







ANNUAL REPORT 2012

ABOUT HUMANITY FIRST

Mission Statement

Humanity First is a charitable trust established to promote and safeguard human life and dignity. It is a nonpolitical, non-religious, non-sectarian international relief and development agency that works with the world's poorest and most vulnerable people.

Humanity First was formally established in the UK in 1995, and now has registered operations in 41 countries and projects in many more. Most of our aid workers and the management of Humanity First are unpaid volunteers and our administrative expenses are negligible. We are able to deliver significantly more aid value in the field than the funds we raise through volunteers, collaboration and global sourcing.

Objectives

RELIEVE SUFFERING CAUSED BY NATURAL DISASTERS OR **HUMAN CONFLICT**

STRENGTHEN PEOPLE'S CAPACITY TO HELP THEMSELVES

PROMOTE PEACE AND UNDERSTANDING BASED UPON MUTUAL **TOLERANCE AND** RESPECT

Overview





OF FUNDS GO DIRECTLY TO PROJECTS









CONTENTS



GLOBAL COVERAGE	4
REGISTERED OPERATIONS	5
CHAIRMAN'S REVIEW 2012	6
Our Impact in 2012	7
5 YEAR IMPACT	8
REGIONAL SUMMARY North America Latin America and Caribbean Europe Africa & Middle East South Asia Australasia & Pacific Rim	10 10 11 11 11
POVERTY REDUCTION	12
DISASTER RESPONSE Hurricane Sandy Response Mali War Typhoon Bhopa Nigeria Niger Congo-Brazzaville	14 16 16 17 17
PROGRAMMES & OPERATIONS Food Bank Sao Tome fishing project Liberia Vocational Centre Budaka Campus Knowledge for Life Water for Life Benin Orphanage Medical Programmes Republic of Benin Ghana The Gambia Mali Panama Guatemala Training Liberia Gift of Sight	18 19 19 20 22 24 26 28 29 30 31 31 31 32 33
ACCOUNTS 2012 Global Financial Data Spend by Region 5 – Year Income / Spend Analysis	34 35 35
PARTNERS Partners and Collaboration	36

GLOBAL COVERAGE



Humanity First is registered in 41 countries across 6 continents and active in over 50 countries. Humanity First relies on a global pool of over 2,000 expert volunteer IT trainers, engineers, logisticians, project managers and clinicians. HF is registered in the following countries:

IN BRIEF









Region	Registered Countries	Other Active Countries (last 2 years)	2012 Key Activities
Americas	Canada, Guatemala, Guyana, Haiti, USA	Honduras, Peru, Panama, Brazil	Food Banks Hurricane Sandy response Vocational training centres Medical missions
Europe	Austria, Belgium, Denmark, France, Germany, Macedonia, Netherlands, Norway, UK	Albania, Ireland, Poland, Switzerland	Homeless support UK projects for disabled children Foodbank
West Africa	Benin, Burkina Faso, Congo. D.R., Ghana, Ivory Coast, Liberia, Mali, Niger, Nigeria, Sao Tome, Senegal, Sierra Leone, The Gambia, Togo		Gambia Campus development Ghana & Liberia surgical missions Feed a village Water wells Knowledge for Life Mali school build Liberia Vocational Center
East Africa and Middle East	Kenya, Mauritius, Tanzania, Middle East, Uganda	Madagascar, Kuwait, Qatar	Uganda Campus Development Water wells Vocational training Schools support Agricultural projects
Asia Pacific	Australia, Bangladesh, India, Indonesia, Japan, New Zealand, Pakistan, Sri Lanka	Marshall Islands, Samoa, Philippines,	Pakistan water wells Philippines Typhoon Bhopa DR

OUR PROJECTS















REGISTERED OPERATIONS

Australia

Austria

29 Richmand Place Forest-Lake Queensland 4078 Australia

Germany

Genfer Street 11 60437 Frankfurt am Main

Sraupstrasse 24/39/4, A-1210 Wein Austria

Ghana P.O.Box 2327 Accra Ghana

• • • • • •

Guatemala

Bangladesh 72 Park Road Baridhara Dacca $\bullet \circ \circ \bullet \circ \circ \bullet$

Belgium Bremstraat 31, 9990 Maldegem Belgium

BP 01 2480 Porto novo Benin

Burkina Faso

11 BP 1113 Ouagadougou CM11 Burkina Faso

Canada

Unit 1 245 Bowes Road Concord, Ontario L4K 1H8

Congo

BP2557 Brazzaville REP DU Congo

Denmark

Svenstrupvej 50 2665 vallensbaek strand

France

M.De Quarties des vignes Blanches Place Camille Saint Saens 95200 Sarcelles

> Carey & Randall Street P.O.Box 618 Monrovia

Mauritius

Cure Street P.O.Box 6 Rose Hill

Macedonia Bulevar Makedonija 17-1/1 2320 Delchevo

Km.20.3 carretera a San Lucas B.P.E 4591 Djeli bougou Bamako

Guyana

198 Oronoque & Amonds street Queenstown P.O Box 10994 Georgtown

Haiti

Humanity First Haiti, 11 3rd Ave, Turgeau, Haiti

India Gurdaspur, Punjab

Indonesia

Jl. Ciputat Raya, Subur II No. 08, RT/RW 08/08, Kebayoran Lama Utara, Jakarta Selatan

Ivory Coast

Cote d Ivoire 03 BP 416 Abidjan 03

Japan

1-183 Fujimari , Meito-Ku Nagoya 465-0026

Kenya

P.O.Box 40554-00100 Nairobi

Liberia

Darus Salam Square DR.Maurice

Sao Tome

Philippines

Manilla

Pinto D carvalho C/P No.149 Sao Tome

0 0 0 0 0

BP 16337 Dakar Fann Senegal

Middle East Humanity First, Office:104, 1st Floor, Building number: 4, International Humanitarian City. Dubai, United Arab Emirates

P.O Box 376 Darus salam Tanzania • • • • • •

The Gambia

20 Dalgety Drive Manukau Central New Zealand

Niger

Netherlands

New Zealand

Kastanjelaan 46 1185 KB Amstelveen

BP 11228 Niamey

Nigeria P.O.Box 17359, Garki,

Abuja, Nigeria

Unit 27, Red Lion Road,

Norway Frognerveien 53 0266 Oslo

ŏ • • •

Pakistan

Humanity First Pakistan House No. 381 Stree 43, G-9/1, Islamabad - 44000

Senegal

Sierra Leone

15 Bath Street, Brook Fields, Freetown

Tanzania

33 Foday Kabba Highway, Latrikunda Sabiji-Brikama Highway

Togo Association Humanity First Togo 06 BP 6002 Lome Togo

Uganda

P.O.Box 55, Budaka

United Kingdom

Red Lion Business Park, Surbiton, KT6 7QD

United States of America

300 E.Lombard Street, Suite 840, Baltimore, MD 21202

Key:
Use project logos on left page as colour and order for guide.



As we go into 2013, we are also establishing a task group to instigate women's empowerment projects and see how we can furthermore adjust our programmes to ensure that women get maximum benefit from them.

This year, Humanity First (HF) was able to focus on its core long-term human development programmes, as there were no major disasters.

Increasingly, HF is looking at the outcome of the work that it does to try to alleviate poverty. There are still one billion people living in extreme poverty, and it is imperative that we use the limited resources at our disposal wisely to achieve the best possible outcome. We are analysing data at local, regional and national levels to ensure that we apply the right solutions to local, regional and national needs.

During 2012, we have taken steps to strengthen our teams and invested in solutions such as implementation of a new intranet and use of social networking to help bring together a global virtual team. We have also started to invest in training of our local staff in low-income countries in Africa, Latin America and Asia. This will help improve the quality of our work.

Our Knowledge for Life programme has started to deliver good results. Already 50,000 students are benefiting from our schools in Haiti, Pakistan and Mali and from our investment in books and science labs across over 70 existing schools. Our Feed a Village programme continues to evolve and is now providing over 30,000 villagers with assistance in growing, storing and processing crops. Early projects had identified challenges to overcome in growing crops such as ground nut and rice, and we are working with academia to adopt the best practices to increase crop yields and quality. Whilst Feed a Village was designed for rural communities in low-income countries, the economic downturn has left many people in cities across Europe and North America struggling, so we have improved our base of Food Banks in Canada, USA and the UK, and will assess the need in Europe. We also continue to invest in our campus facilities, and this year we expanded our Budaka campus in Uganda and our Liberia training facilities and are about to open a new orphanage in Benin.

As we go into 2013, we are also establishing a task group to instigate women's empowerment projects and see how we can furthermore adjust our programmes to ensure that women get maximum benefit from them.

As I mentioned, there were no major disasters this year, but HF still responded at scale to Hurricane Sandy in the USA and to the impact of the Mali conflict. Hurricane Sandy in particular attracted hundreds of new volunteers, and it is the volunteers that are the lifeblood of Humanity First. Many dedicate weeks of their time to work in Africa or Latin America for free, and their passion and dedication are inspiring.

We must always remember that our objective is to serve mankind using all of the tools available to us in order to deliver transferable skills to enable the local people to become independent in their own right. Those billion people in extreme poverty need our focus and attention every day.

Ahmad Yahya Sayed

Chairman **Humanity First**

Our Impact in 2012

DISASTERS



9,005

VICTIMS PROVIDED WITH FOOD, WATER, SHELTER AND MEDICAL ASSISTANCE FOLLOWING DISASTERS IN THE USA. PHILIPPINES, MALI BENIN, NIGER AND NIGERIA.

THROUGH PROJECTS



30,895

VULNERABLE AND RURAL PEOPLE PROVIDED WITH FOOD, RATIONS AND AGRICULTURAL SUPPORT THROUGH FEED A VILLAGE.



MILLION PEOPLE GET THEIR

DAILY WATER THROUGH HE. WE PROVIDED SAFE DRINKING WATER THROUGH AN ADDITIONAL 185 **PUMPS COVERING 91,175 PEOPLE** IN 18 COUNTRIES.



MILLION PEOPLE RECEIVING BETTER MEDICAL CARE THROUGH **CLINICAL TRAINING OF LOCAL MEDICAL STAFFPEOPLE IN 18** COUNTRIES.



31,167

ASSISTED THROUGH OUR MEDICAL AND SOCIAL CARE PROJECTS.



39,347

STUDENTS TRAINED SINCE 2002 IN IT. SEWING AND **CONSTRUCTION SKILLS IN 30** INSTITUTES IN 15 COUNTRIES.



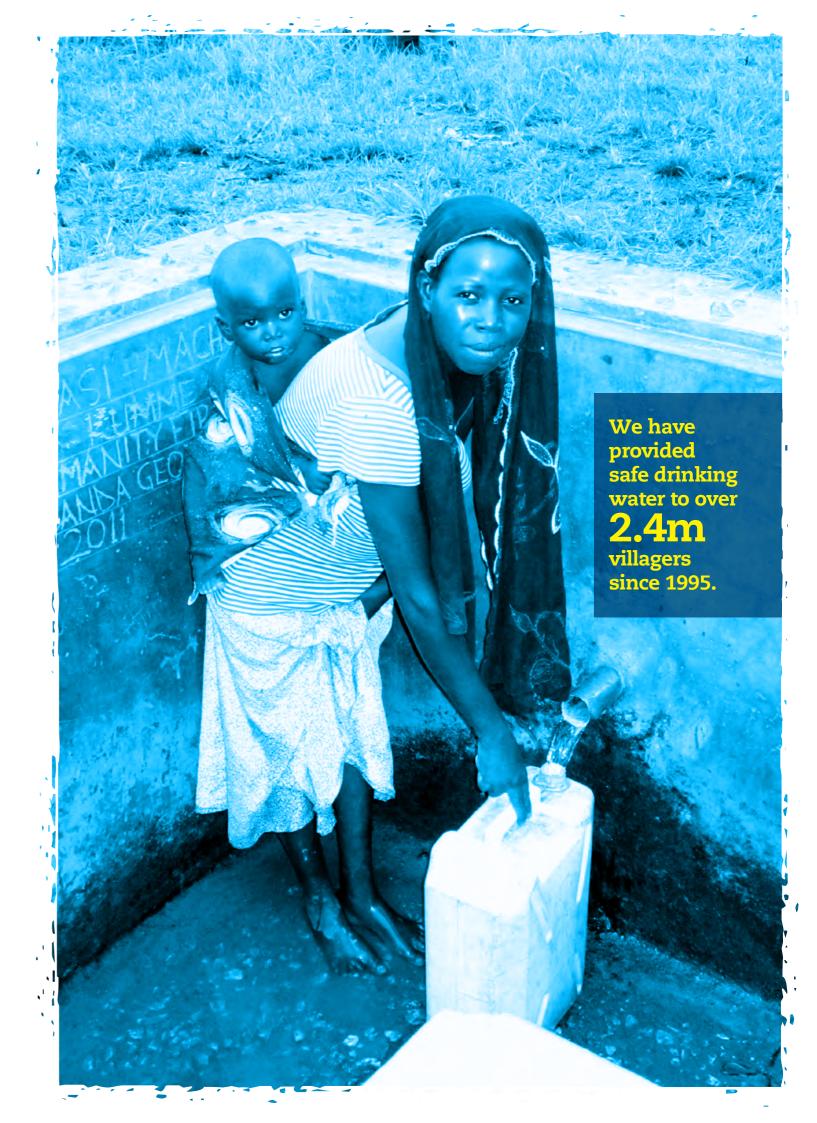
26,176

STUDENTS BENEFITING FROM OUR KNOWLEDGE FOR LIFE PROGRAMME.

5 YEAR IMPACT

The following table shows the total number of new beneficiaries each year from our global programmes.

	2012	2011	2010	2009	2008	Total
DISASTER RELIEF	9,005	87,452	169,899	25,146	11,500	303,002
WATER FOR LIFE	91,175	507,375	45,900	171,400	1,238,000	2,053,850
FEED REPORTED REPORED REPORTED REPORTED REPORTED REPORTED REPORTED REPORTED REPORTED	30,895	52,360	47,870	31,120	31,100	193,345
LEARN CANALITY A SKILL	4,774 (39,347)	2,908 (34,573)	10,965 (31,665)	2,248	3,941	24,836
KNOWLEDGE FOR LIFE	26,176	26,426	14,070	21,491	17,016	105,179
MEDICAL & SOCIAL CARE	21,464	31,167	30,636	47,372	5,535	136,174
ANNUALTOTAL	183,489	707,688	319,340	298,777	1,307,092	2,816,386



REGIONAL SUMMARY

In 2012, the focus was on construction of new facilities as we were spared major disasters.

North America

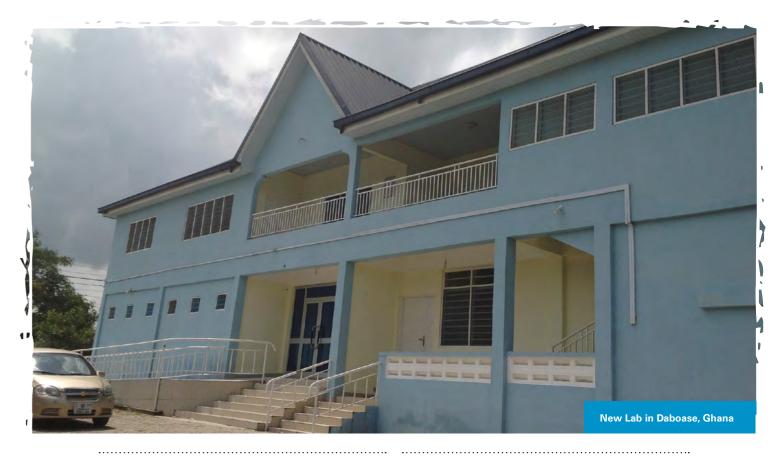
The Food Bank concept was expanded to 4 centres in Canada and 5 in the USA. HF responded at scale to the aftermath of Hurricane Sandy in the USA.



Latin America and Caribbean

HF opened new vocational training centres in Guatemala and a Primary School in Haiti. Our medical teams provided assistance in Haiti, Panama and Guatemala.





Europe

Europe provided the bulk of the project funding in Africa. There were local projects to support the homeless, and a new food bank was being established in the UK.

Africa & Middle East

This was once again the most active region. A new school was opened in Mali, and schools were provided with books and science lab equipment across the region. Many water pumps were bored or refurbished in rural areas. The Feed a Village programme is now maturing, and we are learning from the feedback in terms of crops supported and seasonal variations. There was significant progress on the Budaka Campus in Uganda and the lab in Ghana. The Liberia training center has been a huge success and a second facility is now planned.



South Asia

In Pakistan, there was a huge push to install new village water pumps in the south.

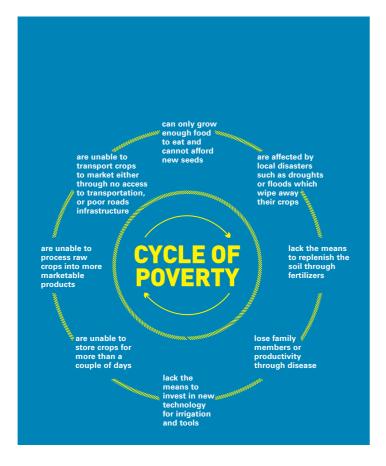
Australasia & Pacific Rim

The team responded to the latest natural disasters to affect the Philippines.



POVERTY REDUCTION

Humanity First
has been working
at grassroots level
to try to reverse
the poverty cycle
at the very
bottom to create
regional ripples.



Increasingly, as the world suffers a recession, the instability in global food and commodity prices has affected not just Europe and North America, but also low-income countries, which have been hit the hardest.

As a matter of fact, low-income countries, being at the bottom of the food and commodity value chain, are compelled the most to reduce their costs, when there is pricing pressure. As a result, their revenue is minimal and they are unable to invest in agriculture, infrastructure, water, healthcare and education to an acceptable quality level, and this means that the most deprived people remain trapped in a cycle of poverty.

Humanity First has been working at grassroots level to try to reverse the poverty cycle at the very bottom to create regional ripples.

It is a combination of our programmes that is generating the desired effect:

If we take the case of a typical rural village of 800 people in Sub-Saharan Africa, the first stage is to provide local water pumps. Prior to this facility, women and children had to walk 5-10 km to access unsafe water resulting in waterborne diseases, skin rashes, eye complaints leading to glaucoma and cataracts, and even infant deaths. The impact of this was that the elders could not work on the farms and lost income, children missed many days of school and training and some of the more vulnerable children and elderly died needlessly. Installation of water pumps and training in better

sanitary practices have led to drastically improved health and a marked reduction in under-5 mortality.

HF then provides support to farmers to help them grow, store and process crops. In the heat, without proper storage facilities, 40% of crops can go to waste. Our storage solutions have helped reduce that wastage, allowing farmers to store crops locally for a fortnight, thus providing them with time to decide which market to send their crops to and get the best return. Setting up processing plants to process raw rice, maize, couscous, cassava and other crops into refined products have also allowed farmers to get a substantially increased price for their labour.

Finally, once farmers have easy access to water and better agricultural facilities, they are more inclined to free their children and allow them to attend school. Humanity First is investing in schools to make education more practical and inspiring to encourage as many children as possible to pursue further education or vocational training in one of its many training centres.

In this way, over a period of time, people from the village have been moving up the value chain in terms of earning potential. They then invest in their home villages to improve healthcare and the earning potential of their friends and family members and this is how a cycle of poverty reduction is initiated at the lowest level. The effects will take time to show at a national level, but are nonetheless tangible.



DISASTER RESPONSE



ADDITIONAL THROUGH COLLABORATION

HF SERVED OVER **HOT MEALS**

PROVIDED OF OVER



Hurricane Sandy Response

Hurricane Sandy claimed over 100 lives in the USA. It hit the shores of New York and New Jersey on the 29th October 2012, causing floods, fires and leaving millions of residents without electricity and the basic necessities of life for months.

The Humanity First Disaster Response Team (HF-DRT) was deployed on October 30th, 2012. It worked tirelessly to serve in many of the worst-hit communities, including Lower Manhattan, Staten Island, Long Island, Long Beach and New Jersey for seven weeks. Humanity First volunteers came not only from the local area but also from Massachusetts, Connecticut, New Jersey, Pennsylvania, Maryland, Virginia, Illinois, Michigan, Canada, Florida and Texas.

Since then, HF served over 9,000 hot meals and provided the help of over 5,400 volunteer hours, 3,000 direct volunteer hours and additional 2,400 volunteer hours to the people in need through collaboration with other NGOs. Nearly 80 houses were gutted out and cleaned up. Several streets and parks were cleaned up in various areas, and Humanity First provided several hundred volunteer hours in food/supply donation sorting and distribution areas. Volunteers also distributed supplies directly to the homes of those in need. HF partnered with the Indiana Homeland Security, District 1 Task Force to manage the cleanup and distribution center in Long Beach New York. Humanity First also worked with the Red Cross, the Mayor of Glen Cove, Long Island, Mayor of Staten





Island, Senator Diane Allen from New Jersey and many faith based organizations and NGOs.

Over the weeks after the Hurricane, HF delivered over 35 tons of aid to homes in New York and New Jersey. More than 2,000 victims were assisted.

Your organisation does great things for people; it was an honour to work with you. Mark French, Lieutenant, Indiana **State Police, Special Operations**

The work that Humanity First is doing with the hurricane clean up relief is amazing – so many people really need the help. It is great to see that an organisation really has the best interest of people in mind and humbly go about their efforts without being asked. The outpour of committed individuals in your group was inspiring and it was my pleasure to work with your team. Every person demonstrated such care and sensitivity when tending to someone's house or needs.

Chris Mason, New Jersey

I volunteered with Humanity First for cleanup after Sandy, I was sent to Long Beach in New York. New York City looked all normal, streets crowded as always. We crossed the bridge; the access was toll free to Long Beach. And all of a sudden, the scenery changed. In front of beautiful houses, their residents' belongings were on the street. I went with four other volunteers from Maryland. There was another group of seven from Maryland. In Long Beach, local police asked my group to do a residency survey, essentially knocking on each door to get the number of residents and the time the residency was occupied throughout the day to provide emergency services if needed.

Habeeb Mirza

We were all given Humanity First t-shirts, gloves and face masks. Humanity First had done an inventory of all the houses in the last few days by knocking at them one by one and asking if they needed help.

Belal Khalid, New Jersey



DISASTER RESPONSE



MALI WAR **5**tonnes OF FOOD SENT AND DISTRIBUTED TO REFUGEES

TYPHOON BHOPA FAMILIES ASSISTED WITH RELIEF SUPPLIES, FOOD AND WATER



Mali War

The Mali war resulted in many refugees fleeing south towards Bamako and also across the borders into Ivory Coast and Burkina Faso. In Mali itself, HF ran medical camps to provide assistance to hundreds of victims of the war. 5 tonnes of food was sent and distributed to refugees in the north of the country where the conflict was at its worst. In addition, for some of the youngsters caught up in the crisis, HF provided free training in IT or scholarships to continue school education.

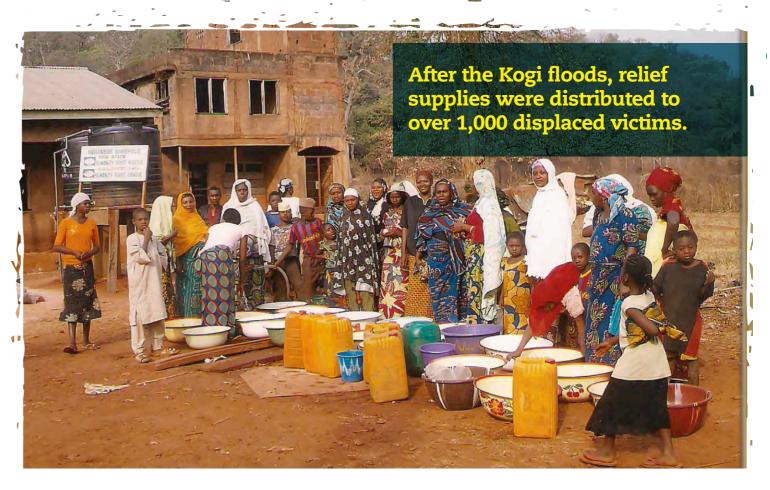
OTHER



Typhoon Bhopa

500 families were assisted after Typhoon Bhopa in the Philippines in December 2012. These families were staying in temporary shelters and were assisted with relief supplies, food and water.







Nigeria

After the Kogi floods, relief supplies were distributed to over 1,000 displaced victims in Lokoja state. Supplies included food, mattresses, gas stoves and medication. A medical camp was also run treating thousands of patients.



Niger

After floods struck Niger in October 2012, HF provided medical assistance and relief supplies to hundreds of victims.



Congo-Brazzaville

35 people were killed on the 30th of November 2012 when a cargo plane crashed on a populated area during landing in Congo-Brazzaville. Humanity First helped with their funeral and fully participated in digging 15 graves and remained present until their burial. HF also helped two villages and distributed clothes to 250 men, women and children.





Humanity First
has been running
food banks in the
Greater Toronto
area for over 7,000
people for many
years, but given the
increased demand,
we are now running
additional centres
in Montreal.



Food Bank

One impact of the global recession has been growing poverty among the working class in higher-income countries of North America and Europe.

Families that were able to cope ten years ago are now faced with stark choices on food, education and training. The most fragile members of society, particularly the elderly, single parent families, the disabled and the unemployed, are the ones mainly at risk. More and more, local governments are paring down their services and are unable to provide essential facilities for these categories of people. A recent study by the Centre for Economics and Business Research concluded that in the UK, 4.7 million people were living in food poverty and that the poorest 10% of households spend almost 24% of their income on food and struggle to survive. The same has been seen in the USA where there is a widespread allocation of food vouchers for almost 50 million people.

There has been a growing demand for food banks in many countries, within which one family is provided with a basic pack of rations to last several days. Typically one pack may include noodles, rice, pasta, soup, dried or long life milk, cooking oil, salt, sugar, breakfast cereals, tinned fruit and vegetables.

Humanity First has been running food banks in the Greater Toronto area for over 7,000 people for many years, but given the increased demand, we are now running additional centres in Montreal. In the USA, HF has begun food pantries in Willingboro, Harrisburg, Dayton, Silicon Valley and is now expanding into Seattle, Charlotte and Buffalo. HF has also recently started a first food bank in the UK in London and plans to expand into the midlands and the north of England.

Over time, it is hoped that people's dependence on such services will reduce, but whilst there is a need, Humanity First will be there to serve without prejudice.





In Sao Tomé, the majority of the population makes a living from fishing. As there aren't many people who own a boat or a canoe, Humanity First put in an order for the production of boats from different locations in Sao Tomé.

It took about 6 months to produce the 55 boats and all the manufacturing was done in Sao Tomé. The boats were distributed to needy fishermen in Santa Caterina, Neves, Rio Grande and in Miccolo. More than 100 families can now survive with fishing.

Liberia Vocational Centre

The vocational training centre in Monrovia, Liberia has been a huge success and supports 700 students admitted in two sessions each year. There are growing opportunities to explore collaboration with companies such as Mittal Steel, Gecco and Firestone. The institute provides a broad range of practical training in trades including vehicle maintenance, machinists, electrical, masonry, plumbing, refrigeration and air conditioning and road safety.

The Government has been very impressed and has now offered a larger plot in Bomi County to build a second campus in 2013. Here the centre will expand to cover agriculture, fishing and livestock management. Unlike the first centre which is on a much smaller campus, the second centre will provide onsite accommodation for 200 students, three big classrooms, a conference hall, and staff accommodation.





PROVIDED

BUILDING ACCOMMODATES

STUDENTS WITH SELF-CONTAINED ROOMS

TOTAL STUDENTS HAVE PASSED THROUGH THE INSTITUTE SO FAR



Budaka Campus

Our vocational training centre in Budaka, Uganda, enjoys a regional reputation for having one of the finest learning environments. Since being established in 2007, the centre has grown its range of courses and campus facilities.

In 2012, HF inaugurated its new Information Technology block, which contains a computer laboratory with 16 LCD flat-screen computers and two spacious lecture rooms and another vocational training block. The centre now offers a range of Diploma (2 year) and Certificate (1 year) level training in Information Technology, Computer Hardware, Web Design, Business Administration, Secretarial Studies, Records Management, Human Resource Management, Primary Education, Tailoring, Design and Cutting Garments.

This year HF also constructed state of the art separate girls and boys' hostels. The hostels provide boarding facilities for girls and boys studying there who would otherwise have to travel a long way. The two buildings accommodate over 50 students with self-contained rooms and spacious common and patron rooms.

A total of 800 students have passed through the Institute so far and most of them have found employment with their new skills or have started their own businesses.

The centre is now looking to launch a number of new vocational training courses including Catering, Hair Dressing and Electrician Skills. HF is also working on partnerships with local businesses to meet the needs of both students and the regional business community. During 2013, HF will be building more facilities on the campus with the aim to support schools in the area.











1 st of 5
PRIMARY SCHOOLS IN MALI

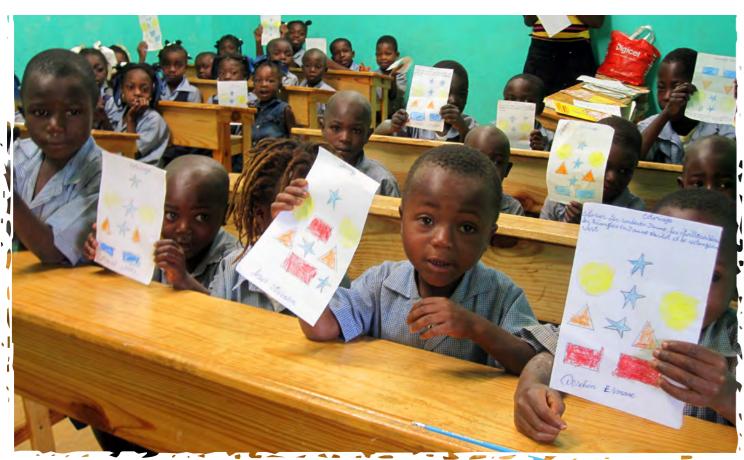
30K
CHILDREN ASSISTED WORLDWID
IN OVER 50 SCHOOLS

Knowledge for Life

In Europe, schools have been donating good quality reference books, which are despatched to schools in Africa.

HF is also exploring printing its own elementary level books locally in West Africa for distribution to primary schools in the region. This would be a much more sustainable project. In addition, science lab equipment was distributed to schools in Tanzania. HF built the first of five primary schools in Mali, and work on the second school will begin in 2013. 200 children are already benefitting. The new Bon Samaritan Primary School near Seguin in Haiti has proven very successful and already there are plans to expand the school. Overall, the Knowledge for Life programme has assited almost 30,000 children worldwide in over 50 schools.









24 HUMANITY FIRST 2012

PROGRAMMES & OPERATIONS



ADDITIONAL

185
VILLAGE WATER PROJECTS
COMPLETED

SERVING AN ADDITIONAL

91,175

Water for Life

In 2012, the team worked hard to deploy and refurbish village water hand-pumps in a number of countries including Kenya, Uganda, Brazil, Pakistan, Benin, Ghana, Gambia, Guatemala, Ivory Coast, Mali, Tanzania and Nigeria. During 2012, an additional 185 village water projects were done for an additional 91,175 villagers making the total to date as shown in the table below:



Region	Countries	Types of Water Projects	Number of Installations	Estimated population benefiting
Americas	Brazil, Guatemala, Haiti	Water filtration units (mid sized), hand-pumps	128	19,500
West Africa	Benin, Burkina Faso, Ghana, Ivory Coast, Liberia, Mali, Niger, Nigeria, Sierra	Hand-pumps, gravity- fed water projects and water harvesting	731	571,300
	Leone, The Gambia			
East Africa	Kenya, Uganda, Tanzania	Hand-pumps, gravity- fed water projects	146	390,050
Asia Pacific	Indonesia, Pakistan	Hand-pumps, Metro filtration plants	230	1,378,000
		TOTAL	1,235	2,358,850





THARPARKER WATER WELLS PHASE II

Tharparker is a district of the lower Sindh, one of the most underdeveloped regions of Pakistan, which faces, amongst other issues, the non-availability of clean, potable water. 10 sites for water wells to be dug were identified in areas where access to clean water was the most difficult. The Project specifically focused on helping the local communities, especially women and children belonging to the hind minority community, through the digging of water wells at easily accessible places in the most remote areas.

The Project took 6 months, with all 10 wells fully operational on April 30th 2012.

As a result, the local communities will benefit through the prevention of common diseases such as diarrhea, hepatitis and common jaundice, especially among the women and young children. Women and children will not have to long distances every day to fetch a pot of water. Children usually travel with their mothers when they go to fetch water. Fathers usually take on the hard jobs, i.e. going around in the desert and returning at night after meeting friends, so the children cannot accompany their fathers.

These families will now start thinking about getting their children basic education that they deserve if their mothers are discharged from having to travel so far.

Several families migrate to barrage areas when drought hits the land. Their most prized possessions are their animals. In drought, the animals start dying rapidly due to non-availability of water. Even at other times, the animals are never healthy enough to produce adequate milk and usually die of hunger and dehydration. In order to prevent this, the only solution that 'Tharis' have is to migrate to the barrage areas for the months of drought. With the arrival of Monsoon rains, they migrate back to their homes that were left empty for months. Since migrating families are never settled, so are their children. Education, schooling or just basic learning of everyday matters is far from possible for migrating children. With the provision of a closely located water resource, people will have no need to migrate and waste 30% of their lifetime travelling from one place to the other and back and again this will enable the children to be educated.



Benin Orphanage

HF BUILT THE **1st of 5**

ALMOST CHILDREN ASSISTED WORLDWIDE IN OVER 50 SCHOOLS

The new HF orphanage in Porto Novo, Benin, is nearing completion.

The main building complex and annex are ready to accommodate up to 100 orphans, but for security, a wall around the entire site is under construction and planned to be completed by late summer 2013. This is to protect the children, but also to keep some of the unwanted wildlife away. Already the manager Mr Dieffenthaler managed to trap a 2 metre snake heading into the building. A water well is also being installed in the complex to provide drinking water for the children. Once the wall and water well are completed, the children will start to arrive.

The orphanage itself will be run using a system of virtual families, and a first mother is being appointed whose own children have grown up. To start with, there will be two mothers, 6 boys and 6 girls, and then gradually the facility will ramp-up to full capacity.







PATIENTS WERE TREATED IN THE OUTPATIENTS DEPARTMENT

GHANA

30

COMPLEX OPERATIONS WERE CONDUCTED SUCCESSFULLY

Medical Programmes

The Humanity First Medical Department is composed of highly motivated and trained paramedics, nurses, physicians and surgeons dedicated to provide help to those in need during disaster and non-disaster times by ethically supporting medical needs while respecting local people's cultures and beliefs.

HF Medical aims to support local health services utilising its international network of volunteer clinicians making best use of local resources and expertise in order to support the provision of the highest quality medical care. HF Medical is progressing towards the development of a fully equipped and manned mobile Field Hospital able to be deployed to disasters within 48 hours to aid with the immediate post-disaster medical and surgical needs. We are also committed to providing training and education with a vision to help communities establish medical care and services according to needs with a scientific, evidence-based and analytical approach. 2012-2013 has been a very active year for HF Medical which has undertaken a number of projects, a few of which are mentioned in this report.



LONG-TERM PROJECTS

Republic of Benin

The hospital project in Benin provides medical services in a modern 3 storied hospital in Feltono covering emergency and general medicine, obstetrics and gynaecology, surgery and paediatrics. The hospital staff includes nurses, vaccinators, health visitors, four 'on call' specialist doctors and a HF doctor permanently based in the hospital. A full time pharmacy operates daily from 8 am - 5 pm. Between March to December 2012, 962 patients were treated in the outpatients department, with 160 inpatient admissions, 121 of whom required minor surgery and 8 patients major surgery. 30 successful deliveries were conducted during this period.

Ghana

A team of volunteers from John Hopkins University in the USA served in Daboase District Hospital under the supervision of Professor Fizan Abdullah. During this mission, 30 complex operations were conducted successfully. Training sessions were held covering lectures on laparoscopic (keyhole) surgery. Other ongoing projects include Health and initiatives to reduce Maternal Mortality. In addition, a project has been running successfully to support neonatal (newborn) care in collaboration with The World Health Organization and the Ghanaian Government. The team is pleased to report the construction of a medical laboratory which is approaching completion. This laboratory will be serving a large population and will allow blood tests to guide clinical care in order to improve standards significantly.









THE GAMBIA, CARING FOR 160
PATIENTS PER WEEK

GUATEMALA

1920
PATIENTS RECEIVED
MEDICAL, DENTAL AND
PEDIATRIC TREATMENTS

The Gambia

A medical team from the UK team visited The Gambia for an assessment in March 2013. This involved meeting the Hon. Minister of Health, Dean of the only Medical School in the country as well as various healthcare workers at all levels in the the Royal Victoria Teaching Hospital (RVTH) along with several other peripheral medical units including Serrakunda, Talinding and Fajikunda Hospitals.

Together with local clinical leaders and healthcare workers, HF has identified key areas of development including emergency medical care, trauma management, chronic diseases and oral surgery as well as system improvements in pre-hospital care, triage, referral pathways and medical education. A Memorandum of Understanding (MOU) was signed between HF and the Royal Victoria Teaching Hospital (RVTH) in Banjul to work together on improving medical care. The HF team spent time with the statistics department to review mortality and morbidity rates in order to develop an analytical approach to improve standards. In addition, HF ran training sessions on Trauma Care, Emergency Management and Striving for Excellence. The team worked in the RVTH and Talingding Hospital for 8 weeks managing outpatient clinics (160 patients per week), caring for inpatients (30 per day) and running regular lecture-based and clinical teaching offered to the clinical and nursing staff.





Mali

A US team of 8 medical personnel conducted 2 medical camps in Mali. Free medical checkups were provided to the new HF Primary School students. Over 700 patients were treated on the visit.

Panama

Dr. Clayton Bell led a medical mission from Global Medical Brigade to Panama in January 2012. The team served over 500 citizens in a remote Panamanian village in the Darien Province of Panama. The team included an oral surgeon, dentists, group of physicians and an ophthalmologist. Other volunteers were premed and pre-dental students from Chicago's Loyola University and Duke University and this opportunity not only serves to provide service but also a unique experience to trainee doctors.

Guatemala

A team of 3 Physicians, 1 Dentist and 15 medical students from Michigan University visited Guatemala on 7 day Medical Mission in March 2012 with another team completing a five day mission in March 2013. 1920 patients in 2 villages in the district of Masagua received Medical/Dental and Pediatric treatments.





A FURTHER

6

PRE-DEPLOYMENT UKIETR TRAINING COURSES HAVE BEEN RUN

LIBERIA -

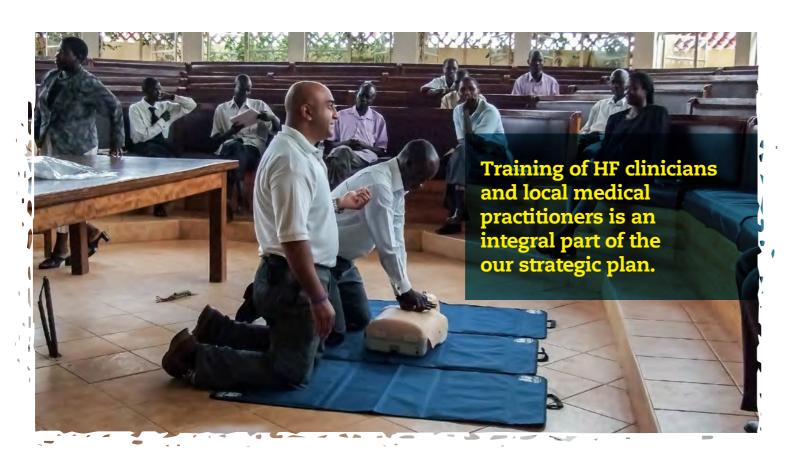
HF US MEDICAL PERSONNEL TRAVELED TO GHANA AND LIBERIA TO TRAIN LOCAL CLINICIANS

Training

Effective training can only be implemented with trainers who are up-to-date with the latest medical knowledge and information.

HF Medical doctors are expected to have an understanding of working in areas lacking modern hospital facilities, one particular aspect of which being safe administration of medicines and operations in the field. HF has carefully formulated a curriculum and syllabus for Disaster Response Training and has now published the third edition of our Disaster Response Manual. Over the past year HF has run courses to train doctors and medical practitioners joining the Humanity First team in the UK and Canada.

The Humanity First team also received a request to run a training course for the UK Department for International Development (DFID) on behalf of the Government, in conjunction with UK Med and the UK International Trauma Register (UKIETR). 19 hospital based specialists and consultants in the UK who attended the course gave extremely positive feedback. The course was run by the HF at the UK Fire Service College training site in Moreton-in-Marsh from July 13th -15th 2012. A further 6 pre-deployment UKIETR training courses have been run with the support of Humanity First. UK Med has requested further help in the establishment of an "Under Canvas" course to help clinicians prepare for deployment to disasters in austere and challenging environments. Training of HF clinicians and local medical practitioners is an integral part of the Humanity First strategic plan as we recognise this to be the means to help local communities self-sustaining their medical care.



Liberia

A team of 13 HF US Medical personnel traveled to Ghana and Liberia from May 5-17, 2012 to train local clinicians. A Continuing Medical Education (CME) program was offered in Phee Bee Hospital in Monrovia, Liberia, Korle Bu Teaching Hospital, Ghana. Training included assessment and treatment of Inguinal Hernias, Paediatric Hernias and safe administration of Spinal Anaesthesia.



Gift of Sight

The aim of the Gift of Sight project this year was to conduct 1000 operations. The HF Gift of Sight team is now not only offering surgery for Cataracts but also for Pterygium, a completely new service started in 2012. Pterygium is an eye condition which can cause blindness. The conjunctiva can excessively grow into the cornea the cause for which is often unknown. The only cure in advanced cases is surgery.

The US Gift of Sight team organised the first camp in collaboration with IPC in Huehuetenango, on August 16-18, when 32 operations were performed.

The next camp involved assessment and screening of 90 patients. During the three days of surgery at the Gift of Sight camp, the medical team and volunteers treated and performed operations on 45 patients. A final clinic was held on November 22-24, in Huehuetenango where 19 surgical procedures surgeries were performed, completing a total of 92 operations which were performed.

A total of 387 Guatemalans population benefitted from the Gift of Sight clinics. The HF clinic in Ouagadougou in Burkina Faso continued to deliver over 1000 cataract operations, and over 100 operations each were conducted in Sierra Leone and Benin.



34 HUMANITY FIRST 2012

ACCOUNTS

2012 Global Financial Data

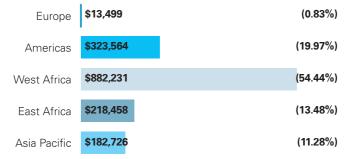
	2012	2011	2010
Income			
Donations	\$1,863,331	\$2,017,274	\$3,438,682
Merchandise Sales	\$49,142	\$4,959	\$76,317
Grants	\$70,992	\$110,152	\$574,518
Fundraising Events	\$173,383	\$85,792	\$156,971
TOTAL INCOME	\$2,156,848	\$2,218,176	\$4,246,487
Expenditure			
Hurricane Sandy	\$51,652		
Congo Brazzaville DR	\$10,034		
Japan Tsunami 2011		\$64,486	
Horn of Africa Drought 2011	\$14,899	\$82,224	
Christchurch Earthquake 2011		\$7,900	
Pakistan Floods 2010		\$362,769	\$700,597
Haiti Relief Projects	\$30,609	\$44,814	\$311,089
Gaza Relief			\$13,883
West Africa Floods	\$2,891		\$51,786
South Asia Earthquake 2005 Rehab			\$30,045
Bangladesh Cyclone Relief			\$18,470
Asia Pacific Relief Projects	\$8,275	\$7,600	\$2,939
Guatemala Projects		\$63,012	\$13,807
Other Relief Projects	\$333,636	\$25,090	\$117,737
Aid Consignments	\$3,169	\$22,158	\$12,770
Feed a Family / Village	\$265,509	\$129,244	\$216,981
Learn a Skill	\$204,026	\$119,589	\$22,554
Gift of Sight	\$91,060	\$94,706	\$26,949
Water for Life	\$215,830	\$181,069	\$297,273
Orphan Care	\$58,036	\$166,984	\$67,472
Knowledge for Life (incl. Scholarships)	\$108,957	\$131,239	\$48,908
Homeless & Social Services		\$948	\$96,669
Agricultural Projects			\$13,386
Medical Projects	\$211,554	\$168,623	\$62,799
Other Projects	\$10,330		
East Africa Projects		\$26,539	
West African Projects			\$40,469
TOTAL PROJECT EXPENDITURE	\$1,620,467	\$1,698,994	\$2,166,584

Other Expenditure			
Administrative Costs	\$175,950	\$135,041	\$137,852
Fundraising & Marketing	\$133,071	\$106,234	\$140,164
Merchandise Assets	\$3,756	\$15,525	\$23,138
Governance	\$10,587	\$10,471	\$17,778
TOTAL OTHER	\$323,364		
Total Other Expenditure	\$1,943,831	\$267,272	\$318,932
TOTAL EXPENDITURE	\$1,943,831	\$1,966,267	\$2,485,515

Notes

- Theses are consolidated global unaudited accounts for 2012. Each registered HF entity provides independently audited accounts in their country of registration in accordance with legal regulations governing charitable organizations and NGO's.
- 2. All accounts are shown in US Dollars.
- The financial data above does not include the value of voluntary hours worked by 2,550 expert volunteers worldwide, or their largely voluntary contributions towards travel and subsistence costs.
- There were 86 permanent or part-time staff working for HF, more than 90% of those indigenous staff in Africa, Central and South America and Asia.

Spend by Region



5 - Year Income / Spend Analysis

Category	2012	2011	2010	2009	2008
INCOME	\$2,156,848	\$2,344,303	\$4,246,487.00	\$1,523,590.13	\$1,148,201.00
SPEND					
Disaster Relief	\$451,996	\$805,753	\$1,245,433.00	\$496,578.00	\$169,500.00
Projects	\$1,168,471	\$1,265,696	\$1,240,082.00	\$619,681.00	\$824,790.00
Admin & Other	\$323,364	\$247,895	\$328,932.00	\$193,626.00	\$232,320.00
Total Spend	\$1,943,831	\$2,319,344	\$2,485,515.00	\$1,309,885.00	\$1,226,610.00

Partners and Collaboration

The following are some of the organizations that have helped us during the last three years and without their support, materials and donations, Humanity First would not have been as successful:

- ABACUS Pharmacy, Abbott, Ace Taxis, Action Medeor, AFC Wimbledon, Ahmadiyya Muslim Jama'at (AMJ), Alcon, Allergan, Amsterdam Municipality, Apotheker Helfen e.V., Aquabox, Arlington Academy of Hope, Ascribe Ltd
- BARAL, Bausch & Lomb, B Braun, Blacks, British Airways, Boy Scouts of America
- Day Lewis Pharmacy, Dedon, Doctors Without Borders, Duke University
- End Water Poverty
- FIMRC, Firestone, Funds Partnership
- Gecco, Global Medical Brigade, Gold Cross Cargo, Go Transit (Toronto)
- Haitian Christian Outreach, Herbert Carnegie Public School, Hewlett Packard (HP), Human Aid e.V. Worms
- IAAAE, ING Bank
- Johns Hopkins University Hospital
- KT Foundation
- Leon's Furniture, Lions Club International, Louis-Honore Frechette Public School, Loyola University Medical Center (Chicago), Lysol
- Medecins sans Frontieres (MSF), Metrolinx (Toronto), Michigan University, Microsoft, Mittal Steel, Morrisons
- National Health Service (NHS)
- OCBC Private Banking
- Petzl
- Red Cross and Red Crescent, Rotary International, RWE npower
- Salvation Army, Save the Children, Service Canada, Swansea University (UK)
- Tesco, The Creative Kitchen, The MI Group, Thomas Cook Airlines, Toronto Transit Commission
- UK Med, United Nations, UNICEF
- Vango, Vaughan Community Healthcare Center
- Walt Disney Co., Welt Hunger Hilfe, Wilsons, World Health Organisation (WHO), World Water Works



Registered Address (HQ)

Humanity First Unit 27 Red Lion Business Centre Red Lion Road Surbiton Surrey KT6 7QD

Office

+44 (0)208 417 0082

Fax

+44 (0)208 417 0110

U.K Charity Registration No. 1149693

Canadian Registration 87254 1040 RR0001

Germany Vereinsregister Nr: VR1118

US Incorporated EIN: 20-0464012

info@uk.humanityfirst.org www.humanityfirst.org

www.humanityfirst.smugmug.com

© 2013 Humanity First International All Rights Reserved

Editor

Fazal Ahmad

Design

Ahsan Khan





