



ANNUAL REPORT 2018

Humanity First Canada



Humanity First
Serving Mankind

ABOUT THIS REPORT

This Annual Report will give an overview of the work done by Humanity First Canada between January 2018 and December 2018. The overview will highlight work done under the umbrella of each of the 9 core Humanity First programs. Financial figures for each program and Humanity First Canada as a whole are also provided in the report.

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MISSION STATEMENT

Humanity First is a humanitarian relief organization. On a global scale, we undertake focused and results-oriented development programs that promote and seek to build stronger communities in which individuals are engaged in helping those in need through responsible, caring and skilled volunteer work. Our Mission Statement is created with the intention of fulfilling our vision to serve people in need through: poverty reduction, disaster relief, education and training, and community care.

Our core mission is to serve disaster struck and socially disadvantaged people in under-developed communities around the world.

VALUES

1. Impartial

We provide aid and assistance to those in need regardless of race, religion, or politics

2. Efficient

We achieve a massive return on donations by utilizing our pool of expert volunteers and global sourcing resulting in the majority of funds going directly to field projects

3. Collaborative

We work with local authorities and other NGOs to collectively achieve the best outcomes

4. Global and Local

We combine global expertise and resources with local knowledge of needs and culture to maximize the impact of our work.

5. Empowerment

We aim to empower communities to get back on their feet, heal rifts and to become independent

OBJECTIVES

Relieve suffering caused by natural disaster or human conflict

Strengthen people's capacity to help themselves

WHO WE ARE

OPERATING IN 50+ COUNTRIES

Humanity First is registered in over 50 countries across 6 continents, and has been working on human development projects and responding to disasters since 1995.

BASED IN VAUGHAN, ONTARIO

Based in Vaughan, Ontario, Humanity First Canada is an international non-profit volunteer based charitable organization providing relief and assistance to the less fortunate in Canada and across the globe to alleviate poverty and improve their quality of life. We are in the forefront of assisting, sponsoring and resettling refugees in Canada.

CONSULTATIVE STATUS WITH ECOSOC

Humanity First also has consultative status with the United Nations Economic and Social Council (ECOSOC).

RAISED OVER \$10,000,000

Humanity First has raised tens of millions of dollars with over 93% of donated funds spent directly on serving humanity and less than 7% going towards administrative costs & fundraising efforts. With the majority of our team (including skilled engineers & physicians) being volunteers along with preferential rates for materials benefiting from global sourcing, Humanity First is able to deliver aid worth many times the value of donations provided.

Making a difference in over 50 countries since 1995.





WHAT WE DO & WHERE WE ARE

Humanity First helps people in need through 9 programs, each of which tackle different areas of human need. Based in the Greater Toronto Area in Canada, our programs create strong positive changes within Canada and internationally as well. Our international work is characterized by empowering underprivileged communities in collaboration with community members. Our Canadian work is characterized by the upliftment and support for vulnerable members of Canadian society, which includes but is certainly not limited to: newcomers, seniors, children, and low income families.



								
ORPHAN CARE	COMMUNITY CARE	FOOD SECURITY	REFUGEE RESETTLEMENT	DISASTER RELIEF	GLOBAL HEALTH	GIFT OF SIGHT	WATER FOR LIFE	KNOWLEDGE FOR LIFE



CHAIRPERSON'S MESSAGE

2018 has been another busy year for Humanity First Canada. Our volunteers have been working hard to help those in need across the globe. Our core global programs have been expanding and we have been able to reach hundreds of thousands of more people, providing them aid and security.

This year, I have seen firsthand how lives are being changed around the world. With the help of our donors and volunteers, we have brought clean drinking water to people in 5 different countries and provided food and supplies to people in 12 different countries. These have included people in places experiencing drought and famine and those who have been displaced through natural disaster or persecution.

Closer to home, Humanity First Canada has welcomed 102 privately sponsored refugees in Canada, many of whom have been displaced for years. This year, we have continued to expand our Refugee Resettlement program by offering more comprehensive services to help refugees settle and succeed in Canada. We are also building a comprehensive needs assessment structure, set to launch in the next couple years to increase our capacity to help newcomers. The HF refugee resettlement team works tirelessly to make sure that people who have been struggling and displaced for years can find a new home in Canada.

We have also put together the Shelter Bus project which aims to provide shelter to the homeless in Canada, especially in the winter months. Not only are we expanding the reach of our existing programs, but we are adding on more projects to help those in need wherever they may be.

A huge thank you to our donors and supporters. It is through your compassion and sacrifice that we are able to reach as many people as we can. We always keep our arms open

in invitation to anyone who wishes to come volunteer with us and have launched our ambassador program this year for just that. Consider becoming a Humanity First Canada Ambassador if you are passionate about helping those who are less fortunate.

In 2019, Humanity First Canada will continue its expansion and growth, in hopes of inching even closer to our goal of ensuring that no person in need is left behind.



Dr. Aslam Daud



2018 IMPACT OVERVIEW

FOOD SECURITY

Eid ul Adha was celebrated in several countries across Africa and South Asia with the help of our food distribution. The Disaster Relief team was also aided with food and water supplies in the Philippines.

FOOD BANK

The Humanity First food bank in the Greater Toronto Area has seen an exponential increase in the number of families served this year, and Feed a Family operations

WATER FOR LIFE

Approximately 80,000L of water were provided across 5 countries in remote and underserved communities. Water well, hand pumps, and filtration systems continue to be successful long term water solutions.

DISASTER RELIEF

Post typhoon work in the Philippines is focused on rebuilding infrastructure and providing long term food and water solutions. Refugee relief aid is also underway in Ecuador, Bangladesh, Malaysia, and Thailand.

GLOBAL HEALTH

The Masroor Centre Medico Hospital in Senegal is undergoing the final phases of construction and will be fully operational in early 2019. Several medical centres across South Asia and Af-

rica offer critical healthcare to communities to whom otherwise it would not be available.

KNOWLEDGE FOR LIFE

2 new schools are under construction in Congo, and is one planned to begin construction in Haiti in 2019. 3 new training centres have also opened doors to community members in Niger and Cameroon.

GIFT OF SIGHT

The Gift of Sight program continues to successfully operate in Nigeria. 40 patients are treated every month by skilled volunteers.

REFUGEE RESETTLEMENT

60 refugee families were welcomed into Canada in 2018, and were provided with a full needs assessment and newcomer service. We also began refugee relief aid in Thailand this year.

ORPHAN CARE

The Orphan Care program is providing care for children living in remote areas in Cameroon and Nigeria.

COMMUNITY CARE

The Humanity First Shelter Bus project launched in 2018. The bus is set to hit the roads in 2019. The Seniors First Program and Tax Clinic continue to be successful in providing for vulnerable members of Canadian society.

220,000
BENEFICIARIES

17
COUNTRIES

9
PROGRAMS

We have made a significant impact through each program in different ways this year. 2018 has been a year of tactful planning to expand our reach and help as many people as we possibly can.



OUR 2018 IMPACT

11 COUNTRIES

160,000 BENEFICIARIES

FOOD SECURITY



OVERVIEW

The Food Security program helps people living below the poverty line put food on the table. We do this through several food support programs such as food banks, mobile meals, and bulk food distribution to poor communities. Our International Food Distribution is characterized by the provision of fresh meat and other food primarily in remote villages and towns across the world. This program is often mobilized in collaboration with other programs such as Disaster Relief, Refugee Resettlement and Water for Life. Food security is an important need that must be fulfilled in Displaced communities and disaster struck areas. Our Disaster Relief team works closely with our international Food Security team to help alleviate human suffering.

INTERNATIONAL FOOD DISTRIBUTION

Our team of dedicated international volunteers provided approximately 160,000 people with food in 12 countries. In particular, fresh meat was provided to an estimated 151,460 individuals in 215 villages and cities. Just as we do every year, a majority of the

215 Villages and Cities were provided with fresh meat or Eid-ul-Adha celebrations

Our food support efforts help economically vulnerable people across the globe put food on the table.

meat distribution occurred for Eid ul Adha Qurbani. This food distribution was done over a span of 3 days for Eid ul Adha.

3,500

PEOPLE IN CHAD PROVIDED WITH FRESH MEAT

3,000

PEOPLE IN CAMEROON PROVIDED WITH FOOD FOR THE HOLY MONTH OF RAMADHAN

In Chad approximately 3,500 people were provided with fresh meat, and in Cameroon food was distributed to nearly 3,000 people during the holy month of Ramadhan. Our Food Security team also distributed food following Typhoon Vinta in the Philippines in collaboration with the Disaster Relief team.

160,000

INDIVIDUALS PROVIDED WITH FOOD

151,460

INDIVIDUALS PROVIDED WITH FRESH MEAT

Food Security Provided in:

CHAD

CAMEROON

NIGER

NIGERIA

SENEGAL

CONGO

BELIZE

BANGLADESH

PHILIPPINES

SOMALIA

TANZANIA



Above: Food distribution in the Philippines post typhoons

Below: Food distribution in Bangladesh





Food packages prepared for distribution in the Philippines





OUR 2018 IMPACT

GTA, CANADA

4,000 BENEFICIARIES



FOOD BANK



OVERVIEW

The Humanity First Food Bank is the main hub of all our food security initiatives across Canada. Located in Concord, Ontario, our food bank helps us mobilize the following food security programs in the Greater Toronto Area: Feed a Family, Out of the Cold, and Feed the Homeless. These 3 programs are also run in Vancouver, Saskatoon, and Calgary by dedicated Humanity First teams. As with all our programs, our Food Bank relies on the generosity of donors and volunteers, who work tirelessly to bring a sense of food security to economically vulnerable members of the Canadian population.

FEED A FAMILY PROGRAM

Our Feed a Family program is an exclusively Canadian operation that we primarily run out of our Food Bank located in Concord, Ontario. Our food bank serves hundreds of families across the GTA annually and provides community members with opportunities to volunteer and give back regularly. Feed a Family is a vital program that brings increased stability to economically vulnerable Canadian families. In conjunction with our Refugee Resettlement program, this program also provides access to food security to struggling newcomer families.

In 2018, approximately 1,000 volunteers donated over 8,000 hours to help at the food bank, run food drives and fundraise in their communities. Our volunteers were able to hold a

total of 10 major food drives, which aided us in serving 3,550 families.

As part of our continued efforts to expand our Canadian food security operations, we began the Feed a Family program this year in Calgary. Humanity First volunteers in Calgary distributed approximately 200 food hampers between May and December to struggling families.

OUT OF THE COLD PROGRAM

Humanity First Canada is a proud partner of the Mosaic Interfaith Out of the Cold Program in the York Region of the Greater Toronto Area. Our participation in this program is an important extension of our Canadian food security operations. The program provides homeless individuals with emergency shelter during the cold winter months, along with food and hospitality. Humanity First runs the Out of the Cold program in Vaughan, Ontario in collaboration with the Vaughan Muslim Community, who provide the facilities to host the program. Between February 1 and March 29, 2018, we served 30-34 homeless individuals every Thursday night, providing them with emergency shelter, hospitality, and food.

FEED THE HOMELESS PROGRAM

Every Christmas, we run Feed the Homeless events across Canada. Volunteers come out on Christmas Eve and Christmas Day to distribute

1,000
VOLUNTEERS DONATED
8,000
HOURS

3,550
FAMILIES SERVED

400
HOMELESS
INDIVIDUALS SERVED
IN THE GREATER
TORONTO AREA

food to the Toronto homeless population. This year we distributed pizza in downtown and uptown Toronto.

ONLINE FOOD BANK

The Food Bank team is excited to announce a new project: the Online Food Bank. It is set to launch in 2019 or early 2020. Our food bank clients are growing exponentially; the Online Food Bank initiative will help us serve even more people by increasing administrative efficiency and making the process of finding food support a simpler one.

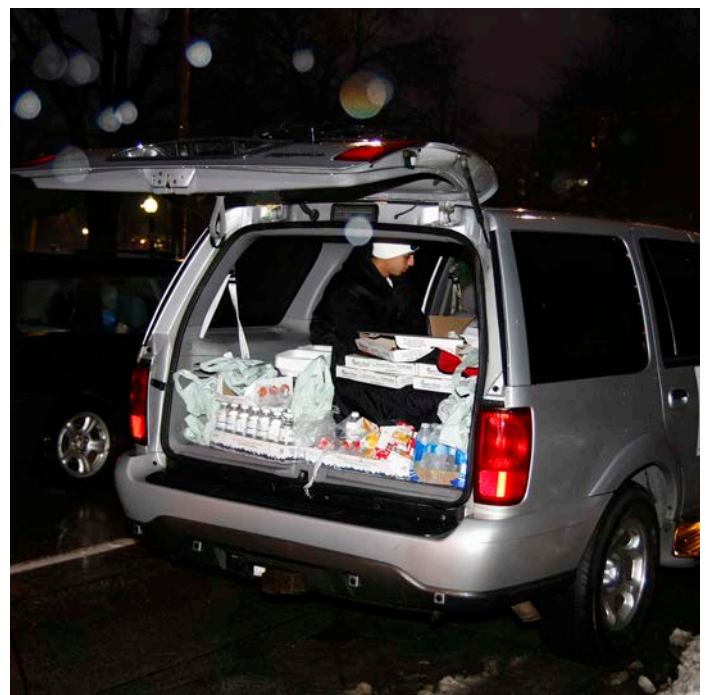


Deliveries are an essential service we offer at the food bank





Feeding the homeless during the holiday season is an annual tradition

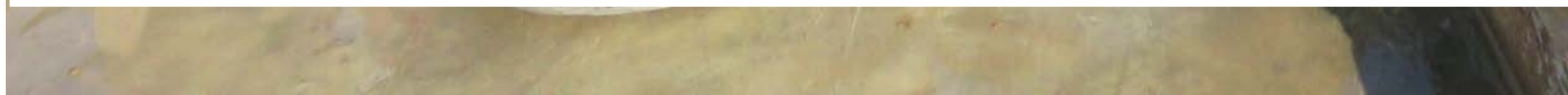




OUR 2018 IMPACT

5 COUNTRIES

40,000 BENEFICIARIES



WATER FOR LIFE



OVERVIEW

The Water for Life program aims to make water an accessible necessity for all. We provide long term water solutions in remote villages and poor communities in Africa, South East Asia and Central/South America, where the nearest clean water sources are miles away. The water solutions we provide include: hand pumps, bore holes with electrical motors, water wells, water filtration systems, and water filtration tablets. Our short term goal is always to provide communities with access to water to fulfill their daily needs. Our long term goal is to enable these communities to provide for themselves and become self sufficient over time. Thus, our water solutions are not only long term fixtures within the areas, such as water wells and hand pumps, but we also provide locals with long term maintenance training to enable their independence. The Water for Life program is also administered in conjunction with Disaster Relief efforts, refugee resettlement and food security, based on the needs of the communities.

WATER WELLS & HAND PUMPS

The Humanity First Water for Life program built a total of 40 water wells and hand pumps across 5 countries. As a result, approximately 40,000 people were provided with approximately 80,000L of clean water. We built water wells in the following countries: Chad (20 water wells), Cameroon (11 water wells), Pakistan (7 water wells), Equato-

rial Guinea (1 water well), and Tanzania (1 water well). The water wells and hand pumps become long term clean water solutions for the communities they are built in and serve approximately 1,000 people per well/pump. As a result, we are able to help the communities reduce disease, increase economic productivity and access to education.

FILTRATION SYSTEMS

In 2018, as part of our continued post typhoons disaster relief efforts in the Philippines, the Water for Life team distributed water survival kits, which included water filtration tablets. In collaboration with the Disaster Relief team and local community, we also provided training on how to use the survival kits.

SANITATION PROJECTS

This year marked the beginnings of a new sanitation project in a Tanzanian elementary school, which will serve 150 students. The project will be providing the school with a clean water supply, washrooms and other sanitary house improvements. This will not only increase the quality of the students' educational experience but also prevent health problems and disease. Sanitation projects are often in collaboration with the Community Care program. Our goal is to understand the needs of vulnerable members of society and bring them long term solutions. Sanitation Projects are dependent on creating long term water solutions. We focus on providing sanitation solutions

40,000
INDIVIDUALS
PROVIDED WITH
CLEAN WATER

40
WATER WELLS

Clean water provided in:

CHAD, 20,000
BENEFICIARIES

CAMEROON, 11,000
BENEFICIARIES

PAKISTAN, 7,000
BENEFICIARIES

EQUATORIAL GUINEA,
1,000 BENEFICIARIES

TANZANIA, 1,000
BENEFICIARIES

in schools and community centres to enable vulnerable members of communities, such as children, to access education, social circles and help create more stable futures over time.



Wells in remote villages in Pakistan





The distribution of filtration tablets and other emergency supplies in the Philippines





OUR 2018 IMPACT

5 COUNTRIES

2,000+ BENEFICIARIES



DISASTER RELIEF



OVERVIEW

Our Disaster Relief program is built to minimize human suffering and material losses as much as possible. We not only offer emergency relief services but also provide long-term relief services, such as post disaster relief rehabilitation and reconstruction projects. We work in collaboration with other humanitarian agencies and follow internationally recognized standards in humanitarian response. We have partnered with the Canadian Disaster Assistance Response Team (DART) in several emergency relief missions.

DISASTER RELIEF TRAINING

DRT is a vital aspect of the HF Disaster Relief program. We train volunteers and staff to be able to provide effective disaster relief in a number of different situations. Our training is a collaborative effort with HF International and other relief organizations. This year, we obtained our WHO EMT certificate of approval as well. These collaborations are essential in making sure HF disaster relief volunteers are equipped to provide the best, most efficient assistance. This year, 45 additional disaster relief volunteers were trained in partnership with trained staff from the UK and Canada.

PHILIPPINES

Recently, 2 Typhoons in the Philippines left thousands of people displaced because of the resulting flooding and

We provide emergency relief services followed by longterm rehabilitation and reconstruction

landslides. HF relief aid has thus far been able to help 2000 displaced people and counting. In December 2017, the typhoons occurred in Barangay Anungan, Municipality of Sibuco in Mindanao. More than 150 houses were destroyed, 200 people were killed and 160 are still missing. Our relief aid in the Philippines is focused on the rebuilding of infrastructure, homes, and schools, which will continue into the next year. The Disaster Relief team also partnered with Food Security and Water for Life to provide emergency food and water survival kits.

REFUGEES

Humanity First provides support for refugees not only in Canada, but internationally as well. There are several displaced refugee communities in Malaysia, Bangladesh, Ecuador and Thailand for whom we provide direct on site comprehensive support. Our relief teams provide medicare, healthcare, temporary infrastructure, food security, water and more depending on the particular situations of refugee communities. In 2018, our refugee relief aid has been focused in Bangladesh aiding

2000
DISPLACED
INDIVIDUALS
PROVIDED RELIEF
IN PHILIPPINES

Disaster Relief Provided in:

PHILIPPINES

MALAYSIA

THAILAND

BANGLADESH

ECUADOR

Refugee Assistance:

ROHINGYA REFUGEES
IN BANGLADESH

REFUGEES IN MALAYSIA

REFUGEES IN THAILAND

VENEZUALAN
REFUGEES IN ECUADOR

the displaced Rohingya community, in Ecuador aiding Venezuelan refugees, as well as in Malaysia and Thailand.



Post disaster shelter projects in the Philippines





Rohingya refugee relief aid in Bangladesh





OUR 2018 IMPACT

5 COUNTRIES

16,200 BENEFICIARIES

GLOBAL HEALTH



OVERVIEW

The Global Health program tackles several aspects of healthcare to provide comprehensive solutions to communities worldwide based on their specific needs. The program primarily operates in economically disadvantaged areas in Africa and South Asia. The aim is to provide primary health care, and meet other preventative and medical needs, such as oral health and maternal and child health care. We achieve this through: operating Mobile Medical Camps, regularly donating medical equipment to hospitals/clinics, and building new hospitals/clinics.

SENEGAL HOSPITAL

Through our global health program, this year we served approximately 16,200 individuals across 5 countries. The Senegal Hospital has been our biggest project this year. Located in Rufisque, a suburb city in Senegal's Dakar region, 2018 marks the final phases of construction and prep for the hospital. Meanwhile, the hospital's outpatient service has begun to occasionally treat patients. The large 30 bed hospital is set to become fully operational in Spring of 2019, when it will begin offering primary and specialized healthcare services overseen by experienced professionals and specialists. Some of these services will include: Outpatient clinic, ICU, general and plastic surgery, obstetrics and gynaecology, endoscopy, digital radiography, ultrasound, 24 hour emergency service, a pharmacy and more.

MEDICAL CENTRES & CAMPS

The HF Global Health teams built 4 medical centres and set up 7 temporary medical camps this year. In Massengo, Congo, we built a 10 bed medical centre and pharmacy, offering basic healthcare and medicine. On average 50 patients are treated every month through this facility. We also built 2 maternal and child health care centres in Bangladesh. One is in the village of Tulatoli and the other is in the village of Merasani. These centres are overseen by experienced doctors and care is administered to the community by nurses and social workers. Each centre offers family planning, antenatal care, postnatal care, immunization, health education, and general care. Collectively, these centres have provided over 52,000 services in 2018 to approximately 10,000 people. Both medical centres have helped create local employment, and increased knowledge in health education.

We built a small Medical Centre in Nigeria and set up 6 Medical camps throughout the year to provide further healthcare support in remote areas. A medical camp was also set up in Malaysia to provide general, maternal and child healthcare to displaced refugee families.

MOSQUITO NETS IN BANGLADESH

An ongoing initiative we've undertaken in partnership with Humanity First

16,200
INDIVIDUALS
PROVIDED HEALTHCARE

SENEGAL:

1 HOSPITAL

CONGO:

1 MEDICAL CENTRE

BANGLADESH:

2 MATERNAL AND CHILD
HEALTH CARE CENTRES

NIGERIA:

1 MEDICAL CENTRE,
6 MEDICAL CAMPS

MALAYSIA:

1 MEDICAL CAMP

Bangladesh is preventing mosquito borne disease in Bangladesh. The country is overpopulated and under-educated, making health care less accessible. While metropolitan areas have provisions to control the mosquito problem, many communities in remote areas are still suffering. This year, we distributed mosquito net solutions in Shalshiri and Ahmad Nagar, Bangladesh to 400 people. Each net can accommodate 2 people; thus, the nets should benefit at least 800 community members.



Distribution of mosquito nets in Bangladesh





The Senegal Hospital set to launch in spring of 2019





OUR 2018 IMPACT

2 COUNTRIES

480 BENEFICIARIES



GIFT OF SIGHT



OVERVIEW

The Gift of Sight program provides vision restorative services and support in underserved communities, where they are otherwise difficult to reach. As of 2018, the program is largely characterized by cataract eye surgery camps we set up throughout the year in Nigeria. In Canada, the program is focussed on providing eyeglasses and other vision support to vulnerable members of Canadian society. We provide vision support to low income families, seniors and children in the Greater Toronto Area. In conjunction with the HF Refugee Resettlement program, vulnerable newcomers are also provided with the vision restoration support along with other healthcare services.

EYE SURGERIES

We've been running our Gift of Sight program in Kano, Nigeria for several years now. Through the program, our expert volunteers provide community members with free cataract eye surgeries. Approximately 40 surgeries are done every month, adding up to 480 surgeries annually. These surgeries continue to contribute to the improvement of the communities' overall health and potential. We are currently working on bringing the surgeries and other gift of sight operations to other surrounding countries as well. 40 patients also get eyeglasses

EYE GLASSES

In 2018, our Gift of Sight camp in Ni-

Helping restore vision across the globe with free surgeries, consultations, and vision solutions

geria provided 40 people with eyeglasses as well. We also provided eye glasses to low income families in the Greater Toronto Area. A large portion of our Gift of Sight beneficiaries were referrals from our Refugee Resettlement program and Feed a Family program. This inter-program initiative is part of the Refugee Resettlement program's comprehensive needs assessment and service provision.

480

CATARACT SURGERIES
PERFORMED

40

CATARACT SURGERIES
PER MONTH

Gift of Sight program in:

NIGERIA

CANADA

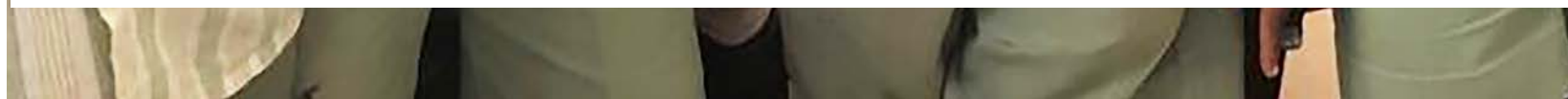




OUR 2018 IMPACT

4 COUNTRIES

1,000+ BENEFICIARIES



KNOWLEDGE FOR LIFE



OVERVIEW

Our Knowledge for Life program supports underprivileged children in their educational and academic needs. Children shape our future, thus a fair chance at education for every child is extremely important. We do our part through this program by supporting schools in underprivileged communities internationally. We build schools and provide school supplies and furniture.

We also have a subprogram called Learn a Skill, which is an effort to empower community members to lift themselves out of poverty. As with all of our programs, the core goal of our Knowledge for Life initiatives is to enable the economic independence of those in need. We have opened several vocational training centres in Nigeria, Niger, Senegal, Burkina Faso, Sierra Leone, Benin, Ghana and the Gambia. These centres offer basic computer and sewing skills that would prepare the students for potential work.

Locally, we focus on sponsoring students and schools facing problems such as budget cuts, lack of resources and other circumstances. We also have a Scholarship Program for students within Canada.

SCHOOLS

Humanity First built a 3 classroom primary school in Niger, starting in October 2017. It has the capacity for 150 students. We also renovated four schools

Helping underprivileged children in their educational endeavours by building schools, providing vocational training, and more

for regular use in Nigeria and Congo with a total of 500 students benefiting. The schools were upgraded with desks, chairs, and sanitation to provide children with a positive learning experience. We have also begun a new Congo Schools project this year. The schools are being built by the villagers at no labour cost for their children's future. One school will be in Mpoutisian, Congo, and the other will be located in Itali, Congo. While still under construction, each school is expected to have the capacity for 150 students. 2018 also marked the beginning of a project to build a new school in Haiti. The school is expected to have 3 classrooms and the capacity for 150 students. The Knowledge for Life team has planned for the school to officially begin construction in 2019.

TRAINING CENTRES

The team also began an IT training centre and 2 sewing centres in Niger

1,000+
STUDENTS SERVED

NIGER

1 SCHOOL, 150 STUDENTS
1 IT TRAINING CENTRE
2 SEWING CENTRES

NIGERIA

2 SCHOOLS RENOVATED,
250 STUDENTS

CONGO

2 SCHOOLS RENOVATED,
2 SCHOOLS UNDER
CONSTRUCTION,
550 STUDENTS

CAMEROON

1 SEWING CENTRE

and one sewing centre in Cameroon. These centres provide men and women with the skills they need to provide for themselves and their families, as well as create future opportunities for themselves.

A new school in Haiti will begin construction in early 2019



An IT Training centre in Niger





Above: a school in Haiti run by HF Canada for several years now.

Below: The opening of schools after renovations in Nigeria





OUR 2018 IMPACT

2 COUNTRIES

37 CHILDREN



ORPHAN CARE



OVERVIEW

Many orphans around the world do not have access to basic necessities such as food, healthcare, and education. We operate our Orphan care program around the world, specifically in under-privileged communities, and provide children with a family environment by matching them to foster parents in their country. We pay the foster family on a monthly basis to enable them to provide for the child. Humanity First's goal is to ensure that each child is provided with food, clothing, shelter, education, healthcare, and love.

2018 PROGRAMS

Humanity First runs 2 orphan care programs- one in Nigeria and one in Cameroon- that provide children with family and education. This year we were able

Each foster family reports to Humanity First on a monthly basis, allowing us to carry out regular needs assessments

to provide for a total of 14 children in Nigeria and 23 children in Cameroon. Each family is required to report to HF on a monthly basis for 1-3 years, sharing details of the care they are providing them. This allows the Orphan

A comprehensive program providing children with a family, and access to education and employment

Care team to carry out regular needs assessments, enabling us to provide diagnostic support. One of our main goals with this program is to make sure the children are provided educational and career opportunities as well as with a loving family.



37

ORPHANS MATCHED WITH FAMILIES

Orphan Care Provided to:

14 CHILDREN IN NIGERIA

23 CHILDREN IN CAMEROON

Support Services Provided:

MONTHLY FINANCIAL SUPPORT

FOSTER PARENTS

ACCESS TO EDUCATION

ACCESS TO VOCATIONAL TRAINING





OUR 2018 IMPACT

4 COUNTRIES

167 BENEFICIARIES



REFUGEE RESETTLEMENT



OVERVIEW

The Humanity First Refugee Resettlement Program tackles the forced displacement of families and entire communities- a challenge we have been facing globally for decades now. We are at the forefront of privately sponsoring refugees and resettling them in Canada. With our comprehensive support services, the transition into Canadian life is made easier, and refugees are able to become contributing members of society quickly.

We offer refugees safety with dignity, care with compassion, support with respect, accommodation with comfort, training for employment, and education with hope. The Refugees Resettlement program is closely allied with Community Care, Water for Life, Food Security, Global Health and Gift of Sight. Our support for refugees begins well before they reach Canada. Through our Water for Life, Food Security and Global health programs, displaced communities are provided with food, water and healthcare. Once they arrive in Canada, along with our standard resettlement services, we also refer refugees to Community Care services, the Humanity First Food bank and needs based healthcare services.

2018 ARRIVALS

The Humanity First Refugee Resettlement team welcomed 167 refugees and 60 families this year. Each family is assisted with acquiring clothing, household supplies and food as they

Tackling the forced displacement of families and entire communities by providing comprehensive refugee support services

arrive and settle into rented accommodation, also provided by HF.

Humanity First held 7 newcomer orientation sessions throughout the year as refugee families arrived. Each orientation session is approximately 4-6 hours long and provides newcomers with critical information they need to begin leading a successful, fulfilling life in Canada. Some of the topics we cover in these sessions include: affordable housing, acquiring important documents such as a health card and social insurance number, banking, registering children for school and applying to jobs.

RELIEF AID FOR REFUGEES

In 2018, our refugee relief aid has been focussed in Bangladesh aiding the displaced Rohingya community, in Ecuador aiding Venezuelan refugees, as well as in Malaysia and Thailand. Our relief aid in Thailand began this year, and we expect arrivals to Canada in early 2019. Many refugees in Thailand,

167

REFUGEES ARRIVED IN CANADA

Immediate Support Services Provided:

NEWCOMER ORIENTATION SESSIONS

ACCOMMODATION

TRANSPORTATION SUPPORT

NEEDS ASSESSMENT

LANGUAGE CLASSES

JOB SEARCH SUPPORT

Refugees Aided in:

BANGLADESH

MALAYSIA

SYRIA

ECUADOR

THAILAND

Bangladesh, Malaysia and Ecuador are living in poor conditions within detention camps. Our aid aims to provide some relief with food, water and comfort during their difficult situations.



Refugees welcomed to Canada





A Newcomer Orientation session in progress





OUR 2018 IMPACT

4 COUNTRIES

1,200 BENEFICIARIES

COMMUNITY CARE



OVERVIEW

We have several community care programs that provide support to vulnerable members of communities both locally and internationally. Community Care initiatives are carried out primarily in Canada to help vulnerable Canadians such as: children, low income families, seniors, newcomers and more. However, we have an important international presence with our Model Village projects and community centres.

Our Seniors First program is based in Canada and offers senior Canadians health and wellbeing sessions, field trips, basic computer literacy classes, conversational English classes, and food support.

We also regularly set up Tax Clinics to provide tax filing services to low income families, newcomers, refugees, and students in Canada.

We also carry out Model Village projects in remote areas internationally where basic necessities, such as water supply, sanitation, electricity, education, vocational training and healthcare services, are entirely out of reach.

COMMUNITY CENTRES

Humanity First builds community centres in underprivileged communities to bring amenities such as education, access to vocational training and more to them. This year the HF teams are building 1 community centre in Senegal and 1 in Gabon. In Belize, Humanity First sponsored a youth basketball

team, empowering them to train, practice their passion, and participate in international tournaments.

FREE TAX CLINICS

The HF free tax clinics have become a cornerstone of our Canadian Community Care operations. The clinics are one day, intensive sessions where our expert volunteers dedicate the day to helping vulnerable members of their communities file their taxes. This year, we held 2 one day tax clinics in the Greater Toronto Area; the clinics helped over 300 people file their taxes successfully.

DENTAL CARE

Our dental cleaning services in Canada aid vulnerable members of society, such as newcomers, low income households, and seniors access basic dental care that is otherwise hard to reach. This year we provided 30 cleanings, often referred from other HF programs such as Seniors First, Refugee Resettlement and Food Security.

SENIORS FIRST PROGRAM

The seniors first program is a comprehensive Canadian program that targets the common problems seniors tend to face: such as loneliness, financial stability, health maintenance and more. One of the cornerstones of our seniors first program are the fitness classes held twice a week. Seniors maintain and improve their health with targeted yoga and pilates, and are able to

form a social circle. The program also regularly organized field trips and conversation circles. The field trips allow seniors to become directly involved in society, and the conversation circles help newcomer seniors independently navigate Canadian society. This year we held approximately 42 health and fitness sessions and 40 conversation circles.

2

COMMUNITY CENTRES

300

ACCESSED TAX
FILING SERVICES

42

SENIORS' FITNESS
SESSIONS

30

DENTAL CLEANINGS

Community Care Provided in:

SENEGAL

GABON

BELIZE

CANADA

SHELTER BUS

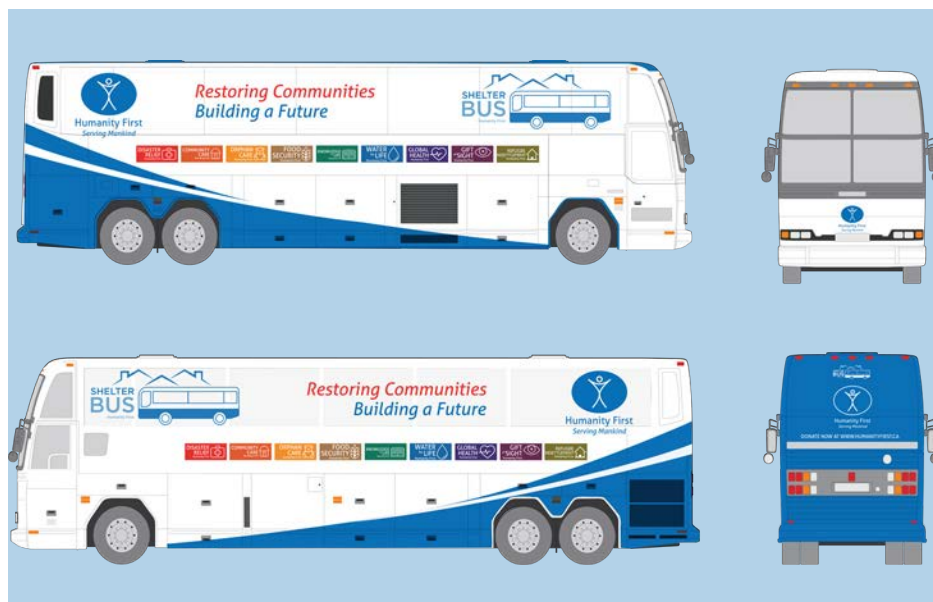
Among the other projects, 2018 brought the conception of a unique project: Shelter Bus. Shelter Bus is a coach bus that has been repurposed into a homeless shelter. It includes convertible beds and lounge areas, a small kitchenette, a bathroom, and plenty of safe storage.

The project is being worked on by a volunteer team that works in the transit industry in Canada. It is not only a solution to the perfectly good coach buses that are scrapped every year in Canada, but also tackles homelessness which is rampant in Toronto. Over 7,000 people experience homelessness each year, and the existing shelter system is insufficient.

The Shelter Bus is a mobile service that complements our already existing homeless services and recognizes that those who are on the streets freezing in the winter need immediate help.

Fundraising efforts for Shelter Bus were launched in November 2018 at the annual Humanity First Fundraising Dinner, and the project has a dedicated project team and advisory board working to bring it to completion, we hope some time in 2019, when Shelter Bus will be officially launched.

Humanity First's vision for Shelter Bus is to expand across other cities and regions in North America. Shelter Bus would even bring services to places that are remote and hard to reach, ensuring that our country's most overlooked individuals are provided the safety and warmth that they need.



Special thanks to our donors for helping put this project in motion:





Volunteers at the Tax Clinic providing tax filing services



Humanity First sponsored basketball team in Belize



FUNDRAISING INITIATIVES

Humanity First Canada holds several fundraising events throughout the year, primarily in the Greater Toronto Area. Along with our large fundraising events, we are also dedicated to spreading awareness in collaboration with the local community. We have dedicated Humanity First Ambassadors spreading awareness on campus in several GTA post secondary schools. We regularly hold food drives in elementary and secondary schools and have often collaborated with local community groups to help us fundraise. We have worked with some of the following groups this year: City of Vaughan, York Regional Police, and the Vaughan Mosque community.

MAJOR FUNDRAISING EVENTS

Global Telethon- May 26, 2018

Our Annual Global Telethon was held on May 26 this year. We received more than 450 calls, and approximately 40 volunteers helped make the telethon possible. At the end of the day, we raised \$850,167 in donations and pledges.

Iftar Fundraising Dinner- June 2, 2018

The Iftar Dinner was once again a wonderful gathering of GTA community members dedicated to humanity. We sold 70 tables at a price of \$45 per ticket, and raised a total of \$31,500. As always, the night was full of good food, that united people from all walks of life in a single cause: putting humanity first.

Annual Dinner 2018

Our annual end of year fundraising dinner was held on November 30. The dinner marked the beginning of Humanity First Shelter Bus and other important initiatives and was an inspiring recap of our work across all 9 programs in 2018. Our chairman, Dr.Daud, also unveiled our mission to raise \$2 million in 2019 to support the launch of 4 major HF initiatives that began early in 2018: the Shelter Bus, A new School in Haiti, and Refugee Resettlement from Thailand, and an Online Food Bank.

STUDENT GROUPS

York University

One of our most active students groups, Humanity First at York University carried out the following fundraising initiatives throughout the school year:

- Bake sale
- Bracelet Sale
- Tabling at Humber Community Senior Service Event

University of Alberta

Dedicated student ambassadors at the University of Alberta took on the following initiatives:

- Class visits for donations
- Bake sale
- Krispy Kreme Sale
- Samosas and drinks stall

OTHER COLLABORATIVE COMMUNITY INITIATIVES

Dedicated to being involved in our local community, Humanity First participated in and contributed to several community events across the Greater Toronto Area, particularly in the York Region, where our Head Office is.

Tabling and Fundraising at:

- City of Vaughan Exhibition Expo, Jan 31, 2018
- Ahmadiyya Muslim Community Interfaith Symposium, March 4, 2018
- GTA Bangladesh Festival, March 25, 2018
- York Region Police Event, April 8, 2018
- Tommy Douglas School Engage and Change Event, May 2, 2018



Snapshots from the 2018 Annual Dinner in November



OUR VOLUNTEERS

The volunteers at Humanity First Canada are the heart and soul of our organization. Our operations are proudly and primarily volunteer-based. This year, our volunteers have dedicated thousands of collective hours to putting humanity first. Whether it be packing and delivering food for our food bank, helping to resettle refugees, or planning events and running our daily operations, our volunteers put their hearts and minds into their work.

Every year, we hold various events that aim to bring our volunteers together in improving our dedication to humanity, such as the Humanity First annual dinner or our annual exhibition. Our volunteers participate in fundraising events, the Out of the Cold program, and many other local fundraisers simply to help improve the lives of those struggling. Their effort, dedication, passion, and compassion is truly admirable.

AMBASSADOR PROGRAM

Our ambassador program is a new and exciting way for you to volunteer with us. Humanity First Canada Ambassadors are our long-term, front line representatives that champion our core programs at their workplace, institution, or within their community. Our ambassador program is tiered and flexible in order to accommodate the work schedules of our volunteers. Each tier has varying participation, hours of commitment per week, and annual funding goals.

We encourage our Ambassadors to take their volunteer work in their own hands and commandeer awareness and fundraising activities within their workplace or community.

VOLUNTEER GROUPS AT THE HUMANITY FIRST FOOD BANK

Several community and corporate volunteer groups come into our food bank at least once a year. In 2018, we had 12 groups come in to help at the food bank with packing, deliveries, and serving our clients.

- Cardinal Health, 30 Volunteers
- Milton Ahmadiyya Muslim Community, 50 Volunteers
- Centennial College, 40 Students, 4 Teachers
- Brampton Castlemore Ahmadiyya Muslim Community
- Bakersfield School, 15 Students
- Tommy Douglas Secondary School
- Neilson Canada, 2 Employees
- Desjardins, 15 Employees
- Tjx Winners And Homesense, 12 Employees
- Pwc Canada, 15 Volunteers
- Wsp Canada, 6 Volunteers
- Sap Canada, 18 Volunteers

Our Humanity First Canada Ambassadors are vital to supporting our initiatives and campaigns. They support and inspire all those around them to come together for the sake of compassion and humanity.

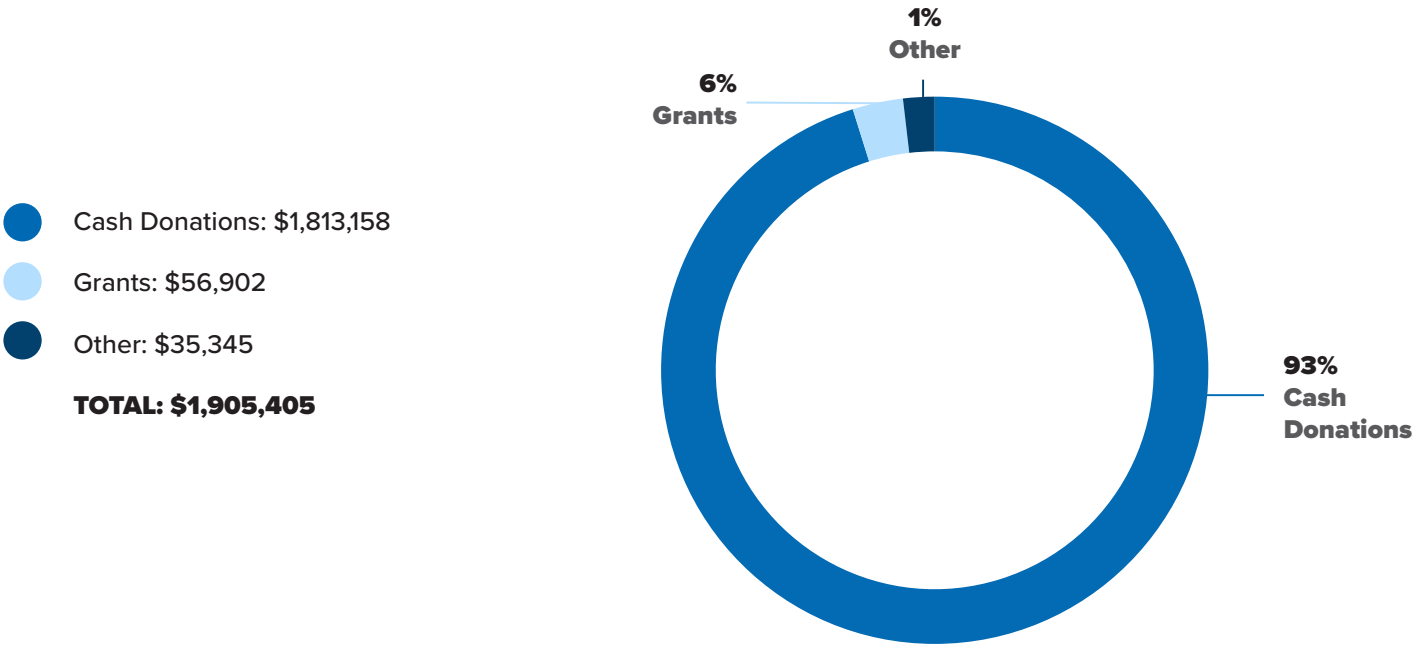


Our hardworking volunteers doing everything from disaster relief work to fundraising

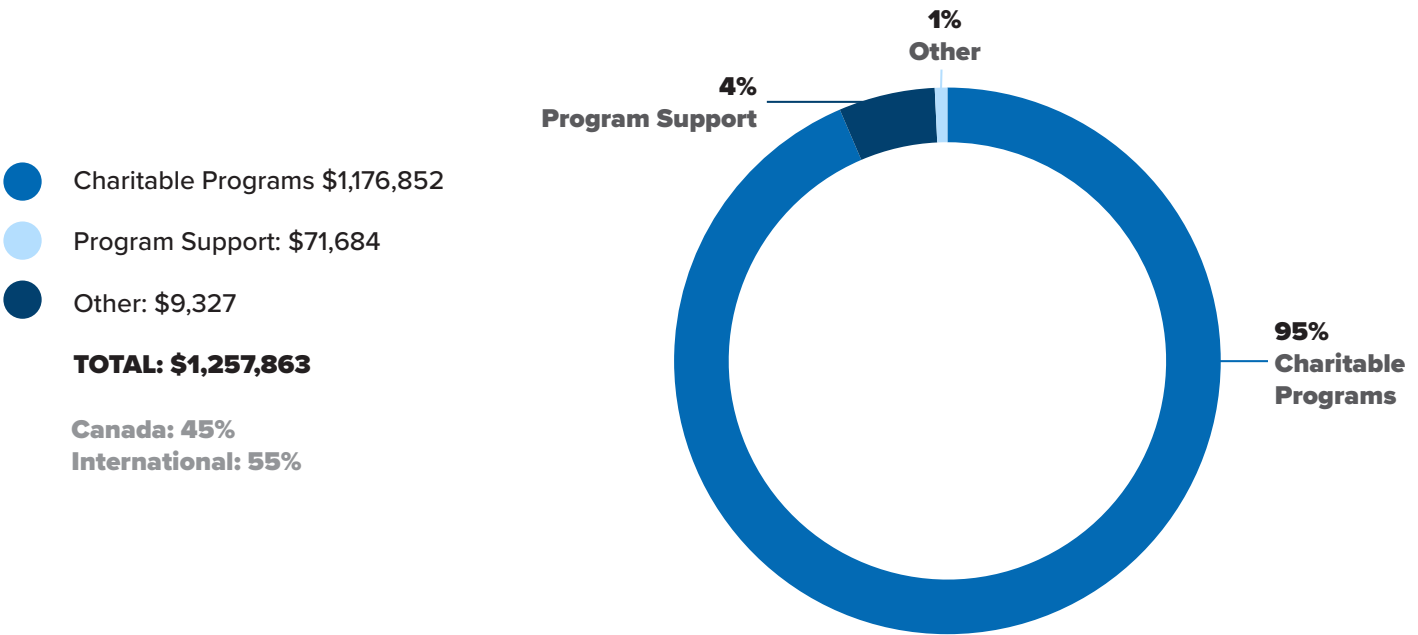


FINANCIAL REPORT 2018

Total Revenue Breakdown



Total Expenses Breakdown



Total In-Kind Donations

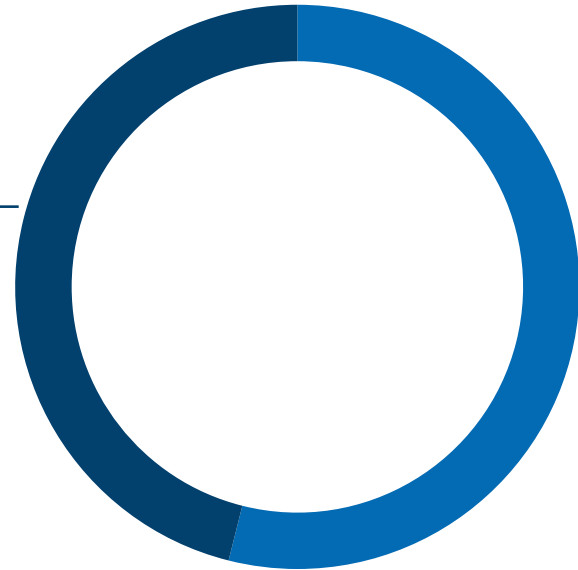
● Volunteer Labour: \$1,310,560

● Food Donations: \$1,120,000

TOTAL: \$1,426,916

**Over 100,000
Volunteer hours
donated**

**46%
Food
Donations**



**54%
Volunteer
Labour**

Program Expenses Breakdown

● Refugee Resettlement: \$194,552 - **16.3%**

● Global Health: \$140,437 - **11.8%**

● Food Security: \$461,673 - **38.7%**

● Disaster Relief: \$66,183 - **5.5%**

● Fundraising Events: \$16,633 - **1.4%**

● Seniors First: \$14,472 - **1.2%**

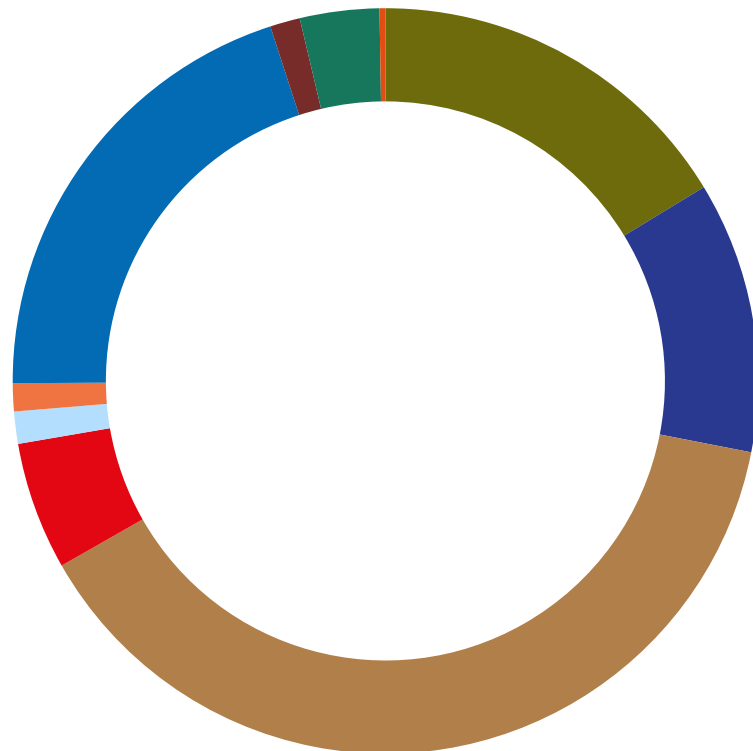
● Water for Life: \$239,920 - **20.1%**

● Orphan Care: \$15,524 - **1.3%**

● Knowledge for Life: \$41,081 - **3.4%**

● Community Care: \$3,010 - **0.3%**

TOTAL: \$1,193,485







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