

Humanity First



Annual Report 2008





Mission Statement

Humanity First is a charitable trust established to promote and safeguard human life and dignity. It is a non-political, non-religious, non-sectarian international relief and development agency that works with the world's poorest and most vulnerable people.

Humanity First was established in the UK in 1995, and now has operations in 29 countries. All aid workers and the management of Humanity First are unpaid volunteers and our administrative expenses are negligible. We are able to deliver significantly more aid value in the field from the funds we raise because our labour costs are very low.

Objectives

- > Relieve suffering caused by natural disasters or human conflict
- > Promote peace and understanding based upon mutual tolerance and respect
- > Strengthen people's capacity to help themselves

Humanity First at a Glance

- **Emergency relief** in terms of medical attention, shelter, food and water after man-made or natural disasters
- Long-term **rehabilitation** of disaster-struck areas
- Educational and vocational **training** in underprivileged countries
- Supply of **food** to the homeless, poor and needy families
- Support for **Orphans** with their basic provisions, education and healthcare
- Provision of safe **drinking water and sanitation** to rural populations
- **Medical camps** to provide inoculations, basic triage and minor surgery

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Chairman's Review of 2008

2008 has been another busy year for Humanity First, but in particular, has been a year of consolidation. HF was registered in Belgium, but has also matured rapidly in countries such as France, Kenya, New Zealand, Liberia and Uganda.

HF has been moving away from reactive projects towards having longer-term regional strategies and proactive projects with associated aims and objectives. One such programme, Desert Fridge, is being rolled out across West Africa through a skills transfer approach, and will enable farmers to get a much better price for the produce whilst also reducing food wastage by at least 25%.

The impact is that Humanity First is now active in over 35 countries and is transforming the lives of literally millions of people. In the last year alone, Humanity First provided clean drinking water to over 1.53 million people, delivered vocational training to over 20,000 students, provided daily food and rations for over 31,100, was involved in a range of projects at schools benefiting over 17,000 students in aggregate, provided social care to 5,500 and medical assistance to over 24,200. These are impressive numbers for a volunteer-driven organisation with modest funds that only started less than 15 years ago.

Adequate access to water remains a challenge, and whilst we continued to deliver water hand-pumps in rural areas, we also started to exploit spring water trapped in natural dams in the mountains of Africa. We made more effective use of rain water collected off roofs to provide sanitation, and also invested in the latest water treatment equipment.

Our education and training programmes go from strength to strength. I am proud that we are offering high quality IT and other vocational training, often at less than half the local rate, such that these skills are now being made available to the most impoverished, and providing them with hope of a future career. Our commitments in terms of schools have also increased and we have been building new schools in Africa and Asia, and also providing new facilities such as IT and science labs, well stocked libraries and sports facilities.

Our Medical team continues to develop world class practices and has helped respond to modest disasters whilst our non-Medical team has provided a range of disaster zones from Burma to South America. At

the same time, we have been working with experts and academia to ensure that our approach and practices around disaster response are consistent and world class. This is increasingly essential due to the growing numbers of new volunteer specialists swelling our ranks.

The challenges we face in 2009 are symptoms of the global crisis that the world finds itself in. Increasing numbers of people face poverty, prices of food and raw materials are going up rapidly, and the desperate search for resources is leading to growing tensions worldwide. The powerful nations have struggled to meet their promises to the developing world, and will struggle even more whilst they seek to keep their own economies solvent.

At the same time, there was a need for Humanity First to become better at communicating and collaborating, both internally and with partners. On the public side, there are many new HF websites for our national operations, but internally we have been deploying global IT solutions to better assign and track tasks and issues, share documents and monitor our projects. This is essential to ensure that we maintain the quality of our work while we continue to scale-up around the globe.

The growing demands for HF services is placing a growing burden on fundraising across our donor countries, and we will be looking at ways of increasing our recurring donations and also grants from authorities and corporations across the world. The need is growing, we are here to serve without prejudice.



Ahmed Yahya Sayed
Chairman
Humanity First

Our Impact in 2008

20,462

Students enrolled in our 21 IT centres located in 13 countries since 2003.

17,016

Students assisted with new and refurbished schools, labs, sports equipment, exam papers and other facilities in 26 schools across 3 continents.

1,508,000

People supplied with clean, safe and in many cases, treated water on a daily basis through our handpumps and water treatment plants in 12 countries across 3 continents.

5,535

Social services cases handled where vulnerable people were assisted with clothing, scholarships, emergency sanitary packs, malaria nets, shelters and trips to improve social interaction and co-ordination skills.

31,100

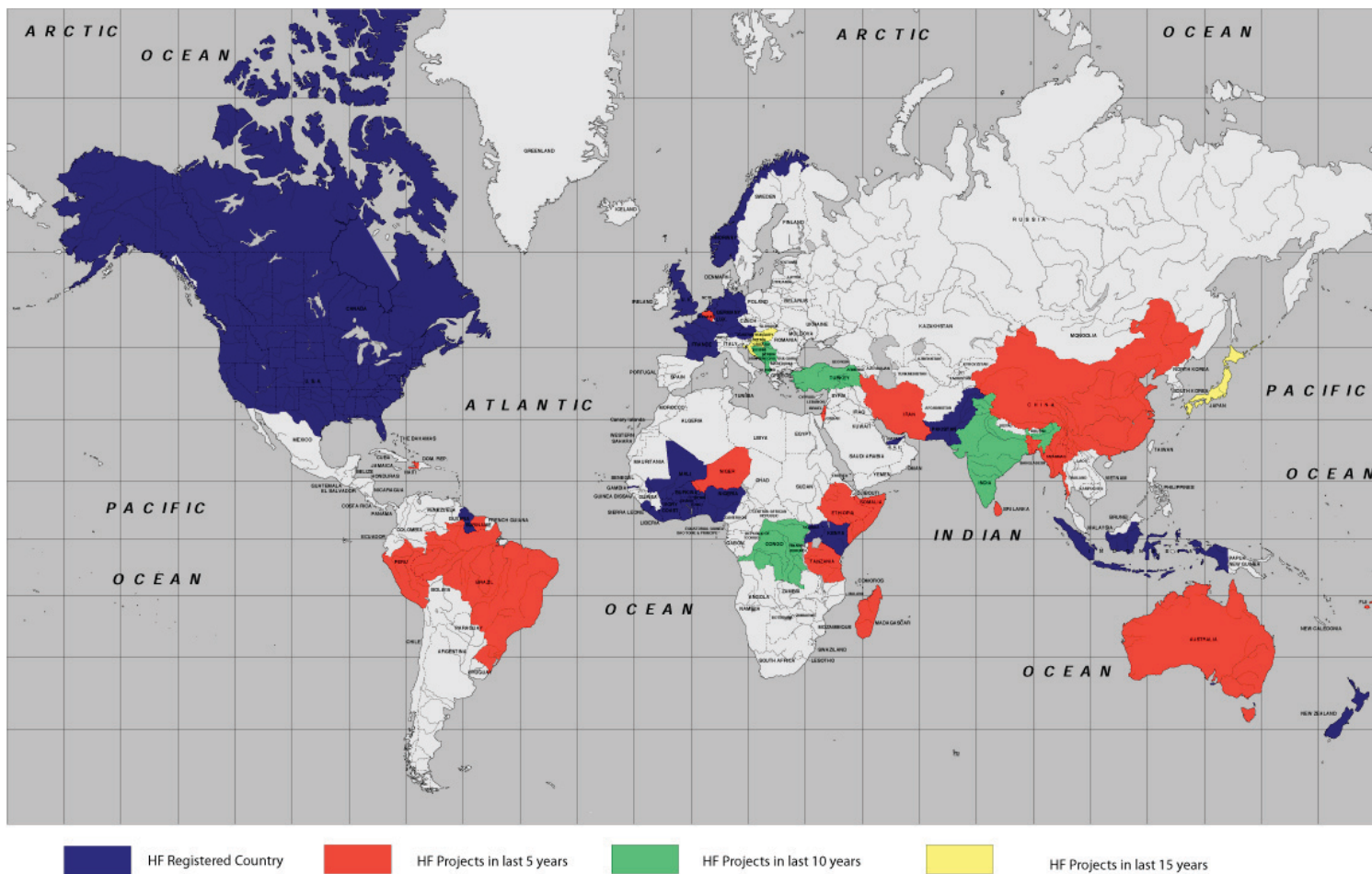
Vulnerable people provided with essential food and rations for an extended period through our Feed a Family programme.

24,235

Medical cases triaged and dealt with through field medical camps covering minor injuries, cataracts, hernias in 7 countries.

Global Operations Map

The map below shows countries where Humanity First was active during 2008:



2008 Projects Summary

Americas

- > Peru housebuilding
- > US Hurricane Ike assistance
- > US Our Kids Our Future (OKOF)
- > Haiti hurricanes assistance
- > Guyana IT training
- > California wildfires assistance
- > Canadian foodbank and feeding the homeless
- > Brazil flood relief including establishing water treatment plants
- > Fundraising walks

Europe

- > UK Mental Health projects launched
- > UK Hospice assistance project begins
- > Kosovo and Macedonia education and training
- > Macedonia medical camps
- > Blood donations in France
- > Various fundraising events including walks

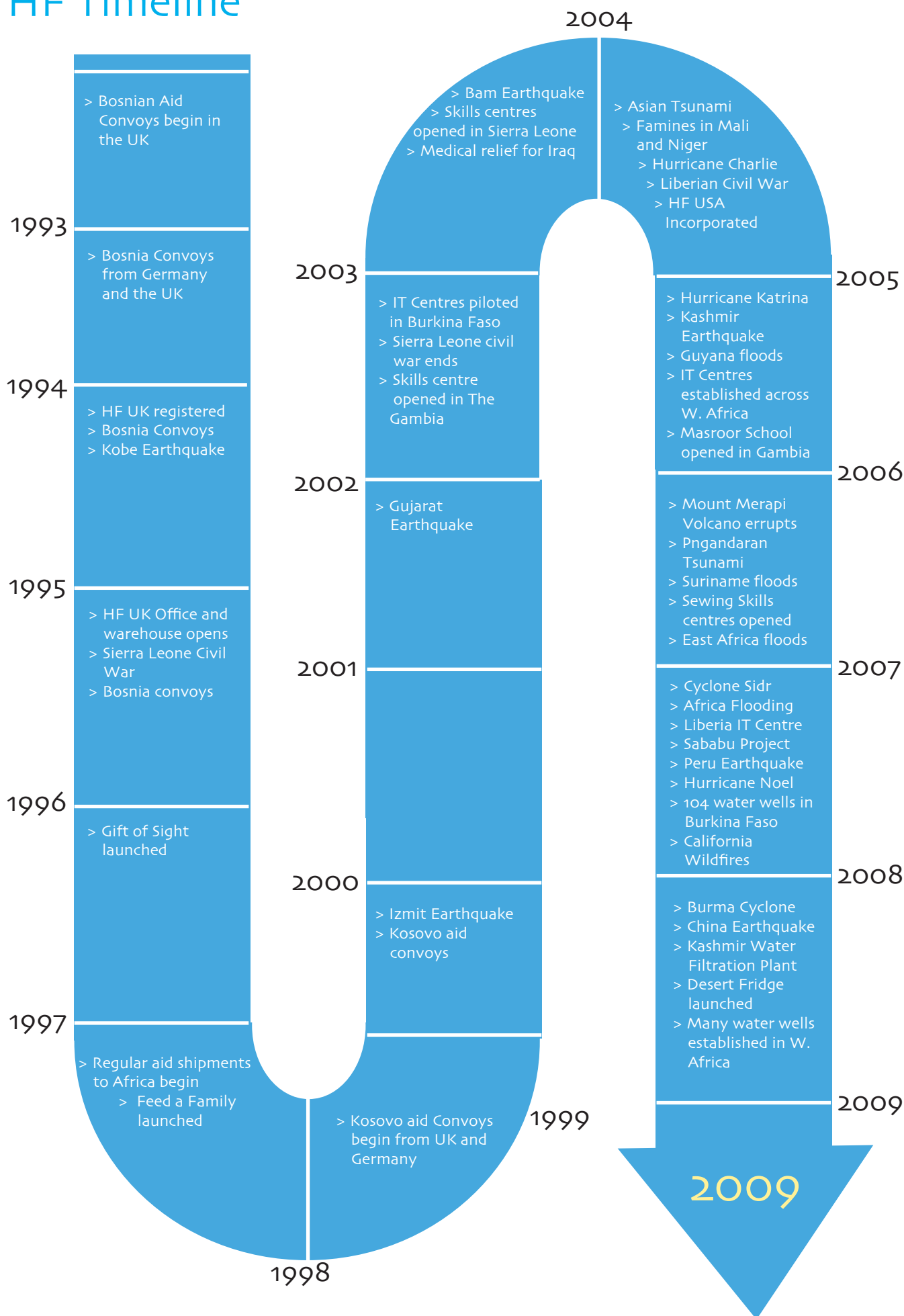
Asia Pacific

- > Cyclone Nargis assistance in Burma
- > Kashmir water treatment plant for 1.26M people
- > Kashmir schoolbuilding project
- > Assistance to poor residents in New Zealand
- > Indonesia water, IT and orphan care projects

Africa

- > Expansion of school in Gambia
- > IT centres in The Gambia, Liberia, Sierra Leone, Niger, Benin, Nigeria, Mali, Uganda & Burkina Faso
- > Kenya post-election assistance
- > Over 200 water wells established in Gambia, Ivory Coast, Kenya, Uganda, Niger, Benin, Nigeria, Mali and Burkina Faso
- > 28 Medical Camps held in Kenya, Togo, Niger and Benin
- > Feed a Family assistance to 28,000 people
- > Orphan Care in Burkina Faso, Benin and Nigeria

HF Timeline



Governance

Humanity First runs projects based on recipient countries allocated amongst major donor registered operations. In this way, the major registered operations take responsibility for raising funds for projects in their own country and allocated project countries, provide manpower and project management, and liaise with local authorities and other aid agencies to ensure maximum benefit to the local population.

If a disaster occurs in that country, the lead country provides the spear-head for the assessment and response and gets additional funds and resources from other HF operations through HF International.

In general, the approach is to train and provide skills transfer to local teams who then take on projects and ensure their sustainability. Allocation of project countries to the major HF donor operations is as follows:

DONOR LEAD COUNTRY	COUNTRIES MANAGED
USA	Ghana, Guyana, Indonesia, Liberia, Peru, Suriname, Tanzania
Germany	Benin, Kosovo, Niger, Sao Tome, Togo
UK	Burkina Faso, Ivory Coast, Kenya, Mali, Pakistan, Palestine, Sierra Leone, Sri Lanka, The Gambia, Uganda
Canada	Bangladesh, Brazil, Haiti, Nigeria
New Zealand	Fiji
Other Donor Countries	Australia, Austria, Belgium, France, Netherlands, Norway, UAE

Each HF operation has a Board of Trustees who are non-Executives keeping an eye on governance and decision making. The operational Boards are led by a Chairperson and have teams covering Disaster Relief, Medical, Operations, Logistics and Warehousing, Marketing, Finance, Fundraising and Project Management.

Each operation is obliged to submit annual accounts to the local charity administrations such as the Charity Commission in the UK, and each conforms to local legislation. All donor lead countries report regularly to the Headquarters in London.

International Chairmen are as follows:

International:	Ahmad Yahya Sayed
Canada Guyana Suriname USA	Dr. Aslam Daud Al Hassan B Annan Munum Naeem
Belgium France Germany Netherlands Norway UK	Tom Snauwaert Fodil Rabah Dr. Athar Zubair A. H. Van der Velden Jalal Yousuf Mansoor Shah
Benin Burkina Faso Ghana Ivory Coast Kenya Liberia Mali Niger Nigeria Sao Tome Sierra Leone Tanzania The Gambia Togo Uganda	Y Razzaki Inaussa Traore A R Travers Hafiz Jibrael Syed Abdul Rashid Mubarak Shah M A Bajwah Umer Moaz Dr. Yaqeen Habeeb Anwarul Haq Sanusi S Dean Ali Saidi Moosa Kawsu Kinte Gbadamassi Idrissou Nadeem Saeed
Bangladesh Indonesia New Zealand Pakistan UAE	Meer Tariq Ali B M A Puntah Bashir Khan Dr. M. Noori Farooq Khalid

Disaster Response

2008 has seen two major disasters, the cyclone that struck Burma, and the earthquake that shook China. Both resulted in huge numbers of casualties, but in both cases, for various reasons, external help was not sought in the way we have seen previously for the Asian Tsunami and the Kashmir earthquake. There were also some internal conflicts and civil disturbances, and some more minor storms. The report below is a summary of our activities with various small and medium disasters, both man-made and natural.

Kenya Post Election Violence

Following the elections in Kenya held on 27 December 2007 and the declaration of President Kibaki as the winner, the country was gripped by violence as opposition supporters went on the rampage in the capital Nairobi, the Rift Valley, Coastal areas and in Nyanza Province in the West of Kenya. Around 1,500 people were killed, and a further 600,000 were displaced. Many crops such as Maize were destroyed and the country was in turmoil for many weeks with a major impact on the economy.

Humanity First Kenya got into action immediately and started to offer food and medical assistance to Internally Displaced Persons (IDPs) across the country from the beginning of January 2008.

In Nairobi, food was provided to 600 displaced people sheltering at the Agricultural Society Showground and to a further 350 people in the Kassarani Division. Food camps were run in Kisumu at refugee camps, St. Stephen's Church and also at a HIV Centre with the assistance of the Kenya Police who provided security and an armed escort. Similarly, food and clothing as well as medical assistance were provided to around 1,000 refugees sheltering at various schools and showgrounds in Nakuru, west of the capital.

In total, aid to the value of almost half a million Kenyan Shillings (c. \$7000) was distributed to the needy whilst a new power sharing government was being brokered through international mediation.

Dozens of HFK volunteers worked tirelessly through January and February in different parts of the country to provide assistance to around 2,500 victims in the country.





5 regions were soon declared as disaster zones. Many of the survivors moved north of the delta region to firmer ground, and HF was soon helping from their base in Rangoon.

Whilst an international team of HF doctors and paramedics remained on high alert for several weeks awaiting approval from the authorities, HF volunteers in Burma took supplies of water, food, clothing and medical supplies to hundreds of villagers around Labutta and Myaung Mya. Moreover 250 water survival boxes from Rotary were provided to the Ministry co-ordinating relief in Myanmar. Hundreds of 16kg and 38 kg sacks of supplies were distributed to vulnerable refugees.

Haiti Storms

Hurricanes and Tropical Storms during 2008 in Haiti left hundreds of people dead. Tropical storms Fay, Gustav, Hanna and Ike caused catastrophes that left many homeless begging for food and clothes, as about 60 per cent of Haiti's food harvest was destroyed. Many bridges, roads and other infrastructure were shattered. Clouds of mosquitoes were breeding in wet ground, raising fears of disease. Officials claimed that 800,000 people were in dire need of help after the storms, which had caused more than \$200 million in damage to the farming sector.

Burma Cyclone Nargis

Cyclone Nargis, a Category 4 storm, hit the Irrawaddy delta region of Burma on May 2nd killing over 146,000 people (a further 54,000 were reported missing and remain unaccounted for). Over a million people were made homeless with inadequate shelter, food, water and clothing, and lacking medical attention.

Humanity First Canada responded by immediately co-ordinating with local representatives in Haiti. After initial assessment, Humanity First dispatched a small team with large supplies of water purification tablets and funds to lead the relief work and assist the victims of the disaster in the Town of Gressier and Martissant.



The Humanity First Response team was invited by the Mayor of Gressier to tour the city and assess the damage. The team also visited the town of Martissant.

After the assessment, Humanity First acquired food and other emergency supplies and distributed them to more than 330 families in these areas. The emergency supplies included water purification tablets and dry rations consisting of 10 lbs. of rice, 5 lbs. of beans, 2 litres of oil, 2 bars of soap, 3 boxes of pasta, 3 boxes of dried fish, and one box of candles. This was enough food to feed and provide other needs for a family of 4 for about 2 weeks. In addition, some cash and school supplies were also distributed.

Brazil Floods

Sixty days of continuous rain in Brazil resulted in intense flooding, landslides and damage in the Santa Catharina state during December 2008, affecting around 1.5 million people across the state.

The Government of Brazil requested assistance in providing clean water to the disaster area. Humanity First Canada worked with Global Medic in the Bau De Baxio and Blumenau regions to install a Nomad water purification unit capable of delivering 100 litres of treated water per minute, and then 10 smaller Trekker units were also installed which can each deliver 4 litres of safe drinking water every minute.

The team also established a temporary shelter

“Whether it is building a home for a cyclone victim in Bangladesh, or providing clean drinking water to someone in Africa, or feeding a hungry in Toronto, it is all a step in the right direction - a step towards humanity!”

(A. W. LaHaye, HF Canada)

comprising a medical unit and a soup kitchen where water purification tablets and rehydration packs were distributed alongside hot food and water. The Trekker units were installed at schools and other central locations, and local responsible people such as chemists were trained on how to manage and maintain them. In this way, HF were able to provide normality to a larger number of people quickly.

The team leader in Brazil and Director of Disaster Relief for the HF Canada team, Mr LaHaye commented on the joy of the team on delivering services to the people of Brazil in such a short timescale.

Longer term rehabilitation projects are being considered in each of these regions, as HF is more concerned in providing a longer-term uplift to these vulnerable communities.



USA Projects

The HF USA team has once again been very active in local projects both in terms of long-term education and social care, and also disaster response.

The US gets annual tornadoes and hurricanes, and in the case of the latter, there is normally a few days advance warning so that the scale of devastation can be controlled, but occasionally as with Katrina in 2005, the destruction can be immense. In mid September, Hurricane Ike which had formed off the coast of Africa, struck the USA and the Caribbean islands of Haiti, Cuba and Turks and Caicos. Ike struck Galveston in Texas in early morning on 13 September 2008 with winds of 110 mph and then went on to hit the towns of San Leon and Baytown as it swept through Texas, Louisiana and Arkansas. In total, Ike was blamed for 194 deaths of which 112 were in the USA and 34 people were deemed missing. Millions were left without electricity and the tap water was declared unsafe to drink.

HF USA sent a first responder team to assess the damage and initially arranged for the despatch of urgent items such as blankets, sleeping bags, cots and clothing. This was followed by teams working in a number of counties around Houston including Harris, Chambers and the Seabrook/ Clear Lake areas. The team delivered sanitary packs to shelters in Harris County, and similarly 600 lbs of supplies to shelters in Chambers in Freeport Lake including personal care items, baby formula and diapers, food and water, bath towels and basic medication. Supplies were also delivered to 200 people at the Good Hope Missionary Baptist Church and 100 children at the James S Bay Elementary School. Finally HF provided cleaning supplies to residents in Galveston Island to help contain the mold infestation in their homes. A total of \$17,000 was spent on relief supplies for the victims in a programme of relief efforts from September 15 to October 3 2008.

As a follow up to Hurricane Katrina in 2005, HF had been managing a significant grant of over \$1M to reconstruct hurricane-damaged worship places in Louisiana, and this project was successfully completed in 2008.

As a longer-term initiative, the Our Kids, Our Future (OKOF) programme continues to deliver support to children in deprived parts of the USA. In San Jose, HF sponsored a collaborative forum called "Small Learning Communities" at Franklin Elementary



to develop educational programs and sponsored teachers. In Chicago, HF held storytime for 200 K-3 grade children at Leland Elementary School including a bi-monthly story-time and donations of books to the school library. This is part of a long-term effort to help raise literacy rates among the children.

In addition, HF volunteers served as mentors to individual students in a pen pal program designed to help improve writing skills. A formal proposal is being drafted with the aim of expanding this project to other cities including San Jose, St. Louis and New Orleans.

HF continues to look after the under-privileged in the USA. A soup kitchen in Philadelphia continues to provide hot meals on a weekly basis.

Canadian Projects

"Just knowing that the families would not go hungry made it so heartwarming."

(Cecilia Carvalho, Brampton, Ontario)

It is surprising that even in a first world country such as Canada, people are sleeping on the streets and many families are struggling below the poverty line. Too often, children are going to school hungry and their mothers go to bed having not eaten. HF's Food Bank programme is making a difference to these families in the Greater Toronto Area and in Windsor through the provision of a pack of non-perishable food items to hundreds of families, and in many cases, hampers are delivered to those who are unable to reach the Food Bank on their own.

Typical food packages consist of canned food, pasta, flour, rice, cereals, juices and some snacks. Families are able to ask for assistance through a helpline. HF organises a number of food drives to collect non-perishable items by the truckload. The work has proven inspirational for many of the volunteers essential in delivering the food packs, as one of the volunteers Cecilia comments:

"Just knowing that the families would not go hungry made it so heartwarming."

In the same way, HF has been feeding the homeless in Toronto. At Christmas, HF Canada ran a programme called 'Fighting Hunger one Pizza at a time' in which volunteers handed out hot Pizza to homeless people in downtown Toronto on December 24 and 25 in the Yonge and Dundas areas.

Other local projects include social care programmes by helping children from deprived backgrounds in Canada to attend educational and recreational camps (priority is given to children with special needs) and also the provision of glasses for those with poor vision. HF also supports schools with special needs equipment, library books and teaching aids.



German Projects



HF Germany has been building partnerships within the country to improve collaboration with other NGOs such as Caritas Internationalis, Save The Children, World Vision and others. The team has been active in recruiting and sending out volunteers from Frankfurt, Munich and Austria to Medical, Water and Educational projects and camps in West Africa and the Balkans region.

In Africa, the German team was instrumental in running 20 medical camps catering for 14,102 patients using German medical teams. 67 water wells were rehabilitated in Benin and Niger, 22 tonnes of food and 70 goats were distributed to the poor. HF Germany has also been active with Sewing and IT skills centres, looking after more than 100 orphans as well as providing resources to schools in Macedonia and Africa.

The German team has also played a leading role in some disasters. Following Cyclone Indhala which struck Madagascar, a team from Germany did the initial assessment and then provided assistance on the Island. Similarly, HF Germany led teams in West Africa to relieve the extensive floods of 2007 and 2008. The team also provided 180 tonnes of crops and provisions to the local populations.

To foster greater local ownership of projects, HF Germany is initiating a project called 'A School Needs Friends' to encourage schools in Germany to be twinned with schools in Africa. It is intended that this project will lead to fundraising in German schools, student exchanges and pen pals, knowledge exchange and sponsorship. Modern media means that HF can exploit video and web conferencing and email to help foster these links.

In order to be more efficient and effective, HF Germany have also been fostering partnerships with organisations such as Dedon, Marien Krankenhaus, Gymnasium Billstedt, Avis Car Rentals Germany, TNT, Stada Arzneimittel, Bundesministerium der Verteidigung, Action Medeor and Hilfswerk der Bayerischen Apotheken Verband. The access to skills, materials and other resources at low cost from these organisations has been hugely helpful in allowing HF Germany to deliver more for less in the field.

Germany has been active in fundraising, and has benefited from charity walks in Wiesbaden, Offenbach and Hamburg. During 2009, HF is also planning projects within Germany itself to help the



most vulnerable people in society, particularly as the current economic gloom starts to bite. Already in 2008, the team provided meals to over 300 homeless people in Frankfurt.

UK Projects

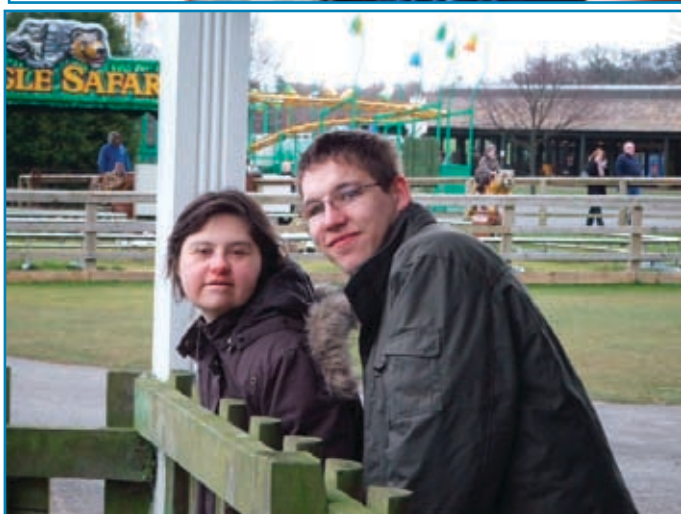
The United Kingdom prides itself on having a world-class infrastructure of utilities, education and healthcare, so there is limited need for HF's services. However, HF UK has been working in areas where Government support is limited, and the volunteer sector supplements services.

One such area is support for youths with long-term mental health conditions such as schizophrenia and autism, where youngsters are finding it hard to integrate with mainstream society. HF has been working in Greater Manchester using qualified social workers to take small groups of such youngsters on trips to give them confidence and to help them with strategies to improve their social interaction, independence and hand-eye co-ordination.

Examples include day trips for fishing, swimming, jogging, learning to play chess, ten pin bowling, trips to the cinema, football matches, the zoo and even meals out as a small group. In 2009, there are more ambitious plans to have weekends learning to deal with animals on a farm and even horse riding lessons. The feedback from the youths and their families has been tremendous and has provided the impetus to increase the scope of activities.

So far, there are around 60-70 youths that have been involved of whom 12 are regulars, and these are often supplemented by volunteer care workers and parents. The youths are picked up from home by the HF minibus for the convenience of their families, and food and entrance fees are all covered. Families of some of the children have mentioned that over the months, they have seen a huge improvement in the capabilities of their children. One mother of a 22 year old autistic child commented that her son has started speaking a lot more since he got involved in the HF projects. Another family said: "Where have you been hiding all these years, you've done more for our son in 3 months than what the care homes have done in 6 years!"

Another area where the UK team has been active is in working with local Hospices that provide end of life care for children and the elderly. HF is offering a range of services including transport, gardening, decorating, medical and even massage and physiotherapy. Given the pressure on small groups of volunteers at Hospices around the UK, we anticipate that this programme will grow in the next 2 years.



LONG-TERM PROJECTS

Water for Life

The provision of clean and safe water for both drinking and sanitation remains a huge problem across the world. According to UN statistics, 1.2 billion people lack safe drinking water whilst 2.4 billion lack proper sanitation facilities. In some parts of the world such as Africa, less than 30% of the population have local access to water, and often have to walk many miles, or use contaminated local sources leading to diseases.

Humanity First has been driving a number of schemes to provide local and sustainable access to this most basic human requirement.

The largest project this year has been the water filtration project in Kashmir that is now providing water accessibility to 1.26 million people. With Humanity First's investment of over \$232,000 USD into the project, twelve water filtration plants have been deployed in the devastated region. The one million plus beneficiaries of this new project are spread out across five towns located in and around Muzaffarabad, the capital of Kashmir.

The water purifying technology used for this large-scale project can accommodate water flow rates of up to 560 gallons per minute. Encompassed in the construction of the water filtration facilities are the 10 x 12 foot rooms to house components for the plants. Ironically, the chlorinated water being provided to the people before had its own health risks, whereas the water now being UV treated no longer needs to be chlorinated and is safer.

The timeframe for this project extends into 2009, with all of the equipment already shipped in, and most of the plants now operational. 1.26 million people across northern Pakistan now have regular access to clean and sanitary water in Ghari Dopatta, Hattian Bala, Chakar, Gojra and Makree (Muzaffarabad).

A similar (though much smaller) project was run in Brazil where a HF team from Canada worked with Global Medic to install water purification units in the Bau De Baxio and Blumenau regions of Santa Catharina state. (See Disasters for more detail).

Efforts continued in the provision of refurbished or new hand water pumps in rural areas of Africa and Indonesia. Since work began on this project a few years ago, over 300 pumps have been delivered in Kenya, Uganda, The Gambia, Ivory Coast, Niger, Benin, Nigeria, Mali, Burkina Faso and Indonesia. In many cases, local engineers are being trained to maintain the pumps, and more detailed planning is being done to ensure that the pumps are sustainable.

Finally, hand pumps are not practical in all regions, especially where the local geography renders new bores useless, and alternative sources of water need to be found. In Sierra Leone, HF implemented a couple of spring water protection schemes, where spring water, which has been naturally dammed up in mountains, is being piped down to several villages through gravity. In this way, the water is actually safer than the natural streams because having secured the springs at their source in the mountains, no animals are grazing in that water. Similarly, where there is sufficient regular rainfall, water harvesting is being done off the roofs of buildings to provide water for sanitation.



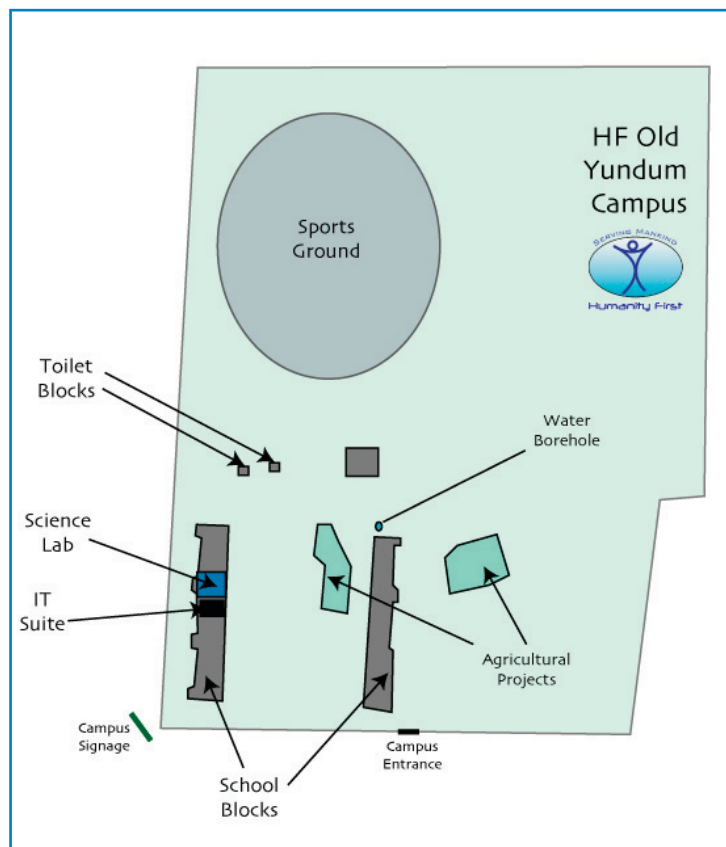
Education

Humanity First has been committed to education for a long-time as a means of providing children from deprived backgrounds with opportunities. In The Gambia, HF continues to invest in the Old Yundum complex where our high school now has constant electricity and supports 405 boys and 291 girls running two shifts. Since starting the school a few years ago, the first intake reached their final exams in the summer of 2008 and the results put our school in the Top 5 in the country. This is an amazing achievement and has greatly increased demand for children to attend our school.

During 2009, HF is developing the campus further (see Campus plan diagram), with plans to furnish and equip a library, build a proper sports ground and further equip the Science Laboratory.

In Uganda, HF met a promise to provide heavy-duty printers to the region of Kibaale in the west of the country such that exam papers can be printed for over 60 schools in the district. Other equipment including sports equipment was also provided. Elsewhere, a HF team visited schools around Mount Elgon to inspect roof repair work done following storms a year earlier, and to assess future school development projects around Budadiri. What was most encouraging across East Africa is the extent to which local Parent Teacher Associations (PTAs) have been taking responsibility themselves to raise funds for school building, staff and student resources and to pay for extra teachers. Many also volunteer in the schools. In such scenarios, we have greater confidence that investments made by HF will be well utilised and maintained properly.

Elsewhere, in Kosovo, HF provided school materials to 150 students. Whilst education services in Europe and North America are generally of a much higher



standard, HF has been able to supplement education for children in deprived areas to increase their appetite for learning and aspirations for achievement just as we have been doing in Asia and Africa.

More significantly, HF have been proceeding with the building of 4 schools in Kashmir in the Muzaffarabad area, and have already made great progress, with the structures already in place and the focus for 2009 will be in the internal fit-out and then opening.

In Guyana, HF is establishing a joint venture project with the local government and the University of Guyana to offer low-cost literacy courses in various locations.





Healthcare

Humanity First continues to provide long-term healthcare through medical camps and surgical interventions in the developing world. Many of the less serious conditions which are leading to blindness and other debilitating conditions in Africa could be prevented through better nutrition and lifestyle guidance. HF has been working to provide such guidance working with other NGOs and local authorities.

In addition, where more serious interventions have been required, HF has clinicians in the field that have done over 1100 cataract operations during 2008 in Burkina Faso and Nigeria, and 100 Hernia operations in Benin.

In rural areas, the basic healthcare and general practice that we take for granted in developed

nations is not available, so HF has been running a series of medical camps to provide triage and basic medical care in Kosovo, Macedonia, Benin, Kenya, Ghana, Liberia, Togo and Niger. A total of 23,100 cases were dealt with in 2008 through 34 medical camps run in these countries.

Again, adopting the motto that 'prevention is better than cure', HF is setting up the Ghana Nutrition Service to improve the nutritional status of hospitalised patients in Ghana. To support the existing hospital infrastructure at Korle Bu in Accra, Humanity First is setting up a laboratory and sterile facility to help produce life-saving intravenous and oral nutritional formulas.



Vocational Training

Humanity First has been working with local authorities across Africa to ensure that we can provide vocational training that is needed locally at a price that enables even the poorer members of society to benefit. Often, while good training facilities are available in the major towns and cities, HF has been replicating those facilities at a much lower cost in rural areas. This is helping to take villagers from subsistence farming into longer-term commercial careers that can take entire communities out of poverty and aid dependence.

An example is IT training. For a few years now, HF has been establishing IT training institutes in the developing world and now has 22 centres in 13 countries across 4 continents. Initially, most students are taught the basics of computers and Microsoft Office (Word, Excel and PowerPoint) before specialising in more advanced courses covering the Internet, Desktop Publishing, Graphics and Infrastructure. The courses are heavily subsidised by HF, and are often targeted to rural areas and the poor who would not have aspirations to enter IT in the first place.

As a result of the expansion of our IT centres, almost 20,000 students have now graduated from our IT centres and have gained employment in the civil service and also in the private sector. The impact has been that these students are sometimes not just supporting their own families, but sometimes entire villages, and transforming the outlook of deprived youngsters in terms of career aspirations.

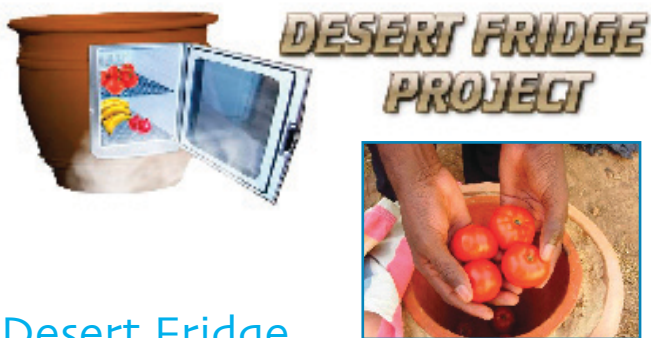
Elsewhere, HF now have a number of Sewing Skills

“Humanity First is a great blessing to the entire community of Budaka... Today many of the students of Humanity First are comfortably employed [in IT] as a result and they are well able to meet their basic needs and to take care of their families. We the leaders of Budaka District are greatly impressed by the exemplary character of the leadership of Humanity First.”
(Mulomi Samuel, Budaka District Chairman, Uganda)

centres in operation across Africa where people are taught to use a sewing machine and the basics of tailoring. So heavy is the demand to become fashion designers that there are sometimes two girls to each sewing machine. Whilst they learn, they produce cheap or free uniforms for schools and other local institutions. At the end of the programme, the students are provided with a Sewing Machine and guidance on how to start up their own cottage industry. Results have so far been very encouraging.

Sewing and IT are not the only skills in demand, and needs vary by country and district. In East Africa, HF are now investing in other types of vocational training including Bee Keeping, Brick Making and transferring knowledge on better farming techniques.





Desert Fridge

One aspect of farming is harvesting. Many local farmers do not have facilities to store produce and therefore sell what they can very cheaply to middle men, and of their total produce, 40% rots and goes to waste. HF is driving a new concept called the Desert Fridge.

This is a very simple concept, one clay pot within a larger pot, with a layer of wet sand between the two pots. The sand has to be topped up with water 3 times a day. The evaporation of the water creates a 'Fridge' effect, and the inner pot is much cooler than the ambient temperature. So far, the project had been successful in Sudan and Nigeria, but HF has recently trialled the concept with Banjul University in The Gambia in Lamin, Faraba Banta.

Results have been stunning, with the average temperature within the fridge showing 10° Centigrade less than the ambient temperature, and crops like Tomatoes were successfully stored for upto 18 days. The real impact could be much bigger than expected. Food wastage is greatly reduced, small farmers are able to hold on to produce for longer and sell at a much better price either to the middle men, or directly to markets. The increased income is

“ With the Desert Fridge we will be able to sell the produce which we would otherwise be throwing away. Also, if the middle men don't agree at a price we feel is fair, we can store our produce away ... Women all over The Gambia will be very excited when news of this Desert Fridge reaches them.”
(Bifuloto Farmer)

also encouraging the farmers to keep their children in education for longer which will have much more significant benefits for these regions.

HF are now looking to roll out the 'Desert Fridge' to much of West and East Africa through a train the trainer programme in which we will educate local farmers and train local pot-makers in how to deploy the fridge. The project has already generated huge interest even from regional radio stations, and in the coming year, HF will look to educate rural farmers in many other countries such that they can also benefit from this simple and inexpensive concept.

Similarly, in Liberia, HF has inaugurated a Cassava Processing Plant in Gohn Town. The new Plant is helping local farmers to get much better money for their crops by giving them low cost processing, whereas in the past, they would have sold the raw product very cheap to middle men getting very little return for their hard work.



Orphan Care

Dealing with the welfare of orphans is a sensitive subject. Is it better for them to be adopted abroad or stay in an institution in their home country, and how best can we provide for their long-term needs?

Humanity First believes that in the first instance, it is often better if the child is adopted within their family network or within their own culture. Failing that, if they can find a stable family environment abroad, often that can be a fulfilling experience both for the child and the family.

However, this does not get away from the fact that huge numbers of children remain in institutions in their home country, often in difficult conditions with poor resources and very limited opportunities. Humanity First is caring for children in these circumstances with a view to improving the facilities and conditions for those orphans left behind, and to ensure that they have positive opportunities for the future.



HF is looking after orphans in Indonesia, Burkina Faso, Benin and Nigeria. In Benin, the local Government has provided a 14,000 square metre plot and HF is now building an orphanage as a pilot programme which will support over 100 orphans.

Social Services

Humanity First has a number of social care programmes which complement our other long-term projects and help to liberate local communities. An example is shelter. After the earthquake that hit Peru and following a period of disaster relief, HF worked with 15 college students from the University of Virginia to construct 20 pre-fabricated houses (purchased from a local contractor in Lima) in March 2008. A total of \$15,000 was spent and the communities are now getting back on their own feet.

In 2008, HF also featured in a conference in Ghana called 'Lighting Africa'. HF is considering a number of potential projects utilising solar power to provide street lighting in villages that have no electrification, and to support local power needs such as running radio sets and small fridges. The projects are being planned carefully to provide useful benefits without destroying positive lifestyles.

In a number of countries, Humanity First still runs its Feed a Family programme, providing long-term assistance to poverty stricken families. In 2008, this programme was most active in Togo and Sao Tome.

In Benin, HF also provided clothes for the poor, and the emphasis is on providing good quality clothing.

In New Zealand, one of our more recent registered operations, HF decided to support poor people living in shelters with blankets and other basic supplies.



How many
miles would you
walk for a glass
of clean water?



Water For Life

A chance to
graduate with
IT skills and
a future career



Learn a Skill

Focus : East Africa

For many years, Humanity First has been expanding across West Africa and Asia and is now firmly established in that region. A lot of focus in the last 18 months has been on the expansion of services in East Africa.

HF is now firmly rooted in Uganda where, from our headquarters in Budaka, not far from the major town of Mbale, we have been providing IT training for almost 2 years and have also now got a significant campus on which we plan to develop office, warehousing, student accommodation and additional services around training in agriculture and vocational skills with the guidance of the local District officials.

Elsewhere in Uganda, HF has started supporting education initiatives in the Budadiri area near Sironko, and also Kibale, whilst also planning projects in Kampala and Soroti. There is clearly a demand in

Uganda and a thirst for education. It is refreshing to see children make such efforts to get to school (often walking for 2-3 hours over rugged terrain) and then cherishing their time in school.

Similarly, HF has now started to grow in neighbouring Kenya. Initial activities were around disaster response following the floods 2 years ago, and then the disturbances in January 2008 following the elections. Now HF is actively developing longer-term projects such as the provision of safe drinking water, vocational training and healthcare. The greatest need seems to be in the coastal region north of Mombasa and also in the west around Kisumu where there is a lot of poverty and poor people in the rural areas are in need of opportunity and hope, which Humanity First aims to provide in the coming years, primarily through safe drinking water.



Accounts

Trustees Report and Financial Statements for the year ended 31st December 2008

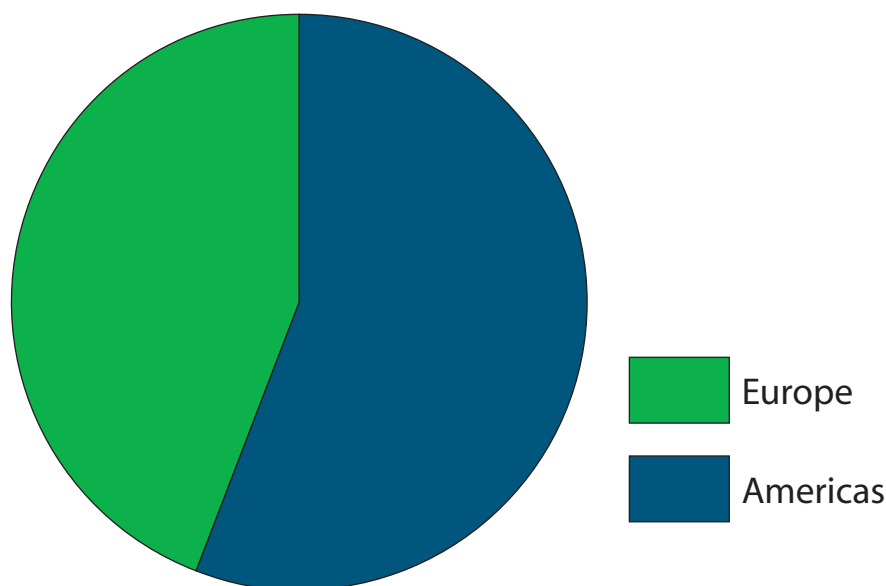
Income and Expenditure Account (US\$)					
	UK	USA	Canada	Europe	Total
INCOMING RESOURCES					
Donations Received	364,424	177,662	452,265	130,261	1,124,612
Merchandise Sales		7,608		4,954	12,562
Grants		11,027			11,027
Total Incoming Resources	364,424	196,297	452,265	135,215	1,148,201
RESOURCES EXPENDED					
Direct Charitable Expenses					
- Bangladesh Relief	703	500			1,203
- Emergency Relief	33,053		13,230		46,283
- Water for Life	31,036	2,023	47,261	20,580	100,900
- Learn a Skill	65,601			14,921	80,522
- Medical Camps	13,905			12,142	26,047
- Feed a Family	31,308	12,024	22,999	16,795	83,126
- Pakistan Rehabilitation		208,894			208,894
- Pakistan Water Filtration Project	37,886				37,886
- Pakistan Schools Construction	37,080				37,080
- Pakistan Hospital Construction	50,985				50,985
- Gambia Schools	71,184				71,184
- Scholarships	17,613				17,613
- Gift of Sight	16,223				16,223
- Charity Donations	742				742
- Indonesia		45,045			45,045
- Guyana		6,075			6,075
- Liberia		15,240			15,240
- US Our Kids Our Future (OKOF)		2,500			2,500
- Haiti		2,700	14,400		17,100
- US Hurricane Relief		27,976			27,976
- Tanzania		2,555			2,555
- Ghana		3,121			3,121
- Peru		15,833			15,833
- Social Care Projects				2,602	2,602
- Benin and Togo Floods				60,366	60,366
- Macedonia				14,700	14,700
- Other		2,500			2,500
Other Direct Charitable Expenses					
- Aid Consignments	13,430				13,430
- Fundraising and Merchandise	14,695	17,572	5,413	6,509	44,189
Total Direct Charitable Expenses	435,444	364,558	103,303	148,614	1,051,919
- Administrative Expenses	56,966	39,169	12,009	50,784	158,928
- Governance Costs	15,192		501	106	15,799
Total Resources Expended	507,602	403,727	115,813	199,504	1,226,646
Net Incoming/ Outgoing resources	(143,178)	(207,430)	336,452	(64,289)	(78,445)
Balances brought forward	553,658	664,468	123,046		
Balances carried forward	410,480	457,038	459,498		

Notes to Accounts

1. UK Accounts have been audited to the requirements of the UK Charities Commission. Historical UK accounts can be viewed at: <http://www.charity-commission.gov.uk/>.
2. All accounts have been shown in US Dollars using average annual currency conversions from UK Pounds Sterling, Canadian Dollars and Euros to US Dollars.

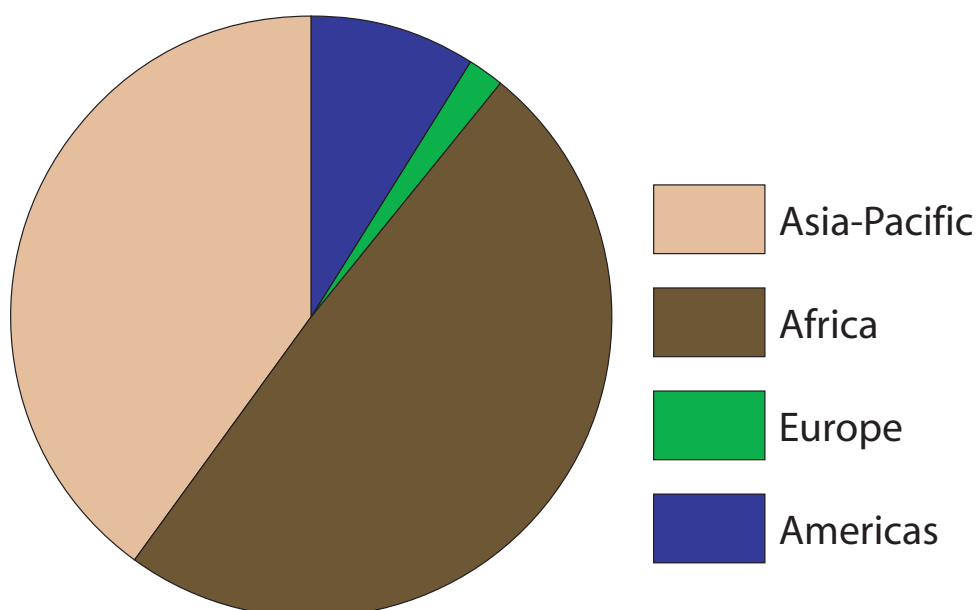
Income by Region

The main sources of income are personal donations and charity walks, but in the coming year, there will be increasing focus on grants and larger donations for Small and Medium Enterprises (SMEs). The bulk of the income is from Europe and North America as shown in the chart below, but HF is also developing income in Australasia, the Middle East and even some parts of Africa.



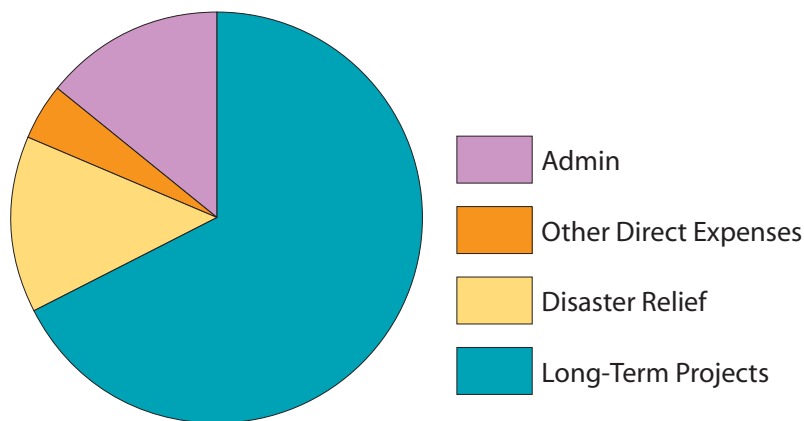
Expenditure by Region

Apart from Disasters which can occur anywhere, the bulk of the spend on long-term projects is in Africa and Asia-Pacific as shown in the following chart:



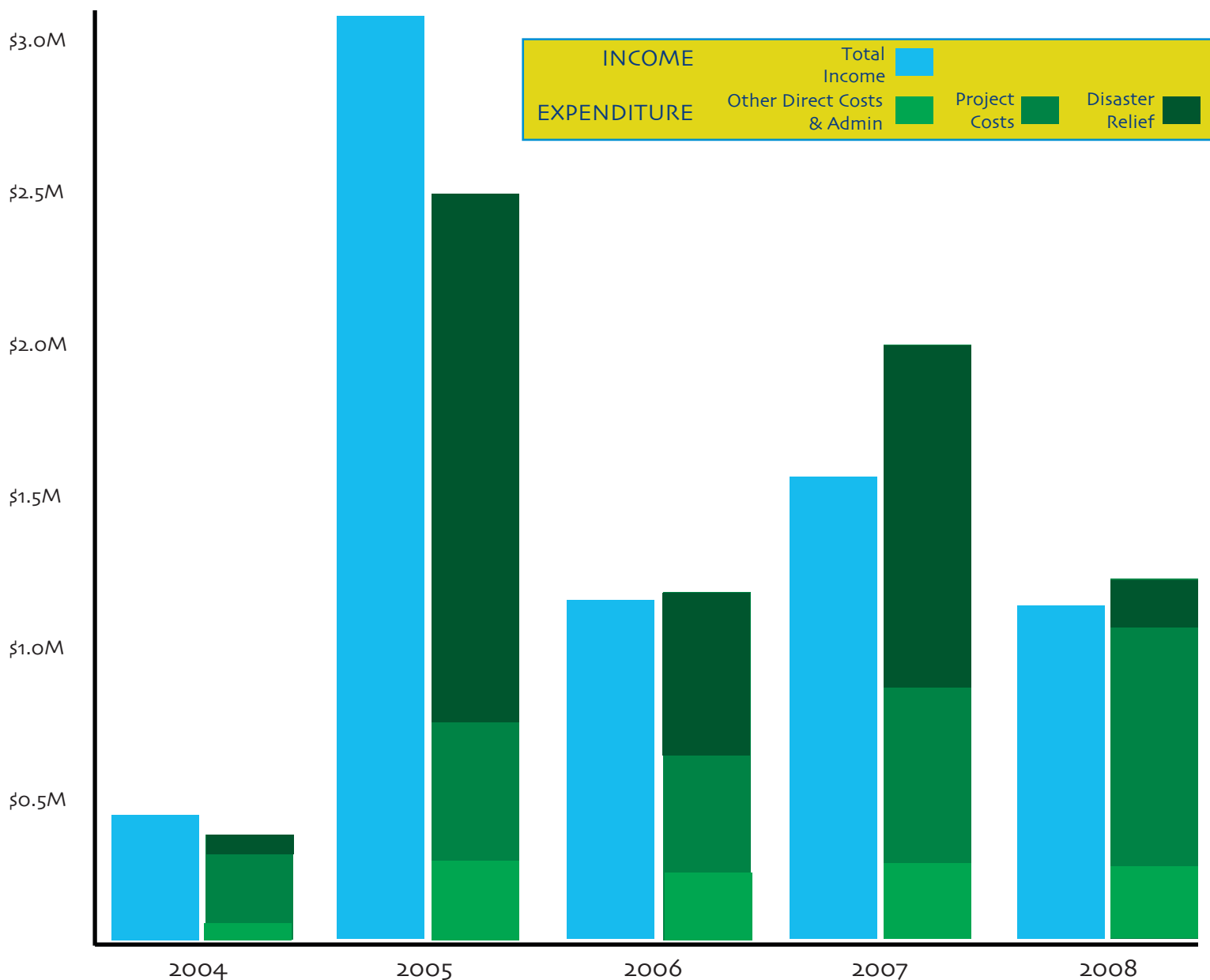
Expenditure by Category

With only moderate scale disasters during 2008, the bulk of the expenditure has been on long-term projects:



5-Year Profile

Income and expenditure are subject to huge variation based on specific disasters and appeals, but the following chart shows the underlying trends including an increased focus on long-term projects:



Partners & Collaboration

The following are some of the organisations that have helped us during the last two years and without their support, materials and donations, Humanity First would not have achieved the successes described in this report:

Ace Taxis	Franchise Family Inc	Pakistan International Airlines
Action Rags USA LLC	Friedman, Billings, Ramsey Group Inc.	Patriot Mortgage Company
Action Medeor	Genentech	Petzl
Aetna Foundation Inc	General Nutrition Center	Pfizer
AFC Wimbledon	Global Impact	Quality Foods
African Development Bank	Gymnasium Billstedt	Rexdale Auto Centre
AMJ (Ahmadiyya Muslim Jamaat)	Hewlett Packard	Rotary International
Aleem Academy	Hospira	Satellite Speciality Services & Cellular Phones
Aldomar Trucking Company	Handicap International	Save the Children Fund
AMD	Hillswerk der Bayerischen Apotheker e.V.	Schering Plough
American Renaissance MS	HSBC	Shamraq International
Americas Charities Distribution	Humanity International	Shire Pharmaceutical
Ameriprise Financial	International Health Partners	Sohail Enterprise
Anthony Filippis Company	International Society for the Red Cross and Red Crescent	Stada Arzneimittel
Arista Homes	Invis Financial Group	Sun Appliances
Association of Toronto Cab Operations	Iowa Health Physicians	Sunny View Gas Spot
Aquabox	Jamnik Graphics	Sunrise Pak Inc.
AR Medical LLC	Just Giving	Symbol Technologies, Inc.
Avis Car Rentals Deutschland	Johns Hopkins University Hospital	Texas SJK Ltd
B Braun	K and K International	Tillomed
Bank of America	Kiplinger foundation inc	Time Inc.
Biman Inc DBA Café Istanbul	Lajna Imaillah	TNT
Blacks	Las Madres East 1980	Triangle United Way
BMO Nesbitt Burns	LaserSpeed	United Nations
Brother's Printing	Majlis Ansarullah	United Way
Bundesministerium der Verteidigung	Majlis Khuddamul Ahmadiyya	Universal Insurance Financial Limited
Canasia Grocers	Marien Krankenhaus	University Painters
Capitol City Cardiology Inc	M&M Workman	USA Forklift
Cartas St Elizabeth Medical Center	Med Pharmacy	Valley Pharmacy
Citigroup Foundation	Mentor Graphics Foundation	Vango
CML Health Care	Michigan Neurodiagnostics	Vero Property Management
Corning Inc Foundation	Microsoft Giving Campaign	Verizon Foundation
Cotton House	MPIM Holding Company, LLC.	Vestal Middle School
Dedon	MTA Driving School	Virk & Chaudary Poultry Farm
Deer Park Independent School	National Institute of Training for Africa	Vital System Inc
DHL International	Netcysive LLC	Washington Hospital
Del Monte Foods	Network for Good	Washington Mutual
Dell Direct Giving Campaign	NHS	WaterAid
Earthquake Reconstruction & Rehabilitation Authority	Nu-Life Medical & Surgical Supplies	WCI Healthcare
Eastern Kentucky Med Services	Oracle Corp	Westfield High School
Eminent Technology	Oracular Milwaukee Inc	World Harvest
Farham Imports	Oxfam	World Health Organisation
Foundation Cyber Granis Inc		World Water Works

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