Humanity First

Annual Report 2009

Humanity First is a charitable trust established to promote and safeguard human life and dignity. It is a non-political, non-religious, non-sectarian international relief and development agency that works with the world's poorest and most vulnerable people.

Humanity First was established in 1995, and now has registered operations in 33 countries and projects in many more. Most of our aid workers and the management of Humanity First are unpaid volunteers and our administrative expenses are negligible. We are able to deliver significantly more aid value in the field from the funds we raise through volunteers, collaboration and global sourcing.

OBJECTIVES

- Relieve suffering caused by natural disasters or human conflict.
- Promote peace and understanding based upon mutual tolerance and respect.
- Strengthen people's capacity to help themselves.

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Humanity First at a Glance

- Emergency relief in terms of medical attention, shelter, food and water after man-made or natural disasters.
- Long-term rehabilitation of disaster-struck areas.
- Educational and vocational training in underprivileged countries.
- Supply of food to the homeless, poor and needy families.
- Support for Orphans with their basic provisions, education and healthcare.
- Provision of safe drinking water and sanitation to rural populations.
- Medical camps to provide innoculations, basic triage and minor surgery.

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US Incorporation EIN: 20-0464012

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SERVING MANKIND

Humanity First

Chairman's Review of 2009

2009 was another year of development for Humanity First ('HF'); the number of weather related disasters continues to increase year on year with growing demand for the expansion of our regular programmes globally. HF assisted in the rehabilitation in the aftermath of the humanitarian crisis in Gaza, and responded to a number of moderate natural disasters such as Cyclone Aila, Haiti, Fiji, Samoa, Solomon islands floods, the Philippines landslide and the Sumatra earthquake. Our Disaster Response team strenghtened their logistics, firmed up operating procedures and conducted a number of training courses on disaster management with UK ISAR. Indeed, collaboration was once again a key aspect of our work, with a number of other joint projects with Save the Children, UNRWA, IAAAE and Oxfam in different parts of the world.

Our long-term projects continued to flourish and deliver sustainable results. The two campus facilities in Uganda and The Gambia are rapidly becoming hubs for additional projects. In The Gambia, our Masroor senior secondary school has completed another successful year with encouraging O-level results and we successfully rolled out the innovative Desert Fridge project to a large number of rural farmers who are now able to store produce for much longer increasing their earnings and dramatically reducing food waste. Meanwhile in Budaka in Uganda, we have made significant progress in securing and building our new campus facility. We now have boarding facilities for students who had to travel long distances thus enabling them to focus more on learning.

Our new Nutrition Lab in Ghana is ready to start supporting local hospitals. Our vocational training centres for IT, Sewing and other local requirements continue to be in demand. Whilst we have been supporting orphans for many years with provisions and education, we are now starting to establish our first Orphanage in Benin. In Canada, we are commencing construction of a $2.2M CAD facility for the youth with the support of the Canadian government. Through a number of medical camps organised in West and East Africa, our Medical teams have been able to support the local medical infrastructure whilst also passing on skills and knowledge of the latest clinical procedures from the developed world. In Burkina Faso, cases of cataract are referred to our medical facility in Ouagadougou.

2010 will present new challenges as Humanity First aims to optimise and standardise the quality of governance and performance across all of its registered operations, and moves to establish unified Standard Operating Procedures for all departments. As the scale of our operations grows, we aim to provide a more efficient and responsive professional structure.

However, our main objective is to continue to serve mankind and relieve the suffering of vulnerable people by providing emergency relief and supporting sustainable developments. We want to empower people to help themselves and become independent in their own right.

Finally, on behalf of Humanity First International, we would like to extend our gratitude to all Humanity First volunteers and donors for their continued support. It is the dedication of our volunteers and commitment of our donors & supporters that really makes the difference to the lives of millions of people around the world.

Ahmad Yahya Sayed
Chairman - Humanity First

"2010 will present new challenges as Humanity First aims to optimise and standardise the quality of governance and performance across all of its registered operations, and moves to establish unified Standard Operating Procedures for all departments."

Our Impact in 2009

Provided safe drinking water to **1,679,400** people

20,700 students trained in IT and sewing through our **23** Vocational Training institutes in 12 countries since 2002

21,491 students and **49** schools assisted with facilities and resources.

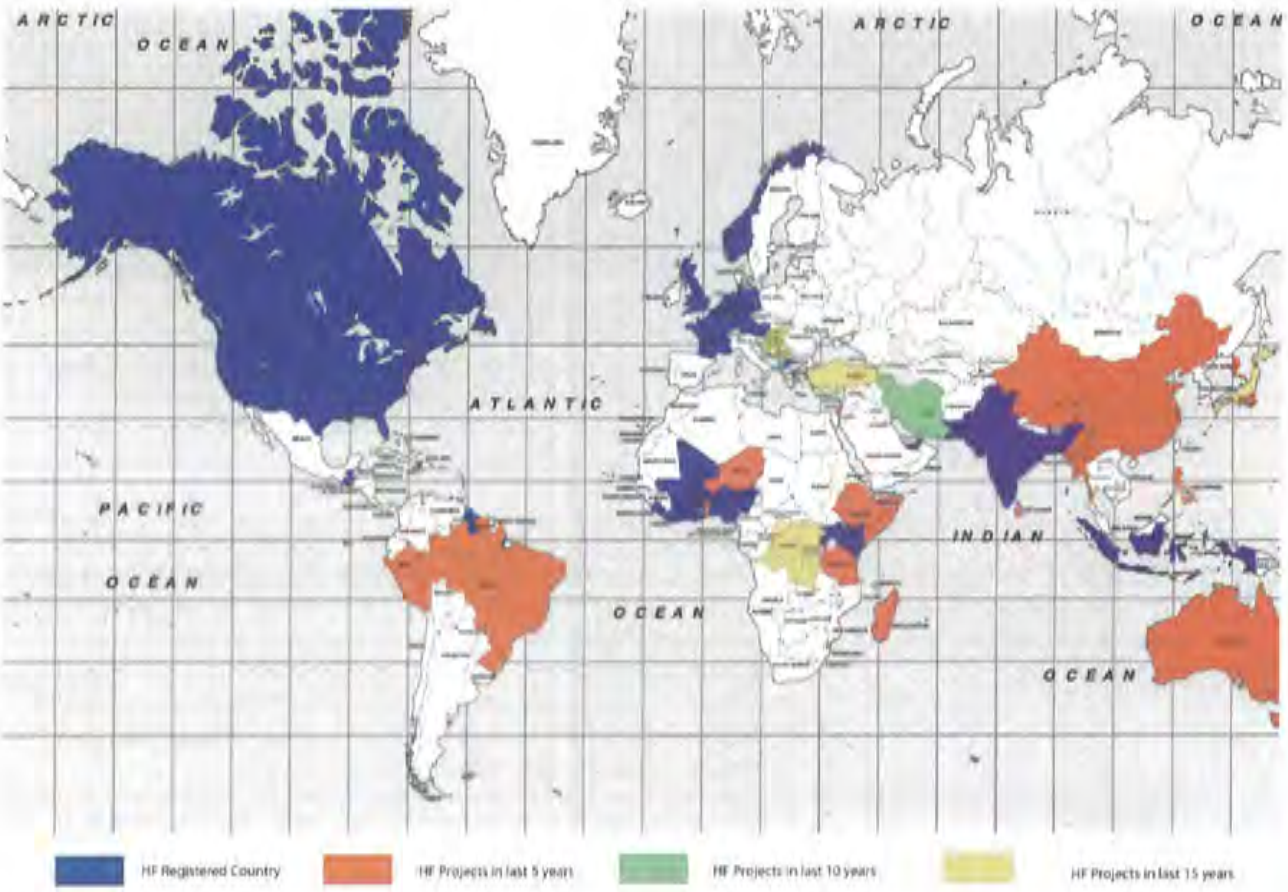
31,120 vulnerable people provided with food and rations through our Feed a Family and Feed a Village projects

5,140 patients treated and 300 clinicians trained in our Medical Camps and Surgical Missions

42,232 social services cases handled

25,146 people provided with relief services following natural and man-made disasters in Palestine, Fiji, Burkina Faso, Pakistan, Benin, Indonesia, Niger and Bangladesh

Global Operations



Humanity First is now registered in 33 countries across 6 continents, and active in 46 countries. This is summarised in the table below:

Region	Registered Countries	Other Project Countries (last 2 years)	2009 Key Projects
Americas	Canada, Guatemala, Guyana, Haiti, USA	Brazil, Peru, Suriname	• Food Bank in Canada • OKOF and Organic Farm in the USA • Torbeck bridge in Haiti
Europe	Austria, Belgium, France, Germany, Macedonia, Netherlands, Norway, UK	Albania, Kosovo	• Hospice Support in the UK • Support for Homeless in Germany and France • Education projects in Macedonia and Norway
Africa and the Middle East	Benin, Burkina Faso, Ghana, Ivory Coast, Kenya, Liberia, Mali, Mauritius, Nigeria, Sao Tome, Sierra Leone, The Gambia, Uganda, UAE	Madagascar, Niger, Palestine (Gaza), Tanzania, Togo	• Gaza War Response • Africa Flooding • Budaka and Yundum Campus facilities • New Orphanage in Benin • Medical Camps • Water pumps • IT and Sewing Centres
Asia Pacific	Bangladesh, India, Indonesia, New Zealand, Pakistan, Sri Lanka	Burma, China, Fiji, Samoa, Philippines, Solomon Islands	• Sumatra Earthquake • Flooding in Fiji, Solomon Islands, Philippines • Bangladesh Cyclone Aila • Help for Homeless and Blind in New Zealand

Millennium Development Goals

Following the establishment of the Millennium Development Goals (MDGs) with an implementation target of 2015, Humanity First's approach has been to provide skills and tools to the local people at grass-roots level, and to enable them to take control for themselves. The table below describes our strategy and approach against a number of the MDGs:

MDG	Target	Humanity First Approach
GOAL 1 Eradicate Extreme Poverty and Hunger	**Target 1:** Halve, between 1990 and 2015, the proportion of people whose income is less than $1 a day	Poverty is the result of ill-health, lack of training, education and lack of resources. HF has used its Feed a Family, Gift of Sight and Learn a Skill programmes to support vulnerable families for a period of time and use that period to improve eyesight and provide vocational training that will help people to have a future income stream. Almost 25,000 people have graduated through our vocational training schemes.
	Target 2: Achieve full and productive employment and decent work for all, including women and young people	HF's vocational training schemes under the Learn a Skill banner are aimed at men and women, and are heavily subsidised (in some cases free) for the most vulnerable people. Other innovative projects such as Desert Fridge have helped poor farmers to get a decent income for their work, and have also enabled local pot-makers to make a trade in the Desert Fridge implementation. Desert Fridge has been cascaded through a train the trainer approach. Another example is Indonesia where we provided bagan rafts to local fishermen.
	Target 3: Halve, between 1990 and 2015, the proportion of people who suffer from hunger	Feed a Family has addressed immediate hunger needs following natural disasters, conflict or for vulnerable families where a local welfare system is not available. However, it is the healthcare and education schemes that are permanently taking people out of poverty. In 2010, we are looking at increasing the scale of the project and are considering a Feed a Village project which we will report on next year.
GOAL 2 Achieve Universal Primary Education	**Target 1:** Ensure that, by 2015, children everywhere, boys and girls alike, will be able to complete a full course of primary schooling	HF addresses this issue in several ways. HF provides long-term support to Orphans, runs a number of schools and also provides support services to over 25 schools across the world. Moreover, HF has been encouraging literacy through the establishment of fixed and mobile libraries and stimulating interest in learning through the Education and Our Kids, Our Future projects.
GOAL 3 Promote Gender Equality and Empower Women	**Target 1:** Eliminate gender disparity in primary and secondary education, preferably by 2005, and in all levels of education no later than 2015	HF has a policy of encouraging girls and women through education and training. In our schools, there are equal opportunities for girls and for women teachers. We run a number of sewing skills centres and vocational training projects that have been geared towards demand amongst local women.
GOAL 4 Reduce Child Mortality	**Target 1:** Reduce by two thirds, between 1990 and 2015, the under-five mortality rate	In both cases, HF has used targeted Medical Camps to provide first world medical, paramedic and dental skills to the developing world. Clinicians regularly go for fortnight spells to conduct clinical work but also to do skills transfer in the latest techniques. HF has also been establishing specialist services such as Nutritional Labs to improve the chances of hospital patients who currently die through a lack of after-care. It is the knowledge transfer (to local clinicians, nurses, police, social workers and teachers) that will lead to long-term improvements in healthcare and life expectancy.
GOAL 5 : Improve Maternal Health	**Target 1:** Reduce by three quarters the maternal mortality ratio	

MDG	Target	Humanity First Approach
GOAL 7 **Ensure Environmental Sustainability**	**Target 3:** Halve, by 2015, the proportion of the population without sustainable access to safe drinking water and basic sanitation	Our Water for Life programme is providing sustainable access to local safe water to over 1.6 million people through rural water hand pumps, water harvesting, water filtration plants and education on the importance of hygiene and sanitation. No single solution applies to all geographies but the portfolio has ensured that appropriate solutions are delivered based on local need. HF has also been training local engineers to maintain facilities as in our experience, a lot of the infrastructure for water stops working within 6 months if not properly maintained and then people revert to river water with the hazards that this entails.
GOAL 8 **Develop a Global Partnership for Development**	**Target 5:** In cooperation with the private sector, make available benefits of new technologies, especially information and communications	HF has been working with partners to ensure that new techniques and technologies in the sphere of IT and Communications, Water, Shelter, Energy, Medical Equipment, Pharmaceutical Drugs and Agriculture are made available along with the appropriate training to ensure effective use in the developing world. In many parts of West Africa, HF's IT Institutes have introduced new technology to local people and have skilled staff for the local Education, Police, Health and Civil Services to the extent that some Departments are now mandating a HF Diploma to work in IT. HF is constantly reviewing new innovative technologies that could cost-effectively transform the lives of local people, and in examples such as Desert Fridge, we have enabled local manufacturing.

Whilst the efforts of Humanity First may appear to be on a smaller scale and can only have a limited effect on the global target, we believe that our approach is sustainable, and evidence in West Africa and Asia suggests that transferred skills are then being cascaded across the community.

Disaster Relief
DR Training Courses

HUMANITY FIRST'S MEDICAL DISASTER RESPONSE TEAM held two training courses in Leicester, England in collaboration with the UK International Search and Rescue (ISAR) team in March and October 2009. The purpose of the course is to train medical and logistical support staff in DR medical practice consistent with international best practice using a combination of lectures and practical exercises involving actors as live casualties. The course was led by highly experienced clinical and non-clinical faculty members in an intensive and interactive manner.

"This course was absolutely fantastic and really challenging. Thanks to all the Faculty members for displaying such a high level of professionalism. Although I am pretty exhausted I also feel that I have gained a real life experience!"

THE FIRST COURSE WAS ATTENDED BY A NUMBER OF UK CLINICIANS, whilst the second course was opened up to clinicians and support staff from the USA and Canada. The course featured evidence-based practice in the areas of disaster classification, assessment, deployment strategy, safety and risk, triage, public health, camp management, paediatrics, surgical and orthopaedic management. Emphasis was placed on dealing with patients with the highest levels of professionalism, courtesy and kindness working with local communities, national authorities and other NGOs in the context of a highly stressful and traumatic disaster scenario.

As the course was hugely successful, plans are in place to run the same format in the USA, Canada, Europe and Indonesia.

GAZA CRISIS

The bombing of the Gaza Strip (Operation Cast Lead) in January led to huge loss of life, casualties and structural damage.

In the end, estimates suggested that **13** Israelis and over **1,400** Palestinians lost their lives.

Over **5,500** people were badly injured, **100,000** made homeless and over **1** million were forced to rely on aid.

A lot of the infrastructure of Gaza was destroyed or badly damaged including over **300** schools, **17,000** homes and much of the water and sanitation network.

Many of the dead were Palestinian children. Families huddled in their homes, basements or shelters for weeks on end as the combatants traded missiles and Gaza was pounded by rockets and bombs.

Humanity First's efforts to spearhead aid to those affected by the conflict were frustrated by political barriers. HF therefore decided to work with major NGO's already working on the ground due to restrictions on access. In the early weeks, HF worked with the United Nations Relief and Works Agency for Palestine Refugees in the Near East (UNRWA) to distribute emergency aid packs to refugees in camps and shelters.

Thereafter, HF worked on longer-term projects aimed at providing hope for the children of Gaza. HF worked with Oxfam to repair clean water and sanitation at a number of kindergartens in Gaza City and Rafa. At one of the kindergartens in the Al Sheikh Radwan district of northern Gaza City, the team repaired the external sewerage, the internal toilets, taps and provided water tanks. The Oxfam country director commented as below:

"Oxfam GB is very happy about this new partnership with Humanity First. We will be working together to provide much needed clean water supplies and sanitation facilities for over 600 children in Gaza." - John Prideaux-Brune, Oxfam GB Country Director, occupied Palestinian Territories and Israel.

HF also set up a Mobile Library project with Save the Children to provide local children with a long-term learning resource, particularly in those areas such as Bait Lahiya and Jabaliya where there had been little or no tradition of reading in the past. Save the Children's Regional Director commented:

"Save the Children is delighted to be working with Humanity First in the region. Our two organisations share common values and a desire to help the beleaguered children of the area to get back into education and training, and we are very pleased with the level of commitment that HF have made to this important programme." - El Khidir Daloum, Regional Director for the Middle East.

By January 2010, the Mobile Library had already reached just over 6,000 youngsters in the Gaza strip.

FIJI FLOODS

In January, the islands of Fiji suffered significant flooding as a result of Tropical Depression 04F which resulted in **12** deaths, **9,000** people displaced and almost **$100M** of damage to the towns of Ba, Nadi, Rakiraki, Labasa and Sigatoka.

Gusts reached 70 mph as the storm resulted in heavy flooding (in some areas, over 3 metres), landslides, heavy crop destruction and damage to roads and houses. This was the worst flooding in their history.

HF New Zealand led the response with support from Australia and other HF operations in North America and Europe. Food parcels were distributed to over 320 displaced people through Lautoka City to villages around Ba. Standard food parcels consisted of 10kg of rice, 4kg of flour, 4kg of potatos, 2kg of sugar, 1kg of Dhal, 1kg of Salt, tinned fish, cooking oil, crackers, tea and noodles. Also, the packs contained Mosquito coils and soap. In some areas, HF were the first agency to get to the victims as a huge rise in water level had made access and driving treacherous. The team visited families in the villages of Moto, China Koti, Kumkum, Naruku, Nadadi, Nukuloa, Vatusui, Pakistan and Talaia. HF was assisted by Air Pacific.

Later that month, a further 126 packs were distributed to villages near Nadi including Leeds, Tramline, Korociri and Kerebula. HF also sent 1 tonne of warm clothing and provided the Fiji Health Minister with guidance on disaster preparation to the extent that a HF representative was asked to sit on the Fiji Disaster Relief Sub-committee for Health.

After the immediate disaster response, HF also assisted farmers who had lost their crops by providing seeds and other requirements to get them started again.

SWAT VALLEY DISPLACEMENT

Fighting between insurgents and Government forces in the Swat valley of North-West Pakistan led to the displacement of over 2 million civilians into makeshift camps in very hot conditions.

HF Pakistan arranged for the distribution of 600 water boxes as well as fans and coolers to make conditions for the refugees more bearable.

SUMATRA EARTHQUAKE

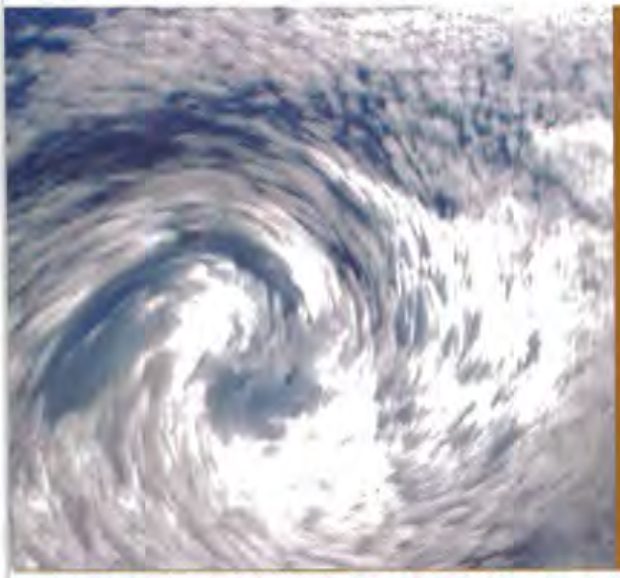
On September 30th, the Indonesian island of Sumatra was struck by an earthquake of magnitude 7.6 just after 5pm local time north-west of the city of Padang (pop. 800,000).

The next day, a further quake of magnitude 6.8 struck just before 9am in the same location. Tremors were felt as far away as Jakarta, Singapore and even the Malaysia mainland.

The earthquakes killed over 1,100 people with a further 2,900 injured. Over 1.2 Million people were displaced as over 250,000 houses were damaged. Many roads were ripped apart and a lot of the basic infrastructure was affected.

A HF team did an assessment via Pekanbaru and whilst most aid agencies went into Padang itself, HF Indonesia decided to focus on the coastal town of Sungai Limau near Pariaman.

Over 4,000 people had been left homeless, so HF established a soup kitchen providing hot meals and drinks to over 700 survivors whilst a small team of doctors followed to support basic triage in the region for over 300 victims. Meals were delivered directly to victims in their tents. In an effort to cheer up the local children, a local comedian Doyok was also called in to visit the camp later that week and helped to lighten the mood. A temporary toilet and bathing facility was also set up at the camp until sanitation was restored to the area.



CYCLONE AILA

Cyclone Aila struck India and Bangladesh in late May, killing 330 and leaving a further 8,208 people missing and over 1 million homeless. There was a deadly outbreak of diarrhea which affected over 7,000 people. In Bangladesh, the worst affected area was around Chittagong.

Humanity First Bangladesh supported by Canada organized relief efforts in response to the cyclone. Working through local authorities, HF decided to focus in June on the villages and towns of Gabura - Shymnagar, Gharilal – Koira, Padma Pukar and Jatindranagar.

A team of 18 including 2 doctors were supported by 10 army personnel who provided logistics and security. Medical camps were established in Gabura and Gharilal where 800 patients were treated. Tents for temporary shelter were provided to 200 families in the area. Other items including pots, pans, plates, glasses, clothing, water jugs and hygiene supplies were distributed to hundreds of families.

As part of the longer-term rehabilitation, 17 homes were reconstructed for families in Jatindranagar and a further 15 cyclone-proof pakka homes had already been built on the island of Rangabali where HF had previously responded to Cyclone Sidr in 2007. Those 15 homes survived the latest Cyclone and provided emergency shelter for 500 people on the island. In total, HF assisted over 1,600 people.

OTHER DISASTERS

HF also responded to other disasters such as the floods that struck Burkina Faso, Ivory Coast and Niger. Aid was delivered via UNICEF to the Philippines and the Solomon Islands following tropical storms.

The island of Samoa was struck by an earthquake of magnitude 8.3, followed by a tsunami on September 30th, the same time as the Sumatra Earthquake struck in Indonesia. 200 people were killed and there was tens of millions of dollars of damage. HF New Zealand made a contribution of NZ$20k to the Samoan Prime Minister's fund.

In Burkina Faso, the capital was struck by the worst flooding in decades in September, in which 8 people died and 150,000 were made homeless due to the heaviest rainfall for 90 years. HF provided 8 tonnes of maize and 2 tonnes of rice to support the homeless families, and also gave vouchers to local authorities for free medical referrals to the medical centre in Somgande. Over 600 patients were treated from the flooding. 20 tonnes of food aid was distributed in the Agadez region of northern Niger and 1,500 items of clothing were also distributed. A further 15 tonnes of food was distributed to victims in Benin as well as 2,000 litres of cooking oil.

Post-Disaster Rehabilitation
Disaster Relief covers just the immediate aftermath of a tragedy.

In most cases, HF then look at longer-term projects to rehabilitate a population.

After the Kashmir earthquake, HF built a neurosurgery unit at the hospital, rebuilt schools and provided permanent water infrastructure.

Haiti continued to be struck by Hurricanes. As part of the longer-term relief efforts in the country, HF built a bridge for 14,000 people in the village of LaHatte near Torbeck. These people get cut off in the rainy seasons every year, but now the villagers have year round access to the mainland with a daily bus service which will enable them to earn a living and reduce poverty locally. The new bridge was opened on August 23rd and is already making it easier for people from the village to gain employment and income to lift them out of poverty.

After the Asian Tsunami, HF provided water facilities and vocational training. In 2009, 5 years after the Tsunami, HF continues to provide services, and has now committed to provide tuition and boarding for 86 orphans. In addition, sports and computer equipment is being provided to 2 orphanages which will benefit 500 orphans during 2010.

UPDATES in brief

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"...HF has established an organic farm to provide subsidised high quality organic fruit and vegetables for low income families of the area..."

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"In 2009, HF established links with the Shooting Star Children's Hospice based in Hampton, West London. ... HF has been helping raise funds, and also seeking volunteers to cover a range of roles."

Page 23

"HF has also been active in support of the homeless ... the Government of Canada and the Government of Ontario awarded HF Canada a grant of $2.2M CAD to build a new Community Centre ..."

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"In Germany, HF has helped organise charity walks... Some of the local beneficiaries have included 400 homeless people in towns north of the city of Hamburg. ...In Macedonia, HF continues its educational support projects through which books were provided in 2009 to 150 under-privileged children...."

USA Update

The HF USA team continued to respond to natural disasters in the USA, but also enhanced the Our Kids, Our Future (OKOF) program which seeks to empower the community, school staff and students at some of the worst resourced schools in the country. HF is awarding mini-grants to local schools to enable creative teachers to bring innovation to their classrooms and enthuse their students.

As part of OKOF, in San Jose, HF is working with teachers and parents at Franklin Elementary and Success Academy to organize "Small Learning Communities", a collaborative forum of teachers and motivated parents to develop educational curriculum and programs aimed at improving the educational levels of students of a specific grade. Franklin serves 760 students, largely from Vietnamese and Hispanic backgrounds. The pilot has been very successful as the school principal comments:

"The funds provided by Humanity First will be used to meet the goals of community involvement for our school. The assistance of Humanity First has enabled this school to accomplish far more than it otherwise could have."
Cesar Torrico, Principal Franklin Elementary

Success Academy is a new school in a low income residential area serving 230 students from Vietnamese and Hispanic origins. Again the school has limited resources with no playground and only portable classrooms.

"In addition to attending many wonderful reading workshops, we were able to spend time in the evening discussing our school vision and ways to improve the school."
Linda Sizelove, Principal SUCCESS Academy

Similarly in New Orleans, OKOF is awarding grants to motivated teachers seeking to improve the overall educational experience of students in underserved areas. One such project 'Overcoming Adversity' will be run at the Excel Academy from spring 2010. It will encourage goal-setting, positive decision-making and responsibility among vulnerable youths at risk of incarceration.

In St. Louis, amongst the abandoned houses and broken pavements of the Walnut Park community, HF has established an Organic Farm to provide subsidised high quality organic fruit and vegetables for low income families of the area. The organic farm will serve several purposes including a source of exercise in growing and tending the crops, a source of natural beauty and tranquility and a source of education on healthier eating. It is hoped that the farm will be a beacon for a better lifestyle in the area. So far, crops which have been planted include tomatoes, cucumbers, eggplants, peppers, onions, radishes, spinach, corn, potatoes, strawberries and watermelons. Local people helping to tend the farm take some of the produce, while the sale of some of the fruit and vegetables from an early harvest is reinvested as seeds and other materials for the farm.

Weekly soup kitchens have been running for the homeless in Philadelphia. In the longer term, HF USA is considering options for a Food Bank similar to the Toronto project. Elsewhere, HF USA made a donation to the Maryland Crime Victim Fund which aims to ensure that victims of serious crime are treated with dignity and compassion through a range of support services.

UK Update

In the UK, HF continues to expand its relationship with local agencies providing specialist care complementing the NHS. In 2009, HF established links with the Shooting Star Children's Hospice based in Hampton, West London. The Hospice provides fantastic care for young patients and their families either around respite care, or end of life care. HF has been helping raise funds, and also seeking volunteers to cover a range of roles.

HF's Project Manager Vali Dean tragically had to use the Hospice during 2009 and said the following about his new role:

> "The Shooting Star Children's Hospice provides support and care for children who have limiting life conditions plus offers support and comfort to their families. These services are offered free of charge all year round. My Daughter, Daneen Dean, who contracted meningitis when she was 1 years old, was well looked after by the Hospice in her short life that she had. Both me and my wife were also cared for and given support throughout, along with our daughter, by the Hospice. After the sad passing away of my daughter (aged 17 months), I wanted to do something for the Hospice and also in Daneen's honour. We introduced Humanity First to the hospice and now, on an ongoing basis, we provide support to the Hospice by way of providing volunteers and donating money to the Hospice so that it can continue providing such an important service which is very much needed in society today".

HF has also been establishing links with hospices in Southampton, Guildford and Stevenage, and maintaining our efforts with social services in Greater Manchester to support youths with learning disabilities.

HF benefited from 2 large charity walks held in Yorkshire and London in 2009 as well as numerous summer fairs held across the country such as in Windsor and Stevenage.

HF has also been developing much closer relationships with DFID and with other NGOs that we work with in the field including Aquabox, Care International, Oxfam, World Water Works, various branches of the Rotary Club, WaterAid and Save the Children UK. In some cases, these have already been operational such as the response to the Gaza War, but others are expected to bear fruit in the coming years.

In terms of fundraising, a number of schools and young schoolchildren in Yorkshire, Greater London, Northamptonshire, Surrey, East London and elsewhere have been actively raising funds through a number of initiatives such as dress down days, cake sales, charity barbeques, cycling and sponsored activities. Volunteers have also been working with supermarkets such as Morrisons and Tesco to pack the bags of shoppers in return for donations, and in the process, have helped to raise the profile of the charity with the general public. We rely on efforts of individual donors and their initiatives, and are hugely grateful to them for every penny raised.

Canada Update

HF Canada continues to grow from strength to strength. The Food Bank continues to support vulnerable families in the Greater Toronto Area, York and Windsor and operates in office hours 7 days a week. Packs of non-perishable food lasting 2-4 weeks are provided, and needy families can register by phone, online or by calling in to receive a pack of supplies with no questions asked. A typical hamper contains items such as tinned food, pasta, flour, rice, sugar, cereal, juices, tea, coffee and some snacks. Many food items are donated by retailers and individuals in response to HF Food Drives, where specific items are requested for the Food Bank. During November and December, 500 volunteers collected 165,000 lbs of food as part of a Food Drive across Canada.

Food Bank has been aimed at the vulnerable including low income families, people on ODSP or Social Assistance, new immigrants, the elderly, the homeless, students in debt, bed ridden patients, people unable to work, people battling abuse, the less able or anyone going through a difficult time. For those that cannot travel to the Food Bank (such as those with mobility issues), HF delivers to their door. The Food Bank is also supporting homeless shelters, neighbourhood centres and unemployment referrals.

In 2009, the Food Bank served approximately over 7,200 clients. Feedback on the service has been very encouraging including the following comments:

"I don't know if you get many thank-you's in your job, but I just feel you deserve it! A grateful heart has lots of room for happy thoughts and joy to bloom. So thank you for the special way you added sunshine to my day!" – Elaine Shofer, Thornhill

"The Humanity First Feed a Family Program is very supportive and helpful, especially at a time when I'm laid-off and the bills keep increasing. The support I receive helps me get food on the table for my family, and I can't thank you enough!" – Leo Braslavsky, Vaughan

HF has also been active in support of the homeless particularly in the Yonge and Dundas areas of downtown Toronto, and apart from providing blankets and warm food, HF has also been assisting new immigrants with guidance to prevent them from falling into the spiral which ultimately can lead to them living on the streets.

Following the success of Food Bank and the Homeless projects in Toronto, the Government of Canada and the Government of Ontario awarded HF Canada a grant of $2.2M CAD to build a new Community Centre including sports facilities and a range of social services projects to support new immigrants, the youth, the elderly and the unemployed.

Europe Update

In Norway, Humanity First helped organise a charity walk in Alna near Oslo in partnership with Hafslund (national energy supplier), Coca Cola, Dezign Mobler, Donia Interior Hus, Stiftet V-I-F (largest Football club in Oslo), Officewellbeing, Proiweb and the Nord cricket team. Over 150 walkers took part in a very successful event, and as a result, during 2010, three schools in the area are being provided with various resources such as sports equipment to benefit over 1,000 local students. HF Norway is also looking at other local projects in consultation with authorities and youth groups.

In France, Humanity First has been active in running soup kitchens for the homeless, and also distributed hygiene products to them at one of the Paris railway stations. Packs of food and hygiene products have also been distributed once a month to poor families in Sarcelles near the HF France office. The team also raised funds for the ARSEP (Association for MS Research) association through a charity walk that was held in the Forest of Montmorency.

In Germany, HF has helped organise charity walks in Neuwied, Osnabrück, Wiesbaden and Groß-Gerau supported by a number of partner organisations with a participation of around 500 people. Some of the local beneficiaries have included 400 homeless people in towns north of the city of Hamburg. In 2010, HF Germany is also planning to distribute clothes to the homeless on a long-term basis in Frankfurt city centre, and also planning the distribution of hot meals.

In Macedonia, HF continues its educational support projects through which books were provided in 2009 to 150 under-privileged children from grades 1 to 8 in the country in the towns of Strumica, Delchevo and Berovo. In recent years, similar work has also been done in Kosovo, Bosnia and Albania in the Balkans region and stems from HF disaster and rehabilitation work in the region dating back to the Bosnia war of 1992.

Humanity First also continues to attract attention and support elsewhere in Europe including in Denmark, Ireland, Netherlands, Italy, Switzerland and Sweden.

Feeding the homeless in Germany

Long-Term Projects

MEDICAL ASSISTANCE

Our medical team from around the globe has become increasingly proactive in delivering services in the developing world. Whilst HF has built a strong team of doctors able to go out in response to major disasters, there was also seen to be a major need in the developing world to improve the quality of healthcare for the general population. HF has a number of programmes in place to address this in various parts of Africa.

Health systems infrastructure improvement is a high priority for Humanity First globally. In Ghana, Humanity First teams from the USA and Ghana are involved in a pilot project to improve the medical diagnostic laboratory capabilities of a district hospital. The Doboase District Hospital serves a rural population in the western region of Ghana where HF is building a laboratory immediately adjacent to this rural hospital in order to help provide desperately needed diagnostic laboratory services for the citizens in that community. The laboratory building is almost complete, and once ready, the technical team (which is a cooperation between Humanity First UK and USA) has selected the laboratory equipment that will be installed in the building. It is anticipated that the project will be completed and be operational later in 2010. Initially, Haematology and Chemistry testing will be available and will support around 900 patients per month.

In August, a Humanity First USA twelve-member team arrived in Ghana to help improve the standards of surgical care by providing additional training to surgical providers at the University hospital as well as rural hospitals. The team spent two days at the Korle-Bu Teaching hospital which is the main hospital in Accra and a paediatric surgeon and adult surgeon taught a course in paediatric laparoscopy. They also assisted the local surgeons in starting their paediatric laparoscopy program which had been in planning for almost two years.

The **Gift of Sight** programme continues to deliver hundreds of Cataract operations in Burkina Faso. The people most affected are those in the Sahel region of north-east Burkina Faso and across the border in Mali and Niger. In these areas, the heat, dust, wind and lack of water and sanitation contribute to an extreme of conditions affecting eyesight, yet our programme can restore sight at very low cost using HF's suite of eye surgery equipment.

Medical Camps have been run in a number of countries including Ghana, Togo, Sierra Leone, Niger, Benin, Burkina Faso, Mali and Uganda. In Benin, 2,200 patients were assisted in medical camps including some cataract and hernia operations.

Medical Camp - Mali

Medical Camp - Ghana

Medical Camp - Uganda

This involved an extensive equipment review as well as preparation of the local surgeons through a 2-day course. This program is successfully ongoing at the present time.

Burkino Faso

Subsequently the team traveled to three different rural hospitals in Asakore, Kokofu and Daobase, the major purpose being to help local surgeons improve the standards of surgical care. This has been an ongoing project for almost the last ten years as components of the HF USA team have been going to Ghana for that duration. Over 40 procedures/operations were conducted. Among the more notable cases, there was a cleft lip repair in a three year old girl as well as a skin graft that enabled an eighteen year old boy to regain use of his hand. This mission was self-funded.

Humanity First receives unused medical supplies from Johns Hopkins University Hospital that would otherwise be wasted in the system and ships primarily to West African countries and other underdeveloped nations. HF continues to build its medical inventory and focuses on high value items or those not available in local markets to hospitals. In conjunction with the SHARE program, a container consisting of 100 boxes of medical supplies and equipment were sent to Liberia to support a medical clinic outside of Monrovia.

In Uganda, HF has begun an assessment of healthcare provision at national, district and rural levels with a focus on Emergency Care, Maternal Health, Neonatal Health, Chronic Diseases and Disaster Response. 2 trips were conducted in August and November. The visits took in Mulago Hospital in Kampala as well as district hospitals and medical facilities in Mbale, Budaka and Sironko. The team has been working to do skills transfer in Basic and Intermediate Life Support to local clinical teams as well as the police force, which is often first on the scene at incidents. The hospital in Mbale is expected to be used in 2010 as a centre of excellence for the delivery of high level emergency care.

During the visit, the team unfortunately came across a fatal coach crash and followed the patients to the local district hospital. The hospital team asked for assistance in planning and managing the triage process and handling resuscitation and will now follow the processes laid down for future emergencies.

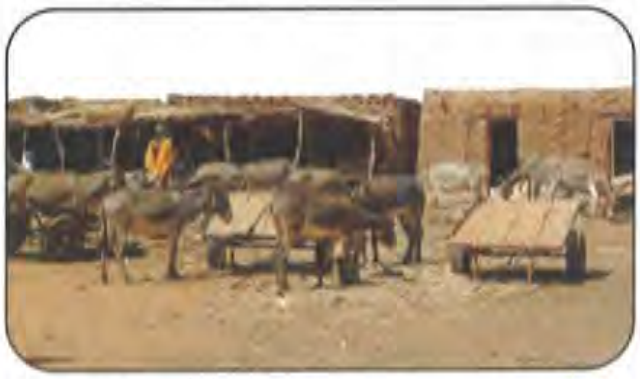
AGRICULTURAL PROJECTS

HF Liberia established a Cassava processing plant in Lyean Town in Bomi County which was inaugurated in February by the Information Minister Hon. Laurence Broplah. The plant is aimed at poverty reduction to help local farmers to become independent. Where previously the local farmers would get a very low income from selling raw Cassava to middle men, they can now take their produce to the HF plant where it is processed and they contribute a small proportion of the processed Cassava to HF to help maintain the facility. In addition, a vehicle has been provided to support the transportation of processed cassava.

HF began deploying the innovative Desert Fridge solution at the end of 2008 and has focused on deployment across The Gambia during 2009. The system made of two earthenware pots and wet sand allows fruit and vegetables to be stored for more than 2 weeks thus greatly reducing the 40% of food that used to be wasted due to heat, and allowing farmers to sell their produce at market with much greater returns for their labour. During 2009, HF has worked hard to train hundreds of local pot-makers in how to build the Desert Fridge, and also educating rural farmers on the benefits of the system. Those that were trained have continued to produce Desert

Fridges not just for their own villages, but are now reaching markets in neighbouring Senegal.

Links have also been established in Gambia with the National Agricultural Research Institute (NARI) to research and prototype new variants and to study the socio-economic impact of the project on the rural community. In 2010, HF is working on rolling out Desert Fridge to Mali, Ghana and Ivory Coast in West Africa, and assessing the potential impact in other countries in Africa and Asia where the hot climate would support such a system.



HF is also considering project opportunities to train villagers in better irrigation and livestock management techniques. We are also about to pilot a programme called Feed a Village in which we will provide an irrigated piece of land (probably using the drip irrigation technique which requires less water and gradually keeps the land fed), tools and seeds. Local villagers will be encouraged to work the land and will then keep the majority of the produce for themselves, whilst a smaller proportion will be kept for the more vulnerable members of society through Feed a Family. Such a scheme has already started in the village of Fabaina in Sierra Leone. This village of 500 was occupied by rebels and devastated during the war a few years ago and only the weak remained. HF is encouraging them to grow Cassava and will be providing them with a grater to convert it into *garri*, a form of tuber which has a longer shelf life. The harvest is given free to the villagers.

In Benin, HF has selected a 5 acre plot near Manigri for the construction of a farm which has been cleaned and fenced. Already, 2 cows, 5 goats and 4 beehives have been set up on the farm. As reported earlier, after the Fiji floods, HF gave assistance to farmers that had lost their crops to get them started again for the next harvest.

WATER FOR LIFE

Water is an essential resource for life and good health. A lack of water to meet daily needs is a reality today for one in three people around the world. 40% of people across the world lack proper sanitation.

Globally, the problem is getting worse as cities and populations grow, and the needs for water increases in agriculture, industry and households.

Humanity First is dedicated in providing resources to access water in remote areas to provide this basic necessity to humankind. The Water for Life Project that follows shows some of the developments being made in this area.

WATER FOR LIFE

The Water for Life project continues to provide safe drinking water to the most vulnerable in the world. HF has now established or refurbished over 400 hand-pumps in Latin America, Africa and Asia working with IAAAE, and also set up water filtration and pumping plants. A breakdown of projects and estimated beneficiaries is provided in the table below:

Region	Countries	Types of Water Projects	Number of Installations	Estimated population benefitting
Americas	Brazil, Haiti	Water filtration units (mid-size)	2	5,000
West Africa	Benin, Burkina Faso, Ghana, Ivory Coast, Mali, Niger, Nigeria, Sierra Leone, The Gambia	Hand-pumps, gravity fed water projects and water harvesting	392	394,000
East Africa	Kenya, Uganda	Hand-pumps	2	1,500
Asia Pacific	Indonesia, Pakistan	Hand-pumps, Metro Filtration plants	42	1,278,000
		TOTAL	438	1,679,400

There is a difference between the smaller hand-pumps being deployed in West Africa, and the larger filtration units and plants being deployed in the Americas and Asia where the size of metropolitan communities warrant that type of technology. HF is trying to apply the appropriate technology and strategy to suit the climate, geography and population demographics.

In some cases, HF has been building gravity fed systems such as for Kenema town in Sierra Leone. In 2010, HF is planning new wells in Guatemala.

In addition, HF has been deploying water pumping and treatment plants and where the geography allows, spring water protection and water harvesting solutions. HF has also been exploring innovative filtering solutions for individuals that would enable them to safely drink water from contaminated sources.

LEARN A SKILL

Humanity First has been running a number of IT training institutes across Africa and in some parts of Asia, Europe and Latin America for a few years. The maturity of the program is reaching a new level now that HF has agreement from Microsoft to be able to offer Microsoft Certified (MCSE) training. During 2010, we also plan to improve the quality of the hardware and connectivity, and also the quality of training materials at each of our centres.

The HF IT centres are established based on local demand, so some of the original centres have closed down as other centres open, and it is heartening that some of our old students have opened their own centres now, so the knowledge transfer has been working! We are constantly assessing demand and also changing the scope of our training to provide for new demands.

A new IT centre is being established in Sao Tome and already 100 computers have been shipped from Germany. 70 will be provided to schools and 30 to the University of Sao Tome. During 2010, a team of IT experts is going there to establish local trainers. New centres are planned to be opened in 2010 in Burkina Faso.

A summary of our IT program is shown in the table below:

The 6 Sewing Skills centres in Burkina Faso, Sierra Leone, Benin and Mali continue to provide tailoring training to over 750 young women each year. A typical course lasts 6 months and starts off with basic garment sewing, followed by design and production of fashionable clothing. Some of our centres are now considering investment to allow specialist training in embroidery as well. Most of the girls get employment in factories. Local fundraising is helping to provide machines for some of these girls to help them set up in business.

It is heartening to see so much ambition amongst the girls and women at the sewing centres in Burkina Faso. Christiana is planning to emigrate and open a boutique in Algeria. Some of the ex-students such as Sylvie who graduated in 2005 have been successfully running a business from home and sewing 5-8 suits per month. Aminata graduated in 2007 and now has taken on a second person at her shop at home. Between them, they produce 30 garments a month and outsource the embroidery to other local women.

HF is constantly assessing other local needs for Vocational Training and is supporting local initiatives around brick making, bee keeping, building trades such as electrician training, plumbing, carpentry, welding and even livestock management.

Region	Countries	Number of IT Centres	IT Students	IT Graduates
Americas	Guyana	1	50	150
Europe	Kosovo	0		50
West Africa	Benin, Burkina Faso, Ghana, Ivory Coast, Mali, Niger, Nigeria, Sierra Leone, The Gambia	14	1,127	18,952
East Africa	Uganda	1	80	507
Asia Pacific	Indonesia	1		100
	TOTAL	17	1,257	19,759

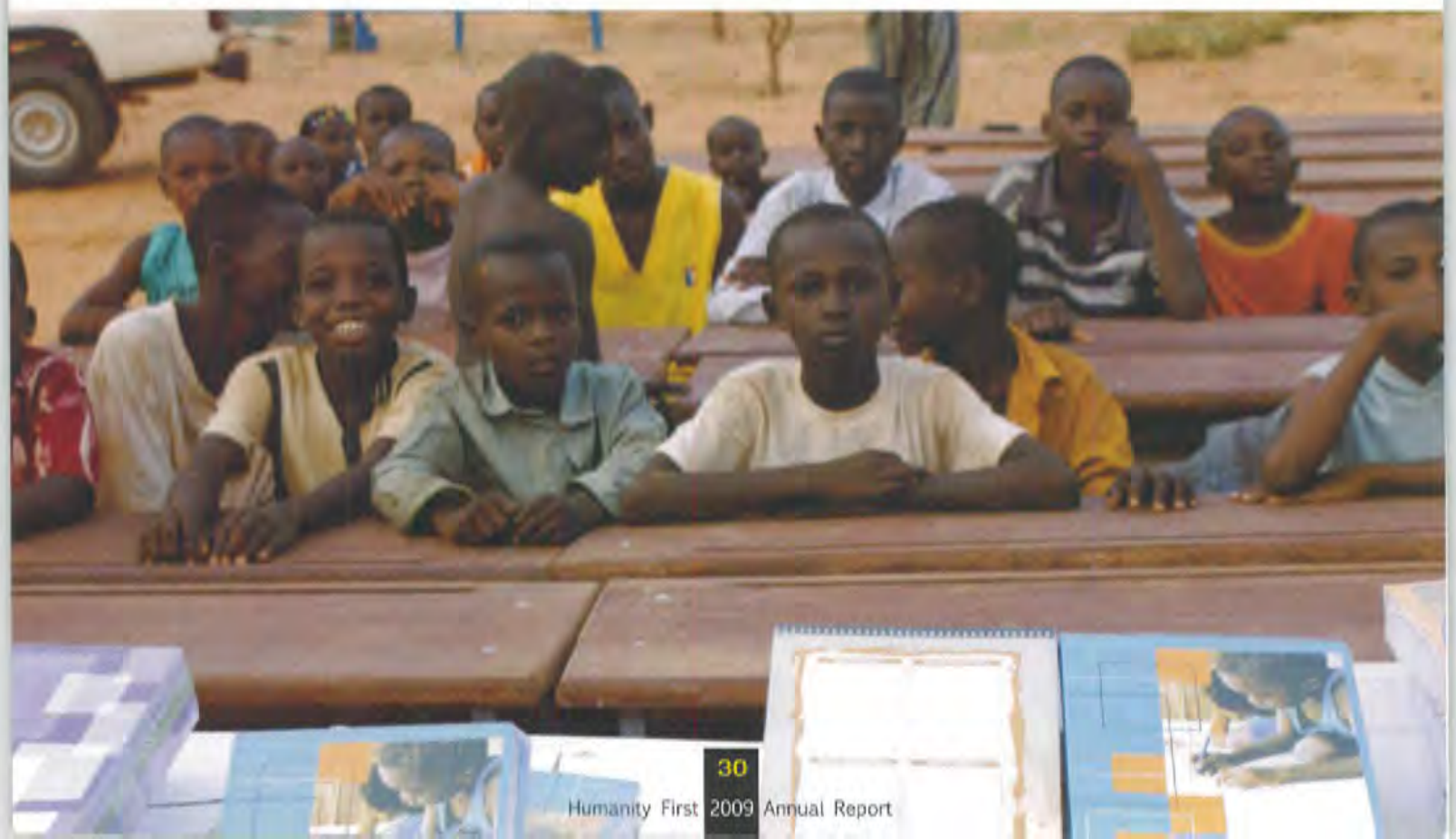
EDUCATION

It is essential for schools to have decent libraries to encourage literacy and learning. However it is shocking to see the lack of available texts for schools in Africa where often one text for an entire class is considered a luxury. HF has been sending out used school text and reference books from Europe to African schools where they complement the local curriculums.

HF is now considering setting up shared educational services on our own campuses such as state of the art science labs and libraries to support a number of local schools, and the reaction of local school principals has been very encouraging.

Other local initiatives continued in 2009. On the island of Sao Tome, HF distributed 900 school uniforms to children in 15 schools. In Macedonia, books were provided to 150 under-privileged children from grades 1 to 8. In Sierra Leone, HF donated notebooks and writing materials to 15 primary schools including Our Lady of Fatima Primary School in Makeni.

The Masroor Senior Secondary School in Yundum, The Gambia, continues to develop and thrive supporting 837 students of whom there are 454 boys and 383 girls. The school now has 18 staff and is operating 2 shifts to accommodate the demand. Results for the 2009 examinations assessed by the West African Examination Council showed that in subjects such as Health Science, Business Management, Geography, Agricultural Science, Biology, History, Government and English Literature, over 75% of the pupils sitting exams passed.



SOCIAL CARE

HF has started to establish an Orphanage in Benin. So far a property has been assigned and cleaned and is being extended. Whilst the orphanage is being set up, 50 orphans have been sponsored for their education. Orphans are also being supported in Haiti, Sierra Leone, Indonesia and Burkina Faso.

In New Zealand, HF conducted a 'Walk for the Blind' and raised thousands for the NZ Foundation of the Blind. HF is also working on a pilot programme in the suburb of Manurewa in Auckland to provide breakfast to schoolchildren for a year. Most of the children come from under privileged backgrounds, so the assistance is appreciated. Elsewhere, HF has continued its assistance to the homeless in NZ.

FEED A FAMILY

The HF Feed a Family program began a few years ago to support the most vulnerable where local social services cannot help them from falling into poverty. In Canada, this continues through the Food Bank, which serves poor families in the Greater Toronto Area.

However, the focus is shifting to community programs to empower and assist a larger number of people out of poverty. An example in the USA is the Organic Farm, but HF is also looking into similar small scale agricultural projects in Africa to provide a sustainable source of fresh food for the poorest people who have no land or resources of their own.

The concept of food packs is still being used to support the aftermath of disasters such as the Fiji floods or the Gaza War where HF worked with UNRWA. In Sao Tome, HF distributed 5 tonnes of food aid to orphanages, kindergartens, jails, retirement homes and schools. Three tonnes of food was distributed in Benin to the needy.

Feed a Family also operates in many other sub-Saharan countries such as The Gambia where we got the following feedback:

"Humanity First is supporting my family in terms of feeding and we are very thankful. Without the assistance of Humanity First, I would not have been able to send my children to school."
Bunja Jammeh (8 dependants), Njawara Village.

"Without your assistance, life would have been extremely difficult. I am now having some sense of relief because of the Humanity First Feed a Family programme, as I am already very old." –
Momodou Trawally (15 dependants), Basse

focus

UGANDA

Humanity First in Uganda continues to mature. Our Campus facility in Budaka is now taking shape. During 2009, Humanity First sent teachers, designers, engineers and medical teams to Uganda all based out of our headquarters.

The campus itself was worked on significantly. The land was cleared, fences and gates put up, old buildings refurbished and plans laid for our new vocational training centres. Already, the ramshackle buildings that were on the site have been renovated to provide student and staff quarters and toilets, a guest house and a kitchen and dining facility for students of our existing IT centre. Already, 10 girls and boys who would have found it hard to travel to the campus are now studying as residents of the campus. Additional computers and LCD monitors have added to the capacity of the centre, and now there are 4 IT labs running.

During 2010, the plans are to build HF's national office and warehouse, and a purpose built library. Also, HF expects to launch a Sewing Skills centre on the site.

One of our ex-students at the IT institute in Budaka is Jakolya Andrew, a teacher of Computer Studies at Rainbow High School in Budaka who said:

> "Before the establishment of this institute I was almost in the situation of massive poverty where I could not afford my basic necessities to my life. But now I can train others using the knowledge achieved from and acquire the necessities which used to challenge me before."

During 2009, Humanity First also sent 2 medical teams of doctors and paramedics to start training the local hospital and police staff in the latest techniques of emergency care and rescusitation.

The IT Centre is highly visible on the main highway from Kampala to Mbale and has attracted a lot attention, to the extent that there are now plans to open an additional IT Centre in Sironko as well as a Sewing Skills Centre in Budaka. A number of new courses are offered including 2 year Diplomas in IT and Computer Science, a 2 year Certificate in IT, and 6 month Certificates in Applications, MS Office and Computer Repair and Maintenance. New courses scheduled for 2010 include diplomas and certificates in HR, Procurement and Supply Chain Management, Business Administration, Catering, Motor Vehicle Technology, Project Management and Tailoring. Many of these new courses are to be examined by the Uganda National Examinations Board (UNEB) with an affiliation to a local University.

Aid Consignments

Milennium Development Goals

Orphan Care

Water for Life

Social care

Feed the Homeless

Post Disaster Rehabilitation

Agricultural Projects

Global Operations

2009 Global Financial Data

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Spend by Region - page 35

5-year Spend Analysis - page 35

Learn a Skill

Education

Desert Fridge

Vocational Training

Feed A Family

Medical Projects

Disaster Training

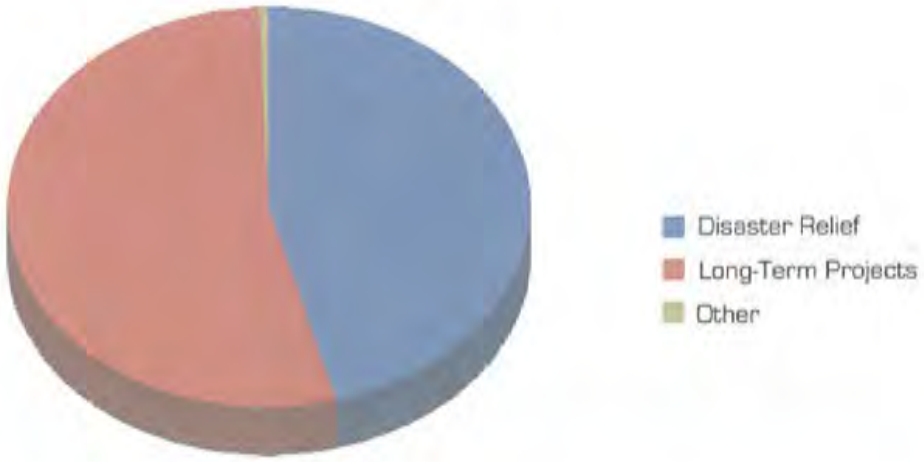
Gift of Sight

	2009	2008	2007
INCOME			
Donations	$1,479,212	$1,124,612	$1,588,733
Merchandise Sales		$12,562	
Grants	$44,378	$11,027	
TOTAL INCOME	**$1,523,590**	**$1,148,201**	**$1,588,733**
PROJECT EXPENDITURE			
Fiji Floods 2009	$17,326		
Samoan Tsunami 2009	$23,762		
Gaza Relief	$185,931		
West Africa Floods	$34,482	$60,366	$30,404
S Asia Earthquake 2005 Rehabilitation	$64,725	$259,879	$93,510
Bangladesh Cyclone Relief	$61,466	$1,203	$32,131
Asia Tsunami 2004 Relief	$50,045	$45,045	$86,541
Guyana Relief	$1,427	$6,075	
US Hurricane Relief		$27,976	$858,333
Peru Earthquake 2007		$15,833	$8,773
Haiti Relief	$21,029	$17,100	$17,516
Other US Disasters			$5,150
Other Relief Projects	$33,564	$49,525	$10,000
Aid Consignments	$2,821	$13,430	$34,764
Feed a Family	$129,940	$83,126	$98,429
Learn a Skill	$67,182	$80,522	$86,604
Gift of Sight	$23,431	$16,223	$18,020
Water for Life	$157,619	$138,786	$55,456
Orphan Care	$20,074		$23,079
Education Projects	$79,728	$110,764	$84,369
Homeless & Social Services	$4,581	$2,602	
Agricultural Projects	$31,551		
Medical Projects	$59,097	$26,047	$24,210
Scholarships		$17,613	
East Africa Projects	$15,706	$2,555	
European Projects		$14,700	
Other West African Projects	$30,772	$18,361	
Total Project Expenditure	**$1,116,259**	**$1,007,731**	**$1,567,289**
OTHER EXPENDITURE			
Administrative Costs	$136,754	$158,928	$143,778
Fundraising & Marketing	$30,600	$44,189	$68,503
Merchandise Assets	$23,640		
Governance	$2,631	$15,799	
Total Other Expenditure	**$193,626**	**$218,916**	**$212,281**
TOTAL EXPENDITURE	**$1,309,884**	**$1,226,647**	**$1,779,570**

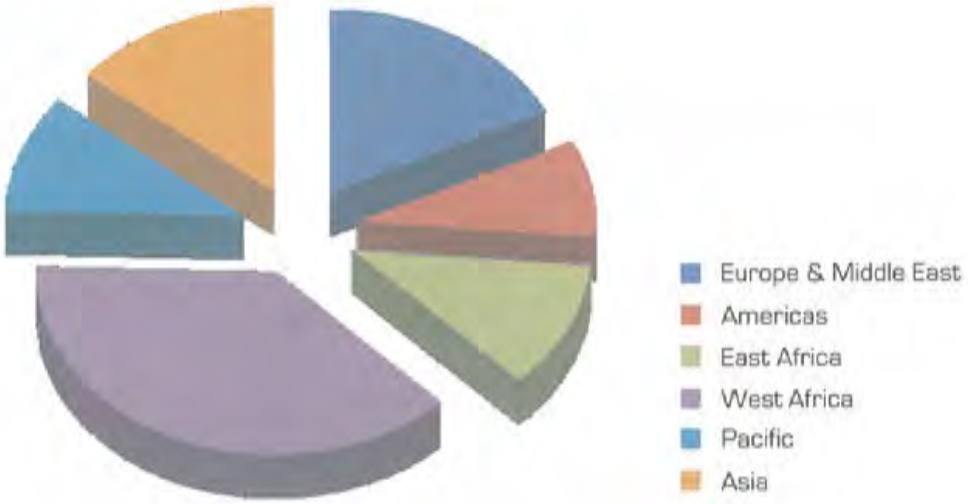
NOTES

1. These are consolidated global unaudited accounts for 2009. Each registered HF entity provides independently audited accounts in their country of registration in accordance with legal regulations governing charitable organisations and NGO's.

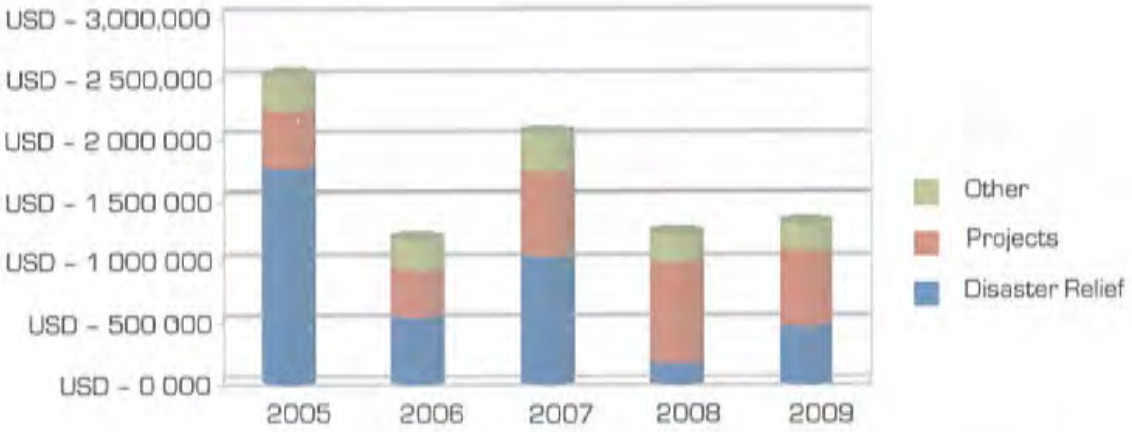
2. The financial data above does not include the value of voluntary hours worked by thousands of volunteers worldwide.



Spend by Region



5-Year Spend Analysis



COLLABORATION AND PARTNERS

The following are some of the organisations that have helped us during the last two years and without the support materials and donations Humanity First would not have been as successful:

- Ace Taxis
- Action Medeor
- AFC Wimbledon
- Ahmadiyya Muslim Jama'at (AMJ)
- All Chicago Inc.
- American Express
- Ameriprise Financial
- AMG Ltd
- Apotheker Helfen e. V.
- Aquabox
- Ascribe Ltd
- AT&T
- Baerenherz Stiftung Wiesbaden
- Bank of America
- B Braun
- Blacks
- Booz Allen Hamilton
- Citigroup Foundation
- Coca Cola
- CVS Caremark
- Day Lewis Pharmacy
- Dedon Dezign Møbler
- Dialyse Klinik Bad Wildungen
- Donia Interiør Hus
- Fazal Pharmacy
- Funds Partnership
- Gap Foundation
- GlaxoSmithKline
- Global Medic
- Hafslund
- Hameln Pharmaceuticals
- Hewlett Packard (HP)
- Hospira
- HSBC
- IAAAE
- IBM
- Innovative Energy
- Interbyte
- Johns Hopkins University Hospital
- Just Giving
- Kaiser Permante
- Kinderschutzbund Gross-Gerau
- Kinderschutzbund Neuwied
- Kreisklinik Gross Umstadt
- Logitech Inc.
- Merck
- Microsoft
- Morrisons
- National Health Service (NHS)
- Nord Cricket team
- Officewellbeing
- Oracle
- Oxfam
- Petzl
- Pfizer Inc.
- Proiweb
- Rana Press
- Red Cross and Red Crescent
- Rotary International
- Save the Children
- Shaheen Restaurant
- Shooting Star Children's Hospice
- Stada Arzneimittel
- Stiftet V-I-F
- Sun Microsystems Inc.
- Terres Des Hommes Deutschland
- Tesco
- The Creative Kitchen
- United Nations
- United Way
- Vango
- Verizon
- Wachovia
- Washington Hospital
- Washington Mutual
- Water Aid
- Williams Medical Supplies
- World Health Organisation (WHO)
- World Water Works
- Zwergnase Wiesbaden

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