

Press Release

Humanity First Canada



Tuesday, December 20, 2011

Humanity First Puts Food on the Table

Vaughan, Ontario, Canada – Humanity First Feed a Family Program and Feed the Homeless Program ensures that the underprivileged do not have to sleep hungry during the holiday season. The year round "Feed a Family" program offers non-perishable food items to people in need. Thousands of families across GTA continue to benefit from this program for last many years.

Under "Feed the Homeless" program, volunteers will be distributing Pizza, water and juices to the homeless in downtown Toronto area on December 24 and 25. The distribution will start at Allen Gardens (Sherbourne St. and Gerrard St.) at 12 noon on December 24 and 25.

Similar programs are also being conducted in Calgary, Vancouver and Montreal.

Commenting on the two programs, the Chairman of Humanity First, Dr. Aslam Daud said "While most people will be celebrating the holiday season in the warmth of their homes, let's not forget the poor and the homeless".

"The best charity is to feed a hungry stomach". He added. Anyone can call 416-440-0346 or email to foodbank@humanityfirst.ca for food assistance.

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Notes to editors:

Humanity First is an International Non-Profit Charitable Organization established to promote and safeguard the preservation of human life and dignity.

Humanity First is a non-political, non-sectarian international relief and development agency that works with communities around the globe to improve the quality of life for some of the world's poorest and most vulnerable people.

Directors, Officers and Aid Workers of Humanity First are unpaid volunteers. Humanity First has been granted a special consultative status with the United Nation's Economic and Social Council ([ECOSOC](#)).

For further information please visit our website <http://www.humanityfirst.ca>

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