to all who were present to raise awareness on humanitarian affairs!

Our organization strives to put "Humanity" first and make a positive difference in the lives of people around the world no matter their race, religion, and background.



BUSY DAYS AT THE FOOD BANK

With the current ongoing pandemic, the Humanity First Food Bank in Vaughan has experienced a surge in food support demand. Our facility has been open seven days a week to accommodate the escalating needs of individuals.



- In January, HF carried out more than 75 free home deliveries and served 373 walk-in clients.
- In February, Humanity First Food Bank assisted more than 450 families by delivering supplies along with groceries.
- By March, the Food Bank had provided for over 2,200 families in and outside of the GTA. Whether they were walk-in clients or people who needed food delivered to their residence, our team ensured that assistance was provided safely and effectively.
- Near the end of March, HF received over 1,000 boxes of fresh oranges which were distributed to the community on April 1. Physical distancing protocols were ensured as the allocation was carried out through a drive-thru system.

As the virus relentlessly puts thousands of lives in distress, our Food Bank grows in need of volunteers and donations to support the extreme increase in food demands. Throughout the crisis, the Humanity First Food Bank will remain open and direct its efforts to putting meals on the tables of those struggling. Our team request our community to provide support so that our facility can continue to sustain its services.



PLEDGE FORM - THANK YOU FOR YOUR GENEROUS DONATIONS!

☐ Yes! I/we would like to donate to Humanity First. Proceeds will go to _____

NAME _____

ORGANIZATION _____

ADDRESS _____

APT # _____ CITY _____

PROVINCE _____ POSTAL CODE _____

TELEPHONE () _____

FAX () _____

EMAIL _____

PAYMENT METHOD *Please make cheques payable to Humanity First

☐ CASH ☐ CHEQUE ☐ CREDIT CARD

☐ I would prefer to pay by credit card (I have provided my information)

CREDIT CARD TYPE:

☐ Visa ☐ MasterCard ☐ American Express

Please accept my gift of:

☐ \$10 ☐ \$20 ☐ \$50 ☐ Other \$ _____

This is a: ☐ Monthly Donation ☐ One-Time Donation

CREDIT CARD ACCOUNT # _____

CREDIT CARD EXPIRY DATE _____ CVD # _____

NAME (as it appears on Credit Card) _____

DONATION AMOUNT \$ _____

CARD HOLDER SIGNATURE _____ DATE _____

Please fax, email, or mail the completed form to **416-440-0346** or **info@humanityfirst.ca** or 600 Bowes Rd, Unit #40, Concord, ON L4K 4A3

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