

2020

COVID-19 REPORT

HUMANITY FIRST CANADA

MARCH - JUNE



#HFCARES CAMPAIGN

In March, Humanity First Canada launched a response plan to COVID-19 called #HFCares. Under it, our team promoted health and safety measures through social media posts as well as infographics. Our volunteers further assisted individuals with medication pickup, groceries, and other urgent needs. Our team initiated a 12 hrs/day national call line and confidentially counselled 100+ callers. Through the #HFCares campaign, Humanity First also safely distributed 11 tons of fresh food to local communities during this crisis to date.



FASTING TO FEED



On April 23, HF launched the Fasting To Feed program. Our team encouraged people of all religions to fast for a day or skip a meal and donate the small amount of money saved towards helping people suffering from food insecurity in these difficult times.

ACCOMMODATING THE SURGE IN FOOD DEMAND

- With an escalating need for food, the Food Bank is serving an estimated 1,200 to 1,500 families per month.
- The Food Bank remains open 7 days/week during this pandemic and provides food to walk-in clients along with people who need food delivered to their residence.
- On average, 75 free home deliveries are conducted each month.



TCH INITIATIVE

In May, the Toronto Community Housing (TCH) requested for Humanity First's help to package and deliver food to the North York area over the course of four days.



SUPPORTING REFUGEES

Humanity First's sponsored refugees were received and resettled in various cities across Canada. Our team provided the quarantine accommodation for 14 days, then moved them to permanent shelter. Our volunteers further gave them household supplies, furniture, and food.

FRESH ORANGES FOR THE COMMUNITY



On March 31, Humanity First received 1,000 boxes of fresh oranges, which were distributed in the City of Vaughan, outside The Bai'tul Islam mosque. Physical distancing protocols were ensured as the boxes of oranges were distributed through a

drive-thru system. The remaining oranges were delivered to homes of Maple residents as well as handed out to Food Bank clients.

FOOD DRIVES

The support from the communities across Ontario was witnessed through our food drives. During the last few months, Humanity First has held food drives in various regions which include Vaughan, Milton, Brampton, and Durham. People donated non-perishable items outside designated houses and the food was collected by Humanity First volunteers.



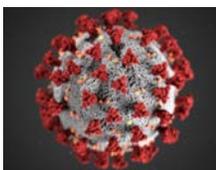
3D PPE INNOVATIVE IDEA



Over 30,000 protective personal gear (PPE) were distributed to more than 10 hospitals across Ontario. This project was in partnership with medical and pharmacy student volunteers from University of Toronto and McMaster University. A 3D printer was used to produce reusable face shields. The PPE were then packaged and personally distributed to various medical facilities.

INFORMATIVE WEBINAR

On Sunday, April 19, Humanity First hosted an hour-long virtual seminar regarding COVID-19. This event provided individuals with the opportunity to engage in a Q/A session with an Assistant Professor of Medicine from McMaster University. It also informed attendees of HF efforts and how they can help others during the coronavirus outbreak.



FOOD BASKETS FOR THE IRANIAN COMMUNITY

From May to June, the Humanity First Food Bank assembled personalized food baskets for Iranians. Our volunteers went out to buy groceries which reflected the Iranian culture. Our team then prepared 25 baskets biweekly for six weeks. The response from the Iranian community was positive and the efforts of our volunteers were strongly appreciated.



FREE TAX CLINIC

Even amidst COVID-19, Humanity First held its free annual Tax Preparation Clinic on May 31 as well as June 7. While practicing physical distancing, our CPA volunteers assisted low-income families in filling their income tax. All in all, Humanity First was able to help out 70 families.



REACHING OUT TO THE ELDERLY

Prior to COVID-19, Humanity First regularly held the Seniors First Program—an initiative which engaged the elderly citizens in group activities, exercise sessions, and outing trips. Due to the ongoing circumstances, the in-person program had to be put on hold. However, HF



still reached out to the elderly members of the community who get forgotten during these times of isolation. Our team contacted 40 of our senior clients and checked up on their well-being. Moreover, HF compiled baskets containing fresh produce, yogurt, healthy snacks along with gloves and masks. Our volunteers then delivered the prepared baskets to the homes of seniors to uplift their spirits.

TELEMEDICINE SERVICE

HF Canada launched a new service in 2020 to provide access to healthcare at home. Covered by the patients OHIP or insurance, people can conveniently consult a doctor for medical advice, prescriptions in addition to referrals and requisitions.

HUMANITY FIRST CANADA ASSISTS 16 COUNTRIES



BELIZE

Pure drinking water and dry food distribution for 1,600 beneficiaries



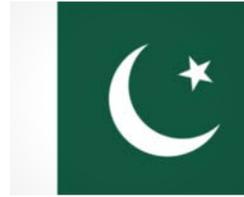
NIGERIA

Assistance for more than 4,500 individuals through food distribution



BRAZIL

Sanitary items and emergency food rations provided for 1,300 people



PAKISTAN

Food hampers for COVID-19 impacted communities



CAMEROON

3,000 beneficiaries received food from meat distribution



PHILIPPINES

Food distribution from goat sacrifices in addition to running a soup kitchen



CHAD

Food distributed to 9,400 individuals



SENEGAL

Distribution of food rations as well as provision of PPE to a medical hospital



CONGO-BRAZZAVILLE

Food for 1,000 beneficiaries



SOMALIA

Assistance provided to 1,500 individuals



CONGO-KINSHASA

Food and construction materials for victims of floods and the pandemic



TANZANIA

Meat distribution to 1,000 beneficiaries



GABON

Food hampers for 1,200 people



THAILAND

Helped 146 refugee families by arranging shelter and providing food rations



HAITI

Soup kitchen as well as cooked meals distribution



USA

Provision of sanitary supplies during COVID-19

OUR SPONSORS



Throughout the months of April, May, and June, Humanity First received support from four primary sponsors. They provided food and beverages as well as did food hamper deliveries on our behalf.

- **Winners** provided chocolates, sweets and snacks which were handed out to families through our Food Bank.
- **Coca-Cola** donated approximately 10 skids full of soft beverages which were provided to Food Bank clients.
- **Summer Fresh** continuously provided supplies of fresh salads for the Food Bank.
- **CAA Insurance** made an average of 10 to 12 deliveries per week to Humanity First Food Bank clients.

OUR GUESTS AND DIGNITARIES

During the pandemic, Humanity First received the support from several honorable guests.

- **Steven Lecce**, Minister of Education Ontario.
- **Mario Ferri**, Local/Regional Councilor, Deputy Mayor of the City of Vaughan (May 18)
- **Francesco Sorbara**, Member of Parliament for Vaughan-Woodbridge (May 31)
- **Michael Tibollo**, MPP Constituency Office for Vaughan-Woodbridge (July 3)
- **Linda D. Jackson**, Canadian politician and former mayor of Vaughan (July 4)
- **Peter Kent**, Conservative member of parliament for the riding of Thornhill (July 10)
- **Sunder Singh** of Elspeth Heyworth Centre for Women

OUR OVERALL IMPACT DURING COVID-19



5,349

number of families assisted



21,396

total number of individuals helped



14,400

meals served per day from the HF Food Bank



1,955,448

number of meals served to date



244

tons worth of total food distributed



100+

volunteers throughout the pandemic



79,200

hours of volunteering devoted to Humanity First



\$1,108,800

value of humanitarian assistance provided