



Humanity First
CANADA

ANNUAL REPORT

2015

Disaster Relief

Water for Life

Food Security

Healthcare

Learn a Skill

Knowledge for life

Orphan Care

Refugee Resettlement

HUMANITY FIRST CANADA

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HumanityFirstCanada



@HumanityFirst

MISSION

To help eradicate poverty, hunger and disease while providing health care, education and basic necessities in those areas of the world where humanity continues to struggle.

VISION

To relieve suffering caused by natural disasters or human conflict, promote peace and understanding based upon mutual tolerance and respect, and help themselves.

Humanity First is an international non-profit humanitarian relief organization established in 46 countries to provide help and assistance to the less fortunate and to improve the quality of their lives in Canada and across the globe.

Humanity First's aim is to promote and safeguard the preservation of human life and dignity. Aid is provided to the vulnerable on the basis of need, irrespective of race, religion, culture or political allegiance.

As a disaster response agency, Humanity First provides emergency relief and long term rehabilitation to those affected by natural or manmade disasters and undertakes emergency relief operations around the world providing medical assistance, shelter, water, food, clothing and sanitation to affected populations.

Humanity First Canada is governed by a Board of Directors consisting of 5 members and is regulated by Canadian incorporation by-laws.

With over 1,200 volunteers, operations are administered and executed by executive directors, project coordinators and volunteers who are all Canadian citizens and are professionals from various walks of life.

With thousands of non-paid volunteers across the globe, and low cost sourcing and partnerships, Humanity First is able to run with minimal overheads, delivering more than 93% of the donations to the actual cause.

Humanity First has been granted a special consultative status with the United Nation's Economic and Social Council.

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CHAIRMAN'S MESSAGE

The year 2015 has kept us busy with responding to the biggest crisis of present times – The Syrian Refugee Crisis.

In addition to our regular global programs and responding to natural disasters, our main focus was on resettlement of Syrian Refugees in Canada.

Humanity First has extensive experience in supporting refugees by negotiating and creating in country frameworks which addresses access to education, housing, food groceries and shopping, finances, interpreters, settlement services, transportation, clothing, language training, childcare, health, accessing employment, religion, culture and recreation.



Humanity First has resettled more than 1300 Non-Syrian Refugees in Canada in recent years. These refugees are now well established and have quickly become contributing members of the Canadian society – a clear success story!

Humanity First Canada brings the knowledge, resources and credible capabilities due to On the ground expertise which includes guidance and support on, housing, food groceries and shopping, finances, interpreters, settlement services, transportation, clothing, language training, childcare, health, education, religion, culture and recreation.

In 2015, Humanity First organized a Donor Conference that provided an unprecedented opportunity to stakeholders, groups and individuals in sponsoring Refugees and is adept at supporting and where necessary, leading other NGOs.

Humanity First has successfully created the bond between refugees and Canadian public who have come forward to join hands with Humanity First and are currently assisting hundreds of Syrian Refugees in Canada alongside with government resettlement programs.

Despite extraordinary demand of resources and funds, we did not slowdown in other projects and continued to deliver other Canadian and Global initiatives without any impact.

May God Almighty bless all our donor, supporters and volunteers who have enabled us to put “humanity” first throughout the year!

Best Regards!

A handwritten signature in blue ink, appearing to read 'Aslam Daud', written over a light blue grid background.

Dr. Aslam Daud
Chairman
Humanity First Canada

INTERNATIONAL PROGRAMS

- Disaster Relief
- Water for Life
- Food Security
- Healthcare
- Learn a Skill
- Knowledge for life
- Orphan Care



Disaster Relief

Nepal Earthquake

On Saturday, 25th April 2015, a powerful earthquake measuring 7.8 on the Richter scale struck 40 miles northwest from the capital Kathmandu in Nepal and was also felt in India and China.

Quick facts

- People affected: Approximately 8 million
- Death toll: Around 8,700
- People injured: At least 22,200
- Number of children who needed urgent assistance: 1.1 million
- Number of people who needed humanitarian assistance: 2.8 million
- Number of homes destroyed: More than 505,000
- Number of homes damaged: More than 279,000

Response by Humanity First

Humanity First Disaster Response Team initiated the relief work in Nepal in the earthquake zone near Katmandu. A team of 14 doctors, surgeons, paramedics and logistics personnel was deployed to assist victims on the ground from Canada and UK. The team worked in partnership with Ahmadiyya Muslim Community of Sang Nepal as it was a joint mission of the three countries.



Humanity First has extensive experience in providing immediate and long-term relief support after natural and manmade disasters.

As First Responders, Humanity First helps the victims of natural calamities and provides emergency relief such as medical care, food, clean water and emergency supplies.

Next to the emergency phase comes the recovery and rehabilitation, where Humanity First continues the relief mission by rebuilding shelters and restoring infrastructure and survival resources of the victims of disasters.

Humanity First has saved lives of millions of people through its disaster relief and rehabilitation projects in the disaster stricken areas and has made its mark in responding to the following major catastrophes of the past two decades:

- Earthquakes in Haiti, Japan, Pakistan, Turkey and Iran
- Typhoons and Floods in Brazil, Fiji, Pakistan, Nigeria, Niger, Philippines
- Storms and Tsunamis in the USA, Indonesia and Bangladesh
- Conflicts in Eastern Europe

During the emergency response phase, the response team focused on providing medical assistance, emergency shelter, clean drinking water and emergency survival boxes to the displaced families.

The relief camp including a medical camp was based in a village outside the Gorkha city to execute the relief operations for the victims of the earthquake. Whereas a command center in Canadian headquarters operated 24/7 monitoring and assessing the situation and planning the next steps.

Humanity First worked in close coordination with United Nations Cluster and the local partner Ahmadiyya Sang Nepal to define next steps. The teams also worked with government agencies in procuring Aquaboxes and blankets for the disaster affected areas.

- **More than 6000 survivors were provided emergency relief and medical assistance.**
- **500 Aqua Survivor's Boxes were distributed to the affected families with proper orientation on how to use them.**



Philippines Typhoon Melor

Typhoon Melor, also known as Typhoon Nona in the Philippines was a Category 4 tropical cyclone that struck the Philippines in December 2015.

- Oriental Mindoro was worst hit, with 98,000 homes destroyed, 279,000 houses damaged, 700,000 people fled to evacuation centers and 42 people were killed and caused ₱6.45 billion (US\$136.4 million) in damage including agriculture and infrastructure.
- A state of calamity was declared in the whole country under Presidential Decree to speed up rescue, recovery, relief and rehabilitation operations following the devastation by the typhoon.



Response by Humanity First

Humanity First Canada provided emergency relief to the victims in the province of Oriental Mindoro.

- A total of **425** Aquaboxes were distributed and 20 Aqua filters in the Municipalities of Baco and Naujan.
- In the Municipality of Naujan, **215** affected families received assistance in **5** barangays and the distribution took place at the gymnasium of the Municipality of Naujan in co-ordination with the Department of Social Welfare and Development (DSWD).
- In the Municipality of Baco, **210** affected families received assistance in **2** barangays.
- Each Aquabox contained the following items:
 - Water Purification Equipment (filters)
 - Feeding and Drinking Equipment (bucket, water carrier, kitchen set, stainless steel cooking pots and pans, plates, mugs, bowls, spoons, forks, knives, etc.)
 - Health and Hygiene Kit (wipes, bandages, dressing, soap, toothbrush, toothpaste, etc.)
 - Shelter and Survival Tools (cable ties, spade, axe, hammer, saw, nails, duct tape, GI Wire, rope, tarpaulin, etc.)
 - General Household Items (candles, matches, cotton material, sewing kit, scissors, torch, etc.)
 - Other Items (pencils, notepad, ponchos, etc.)

Disaster Relief Training Course

The Disaster Response Training Course was held on September 25-27, 2015 at the Humanity First Head Quarters in Vaughan, Ontario.

- Humanity First's Disaster Response Training Course is a premium **3 day preparation program**, designed to provide participants with a comprehensive understanding of disaster response management and medical practice in a natural disaster or a human crisis setting.
- A total of **17 delegates** from USA and Canada attended for the training course. Delegates were from various professional backgrounds such as Physicians, Pharmacist, RN, Anaesthetists, Healthcare Workers, Marketing Managers and Program Managers.
- The program was delivered by **12 highly trained International Faculty Members** from the UK, USA and Canada. Humanity First's Disaster Response International Faculty is composed of seasoned veterans who are medical or emergency response professionals with decades of disaster response experience.
- Course Outline
 - Disaster Classification and HF Management
 - Disease Prevention and Control
 - Communicable Disease Management
 - Medical Management in Disasters
 - Safety & Risk
 - Public Health Medicine
 - Transport & Convoy Procedures
 - Care of the Vulnerable
 - Trauma Resuscitation
 - Team policies for water, food, sanitation and waste disposal
 - Team Equipment & Supplies
 - Sanitation and Hygiene
 - Communication and Reporting Procedure
 - Case management
 - Primary survey – ABCDE, Adult BLS, Paediatric BLS
 - MRT Logistics, Camp set up and Structure

The Humanity First Disaster Response Course is aimed at doctors, nurses, paramedics and logistics personnel to equip them with an understanding of disaster response management and emergency medical practice.

This Course provides an overview of disaster response to both medical and logistics personnel. It is expected that HF Medical Response Team (MRT) members are certified on courses such as Advanced Life Support (ALS) and Advanced Trauma Life Support (ATLS). This Course is an adjunct not alternative to those courses.

Humanity First Disaster Response Course provides required training to handle and provide emergency basic medical and surgical assistance in a disaster scenario with minimum resources and maximum needs.



Water for Life

Pakistan

Humanity First Water for Life project in Pakistan continued to build more water wells in selected villages of Tharparker District, a deserted and one of the most neglected regions encompassing 22,000 sq km with an acute shortage of water.

- **By the end of 2015, 166 water wells have been successfully built in the last two years and are providing clean and fresh drinking water across the region.**
- **The approximate cost of a well is about USD\$3,500.**
- **These wells are serving a population of around 140,000 local residents and more than 195,000 livestock in these villages.**
- **Humanity First Canada funded three water wells in this project in 2015**



Humanity First believes that safe and clean drinking water is a basic human right.

Humanity First Water for Life program has been running for over a decade to deliver sustainable water solutions to combat scarcity of water across Africa, Latin America and South Asia.

Humanity First provides access to clean drinking water by building water wells, drilling boreholes and installing hand pumps in the remote villages where water is not accessible within the village or in a close proximity. Humanity first Canada has deployed such projects in Pakistan, Bangladesh, Nigeria and Niger.



Before



After

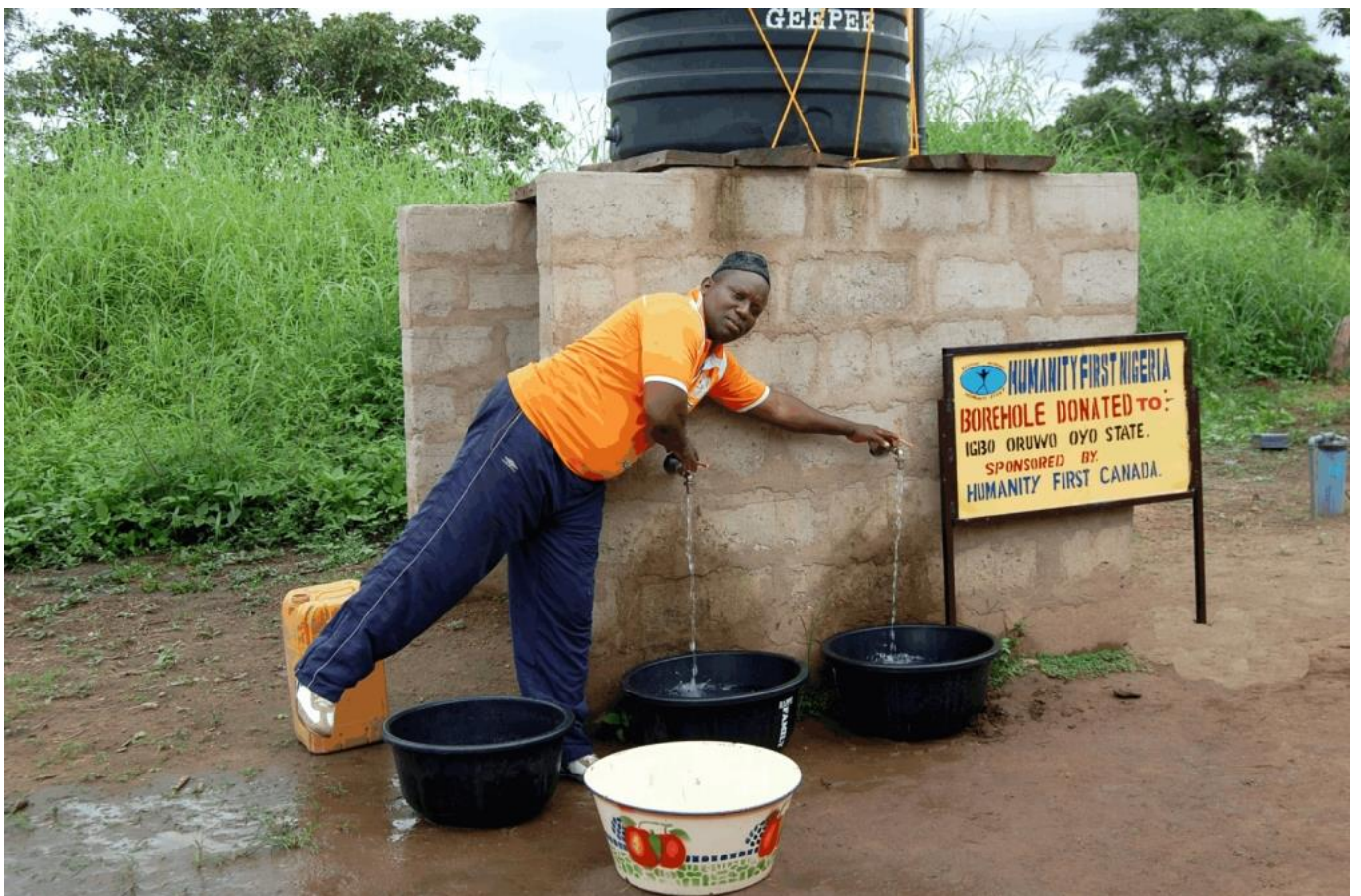


Nigeria

Humanity First completed **two** boreholes to provide the fresh and clean drinking water to the villagers in the Oyo-State, Nigeria. These boreholes are operating with the following features:

- A water tank installed with a capacity of **60,000** liters
- 2 to 3 pipes installed to draw water with taps attached.
- A generator to power the installation
- Beneficiaries are approximately **500** villagers in each village





Healthcare

Senegal

Senegal Hospital Project:

Humanity First is establishing a hospital in Dakar, Senegal, with the facility for general healthcare and plastic surgery. The population in that area is around 50,000 with only two small medical clinics that are not enough to meet the local healthcare needs. In addition, plastic surgery is not currently available in this sub-region.

The hospital project plan consists of 2 phases:

Phase 1

To acquire an appropriate building to rent and start with a Medical Center expecting to treat approximately 500 patients a month.

The initial requirement of the medical facility is to have 10 rooms, a permanent senior medical doctor/ surgeon, 15 medical staff, including 1 doctor, 5 nurses, 4 technicians and 6 support staff. The approximate cost is around \$450,000 approx. and the expected completion will be in December 2016 or next year.



Humanity First offers healthcare facilities in remote and underserved communities to provide primary health care and meet their preventive and medical needs. Mobile medical camps take place in deserving communities in Africa and South Asia with the support of local Humanity First teams to treat thousands of patients. Medical equipment is also donated to hospitals/clinics to treat acute and chronic diseases. Besides providing in vitals and general medicine, dental and pediatric treatment, cataract surgeries are also performed.

Current Status:

A rented facility is acquired and is under renovation for the hospital. A surgeon has been hired along with a medical team. Procurement of medical equipment, hospital furniture, office furniture, medical and surgical instruments, laboratory items is underway and should be delivered soon.

Phase 2

In Phase 2, Humanity First will build a full hospital on a land donated by the local Government of the district of Rufisque West.

- The land area is 1.2 Acre with a value of \$550,000 CAD
- Construction cost involved is \$2.1 million
- Total cost is anticipated to be \$2.5 million (approx.)
- Expected completion in 2018



Senegal Medical Camp

A three day medical Camp was organized in Senegal from December 25-27, 2015 in the area of Ndoukhoura Peulh, Dakar Senegal.

The objective of this camp was to provide primary medical care as well as raise awareness for health disorders related to hygiene and infectious diseases.

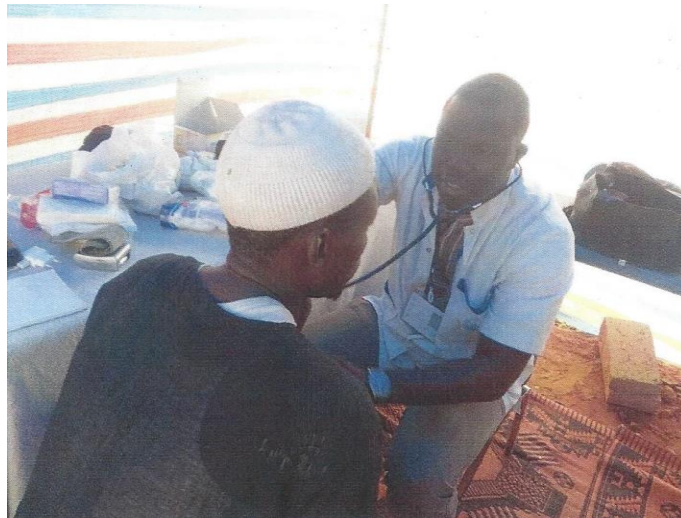
Educational Topics Discussed with Patients:

- Careful monitoring of food consumption
- Regular and adequate water daily intake
- Monitor and improve household living condition
- Prevention of diseases such as malaria, diarrhea and sexually transmitted diseases



202 Patients were provided medical care for:

- Bronchitis -18 cases
- Colds, allergic rhinitis - 22 cases
- Dermatoses - 8 cases
- Open wounds - 6 cases
- Food allergies and indigestion - 13 cases
- Headaches and migraine - 29 cases
- Rheumatism and trauma - 17 cases
- Gastroenteritis - 12 cases
- Arterial hypertension - 8 cases
- Malaria - 4 cases
- Tonsillitis and pharyngitis - 9 cases
- Asthenia physical - 21 cases
- Ear infections - 5 cases
- Salmonellosis - 6 cases
- Digestive disorders & constipation - 10 cases
- Asthma and atopies - 10 cases
- Urinary tract infection - 5 cases



Niger

Vaccination for Meningitis

Between January to June 2015, Niger was hit by the outbreak of meningococcal meningitis with 8,500 suspected cases and 573 deaths. This was the largest meningitis outbreak caused by *Neisseria meningitidis* serogroup C in the African meningitis belt.

Thirteen districts in Niger crossed the epidemic threshold. The five districts of Niamey, Niger's capital and largest city, reported 5,267 suspected cases and 260 deaths.

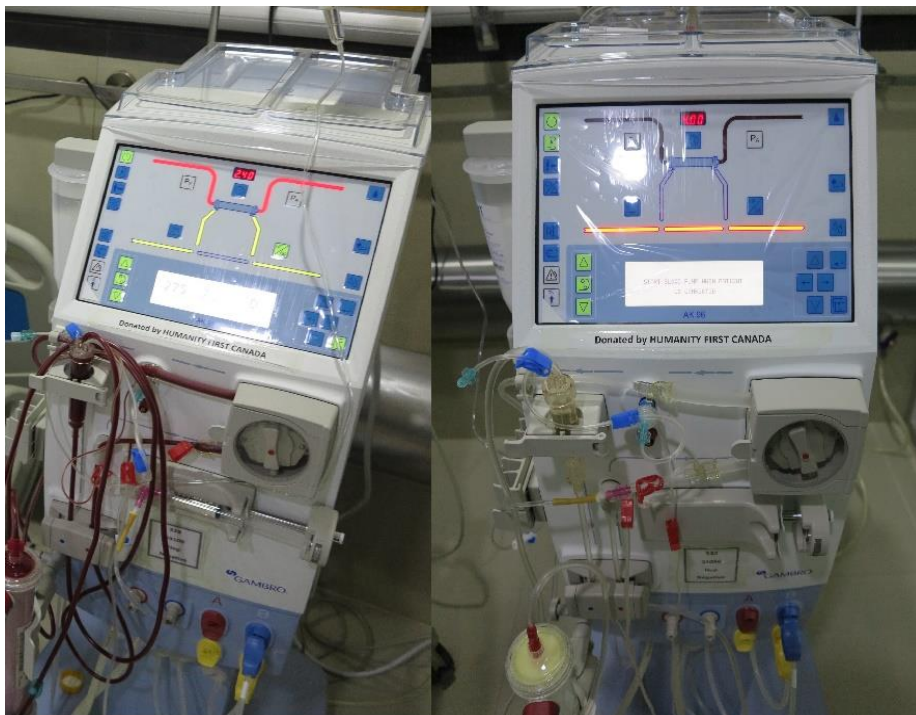
Mass vaccination campaigns and other emergency control measures were carried out by the Ministry of Public Health of Niger, local partners and WHO. Humanity First also participated in the relief campaign and facilitated the provision of vaccination to 100 people including children and adults in the Regions of Maradi, Konni, Dosso, Tillabery and Niamey.



Pakistan

Three Dialysis Machines were donated to the "Sharif Dialysis Center (SDC)" at the Tahir Heart Institute in the city of Rabwah, Pakistan.

These machines provide the finest dialysis facilities in the region for patients with kidney failure. They are fully operational and are treating hundreds of patients monthly and saving their lives.



A six storey state of the art Tahir Heart Institute started operating in 2007 in the city of Rabwah, Pakistan. Its foundation stone was laid in the year 2003. It is named after the fourth Successor of the Ahmadiyya Muslim Community, Hazrat Mirza Tahir Ahmad (rh) in accordance with his vision and dream of founding this institute.

It is one of the best, high tech heart institutes in Pakistan that is also equipped with specialized ambulances to transfer heart patients from long distances.

The Sharif Dialysis Center was built later as part of this institute and has been functioning since early 2012.

It is named after Hazrat Sahibzada Mirza Sharif Ahmad^{RA}, the grandfather of the World Wide Head of the Ahmadiyya Muslim Community, Hazrat Mirza Masroor Ahmad^{aa}.

Initially, six 6 dialysis machines were installed but with increasing workload another 5 machines were added including 3 from Humanity First Canada.

Food Security

Humanity First distributed fresh meat to feed the poor and malnourished communities in 3 African Countries in the month of October, 2015.

More than 51,600 people were served:

Niger 27,000

Nigeria 4,600

Senegal 20,000

It was a feast for those who cannot afford to include meat in their routine diet. This service is very well received every years in the poor communities of these countries.

Various food supplies were also distributed in several communities as a result of occasional need assessment such as:

Niger

- More than 100 refugee families were assisted with food packages upon their migration from the Nigerian borders to Niger in the region of Maradi. These refugees fled across the border seeking refuge in Niger due to the civil crisis escalated in Nigeria.
- 100 food packages were distributed during the month of Ramazan to the needy families in Regions of Maradi, Konni, Dosso, Tillabery.

Senegal

- 11 tones (22,000lbs) of rice and 50 containers of oil were distributed in the poorer communities near Dakar, Senegal assisting more than 1000 families.

Food security is a basic human right. Around 795 million people in the world do not have enough food to lead a healthy active life due to poverty. That's about one in nine people on earth (WFP).

Humanity First works with local partners to address the immediate nutritional needs of the populations by implementing programs and services to fight hunger. Internationally, different solutions are offered to fight hunger based on the need assessment, such as:

- Bulk distribution of food aid in poor communities
- Food Banks and pantries in North America
- Mobile meal services
- Training farmers in sustainable modern techniques of agriculture



Learn a Skill

Niger

Two Sewing Centers are operating in the areas of Banifandou & Cete Depute in Niamey. The learning of sewing skills enables local women to financially support their families. They save the cost of buying garments and other linen products and generate income from sewing business.

- New furniture and 4 sewing machines were provided to the center in Cete Depute in Niamey to meet the growing need
- The centers have provided training to 150 village women this year on sewing clothing and various linen products



In an effort to alleviate poverty, Humanity First is operating vocational training centers in African countries such as Nigeria, Niger, Senegal, Burkina Faso, Sierra Leone, Benin, Ghana and Gambia.

These centers are providing subsidized or free training designed to fit local needs and labour market dynamics.

The training provided opens avenues for people to become self-sufficient either by running their own business or by getting employment for a better future.

Humanity First Canada is operating vocational training centers teaching basic computer and sewing skills in Niger and Senegal.

One IT Center in Niamey is benefiting local residents by them learning basic computer skills. The IT center is located in Katakò, Niamey.

A total number of 189 students received training this year.



Senegal

Two Humanity First IT Centers in Senegal continued training the local residents on basic computer skills including, typing, using windows and MS office, etc. These centers are located in the Central Region of Kaolack.

23 students received formal training in 2015.



Knowledge for Life

Jordan

Amman Tuition Center

Humanity First has been operating a Tuition Center for High School students in Amman, Jordan since September 2014.

The objective of the Tuition Center is to prepare students to enter any university worldwide as they have been out of the school for some time during the transition phase of their migration from Syria to adjacent countries.



- An average of 300 grade 12 students are enrolled, including more than 60 female Syrian refugee students who otherwise had no hope of continuing their education after being displaced from their homeland.
- The center runs from Monday to Saturday for 6 days a week and has six classrooms with 15 teachers. The curriculum includes both arts and science subjects.
- 27 students from this center have secured admission to Universities and Colleges.
- The center runs from September to June.

Children are the future of humanity and we shape our future. Humanity First supports underprivileged children to improve their academic performance by sponsoring their educational needs.

Humanity First scholarship program awards scholarships to bright university students of financially underprivileged families to assist them in their education in Canada.

Internationally, Humanity First supports schools with the provision of school supplies, furniture and the building of school facilities in underprivileged communities.

Humanity First's assessment has found that education for Syrian refugee children is being neglected. Whilst education is provided inside the refugee camps, 66% of the refugees live outside of these camps, and whilst these children should be able to attend Jordanian Government schools, only a minority are able to do so.

The two educational institutions are playing an important part in the rehabilitation of these children, not just by providing education but by trying to heal the traumatic stresses of the war.



Mafraq Kindergarten Project

Since 2014, Humanity First's Kindergarten school in Mafraq, on the border between Jordan and Syria is providing education to the poorest Syrian refugee children. The objective of this school is to prepare children for the regular Jordanian school system.

- The school is educating over 100 children, mostly Syrian refugees but a few very poor local Jordanian children are also enrolled on humanitarian grounds.
- In addition to free education, the children are also provided with uniforms, school bags and stationery items every year.
- Many of the refugee children are already traumatized by the war and their journey to escape the troubles.
- Humanity First aims to give them a goal and a hope for a better future and the teachers are trained to offer psycho-social counselling to the children who are suffering with the trauma of war.
- The school has 9 staff and one school bus for pick and drop service.
- The direct cost to the school is 29'000 Jordan Dinars or \$41'000 USD.



Niger

- 500 deserving students were provided with a package of school supplies and school uniforms in the regions of Maradi, Konni, Dosso, Tillabery, and Niamey.
- Each student received a school bag filled with books, notebooks, stationery and school uniform.

Senegal

- 1000 students were given school supplies in local communities.



Orphan Care

Sierra Leone

Humanity First supported 100 orphans in Sierra Leone for three months through the Orphan Care program, from May to July, 2015.

These children were orphaned due to the devastating Ebola Outbreak started to spread in the West African countries in 2013 and got out of control in 2014 until 2015. These orphans were in the care of various foster families and guardians in Sierra Leone.

The orphans were located in Free Town, Port Loko and Bombali districts.

The orphans were provided with food, clothing, preventative supplies, medicines and toiletries.

The Ebola virus resulted in significant loss of life and social disruption, mainly in three West African countries; Guinea, Sierra Leone and Liberia.

As of 2016, although the epidemic is no longer out of control, flare-ups of the disease are likely to continue for some time.

Nigeria

12 orphaned children continued to receive foster family care with secure family environment. The children were enrolled in schools and received all necessary care such as healthcare, food, clothing and family support.

Under this program, the sponsored children are placed under the care of a carefully selected couple who can responsibly care and rear these children. They are provided with shelter, basic nutrition and healthcare, as well as primary schooling.

A Humanity First Coordinator facilitates this program and visits the orphans and the foster families regularly to ensure that each family is managing successfully.

Children under the age of 18 qualify for this program. They are fostered until they reach 21 years of age or complete post-secondary education - whichever comes later.

A person sponsoring an orphan today can choose to become a distant parent.

A simple donation of \$35-100 per month can provide for a child's sustenance, healthcare, and education.



CANADIAN PROGRAMS

- **Food Security**

- Feed a Family
- Feed the Homeless

- **Refugee Resettlement**

- **Healthcare**

- Seniors First
- Women's Discussion Groups

- **Knowledge for Life**

- Scholarships

- **Tax Clinic**

- **University Student Clubs**

- **Volunteers**

Food Security

For many Canadian families, the cost of living is not affordable. An average of 852,137 Canadians turn to food banks each month as reported by Food Banks Canada.

After paying for the rent, utilities, transportation, clothing, and other expenses, many families are not left with enough money for food.

Humanity First provides monthly food support to low or no-income individuals and families of York Region and Greater Toronto Area.

Feed a Family

The Feed a Family program reduces the daily hardship and provides a chance to strive for a better future.

It provides extra financial margin to obtain fresh food such as meat, fruits and vegetables with a hope of reducing malnutrition.

A free food delivery service is provided to those who are unable to access food support programs due to any physical or transportation barriers. By bringing food to people's homes, the program increases access to food thus fills the gap of poverty to prosperity for them.

2,100+	Families Registered
12,000+	Individuals Provided with Food
3,000+	Food Hampers Provided
33,000+	Food Bank Volunteer Hours Completed



Humanity First always strives hard to respond to the local needs of an ever growing diverse population of needy families with an amplified capacity and outreach.

We strongly believe our service brings resilience to the families in need by supplementing their monthly shortfalls and giving them a ground to spring back.

In addition to the food support, Humanity First offers a broad spectrum of supplementary services to low income families relying on our support, such as winter clothing, regular clothing, bus tickets, school supplies, toys, etc.

New clothing, accessories, sanitary supplies, housewares, toys and school supplies were also given to the needy throughout the year.

The clients served were from diverse backgrounds, such as:

- Social Assistance and Ontario Works clients
- People with mental and physical disabilities
- New-immigrants and refugees
- Seniors
- Unemployed
- Students / youth living independently
- Homeless on the streets and shelter residents

Food Drives

42 food drives were conducted in 2015



Schools Food Drive in the City of Vaughan <i>7 Schools supported Humanity First Food Bank during Thanks giving and Holiday season in 2015</i>	<ol style="list-style-type: none"> 1. Nelly Mclung P.S 2. Discovery P.S 3. Vantura Park P.S 4. Roberta Bondar P.S 5. Westminster P.S 6. Macleod's Landing P.S 7. Charlton P.S
Child Ventures Day Care Centers	3 Centres located in Thornhill and Richmond Hill
Centennial College Drive in June	Organized by Health and Wellness Department
Vaughan Public Libraries	110 food boxes were received in December near the holiday season
AMJ Lajna Branches June - July	26 GTA Branches conducted food and fundraising drive.
Neighbourhood Food Drive	4 Food Drives were done by university students.





Million Pounds Food Campaign by AMYA Canada



Led by the Ahmadiyya Muslim Youth Association of Canada in partnership with Humanity First, the “Million Pounds Food” campaign was a nationwide initiative aimed at raising one million pounds of food to feed the needy in Canada.

The campaign was initiated with the goal of bringing attention to the issue of hunger in Canada on a large scale; to make a real difference in the lives of less fortunate Canadians by working in collaboration with local charities to make an impact at the grass-root level. The dream was to start something to put us on a path to tangibly, and practically, end hunger in Canada.

Thousands of Canadian Muslim youth, across 75 chapters collected food by going door-to-door, carrying out indoor/outdoor food collection, and hosting awareness events across the country.

Phase 1

- 60% by end of holiday period 2015



Phase 2

- 80% by end of March 2016



Phase 3

- 100% by end of June 2016

Over 500
Volunteers
Across Canada

35,000 Pounds
of Food
Collected
(as of May 2nd,
2016)

\$150,000
Funds
Collected
(as of May 2nd,
2016)



Community and Corporate Volunteer Groups

Various corporate and school/university groups selected Humanity First to spend their Volunteer Day at the Humanity First Food Bank to assist with routine work. These groups assisted in reorganizing warehouse inventory, sorting and shelving of food, installing new shelves and storage equipment, preparing food hampers for delivery to clients and actually delivering many of them.

Organisation	Month	# of Volunteers
Vaughan in Action Special Needs Youth Group	Once a week	A group of 5 to 6 special needs youth continued to visit the Food Bank every Friday for an hour to assist in the warehouse work and gain workplace experience.
Hershey's Canada	May	8 employees
Nielsen Canada	June	10 employees
Purolator Canada	June	35 employees
Markham Chinese Alliance Church	July	26 children (grade 6 to 8), 4 counsellors and a mother with 2 children. These volunteers were part of the children's ministry of the church
Winners Canada	December	12 employees
Concur Canada	November	10 employees
Discovery P.S	November	2 classes, grade 5 and 6 students, 54 students in total
SAP Canada	October	11 employees
Kerry's Place, special needs youth group	Twice a week	3 to 4 students with one on one supervisors





Winter Clothing

Humanity First provides new winter clothing, outerwear and accessories to deserving families, especially newcomers for their first winter in Canada.

This year, 85 newcomers were provided with new coats, snow shoes and pants and other winter accessories as the winter drew in. In addition more than 1000 individuals received new clothing and accessories.



Transit Tickets

Transit tickets are made available to those without personal transportation and facing financial constraints. To access basic needs of everyday life, such as food, healthcare, education and employment, transit expenses adds on to the existing financial burden. Providing transit tickets to deserving families greatly helps them in getting mobile for their basic needs and also gives them an additional financial margin to meet other crucial needs which otherwise are compromised. For example, free tickets help:

- Students from marginalized families to reduce their daily travel cost to college /universities and part time jobs, etc
- Low income individuals and families to commute to grocery stores, and food banks, if not located at walkable distance, especially in winter etc
- New immigrants in their early settlement struggle

1000 Bus tickets were given to students, newcomers and various Food Bank clients.



Feed the Homeless

Humanity First Student Clubs at York and McMaster Universities took the lead in conducting Feed the Homeless services:

Humanity First Club @ York University Services:

- 1- Downtown Toronto– Oct 29, 2015:** 30 volunteers participated in serving **400** homeless on the streets and in shelters.
- 2- Women's Shelter Dinner– Nov 13th, 2015:** 10 volunteers visited the shelter and served **30** residents. Volunteers cooked and served a warm meal to the residents and performed housekeeping chores like cleaning, washing, etc. They played games with the children and mothers.
- 3- Senior Home Dinner – Nov 25th, 2015:** Cooked and served a meal for 20 senior residents.
- 4- Youth Without Shelter Dinner– Dec 18, 2015:** Cooked a fresh meal and served it to the residents and workers at the shelter. Humanity First volunteers spent time with the homeless youth and ate dinner with them. Volunteers were also given a tour of the facility. This service allowed the homeless youth to have company of main stream youth and leaders and learn good practices and moral values from their peers. 6 Volunteers visited the shelter serving **60** individuals.
- 5- Holiday Season Service in downtown Toronto – Dec 24 and 25th:** 70 volunteers participated in serving pizza to the homeless in downtown Toronto on 24th and 25th of December. Along with the pizza meal socks and gloves were also given to homeless. Almost **1500** homeless were served on streets and in shelters. This service was covered by City TV.



Under this program, homeless on the streets are served hot meals, mostly pizza, at least 4 times during the year in various communities of the Greater Toronto Area.

Various shelters are also served with freshly cooked meals.

Humanity First University Clubs Teams also participate in this service and visit various shelters to serve meals to the residents. In youth shelters, our teams spend time with the youth residents and spent quality time with the residents for peer mentorship.

Such initiatives help the homeless youth in building their morals and a positive attitude towards life.

At one event 300 to 400 homeless are served, resulting in serving 1600 homeless or more per year.



Humanity First Club @ McMaster University Service:

- **Feed the Homeless | November 2015**

A group of volunteers from McMaster Humanity First Club distributed pizza and beverages to over 300 individuals in the Salvation Army and Notre Dame homeless shelters in downtown Hamilton.



**Altogether in all services
2310 Homeless Served
150 Volunteers Participated**

Refugee Resettlement

Humanity First has become one of the leading Private Refugee Sponsorship and Resettlement Organization. The year 2015 has been extremely busy for Humanity First where over 500 volunteers joined Humanity First to sponsor and assist Syrian refugees to resettle in Canada.

In 2015, over 300 refugees including Syrians were resettled in Canada by Humanity First and were assisted in their early settlement to become self-sufficient members of Canadian society.

Upon arrival, the newcomers are invited to a comprehensive orientation session for them to learn about their new life in Canada, civic values, Canadian culture and the early settlement process that they need to go follow to integrate in the Canadian communities.

In 2015, a total of 30 orientation sessions were organized for the newcomers.

Syrian Refugee Crisis

The Syrian Crisis is one of the worst humanitarian disasters of recent times. In fact, it is the worst human displacement since World War II - almost 11 million i.e. half the Syrian population are displaced, over **220,000 killed**, and more than **16 million Syrians** are in urgent need of assistance inside and outside Syria.

Humanity First Response

Humanity First is engaged in sponsoring Syrian refugees since early 2015. Over 130 Syrian refugees were successfully resettled in Canada by Humanity First and hundreds more will continue to arrive in 2016.



Global forced displacement is an emerging challenge for many years. Humanity First is working at the fore front of privately sponsoring refugees from outside of their country of origin and resettling them in Canada.

These refugees begin a new life in Canada and become positive and contributing members of society.

Over 1200 refugees have been successfully resettled in Canada by Humanity First since 2010.

More than 500 volunteers are working in refugee resettlement program and are fully trained and managed by Humanity First Resettlement Team.

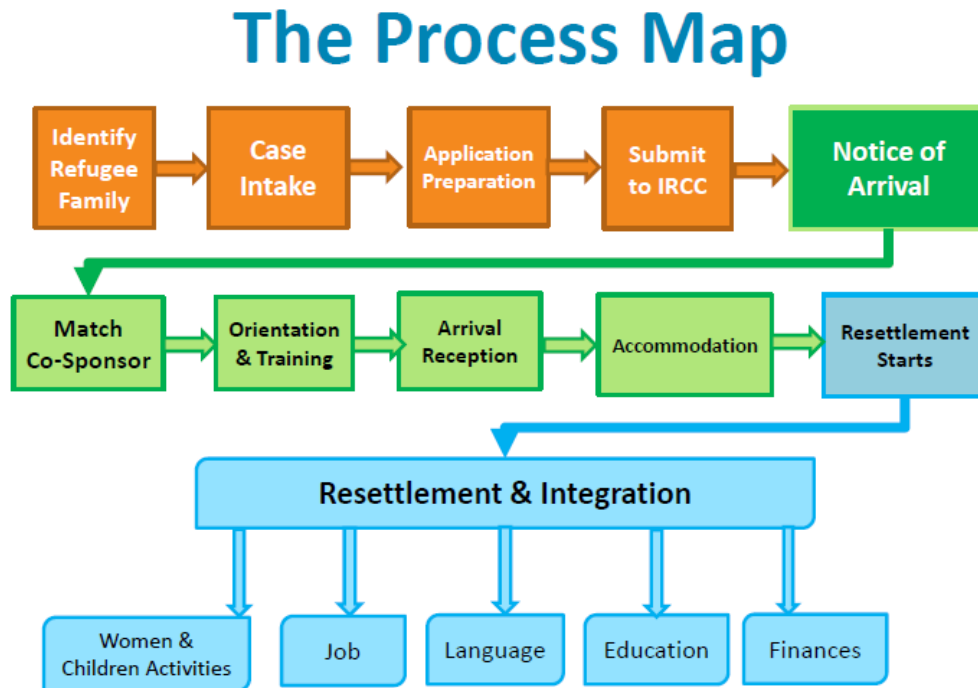
Humanity First is recognised by its donors and volunteers as the most organized & efficient organization with profound infrastructure of sponsorship and the resettlement of refugees.

Humanity First Offers to Refugees:

- Safety with Dignity
- Care with Compassion
- Support with Respect
- Accommodation with Comfort
- Early Training for Employment
- Education with Hope

Humanity First has taken a lead role in creating synergistic relationships with various groups and the general public interested in sponsoring and helping refugees by engaging them in a very simplified and practical step by step approach for sponsorship and the resettlement process.

Humanity First worked directly with Constituent Groups, Co-sponsors and individual sponsors by developing a simple process to effectively resettle Syrian refugees in Canada.



Canadian individuals and Groups were offered to become part of one or all of the following three groups:

Donors

Volunteers

Sponsors

Humanity First provided training and orientation to all of the partnering groups to understand and follow a well-established organizational structure for the sponsorship and resettlement work.





During the month of November 2015 and onwards, a large number of co-sponsor groups came on board with Humanity First from various Canadian communities in sponsoring Syrian refugees to resettle in Canada in the wake of new government initiative of resettling **25,000** Syrians in Canada before the year end. The response of Canadian citizens was spontaneous and inspirational to the cause of helping Syrians dislocated outside of their homeland and seeking refuge in Canada.

Currently, Humanity First is working with over **60** groups – each consisting of **10-15** individuals who got together to form a co-sponsor group to assist the resettlement of Syrian Refugees.

These groups consisted of doctors, lawyers, neighbours, work colleagues, students, families, ladies, alumni and sports friends. The only thing that was common in all groups was that every member of each group had a passion to help refugees.



Over 300

Refugees including Syrians were successfully resettled in Canada by Humanity First, with hundreds more arriving in the near future! More than 500 Volunteers serving the cause day and night!



Awareness and Fundraising Event

Donors' Conference on Refugee Resettlement (November 20, 2015)

Humanity First has been at the forefront of privately sponsoring Syrian refugees and resettling them in Canada. To create awareness and trigger synergetic relationships, Humanity First organized a donor conference to bring various stakeholders and interested groups to share knowledge and develop partnerships that would benefit the sponsorship and resettlement process.



It also provided an opportunity to connect with those wanting to offer funds and resources to sponsor refugees, and to educate individuals and groups, how they can work with sponsorship organizations to assist the refugee.

Individuals looking to donate funds and resources, or those interested in volunteering to assist Syrian Refugees found the conference very helpful to learn about the organizations and methods to get involved and make an informed decision about allocating their resources.

Conference main focus

- Sponsorship Process and Challenges
- Resettlement Process and Challenges
- Canada's Role in Refugee Resettlement
- Canadian Donors and Sponsors Engagement

Target Audience

- Refugee Sponsoring Organizations
- Resettlement Organizations
- Constituent Groups
- Individuals and Groups interested in sponsoring refugees
- Volunteers wishing to engage in resettlement process
- Government agencies engaged in refugee affairs
- Donors and Supporters
- Religious organizations assisting with refugee resettlement

Pre-Conference Workshop

A workshop was organized prior to the conference in the late afternoon for sharing knowledge on human displacements, Canadian Immigration system, and resettlement. The workshop focused on:

- Prioritizing Syrian Refugees over other refugee populations – Are there impacts?
- Selecting the most vulnerable – Is it possible?
- Bringing 25,000 Syrian Refugees by the end of 2015 – Is it possible?

Attendance

More than **1,000 donors and supporters** attended the conference.

Conference Speakers



Honourable John McCallum Minister of Immigration, Refugees, and Citizenship Canada



Jennifer Nagel - Associate Chair of the Department of Philosophy at the U of T



Honourable Jim Karygiannis – Councillor City Toronto



Lal Khan Malik – President Ahmadiyya Muslim Community Canada



Michael Casasola- Resettlement Officer with UNHCR in Ottawa



Alexandra Kotyk – Project Manager Lifeline Syria



Brian Dyck - President of SAH Association

Healthcare

Seniors First – Health & Fitness

The Seniors First Health & Fitness program provides seniors with opportunities to stay active and engaged in everyday life, enabling them to foster a healthy and independent living.

Program Focus in 2015

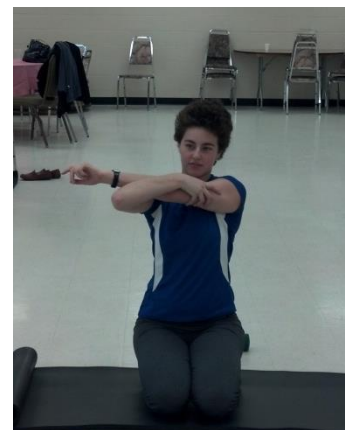
- The project “Cook healthy, Eat healthy and Stay healthy” was a great success and was very well received by the senior participants.
- With twice a week sessions, **77** sessions were held excluding days with severe weather conditions for seniors.
- 2 Field trips were organized to **Innisfil Beach in Simco County** and to **Centre Island near Downtown Toronto**.



Outcomes and Impact

The participants:

- **Learnt a variety of new skills of cooking food in a safer way** to keep food from destroying nutrients as much as possible.
- **Explored new food items beyond their cultural food** and developed a taste for healthier food items.
- **Improved their knowledge on foods that can benefit in countering a health issue**, disease or illness and food that can trigger or fuel the health problem.
- **Enjoyed their time in a meaningful manner, experienced and learnt new things with peers through exploration of food and ways of consuming it for better health.**
- **Learnt how to combat their stresses** and any issues they may have been encountering in everyday life through the social setup of the sessions.
- **Stayed active and healthy throughout the year with the** fitness component of each session. They were led in **light exercises, discussions and question / answer** on healthy living.



Certified fitness trainers giving demonstrations to seniors in group exercise



Additional Topics Under Focus

- Cancer, diagnosis, treatment and possible prevention
- Healthy body and mind
- Menopause and hormonal changes
- Osteoporosis
- Oral health and hygiene
- Water intake and some common myths
- PH levels in our bodies and how to maintain them by eating the right food
- Arthritis and prevention and control

Women's Discussion Groups

Women Support Group Sessions are organized to hold discussions on social, moral, health and domestic issues. The objective of these sessions is to mentor and guide women on combating social and domestic issues they face in everyday life. The group also hold discussion on health related issues and the participants are led into a light Yoga exercise at the end of the session.

In 2015, **48** sessions were organized on weekly basis in which an average of 15 to 20 ladies participated throughout the year.

The program also offers recreational activities to participants in the form of field trips and light sports occasionally which certainly increase the benefit of the program and offer opportunities or making new friends and reduce stress level from everyday life of the participants.



Topics covered

- | | |
|---|--|
| <ul style="list-style-type: none">• New Year Resolution and Goal Setting• Immigration, Citizenship and Settlement• Anger Management-Causes and healthier ways to deal with it• Memory Loss, symptoms, ways to enhance memory. Amnesia, Dementia and Alzheimer• Parenting of Teenagers• Nutrition• Healthy Relationships• Stress Management and Relaxing Strategies• Learning Disability• Self-esteem & Confidence• Indoor/outdoor Gardening• Higher Education and the importance of learning English | <ul style="list-style-type: none">• Positive Parenting Program (Triple P)• Impact of Violence or Constant Conflicts on Children• Domestic violence, family disputes and impact on children• Communication between mothers and their children• Employment• Importance of Personal Care in Busy Life• Diabetes• Self-exploration & getting to know yourself• Festivals of Eid and Rakhi• Women's health on reproductive system• Thyroid, symptoms, diagnosis and treatment• Dream and hopes |
|---|--|

Knowledge for Life

Our Children Our Future Scholarships

Awards 2015

Miss Heidi Zaker from York University, a 4th year student of political sciences secured \$2500

- An active community volunteer and is part of the executive team of Humanity First Students Club at York University.
- A member of Peace by Peace, a conflict resolution charity for children where Heidi teach children problem solving skills.
- A Sunday school teacher at the Spirit of Truth church.



Miss Tara Quigley from McMaster University, pursuing a Bachelor of Science degree in the Neuroscience program, secured \$2000.

- Working towards conducting medical based research in the near future, possibly investigating topics such as brain injury, visual impairments, or drug and substance addiction and abuse.
- A community giver and volunteered at Humanity First with her family in the early settlement of newcomers



In addition, two scholarships are awarded to following two universities for them to award students meeting the criteria:

Toronto University \$1000

York University \$1000

Our Children Our Future program sponsors students and schools facing formidable challenges in experiencing success in their academic learning due to budget cuts, lack of desired resources, necessities, or any other circumstances.

In addition, Humanity First Canada awards scholarships up to \$2,500 to bright and deserving students who are also community givers and serve humanity in any possible way they can.

The scholarship are awarded based on the sole discretion of Humanity First Canada with preference being given to those who are actively involved in the community and demonstrate higher academic performance despite of their financial struggle to excel in their career.

Available scholarships are:

1. SMSA Award \$2,500
2. Humanity First Champion Award \$1,000

TAX Clinic

The annual Free Tax Clinic in partnership with CPA Ontario was held on March 23, 2015 in Aiwan Tahir Community Center to assist families from low-income bracket in filing their taxes for the year 2014.

144 tax returns were completed with the help of 14 CPA volunteers and 6 Humanity First Finance volunteers during the full day event service.



Humanity First offers Free Tax Clinic once a year in the month of March under the Community Volunteer Income Tax Program.

This program serves individuals from low income bracket to file their taxes free of cost and hassle.

Members receiving Ontario work, Ontario Disability Support Program (ODSP), Employment Insurance (EI), Old Age Security, & Guaranteed Income Supplement are eligible to file their tax returns at the tax clinic.

Out of the Cold Program

Every year Humanity First organises Out of the Cold program in partnership with Mosaic Interfaith Out of the Cold Program of York Region.

This program offers emergency shelter and food to homeless people at night during the sever winter season through various organizations in York region. These organisations provide shelters on different nights of the week from November to March.

Humanity First offered shelter to homeless each Thursday night for 8 nights. The duration of the stay at the shelter was from 4pm on each Thursday evening to 10am on Friday morning.

- The program duration was from February 12 to March 26, 2015.
- 35 to 40 homeless were assisted every Thursday night
- The homeless residents are served with evening snacks, dinner, morning breakfast and a lunch bag before they leave.
- In addition shower facility and emergency clothing is also made available.



Humanity First Fundraising & Awareness Events

Humanity First holds fundraising and awareness events across the country to raise funds for its humanitarian projects in service to humanity.

The year 2015 has been very busy in holding a large number of events in various major cities. Altogether, 8 events were held in which thousands of donors and supporters participated including government officials, politicians and dignitaries from various walks of life and applauded greatly Humanity First service to humanity!

These events play an important role in building awareness of Humanity First work among media and general public, as well as, in raising funds for the projects. In 2015, the following fundraising banquets and events were held:

- | | |
|--|--------------------|
| 1. Toronto Humanity First International Day Promoting An Act of Kindness | March 8, 2015 |
| 2. Web / Radio Telethon Fundraisers | March 8, 2015 |
| 3. Edmonton Syria Relief | March 09, 2014 |
| 4. Ottawa Ebola Relief | March 28, 2015 |
| 5. Calgary Building of Senegal Hospital Project | May 2, 2015 |
| 6. Toronto Iftar Fundraising Dinner for | July 4, 2015 |
| 7. Saskatoon Run for Humanity for Model Village Project | September 26, 2015 |
| 8. Toronto Golf Tournament for Food Bank | September 27, 2015 |
| 9. Toronto Refugee Resettlement Donor Conference | December 4, 2014 |



Run for Humanity

A charity walk was organised by Humanity First Saskatoon Branch on September 26, 2015 to raise funds for the Humanity First Model Village project in Africa. The run was inaugurated by his worship Donald Atchison Mayor of Saskatoon along with Mr. Brad Trost MP, Hon. Gordon Wayant MLA (Minister for Justice and Attorney General), Hon. Ken Chaveldayoff MLA (Minister for Environment).

- Funds collected - \$3945
- 120 people participated
- There were two routes created for the run; 3Km and 6 Km



Plant a Tree Campaign

In June 2015, Humanity First Saskatoon planted 130 plants at the South Bound of Saskatchewan River in Saskatoon. The Lieutenant Governor of Saskatchewan Vaughn Solomon Schofield inaugurated the campaign. 120 guest attended the event and 30 volunteers participated



Humanity First Student Clubs

Humanity First @ York U

The Humanity First at York University club was founded in 2013, and has grown tremendously since then. The Club has organized many volunteer and fundraising events in support of various Humanity First Canada projects.

In the year 2015, they raised over \$5,000 dollars to build a water well under the **“Water for Life”** program by holding various fundraising and awareness events on Campus. In addition, under **Feed the Homeless** Program, numerous services and events were organized where they provided freshly cooked meals and snacks to homeless individuals in downtown Toronto and at local youth shelters, women’s shelters and senior homes.

Humanity First @ York U was the recipient of the **“Club of the Year”** award by McLaughlin College, an award given to a club for their overall success and dedication to the McLaughlin College community.



With over 50,000 students and 400 student clubs at York University, the Humanity First Club’s accomplishments and level of outreach are a testament to their ability to execute successful events.

Humanity First @ York U also accepted a Volunteer Award at **Humanity First Canada’s Volunteer Service Awards 2015**, for their outstanding contribution to Humanity First initiatives.



Student volunteers with passion to serve humanity, have established Humanity First Clubs in various universities of southern Ontario, such as McMaster, York, and Ottawa. The aim of these Clubs is two-folds, one is to raise awareness for social issues such as poverty and disaster, and get support from youth force to improve the quality of life for those in need, devoid of any distinctions.

Secondly to provide students with volunteer opportunities to groom their skills while creating positive change in local and global communities through Humanity First. These clubs serve as a great way to promote and provide exposure to Humanity First and its many wonderful projects within Canadian youth.

Love for Humanity Tabling

Fundraising and awareness booths were setup several times throughout the year on Campus. It became a good opportunity for students in search of on campus volunteering opportunities. Students are also invited to the General Body Meetings to become long term volunteers.

Samosas for Humanity | January 2015

A Tabling Fundraiser was held on campus at Vari Hall to raise funds for Humanity First projects. Samosas were also sold.

General Body Meeting

The monthly general body meetings were held throughout the year for performance review and planning of new activities and services.

Henna for Humanity & Socks for Humanity | February and October 2015

A fundraiser was organised where henna art work on hands was done for a small cost. Students also collected socks to be given to homeless on future Feed the Homeless events.

Water for Life Event Feb 25-2015

A Tabling Fundraiser was organized in Vari Hall on Campus. Students were asked to pop a balloon for free to receive some candy and a fact about Humanity First Water for Life program and water deprivation around the world.

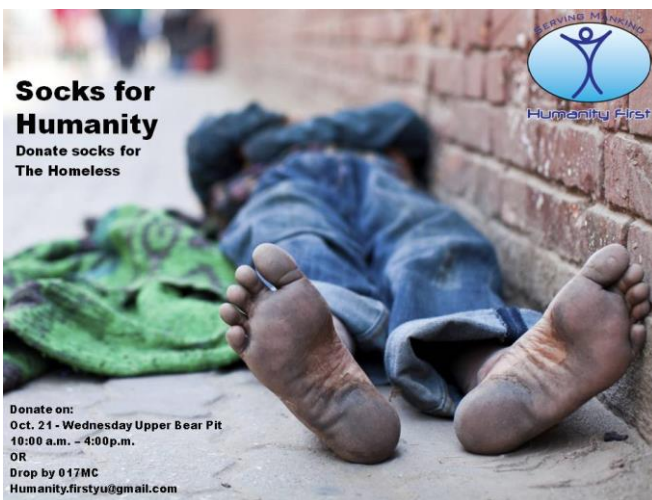
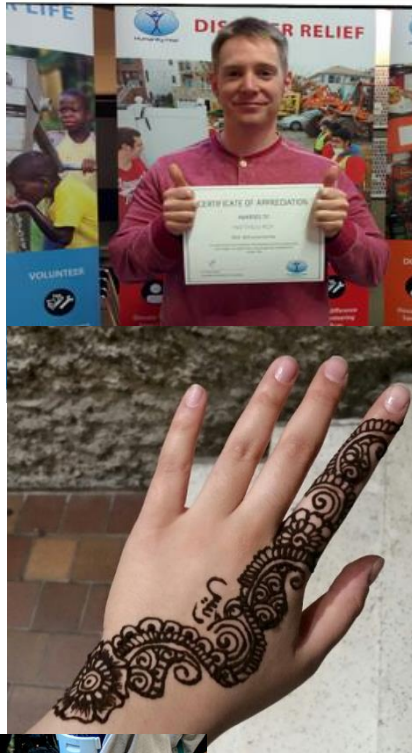
End of the Year Celebration March 30-2015

Students were invited to End of Year Celebration to review our year - successes, struggles etc - and present awards to members that did an extraordinary job.

Remembrance Day Tabling and Poppy Making | November 2015

A Tabling event was held to remember and commemorate the service of all Canadian soldiers. A card was signed by students for Canadian soldiers and veterans. Volunteers created hand-made poppies to be handed out at an upcoming tabling event.





Humanity First @ McMaster

Humanity First Students Club at McMaster University continued their fundraising and awareness building activities throughout the year, recruiting new volunteers on their way.

Samosas for Humanity | September 2015

Samosas were distributed to students in exchange for donations for the Syrian Refugee Crisis. More than 100 students participated.

Waffle Wednesday | January and October 2015

A fundraiser was held by selling **All-You-Can-Eat Waffles** for \$3 and \$5 with a variety of toppings for students across the campus, with proceeds being used to fund the Syrian Refugee Resettlement and the Feed the Homeless service.

Bake Sale | December 2015

A bake sale was organised selling homemade baked goods to students walking around the student centre, and outside the campus libraries.



Student Conference

Humanity First Student Clubs organized the third summer Student Conference for students wishing to run Humanity First clubs at various universities / colleges. This conference was organized at the Humanity First headquarters and students from 4 universities participated, **York, McMaster, Waterloo and Western**. 30 students were in attendance.

The conferences provided an opportunity to the students to network with one another, and receive training on **how to run a successful Humanity First Club** at their respective universities for humanitarian causes.

As part of this training, the students also had the opportunity to interact with the National Humanity First Executive team so that they can learn more, begin to develop a relationship, and get more involved in the future.



Humanity First International Day

On March 8, 2015, Humanity First celebrated the **International Humanity First Day**. The theme of celebration was “**Act of Kindness**”. Volunteers, donors and supporters were encouraged across the country to do an act of kindness to be part of the celebration.

On the day, two fundraisers and an Open House was organized by holding the following live events:

Open House

For residents of Greater Toronto Area, an Open House was organized for people to come and visit Humanity First Team at the head office and join the celebrations, meet and greet, donate for a good cause, bring food donation to the food bank, etc.

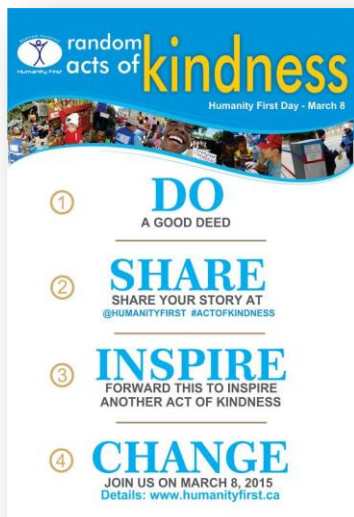
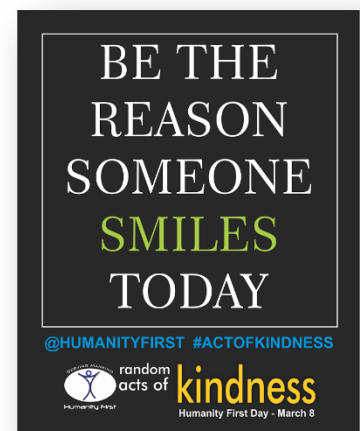


Webathon

The Webathon was telecasted live at www.humanityfirst.ca from the Humanity First studio located at the head office from 11am – 4pm. It was a talk show showcasing Humanity First programs and services. Various outstanding volunteers and board members were invited for interviews and sharing their thoughts with the audience.

Telethon

The Telethon was held on 530 AM Radio channel from 10pm-11pm for people to call and donate. From both events pledges of more than \$40,000 were collected.



Volunteers

The most precious asset of Humanity First is its volunteers. Selfless people who wish to make a difference in someone's life, become like a family by joining Humanity First. These are the people who put "humanity" before anything else. More than one thousand volunteers regularly volunteer with Humanity First every year. They put countless number of hours to put food on the table of needy and jump to assist those who are in distress!

2015 Volunteer Hours Completed: 100,000+

We are always looking for volunteers and we invite you to come and experience first-hand what it means to help someone in need.

Prime Minister's Volunteer Award

While all volunteers selflessly serve the suffering humanity and do not expect any reward or return, these services sometimes do not go unnoticed. In 2015, the Prime Minister of Canada honoured Dr. Aslam Daud, Chairman of Humanity First Canada by awarding him the Prime Minister's Award for his outstanding leadership and his humanitarian services. Humanity First has earned local, national and international recognition as a leading humanitarian relief organization.



The Prime Minister's Award is given to honour Canadians who are making extraordinary contributions to communities, regions and the country through their service to improve the well-being of Canadian families and communities, and to highlight the best practices in community leadership that these outstanding volunteers have demonstrated.

The Award recognizes volunteers who have taken a leadership role in developing solutions to local challenges, their achievements and exemplary practices have made Canada a proud humanitarian face in the world.

With this award included a grant of \$5,000 from the Prime Minister of Canada for Humanity First Food Bank.

Volunteer Recognition Day

A Volunteer Recognition Day was organized on April 18, 2018 at the Humanity First head office. This was a twofold event, one to celebrate the achievement of the Chairman winning the Prime Minister of Canada Volunteer Award of 2014 and to recognize Humanity First long term volunteers with selfless and outstanding services.

Humanity First presented medals to 12 volunteers on the day to recognize their outstanding services. The award ceremony was followed by an informal meet and greet with volunteers, donors, and board members and local member of parliaments.



We cannot make the difference without our **Volunteers!**













HUMANITY FIRST SERVING MANKIND